

The Authoritative Encyclopedia of Scientific
Wrestling, Volume III

By Jake Shannon

*Dedicated to the ever growing number of game grapplers now
calling themselves “Scientific Wrestlers” ... (Join us at
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NOTICE: This manual does not constitute medical advice; users should consult their own physician regarding any such advice.

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Interview with Yoshiaki “Kumicho” Fujiwara

The legendary Karl Gotch calls him his best student. He was the training partner of Satoru Sayama (SHOOTO founder), Nobuhiko Takada (Takada Dojo founder), Akira Maeda (Fighting Network RINGS founder), Antonio Inoki (the professional wrestler that fought Muhammad Ali), and also trained and assisted in the training of Minoru Suzuki, Masakatsu Funaki, Ken Wayne Shamrock, and many others. Jake Shannon recently interviewed Mr. Fujiwara about his life, training, and much more. (Special thanks to Robert Red-Baer who helped with the translation.)



Scientific Wrestling: What is your advice to the modern submission grappler that wants to be successful?

Yoshiaki Fujiwara: Believe in your own intelligence, and never give up.

SW: Are there any fundamental skills that you feel most grapplers today lack and need to address?

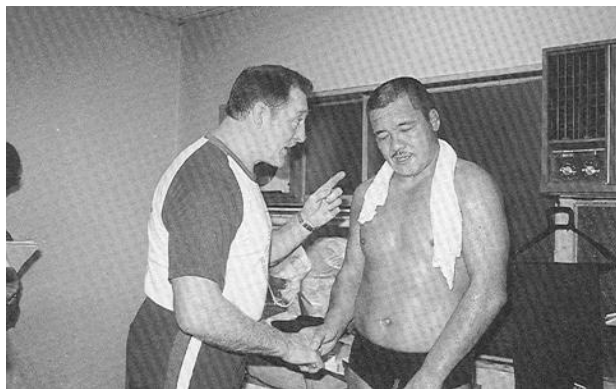
YF: I think that modern wrestlers have advanced quite a bit over the years. But, maybe modern wrestlers are too dependent on not just drugs, but even things like food supplements. It's like a Samurai fighting spirit which is close to never believe in losing, not for one second. Never believe you can lose, never. Never believe, and then attack. Always think attack.

SW: When you are coaching, what kind of conditioning do you make your wrestlers do?

YF: I adjust the conditioning to each individual depending on their physique and attitude. Every individual has their own special training setup.

SW: What training advice would you give to experienced grapplers? How about novice grapplers?

YF: Like I said before, well I have advice for both novice and experienced grapplers. Like I said before, one thing is never give up. And one more important thing is, find a very good coach.



"God of Wrestling" Karl Gotch with a young "Submission Master" Yoshiaki Fujiwara.

SW: Will you ever produce another instructional besides your **Submission Master** series.

YF: No, I don't plan to produce another instructional series. One reason is because I'm not as young as I used to be, and even if I did produce one now, probably nobody would really be interested in it.

SW: What do you think of the level of grappling in promotions like Pride and K-1?

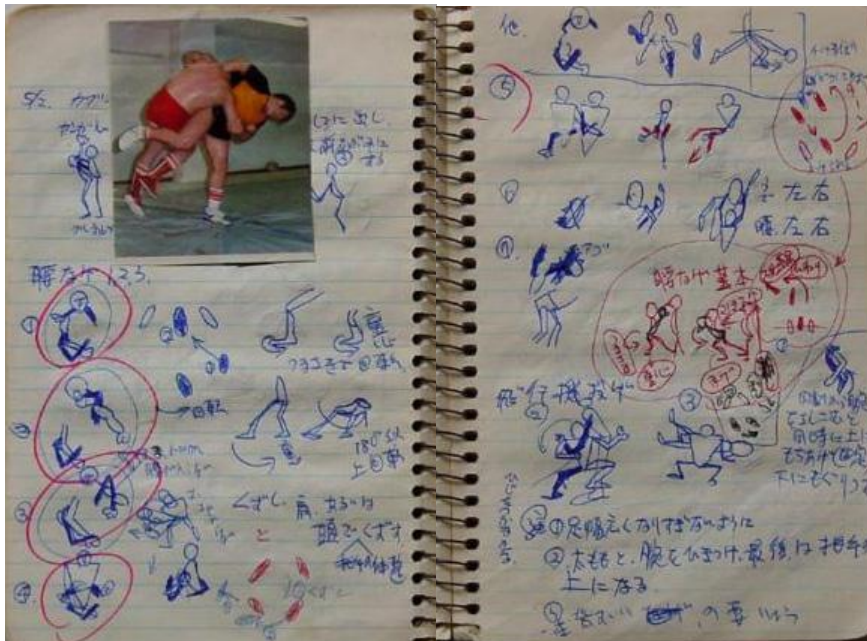
YF: I don't really think about the levels because the rules are different. So for example the wrestlers in K-1 are training for K-1 rules. The wrestlers for Pride are wrestling for Pride rules. So I don't think of the level.

SW: Do you like any contemporary fighters?

YF: Recently I haven't been really keeping up with the contemporary fighters so I don't know. I don't have any special likes or dislikes.

SW: We share a good friend and his name is Karl Gotch. He always mentions your name when I ask him who his best student was. Can you tell me your impression of Mr. Gotch?

YF: Oh, Mr. Gotch is a very good friend. And more than that, he is my best teacher.



Fujiwara's notes from his training days with Mr. Gotch

SW: Do you have any good stories to tell my readers about Kamisama?

YF: (laughing) Yes sir, I do have something very interesting. One time during training Mr. Gotch got a very bad toothache. His toothache was interfering with his training. So he went to the hospital, or maybe dentist, and asked them to pull all his teeth out.

They said it's dangerous. He said, "That's OK. Pull all my teeth out." And he went back to training next day with no teeth. Because he figured if he has no teeth he's not going to have any toothaches getting into the way of his training. He's so crazy but I love him.

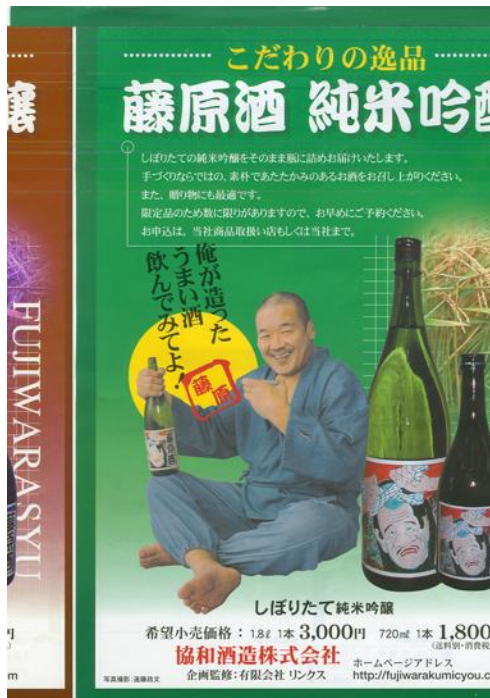
SW: When did you start training in wrestling? What were your first years of training like? Who did you study under before Mr. Gotch?

YF: I started training when I was sixteen. I bought a book and I taught myself. And those first few years were really wonderful. I did a lot of weight training. I built my body up to get powerful.

(Show's a framed black and white photo of a wrestler)

SW: So who's he?

YF: He's Kaneko. Kakeo Kaneko (sp?). Mr. Kaneko was also in a group with Rikidozan and some other wrestlers that were most popular at that time. Mr. Kaneko was my coach.



An advertisement for Fujiwara's Sake.

SW: What are your future plans (which organizations would you like to work with in the future, others career plans, etc)?

YF: What I'd like to do is live in the mountains, and make my pottery. Another thing which I've already started to do, is sell special foods like sake. Now I have a sake which is being sold all over Japan.

And I'd like to travel all over the world, and meet beautiful woman that have good food. Hahahah-- that's a joke.

On the label on the sake...I did that illustration myself.

SW: How is your approach and strategy different for a shoot match versus an exhibition match?

YF: In an exhibition match, my object is to show my strength. In a shoot match, my object is to damage the opponent so he can never fight again.

SW: How would you respond to a street self-defense confrontation vs. a competitive confrontation in the ring? What would be the major differences?

YF: The biggest difference is, in a street fight, you can run away, you can escape.

SW: What is your opinion of other styles like Brazilian Jiu-Jitsu, Judo, Sambo? What makes the style he learned from Mr. Gotch different than the other styles he knows?

YF: The difference in the three wrestling styles you just mentioned is just the rules. And the next part of the question, whether I learned from Mr. Gotch, or I how learned my pro wrestling and also shoots. I may have made a mistake on it, so let me say it again. My style is originally...everything is from Mr. Gotch. And after Mr. Gotch, everything became my own style, where I added my own things.

SW: In your opinion, what submission holds are the strongest and most likely to succeed?

YF: I don't think there's any superior hold. I think it's just like a lottery where you just you know, you choose from many. And a lot depends on the situation and the opponent, what hold is going to be best. So I don't have one that I think is the strongest.

SW: Can you tell us about your artistic endeavors too? How did you discover your love of pottery and painting? Who are your favorite artists?

YF: I was always interested in sketching and painting from when I was a teenager. And I was also interested in doing things with modeling clay and stuff like that. And about 13 years ago, a friend of mine introduced me to the art of pottery making and I've been doing it ever since. It's my love.

SW: Can you tell your history in acting? How did you make the transition from wrestling to acting?

YF: Fifteen years ago or more when I was still wrestling, I was on some TV program, and some people said I was very interesting, so I got more and more acting parts and some other things.



SW: Who is Kiki Bragard and what role has she played in your life?

YF: Kiki was first on my staff as a wrestler. And then when I moved to an office she helped me organize it and get everything together with the office and on top of that she's given me advice about many things, especially to do with foreigners.

SW: Of all your students and people you helped train who did you think was the most technically gifted?

YF: Of all the wrestlers I know, they all have their good points and bad points, so it's very difficult for me to choose one as the best.

SW: What are your opinions in general of Sayama, Maeda, Choshu, Takada, and Inoki?

YF: First Sayama has good speed. I think Mr. Maeda is very agile. The technique he got from his amateur wrestling is very good and he's very powerful. Takada doesn't have any special, noticeable techniques that stand out, but he's very balanced. The techniques he has and strength and everything is very balanced. And Inoki...he has a lot of guts. Real guts.

SW: What do you think of Shoichi Funaki's success in the WWE and away from his roots in shooting?

YF: There are many different roads we can take as wrestlers, and when he went into the WWE and became successful, he made me very, very happy.

SW: Are you currently training anyone in grappling?

YF: Well, actually I have an American pitbull and a cat that I found, and I'm training them in grappling. (laughing)



SW: Does he watch MMA, and if so what was his favorite match?

YF: I know what S&M is, but I don't know what MMA is. (laughing)

SW: Do you ever talk to Billy Robinson anymore?

YF: I've only met Billy Robinson twice. One time was at his gym when he was coaching, and then another time we were invited as guests to a wrestling match, wrestling show. But I haven't seen him since then. I haven't met him since then.

SW: What do you think of the success of Kazushi Sakuraba, Kazuyuki Fujita, and a number of Japanese pro-wrestlers in MMA, with respect to how it affects the wrestling industry?

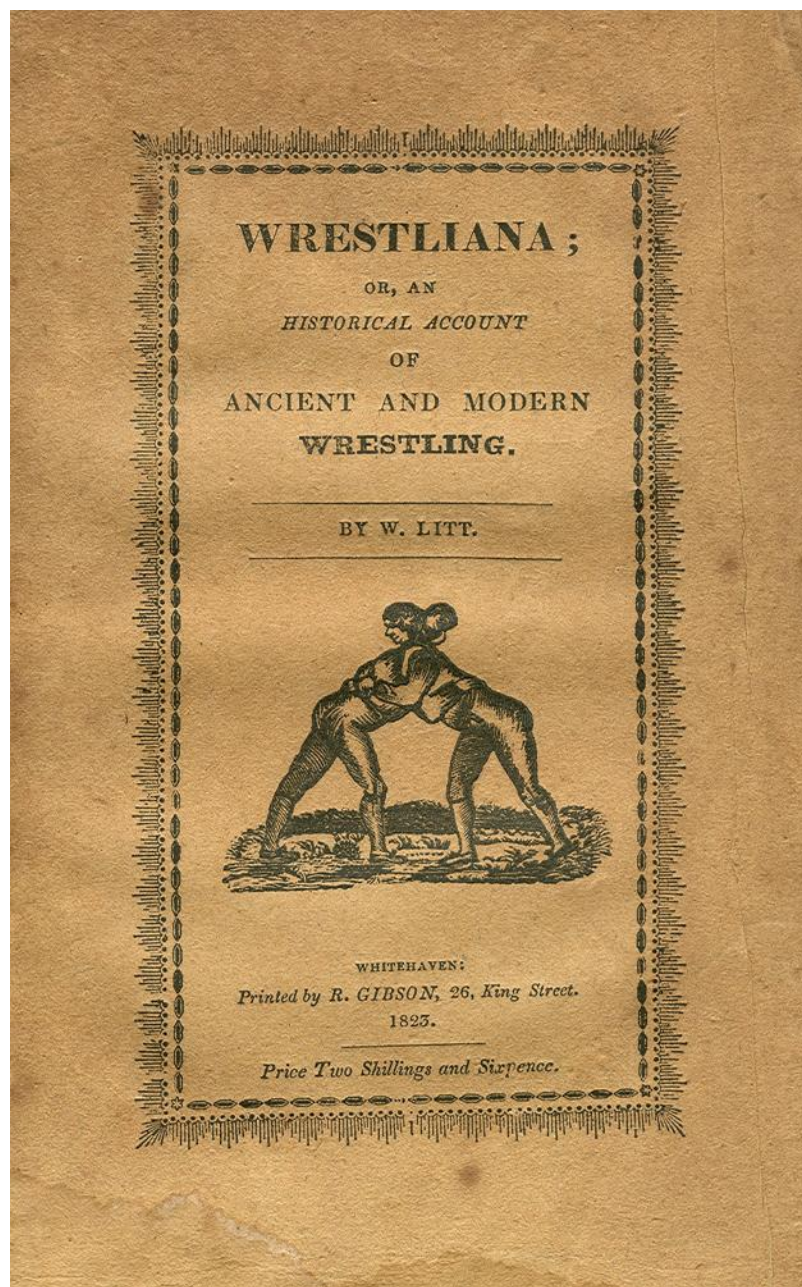
YF: I know of both of those wrestlers, but I've never met them. I haven't really met them, except we just greet each other when we see each other, so we never really talked. But they really do their best, so that makes me happy.



SW: Thank you so much for your time Kumicho.

YF: Thank you Jake!

Wrestliana; or, An Historical Account of Ancient and Modern Wrestling by W. Litt



PROSPECTUS.

IN all Diversions, of whatever character, some acknowledged law for proceeding and acting upon is absolutely necessary, not only to enable Umpires to give a speedy and determinate judgment, but to convince a majority of unbiased spectators of its propriety. Accordingly, in England where such a variety of amusements prevail, we find some directly sanctioned by the *legislature* itself; and others, though governed by regulations principally devised by the original institutors of them, so sufficiently recognized by their duration, and universal adoption, as to render them effective. The high estimation in which SCIENTIFIC WRESTLING is at present held in some of the northern Counties, is fully evinced by the sums subscribed, and the immense assemblage of all ranks who attend at Carlisle, Keswick, and numerous other places to witness it. The want of some standard regulations for conducting this amusement has often been felt by those concerned in its immediate direction; to remedy this,—the popularity of the exercise,—and full authority which the Author has for assuring the public, that the DIRECTIONS here laid down are precisely those which will be acted upon at Carlisle Races, and probably throughout the North of England, have induced the publication of this Treatise. The extensive Patronage promised to the Work, and the great curiosity and interest which will naturally be ex-

cited by a Treatise (not only an *original*, but the very *first*) on so popular a subject, leave the Author in no doubt respecting his ultimate indemnification.

To render it as entertaining as possible to the generality of readers, besides containing the Basis, and Comments upon it, indispensably necessary, not only for Wrestlers themselves, but to all Spectators who wish to understand what so highly interests them; this Work will contain progressive Anecdotes of Wrestling from the remotest era to which it can be traced, to the time of its publication: a Philosophical Dissertation on Wrestling as compared with many other amusements of the present day; and a complete Review of the various competitions which have taken place at Carlisle, Keswick, Ambleside, and many other celebrated places of meeting; occasionally interspersed with Memoirs of, and Critiques upon, the Wrestling of most of the celebrated Men in Cumberland and Westmorland within the last Forty Years.—Of the Author's particular capability for the undertaking few observations are necessary. Practically, his name alone is sufficient! In a literary view, the work must, as in all other cases, speak for itself: in its pages we hope the *Novice* will acquire *instruction*!—the *experienced Wrestler*, find some thing worthy his *attention*!—the Reader whose object is *curiosity*, some *amusement*! and those who have hitherto censured Wrestling as degrading, and brutal, *discover*, that when they venture to condemn what they do not understand, they only betray the infirmities of human nature.

— ❁ —

PREFACES, and DEDICATIONS, are such common appendages to a publication, that original in many things, we had it in contemplation to be so in this likewise; more particularly, as we had determined to prefix what served us for a PROSPECTUS, to the Work itself; conceiving it might suffice for both purposes. But our old acquaintance, Tim Twistwell, a knowing kind of *chap*, and something of a Wrestler, looking in upon us and observing we were busy writing over the first sheet for the press, desired to look at the Preface. "Preface! truly I mean to write none." "What! write no Preface! the fellow's *daft*!" "Why so, Tim? of what advantage will either Preface or Dedication be to me? the first could be of no use; and the odds are, I would lose by the other. Mine, as the Prospectus declares, is an *original* work, and I promise thee it is all my own; good or bad, to no man am I indebted for a single sentence." "Worse and worse," quoth Tim, "for I myself can tell thee of many things which require explanation, if not apology. First of all, hast thou strictly adhered to the plan specified in the Prospectus?" "Why, not exactly; I mean to give some account of Wrestling from the era of the Patriarch Jacob, and the Dissertation upon it before the Basis, which precedes them in the Prospectus, but I think neither thee, or the public, will stickle at that. What next?" "There is not a single picture in the whole book!" "Neither is there in many volumes of sermons; or even Bi-

bles themselves. Plates are expensive; and I hope my explanations will elucidate the only point where they could be at all useful, better than a thousand. Go on?" "Thou hast not taken sufficient pains to acquire information." " 'Too much pudding will choak a dog,' Tim. I know enough without it to illustrate my own opinion of the subject; and except in the historical department, where quotations are both amusing and instructive, my own knowledge will be sufficient. Proceed." "The Wrestlers whose names are introduced will be angry!" "That frightens not me:—let those who are *dead*, find fault if they can! and as for the living, they have no reason. I will be the chronicler of their fame, and they shall thank me; for none but distinguished heroes answer my purpose; even the name of Tim Twistwell will not ornament my pages, because thou art not a first rater! any thing else?" "Yes. At least apologize for thy bad language, and bad grammar. For though thou *art*, or *wert*, a goodish Wrestler; and I believe knows a good deal about it; where the d—l couldst thou learn to write even decently!" "Not from thee, or the Personage thou hast appealed to, certainly. But answer me two questions in thy turn. Does not the subject require a PRACTICAL man?" "Yes." "Thinkest thou there is one man in the kingdom who has won as many prizes as I have and can write better?" "No!" "Then be content good Tim, and in lieu of a Preface, I will publish our Conversation."

Wrestliana.

Historical Anecdotes of Wrestling, from the remotest era to which it can be traced, to the year 1823.

IN commencing with this part of our subject, we feel ourselves standing upon high ground. The first account we have of Wrestling, places it in point of antiquity and respectability, not only the first, but infinitely superior to any other amusement at present prevalent in the whole world. For the truth of this assertion, we quote no anonymous author, whose authenticity might well be disputed! no heathen writer, whose idolatrous fancy might give birth to imaginary chimeras! No! the precedent we will quote was even anterior to such writers as we have described. It is one which no Christian can, or will, dispute:—it is to be found in that Book which treats of the creation of man, and the beginning of the world; authenticated by divine command, and written by that sacred and inspired historian, —even Moses himself!

We find in the 32d chapter of Genesis, that Jacob having passed his family over the brook Jabbok; was left alone. In its history of events at this early period of the world, with a brevity commensurate with its high importance, the Bible minutely relates only those particular occur-

rences which refer to some covenant, or promise, then made, renewed, or fulfilled. It narrates facts, without commenting upon them. Therefore, although Jacob's wrestling with the Angel was too remarkable an incident to be omitted, yet we are not told in what manner he came, nor of any preliminary conversation, or agreement between them. It however appears very evident, that until the Angel manifested his miraculous power, Jacob believed his opponent was a mere mortal like himself; and on whichever side the proposal originated, it was acceded to by the other, either as a circumstance not unusual, or as an amicable amusement, which might be practised without the least infringement on cordiality. If it was not unusual, we are warranted in supposing it a common diversion antecedent to that period, and that Jacob was himself a scientific practiser of the art when he was the father of a large family. Nay, we might even *hint*, his celestial opponent was himself no stranger to that athletic amusement. If it *then* had its origin, no admirer of this athletic science can wish for one more ancient, or more honourable. That the Patriarch's antagonist was a being of a superior order, and sent by Divine authority, no Christian has ever yet disputed. That it was a corporeal struggle, or *bona fide*, a wrestling match between them, is universally admitted. It cannot therefore be denied, that it is either of divine origin, or that a Being more than mortal has participated in it. It is true, many of the commentators dwell upon it as a *spiritual*, as well as a *corporeal* struggle; this we are very ready to admit; but we will at the same time contend, that instead of diminishing, it adds considerably to its splendour. An amusement from which so

many inferences and conclusions have been drawn to promote the welfare of Christianity cannot be either degrading, or confined in its nature; but on the contrary, noble and scientific.

It is a common and received proverb, that "A Man is known by his works, and a Tree by its fruits." Here then is an amusement peculiarly chosen not only by one of the best of Men, but by one better, and greater than any man:—and if to give *strength* and *firmness*, combined with *quickness* and *elasticity* to the Limbs; *discrimination* and *vigour* to the Body; *coolness* to the Head, and *perception* to the Mind:—the whole forming an energetic combination of the whole power given to Man! no exercise could have been selected, tending more to exalt his character, and from which such typical illustrations could have been deduced for his spiritual advantage.—Here then we take our stand.—Advocates for any other diversion, be it whatever it may! can you produce an origin, either so ancient, or so honorable? Men of common sense what can you object to it? Poets and Lovers, ye who deal in heroics, and invoke ideal heathen Divinities! or ascribe to a mere Mortal like yourselves, the epithet, angelic! or even Angel itself! while any *proof* you could bring forward in support of your imaginary Divinities (or even the propriety of using such expressions) would be disputed; nay condemned! by thousands of well-disposed Christians:—in all that we have advanced respecting Wrestling; none but Heathens or Atheists will attempt to confute.

Having proved the existence of this amusement at so remote an era; it would be neither necessary nor important to trace the practise of

this art through that period of time which intervenes from the time of Jacob, to the formation of the Grecian Republics. The blindness and wilful transgressions of the Jews, and the barbarous ignorance of those Nations whom God permitted to chastise them; render their exercises a matter of neither curiosity or utility.— But when Greece emerging from obscurity and ignorance, began to take the lead in civilization, in military knowledge, and in the cultivation of learning and sciences; the utility of Public Games, not only to infuse a generous and martial spirit into the minds of the young Men; but to improve their bodily strength; was too apparent to be neglected. Accordingly we find these athletic exercises, not only practised and encouraged in each particular State; but the highest honours and rewards bestowed on the victors at the Olympic, Nemean, and other Games, where prizes were awarded, and contended for before the whole Nation. It would be foreign to our purpose to quote the wrestling match of Hercules and Anteus, or any thing bordering either on the fabulous or miraculous stories incidental to the times in which it is placed; but we may be allowed to observe that these prizes were contended for, and often won, by Men distinguished as much by their Birth, Patriotism, and Valour; as by their skill in those exercises in which it was their pride to excel.

The influence of these sports in advancing Greece from a few petty states not equal in extent of territory to one half of England alone; into the most powerful Kingdom at that time in the World; is universally acknowledged by all historians and commentators who have ever treated of the subject. And it is singular to re-

mark, that while the fact is admitted by all modern legislators; few, or none, have recommended an imitation of them.

It is strange that Homer who was perhaps the greatest Poet that ever lived; and who himself had often witnessed the celebration of these Games, has given us so confused, and even incomprehensible an account of the Wrestling at the funeral of Patroclus, (though many years antecedent to his time;) between Telamon Ajax, the strongest, and Ulysses, the wisest man, in the Grecian army. Its translation by Pope is as follows:—

“ The third bold game Achilles next demands,
 And calls the wrestlers to the level sands :
 A massy tripod for the victor lies,
 Of twice six oxen its reputed price ;
 And next, the loser's spirits to restore,
 A female captive, valued but at four.
 Scarce did the chief the vigorous strife propose,
 When tower-like Ajax and Ulysses rose.
 Amid the ring each nervous rival stands,
 Embracing rigid with implicit hands ;
 Close lock'd above, their heads and arms are mixt ;
 Below, their planted feet, at distance fixt ;
 Like two strong rafters which the builder forms
 Proof to the wintry winds and howling storms,
 Their tops connected, but at wider space
 Fixt on the centre stands their solid base.
 Now to the grasp each manly body bends ;
 The humid sweat from every pore descends ;
 Their bones resound with blows ; sides, shoulders, thighs,
 Swell to each gripe, and bloody tumours rise:
 Nor could Ulysses, for his art renown'd,
 O'erturn the strength of Ajax on the ground ;
 Nor could the strength of Ajax overthrow
 The watchful caution of his artful foe.
 While the long strife e'en tir'd the lookers-on,
 Thus to Ulysses spoke great Telamon :
 Or let me lift thee, chief, or lift thou me :
 Prove we our force, and Jove the rest decree.

“ He said ; and, straining, heav'd him off the ground
With matchless strength ; that time Ulysses found
The strength t' evade, and where the nerves combine
His ankle struck : the giant fell supine ;
Ulysses following, on his bosom lies ;
Shouts of applause run rattling through the skies.
Ajax to lift, Ulysses next essays ;
He barely stirr'd him, but he could not raise :
His knee lock'd fast, the foe's attempt deny'd ;
And grappling close, they tumble side by side.”

This account seems as ridiculous ! as it is incomprehensible to a modern Wrestler ;—ridiculous ! in regard to the duration of the contest, and the strange proposition of Ajax :—and incomprehensible, as it appears, Ulysses was the winner of the first fall ; and the second was a disputed, or what is vulgarly termed, a Dog-fall. One thing however seems clear enough to us—that it was a bad Wrestle ; and though we imagine neither gained much *honour* by the struggle ; both were sufficiently *rewarded* for it.

Although we could select from History a multitude of extracts to prove the estimation in which this, and other athletic exercises were held from the time of Homer to the birth of Christ ; and many hundred years posterior to that event ; but as the bare establishment of the fact, is not worth the recital ; we shall therefore advert at once to instances of a more modern, yet still far distant period in the history of our own Country, and the literature connected with it.

It appears that in the celebrated interview between Henry the Eighth of England, and the French King Francis, which exceeded in magnificence and splendour any spectacle of modern times ; Wrestling was deemed the most manly and entertaining amusement then ex-

hibited in the presence of these two mighty Monarchs, and their Courts. A grand national and scientific display of this athletic art took place between a number of Champions selected from both Nations, in which our Countrymen were victorious. However one mortified French historian pretends their King left better Wrestlers at home than those who accompanied him! and by way of redeeming the defeat of his Countrymen, asserts that Francis himself was a most excellent wrestler, and in a contest between the two rival Monarchs, threw Henry with great violence.—We will agree with the author in question, that the *amusement* was a *princely one!* but would either gladly believe there is some French gasconade as to the event of the contest; or wish our King had had practice and science enough to have introduced Francis to the same acquaintance with his mother earth, as his subjects.

Antecedently to this period wrestling was a favorite amusement, as well among the Nobility, as the Yeomanry and inferior classes; the prize varying according to the rank of the Combatants. At some particular times and places there appears to have been some acknowledged, and customary prize. This was usually a Ram, and a Ring. Thus in Coke's tale of Gamelyn, ascribed to Chaucer:—

There happed to be there beside
 Tryed a wrestling;
 And therefore there was y-setten
 A ram and als a ring.

And likewise at a still earlier period we see in Ritson's Robin Hood:---

B

— By a bridge was a wrastling,
And there taryed was he.
And there was all the best yemen
Of all the west countrey.
A full fayre game there was set up,
A white bull up y-pight,
A great courser with saddle and brydle,
With gold burnished full bryght ;
A payre of gloves, a red golde ringe,
A pipe of wyne good fay ;
What man bereth him best I wis,
The prize shall bear away.

In which the prize was still greater ; being a white Courser, well accoutred ; a pair of Gloves, a Gold Ring, and a Pipe of Wine.

It is rather a remarkable coincidence that our modern Homer should have given nearly as lame an account of wrestling matches as his mighty predecessor. Thus we see in the fifth canto of the *Lady of the Lake*, the following account of one :---

“Now, clear the Ring ! for, hand to hand,
The manly wrestlers take their stand.
Two o'er the rest superior rose,
And proud demanded mightier foes,
Nor called in vain ; for Douglas came.
— For life is Hugh of Larbert lame,
Scarce better John of Alloa's fare,
Whom senseless home his comrades bear.
Prize of the wrestling match, the King
To Douglas gave a golden ring.”

In the first couplet, the method, viz. “hand to hand,” seems introduced solely for the purpose of getting on ; and certainly is not calculated to produce the dreadful consequences that ensue. In the second, all order is violated by the two last standers, instead of contesting the last fall, call out for fresh men ! nor are the remaining couplets less faulty, in regard to Douglas's treatment

of his opponents, in the immense superiority of strength ascribed to him.—The match between Bothwell and Burley, in the Scottish Novels, is likewise one of the worst things in the whole series. It would have much gratified us, if a writer whom we so highly value, had given us some better account of such contests, however cursorily introduced. But alas! the Baronet is probably no Wrestler; and truly we are sorry for it.

We are likewise equally mortified to remark that the immortal Bard of Avon, in his comedy of "As You Like It," although he has combined in Orlando rank, character, and wrestling, tells us a truly pitiful, but dreadful and improbable story, concerning it. The justly celebrated James Hogg, the Etterick Shepherd, has, in his Tales, occasionally introduced Wrestling. And although we confess we do not exactly comprehend the fatality of Geordie Cochrane's heel-chip, yet we certainly think the wrestling between Polmood and Carmichael, by far the best illustration of the art, either of ancient or modern date we have met with: we will offer no apology for extracting it for the gratification of such of our readers as are not in the habit of perusing books of that description.

"Sixteen then stripped themselves to try their skill in wrestling, and it having been enacted as a law, that he who won his any one contest, was obliged to begin the next, Polmood was of course one of the number. They all engaged at once, by two and two, and eight of them having been consequently overthrown, the other eight next engaged by two and two, and four of these being cast, two couples only remained.

"Some of the nobles engaged were so expert at the exercise, and opposed to others so equal in

strength and agility, that the contests were exceedingly equal and amusing. Some of them could not be cast until completely out of breath. It had always been observed, however, that Polmood and Carmichael threw their opponents with so much ease, that it appeared doubtful whether these opponents were serious in their exertions, or only making a sham wrestle; but when it turned out that they two stood the last, all were convinced that they were superior to the rest either in strength or skill. This was the last prize on the field, and on the last throw for that prize the victory of the day depended, which each of the two champions was alike vehemently bent to reave from the grasp of the other. They eyed each other with looks askance, and with visible tokens of jealousy; rested for a minute or two, wiped their brows, and then closed. Carmichael was extremely hard to please of his hold, and caused his antagonist to lose his grip three or four times, and change his position. Polmood was however highly complaisant, although it appeared to every one beside, that Carmichael meant to take him at a disadvantage. At length they fell quiet; set their joints steadily, and began to move in a circular direction, watching each other's motions with great care. Carmichael ventured the first trip, and struck Polmood on the left heel with considerable dexterity. It never moved him; but in returning it, he forced in Carmichael's back with such a squeeze, that the by-standers affirmed they heard his ribs crash; whipped him lightly up in his arms, and threw him upon the ground with great violence, but seemingly with as much ease as if he had been a boy. The ladies screamed, and even the rest of the nobles doubted if the knight would

rise again. He however jumped lightly up, and pretended to smile; but the words he uttered were scarcely articulate; his feelings at that moment may be better conceived than expressed. A squire who waited the king's commands then proclaimed Norman Hunter of Polmood the victor of the day, and consequently entitled, in all sporting parties, to take his place next to the king, until by other competitors deprived of that prerogative."

Although this account may not have much fact to recommend it; yet it is nevertheless apparent Mr. Hogg was conscious the practice was not uncommon among the Scottish nobility at that period; and that this was the case, might easily be proved by indisputable authority. At this period it is worthy of remark few discoveries of distant countries had taken place; and consequently the great landed proprietors spent much more of their time in their own countries; and on their own estates. But no sooner had that ceased to be the case, than degeneracy and effeminacy crept in apace; and those exercises in which it had been the pride of their ancestors to excel, ceased; and from that time, few above the rank of yeoman chose to exhibit in a ring, either for their own pleasure, or that of others.

But we are now arrived at that period when the attention of most of the European nations, and particularly England, began to be as much directed to new discoveries, and consequent settlements abroad; as to the internal prosperity of the Mother Countries. This no doubt had its due effect upon the manners, customs, and amusements of the people. Our immense acquisitions in America, and in Eastern and Western India; added to the great improvements in

the art of gunnery, which rendered nugatory all previous modes of warfare; alike contributed to hasten the downfall of all athletic exercises among the higher ranks. The art of war became a more complicated science—gunnery, engineering, fortification, and all the minutia of tactics attendant on these studies, became of proportionally more importance to men of rank, either in the civil, or military departments, than those exercises calculated to promote the display of personal strength, valour, or activity,—as a well-aimed bullet made no distinction between Shaw, perhaps the bravest, and most formidable warrior that fought at Waterloo! and the most effeminate dandy in any of the contending armies. Nay, “those vile guns” which the fop in Shakspeare alleges prevented him from “becoming a soldier!” materially change the signification of the word *brave* itself; which *formerly* denoted the performance of great *personal* exploits, for which strength and activity were nearly as necessary as a cool head, and intrepid heart:—but *now*, a regiment which preserves its station amidst a shower of bullets, till half of its number becomes “food for powder” is considered equally brave if composed of half grown lads, as if every man in it was a perfect Hercules.—Indeed the word still seems provincially to retain something of its former signification, when misapplied to what is generally termed the most ignorant of living things, or even to inanimate objects; as when we hear many a good old housewife say—this is a brave goose! or a brave pudding!—meaning something excellent of its particular kind. In the proudest days of chivalry no exercise was so well adapted to enable King, Lord, or Knight, to excel in tilt or tour-

nement, as Wrestling: As in it were combined, dexterity in personally coping with an antagonist, and the power of acquiring bodily vigour and stamina, so requisite for enabling the combatant to endure a protracted contest without detriment. Indeed a quick and steady eye, for judging directions and distances in managing the lance, might be better acquired by practising fencing, or boxing; but we presume no high-born cavalier, even in these heroic days, deemed "a dislocation of ivory," or "a measure for a suit of mourning," any recommendation to "courtly dame" or "lady fair;" and as the smile of approving beauty has ever been deemed one of the proudest rewards for great achievements; we think the juvenile Knights who endangered themselves for such recompense, would take especial care no transformation of that kind, should diminish the genuine brilliancy of that smile on which they were to subsist for a week! and dream for a whole year!—But the days of chivalry are gone—tilt or tournament is no more—the listed ring no longer boasts of patrician exhibitions! but still within it we view all the remains of that chivalric spirit, which has distinguished the most celebrated conquerors in all ages;—for according to one of our justly esteemed writers, had he been placed by Providence in a different station;

"He that the world subdued, had been
But the best Wrestler on the green."

And we will venture to mention, that it is to that generous spirit of emulation which animates the Wrestler to acquire celebrity in the ring; that we are indebted for the glorious victories

of Agincourt, Trafalgar, Waterloo, &c.—There are many who will argue that athletic sports have no direct tendency to inspire additional confidence and courage in the breast of the soldier, on the day of battle; but we confidently aver, that all who assert this, speak without due consideration—for that such exercises will have their due effect even in the present mode of warfare, let us suppose the following case:—Let one individual, or any certain number of the most courageous men, be selected from the bravest regiment in Great Britain; let them all possess hearts that never knew fear,—and bring them to the charge against the same number of men, equally disciplined, and all expert Wrestlers, and what would be the unavoidable result? Might not one party say—I have only to parry the first onset of my antagonist, and close with him, and then victory is certain! I can in a moment dash him to the ground, and either kill or take him prisoner at my pleasure.—Would not the other naturally observe—This is not a fair contest, there are fearful odds against me! I meet a man whose sinews have gained additional strength by practising athletic exercises. If I charge him freely, a parry will enable him to close with me, and then I am inevitably gone.—When men fight under these impressions the result cannot be doubtful. Again, are not the English superior to any other nation in the junction of active and passive courage? and is it not a fact that the French during the late war frequently *charged* the troops of all the continental nations with whom they were engaged, with the bayonet; while they scarcely ever ventured to *cross one* with ours? will any man imagine this had not some influence in regulating the tactics of the

contending armies! In even a distant engagement under a heavy fire the British soldier might exclaim—"Notwithstanding they gall us now, they dare not stand our bayonets!" Supposing the case had been exactly *vice versa*, and they had had to observe—"We must endure this or run away, for we dare not come in close contact with them." Whether of these considerations let me ask, are better calculated to infuse courage, and inspire with hopes of victory, the boldest men on earth?—The answer is too obvious to any man of common sense to require insertion. In the battle of Waterloo, the success of our cavalry when opposed to the French cuirassiers, a body of men confident in themselves, and of invincible courage, was principally occasioned by their superiority in the science of the sword, arising from the universal adoption of learning the proper use, or science of the stick. This practise owed its introduction to the circumstance of an Irish peasant thrashing with that weapon some of the best men in a celebrated regiment of horse, then quartered in the north of Ireland; and it would be absurd to suppose that superiority will not have its due effect in all future cavalry engagements.

Proceeding to a more modern date, let us now consider what effect *Religion* has had upon athletic amusements, in Ireland, England, and Scotland. Of Ireland, we cannot from personal knowledge state any thing positive. In England, particularly in the north, a great change has taken place within the last thirty years. Annual, and weekly exhibitions of Wrestling, and foot-ball, usually took place on the Sunday afternoon, in the vicinity of every village in many parts of Cumberland. These practices are now very

properly discontinued ; partly by the inclosure of the commons and waste lands on which they were held, and partly by the interference of the clergy and magistrates. By the suppression of these meetings, and by the more strict attendance required of servants at this time, than was previously, opportunities for practising Wrestling are become too confined to permit any number of that hardy class of men to excel in it. In Scotland the change has been great indeed. Before the Reformation, almost every town and village had its great annual meeting for Wrestling, pitching the bar, &c. ; but that great event, and the consequent troubles it occasioned, nearly obliterated every thing in the shape of amusement ; and nothing has yet revived except some little horseracing and archery :---the latter of which seems calculated to promote nothing beneficial in the present times, either to themselves, their country, or posterity. The Roman Catholic religion is always accounted the most superstitious of any professed by christians in the whole world. It is therefore natural to suppose that where that religion is most prevalent, less toleration will be allowed for amusements, particularly on the Sabbath. Yet strange to observe ! the very reverse is the case. Thus in Ireland, Sunday afternoon is, in many places, generally devoted to cards, dancing, and visiting, and many other diversions. And in England, where we retain more of the rites and ceremonies of the Church of Rome, than they do in Scotland, amusements of all descriptions are much more prevalent ; and greater relaxation in the rigid observance of the Sabbath, if not tolerated, is at least more customary than in that kingdom, where scarcely any are allowed.

As a proof that the practice of athletic exercises are not confined to this kingdom, or even to Europe, we quote the following account of an entertainment given in the Island of Tongataboo, to Captain Cook in his third voyage to the Pacific Ocean :---

“ While the natives were engaged, for the greatest part of the afternoon, in wrestling and boxing. When a person is desirous of wrestling, he gives a challenge by crossing the ground in a kind of measured pace, and clapping smartly on the elbow joint of one arm, which is bent and sends forth a hollow sound. If no opponent steps forth he returns and sits down; but if an antagonist appears, they meet with marks of the greatest goodnature, generally smiling, and deliberately adjusting the piece of cloth that is fastened round the waist. They then lay hold of each other by this cloth, and he who succeeds in drawing his opponent to him, instantly endeavours to lift him on his breast, and throw him on his back; and if he can turn round with him in that position two or three times before he throws him, he meets with great applause for his dexterity. If they are more equally matched, they quickly close, and attempt to throw each other by entwining their legs, or raising each other from the ground; in which struggles they display an extraordinary exertion of strength. When one of them is thrown he immediately retires; while the conqueror sits down for a minute, then rises, and goes to the side from which he came, where the victory is proclaimed aloud. After sitting for a short time, he rises again and challenges; and if several antagonists appear he has the privilege of choosing which of them he pleases to engage with: he

may also, if he should throw his competitor, challenge again, till he himself is vanquished; and then the people on the opposite side chant the song of victory in favour of their champion. It frequently happens, that five or six rise from each side, and give challenges together; so that it is not unusual to see several sets engaged on the field at the same time. They preserve great temper in this exercise, and leave the spot without the least displeasure in their countenances. When they find that they are too equally matched, they desist by mutual consent; and if it does not clearly appear which of them has had the advantage, both sides proclaim the victory, and then they engage again. But no one, who has been vanquished, is permitted to engage a second time with the conqueror.

“Those who intend to box advance side-ways, changing the side at every pace, having one arm stretched out before, the other behind; and holding in one hand a piece of cord, which they wrap closely about it, when they meet with an opponent. This is probably intended to prevent a dislocation of the hand or fingers. Their blows are dealt out with great quickness and activity, and are aimed principally at the head. They box equally well with either hand. One of their most dexterous blows is, to turn round on the heel, just after they have struck their adversary, and to give him another pretty violent blow with the other hand backwards. In boxing matches, unless a person strikes his antagonist to the ground, they never sing the song of victory; which shows that this diversion is less approved among them than wrestling. Not only boys engage in both these amusements; but it not unfrequently happens, that little girls box

with great obstinacy. On all these occasions, they do not consider it as any disgrace to be overcome; and the vanquished person sits down with as much indifference as if he had never been engaged. Some of our people contended with them in both exercises, but were generally worsted."

It does not seem reasonable that Capt. Cook's men should have proved equal to these Islanders in exercises which require practice to become expert in; and probably not one of his crew was either a scientific wrestler or boxer. Had that been the case, notwithstanding their different mode of procuring hold, we have no doubt the result would have been in this instance, what it always has been, when British prowess has fairly and equally been brought into action:—nor would the superiority of a Belcher or a Cribb have been more conspicuous over these good natured Islanders, in the use of their fists, than the science of a Nicholson or a Richardson in vanquishing, even in their own manner of wrestling, the whole of their heroes in rotation. From the preference given to Wrestling, it is evident the natives of Tongataboo considered it as the less hurtful and dangerous to the combatants; and affording equal, if not superior scope for the display of personal address, activity, and quickness.

We now come to a date so modern, that we will only observe, that previous to the year 1807, the best display of Wrestling in this part of the kingdom was at Melmerby and Longwathby; two villages in Cumberland, but contiguous to Westmorland; where a silver cup was sometimes the reward of the victor. In that year a more considerable prize was

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given at Ambleside than had been previously known for a length of time. Throughout Cumberland and Westmorland the usual prize had dwindled to a leather strap, commonly called a Belt; scarcely ever exceeding two or three shillings in value. But in that year an advertisement containing the offer of five guineas and a silver-mounted belt, to the victor, could not fail to excite an additional interest in the neighbourhood. This Wrestling at Ambleside was chiefly patronized by J. Wilson, Esquire, of Elleray, a gentleman well known in the literary world, and we believe connected with a certain celebrated monthly publication. This gentleman was himself a proficient in athletic exercises, particularly leaping; but never sported his figure in the ring, we suppose for the same reason Alexander the Great assigned; which was, because his antagonists were not of equal rank. Be that as it will, the Ambleside Wrestling, at least the *Five Pounds Five*, rose and declined with him. After four years residence at Elleray Mr. Wilson went to reside in Edinburgh; and however liberal the gentlemen in the vicinity might be when influenced by his example, not one of them chose to succeed him in the superintendence of the business; and it consequently dropped. However as Mr. Wilson has again returned to Elleray, our good friends about Ambleside anticipate the pleasure of witnessing the revival of this favorite amusement.

But whatever interest the Ambleside Wrestling might create, it was nothing in comparison to what was excited by an advertisement announcing that twenty guineas would be given to wrestle for at Carlisle Races the same year. This was effected solely by the interest and exertion of

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Henry Pearson, Esq. of Carlisle, a steady and invariable friend to that amusement; who by every possible means endeavoured to render it as gratifying and beneficial to the competitors, as attractive to the spectators:—and who has proved himself on all occasions, as warm and disinterested a friend to the Carlisle Wrestling, as Mr. Jackson is to Pugilism in the Metropolis. Under his patronage the Wrestling became so attractive, that even the horses were deemed a secondary object. The higher classes who attended the Races, including the Earl of Lonsdale, and many other distinguished characters, cheerfully, and liberally subscribed towards it. Eight guineas were given to the victor, and one guinea to the last loser. The victor was then debarred, and one chosen in his place to the fifteen last standers, and eleven guineas divided amongst them, the winner receiving five. In this manner the Wrestling continued with great eclat till the year 1815, when the last Wrestle was not fairly contested. The dissatisfaction occasioned by this conduct, was further increased on wrestling over for the second prize, when the last men could not agree about the hold. In the year 1816, such universal disapprobation was expressed at the conduct of two or three of the last men, owing to some previous agreement amongst them, that Mr. Pearson did not think it right to give them the money. Owing to this, no contest took place for the second prize; but a silver cup was wrestled for in the Circus, every spectator paying sixpence for admittance:—but this was merely a speculation by the proprietor of the Circus, and few gentlemen attended it. In the year 1817 no Wrestling took place on the Swifts; but the proprietor of the Circus gave prizes for

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two successive days. The Wrestling now lay dormant for three years, and the Races were in consequence so thinly attended, that it was deemed necessary to revive it. The estimation in which it was held was soon manifested by more than a double attendance compared with those years in which it was discontinued. Mr. Pearson was again the principal means of its renewal, and the patronage it has received in 1821 and 1822, is equal, or rather superior to what it ever experienced before. Its attraction now is universal. Ladies of distinguished rank, whose characters in every respect, are such as the breath of calumny has never dared to taint; have not only become spectators, but expressed their approbation of it; and the Carlisle Wrestling is at this time in possession of higher patronage, and more general estimation, than any provincial amusement within the last two hundred years.

The only drawback upon the gratification the Carlisle Wrestling has so generally afforded is, the confusion attending it, owing to the want of some regular and acknowledged mode of proceeding, which should be promptly and invariably acted upon. By this Publication it is hoped these difficulties will in future be obviated. The Author may without egotism observe, he ought to know as much about the subject as any man whatever; and the method recommended in a subsequent part of this Work is, in his opinion, the best calculated to give general satisfaction. He is well aware, that in a Basis of this kind, it is impossible to please all; but he fully expects, the reasons he has given for adopting every particular rule, will induce all judicious and impartial men to prefer it to all others.

The circumstance of giving money at Amble-side and Carlisle had a considerable, and what seems rather strange, an injurious effect upon Wrestling in general. Before that time a Belt alone was the envied prize, and there wanted no stimulus but the honour of bearing it away to attract all the Wrestlers in the vicinity: but then, money was the cry! and it became so much the custom to subscribe for the wrestling, that a Belt lost all its consequence and attraction, and of course, fewer meetings was the unavoidable result; for unless five or six, and in some places twenty or thirty times the value of a Belt was subscribed, it was hooted at by the Wrestlers!—Nor was this the only evil. Money, in this, as in many other things, had the effect of causing dissension between those who gave and those who received it. The Wrestlers began to fee each other, and a man's price was according to the estimation in which he was held as a Wrestler; and it has frequently happened that several of the best Wrestlers have divided the amount amongst them previous to the commencement of the sports, and refused to contend with each other.

A considerable prize to wrestle for was given at Penrith Races the same year the Carlisle Meeting commenced. This was principally owing to Dr. Pearson, who in his youth had himself excelled in that exercise. After the first year it began to decrease, and finally died away. The Inglewood Hunt and some other causes which might be assigned, prevented its flourishing as at Carlisle and Keswick:—however last year some good wrestling was displayed there, and it may probably in a short time revive, and even exceed its original splendour.

In the Metropolis, Wrestling has become a source of much attraction. A very elegant Belt was formerly annually given to be contended for by natives of Cumberland and Westmorland. The prize is now increased by the addition of valuable trinkets of different descriptions.—In the vicinity of Whitehaven, the best Wrestling was at Arlædon Moor; but the inclosure of that common has now put a stop to it; and latterly, it has been more encouraged at Distington than any other place.

In the year 1818 the Stewards of Keswick Races gave three guineas to Wrestle for; its attraction was beyond all estimation;—and the sum is now increased to fifteen; and report says it will at no distant period amount to twenty. That truly celebrated Wrestler, Thomas Nicholson, has acted as umpire; and owing to his acknowledged judgment and impartiality, the Keswick Wrestling has become second only in numbers and celebrity to that of Carlisle; and even superior to it, in the gratification it has afforded; as no disputes have hitherto arisen, of consequence enough to cast any shade upon its popularity.

Having brought down this concise History of Wrestling to the present time, 1823, a few observations on the different modes of practising it will be expected by the generality of our readers. Without entering into any lengthy details, we must observe that ever since its institution the modes of Wrestling have been as various as they are at this time in England and Ireland. In Greece, the back hold, as is the general practice in Cumberland and Westmorland:—in Lancashire, and in the north of Ireland, collar and elbow, or waistband and elbow:—in Devonshire,

both collars:—in Cornwall, where the combatants put on canvass jackets, enter the ring, and catch where they can; and in many places, hold of gloves, or the naked hand; were all in estimation. In some places we must observe, that the fall was not considered fair, unless one combatant threw the other fairly on his back without falling himself. Of all these modes, we must contend the arms round the body or shoulders, as practiced in Cumberland and Westmorland, is the best calculated, not only for preserving the combatants from accidents, but for affording greater, and more equal scope for that display of dexterity and science which constitute the highest gratification of the spectators.

We know there are many, very many, who do not understand this noble art, differ widely from us, particularly as far as regards our second assertion, and characterize our mode as a mere trial of brutal strength; but as we will advance nothing but what we are fully prepared to defend, we will, with that candour and impartiality which ought to distinguish all writers on any science, state the *reasons* on which we ground our opinion, and leave our readers to judge for themselves.

It cannot we think be denied that it is the most noble and manly, and we will venture to say, the most Englishman-like manner of coping with an antagonist, to meet him breast to breast, and brave at once his united powers and science. It is comparatively like the courageous bull-dog which goes at once to the head of the bull; and the cowardly cur which nibbles at his heels. Besides, the closer you stand to your opponent, the sinews will be firmer braced, the whole frame more compact, and the limbs less liable to sus-

tain any injury, when in the act of falling ; and indeed that this is the case, is sufficiently proved from the paucity of accidents in this county, compared with what frequently happens in the south, where the looser holds are generally practiced.

We come now to the point where the strongest prejudices militate against us ; but we trust a due consideration will materially reduce the strength of the objections so warmly urged against our Cumberland mode of Wrestling. It never can be supposed by any rational man, that strength and weight, are not great advantages in any mode of Wrestling or Boxing ; and consequently, that these united with equal science and action, will generally produce victory. Now the *ways* of throwing at loose holds, are very limited compared with the other ; and of course the *chances* of the weaker man are *fewer*. A good striker, chipper, or hooker with the legs or feet, stands on no more than equal grounds with a more powerful antagonist, when contending with a loose, than a close hold. And in hiiping, cross-buttocking, striking with the knee, slipping from the breast, and even in throwing an opponent quite over the head, modes regularly practised in close wrestling, the loose wrestler has no chance whatever. The *reason* of this is evident to any reflecting man—in *one*, the power and use of the breast, which is the very centre of strength and stamina in man, cannot be brought into action ; and in the *other*, is in universal use. When a very powerful man grasps a light one, if he holds him at a distance, and does not make play, he may render him powerless, and never give him the shadow of a chance. But with his arms round his body or shoulders, the lighter

man, by feeling, or sustaining his weight upon his breast, may, with nearly an equal chance of success assail him in some direction, for this *great* and *decisive* reason :—the *weight* of a man is no comparative counterpoise to his *strength*, and consequently if the stronger man does not choose to exert his powers, his mere weight is no material drawback upon an antagonist who is at liberty to exert his own. Again, a man of tremendous power may by mere strength of arm dash a little man to the ground, as we will suppose Douglas did his antagonists; but it is a well-known fact, that a powerful unscientific man taking his opponent from the ground in close holds, is the readiest way to lose the fall. For his opponent will, by hampering his knees or thighs, prevent his throwing him; meanwhile the close junction of their breasts, not only prevents the effectual use of superior strength, but even informs the defendant of every meditated arrangement, which his science will enable him to render futile: thus while the stronger is losing his wind (and wind is strength), his grasp will decline; this the other will proportionally gain; till at length obliged to set his adversary down, he is generally thrown in a moment. The fact of Cass, the victor at the last Carlisle Races, a man weighing *sixteen* stone, having been thrown by Rogerson, a little taylor, scarcely *nine*; Richard Abbott, about *eleven*, winning the Purse at Keswick Races in 1821; and Watson, of Torpenhow, having *twice* thrown the powerful and celebrated Weightman, sufficiently establish the truth of the above remark.

It is true we sometimes witness a more powerful man force in the back of a weaker, but this is as much effected by art as strength; and

rarely occurs even when *strength* is assisted by considerable *science*. The situation in which the parties are placed when they take an equal hold of each other, is a sufficient bar to strength effecting any such purpose when opposed to superior science: thus Weightman, assisted by seven inches in height, three stone of weight, and considerable science, could not force in the back of Watson; and such is the effect of science over strength, Rogerson has often been known to force men of thirteen stone weight on their knees!

We will likewise illustrate the advantages of close wrestling by the following fact:—In the height of our celebrity we were acquainted with an Irishman, who in his own country had carried every thing before him at collar and elbow. He was five feet eleven inches high, more than fourteen stone weight, and one of the best made men in the kingdom. We must acknowledge he was so much our master at collar and elbow, as generally to gain two falls out of three, and sometimes four out of six; but with the superiority of strength and weight, with close holds, which he was as much accustomed to as we were to the other, he was a mere play-thing; nor could he ever rise superior to defeat in contending with a second-rate Wrestler of ten stone: yet this man laughed at the idea of any twelve stone man in existence vanquishing him in his own mode of Wrestling; and to corroborate this, we will venture a beef-steak and a bottle of porter, that if a dozen of the best loose-hold Wrestlers in the kingdom be brought to the next Carlisle Races, they will be thrown too easily to excite any interest; and if the trial be made, many of the Cumberland and Westmorland Wrestlers will find them sufficient work in their own way.

In Sparta, three thousand years ago, we read that young women wrestled naked before assemblies of the people, and it was the general practice long after that time to besmear the bodies of the competitors with oil. In the early history of our own country we likewise find it was customary to engage in athletic exercises with a very slight—and sometimes without any covering; Wrestling therefore seems to be one of the few amusements in which we trace the gradual progress of science and civilization, without any diminution of gallant bearing or heroism in its performance. In preparing themselves for the contest, our modern Wrestlers never encroach upon decorum so much, but that any lady may witness it without feeling her delicacy in the least danger of being wounded by it; and notwithstanding the Munchausen stories of its brutality and terrific consequences to those engaged, it is fifty to one against any accident of consequence occurring; and in fact this amusement will be found by all who are willing to receive proofs for prejudices, much less injurious, and more free from danger of bodily harm, than any other exercise whatever: but as this point will receive due consideration in its proper place, we will close this part of our subject, and proceed to compare Wrestling with other amusements of the present day.

*A Philosophical Dissertation on Wrestling,
compared with other Amusements of the pre-
sent day.*

As we will always contend that those exercises in which Man alone is implicated, must be the most truly noble and scientific in their nature, we will commence this part of our subject with comparing Wrestling and Pugilism; a sport which has for some time acquired the name of a science, and which all those who have read Boxiana, will not doubt has acquired most distinguished patronage amongst even Nobility itself. But truly, in what manner it can be deemed to rival Wrestling as an *amusement*, we are totally at a loss to imagine. It is true, its attraction is evinced by the immense crowds which collect to witness it, but its interest to many is the sum they are to gain or lose by the event: the fear of an interruption, the distance to, and difficulty of ascertaining the spot where the contest will actually take place, and the illegality of the thing itself, must all operate as drawbacks on the gratification derived from witnessing it. But these difficulties overcome, what follows? One single contest, or if you please, trial of skill; a short, or probably a protracted one, is generally the whole inducement. If the former, an overpowering superiority, want of game in one of the combatants, or a blow, if not fatal, so dreadful in its effects as to deprive the receiver of his recollection, and prevent his coming to time; all things in themselves incapable of exciting any sensation of pleasure in the spectators,

are all that can be witnessed; if the latter, a succession of knock-down blows, and the bloody and disfigured appearance of the performers, must considerably alloy the gratification arising from their science and skill, and excite in every generous and humane breast, the strongest emotions of commiseration and pity for the Pugilists. That this both is, and will be the case, we may confidently appeal to Boxiana itself, in all reports of what are termed sporting fights. To this source only can be traced what is called the humanity and consideration of Mr. Jackson, in collecting money to compensate the efforts, and reward the *bravery*, or to speak more correctly, the *sufferings* of the combatants. Again; while we admire the courageous spirit of the Pugilist which leads him to acts of what may even in one sense be called heroism, we must admit that he is at the same time the hireling of gambling opinion; the being who by undergoing a course of training to enable him to exhibit himself more to the advantage of his—we had almost said *owners*—but *backers* is the term usually appropriated by the sporting world to his employers, degrades himself to the condition of the game-cock, the race-horse, or many other *animals* of the brute creation.

In fact, whatever attraction Boxing may possess; the immense sums depending on any capital match between celebrated men, will fully warrant us in asserting gambling to be one of the principal. And however friendly we may be to an exhibition with the gloves, acquiring the means of defence when attacked, or additional power of repelling an unprovoked insult, we cannot, although a strenuous admirer of the eloquence of Mr. Egan, coalesce with him in

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his conclusions that professed Pugilism has any tendency to prevent assassination, or to be in its nature a more equal, or manly manner, than sword or pistol of settling those disputes in which neither party can, without making the cure worse than the disease, appeal to the law. Assassination can never obtain any advocates for its support in a country renowned for the bravery of its inhabitants; and when we consider the great difference that may probably be in the age, make, and size of the parties who quarrel, we cannot hesitate to pronounce Boxing inferior. A scientific man, or one so much superior to another in age, strength, or other advantages, as to put science out of the question, might insult him, and ridicule the idea of giving him satisfaction, if there were no alternative but Boxing for it. But if the rank of the parties, and the spirit of the weaker, rendered such a result probable; a man however strong, or gifted with boxing requisites, might pause as much, or more so, before he insulted any fellow-creature however diminutive in person, as if he were his equal in every particular; as a bullet would make no distinction between them. We are no advocate for duelling, we even think the practice cannot be vindicated in a christian country by any provocation; but if a man's feelings be so wounded that he *will* have satisfaction, we would advise him to prefer it either to assassination, or boxing a man who is morally certain to give him a severe thrashing.

We acknowledge we do not object to boxing when the parties consider themselves on a level, and which is the better man in that respect, is the cause of quarrel; and if a little science be displayed in bringing the matter to a conclusion,

we own we like it the better, and fully coincide with Mr. Egan, that it is a much better way of settling such disputes, than having recourse to knives, sticks, or any other weapon whatever.

But professed Pugilism is gambling. The men are brought to the ring, comparatively like oxen to the slaughter; but with this material difference:—one are brought to gratify the curiosity, or gambling propensities of the public; the other for a more substantial and necessary motive—to fill their bellies!

It is asserted there are many praise-worthy characters, not only among the admirers of Pugilism, but among the Pugilists themselves. Admitting it to be the case, is it not a strange inconsistency in human nature, that men entitled to that character can find any amusement in witnessing what is supposed to be a good fight? We saw the battle between Carter and Oliver at Gretna Green, and we will extract from Boxiana a few particulars of it. As early as the fourth round we are informed, “the head of Oliver was terrifically hideous, the blood pouring down in torrents—his body and back completely scored with the ropes, occasioned by his struggles to resist the iron grasp of Carter, and to get away from that desperate fibbing punishment which had been so liberally administered to him by the superior strength of his opponent.”

After fighting twenty more rounds in this situation, we are told “Oliver’s head was so hideously disfigured that all former traces of it were gone; and Carter’s nob a little altered from its originality.” After these sublime specimens of attractive eloquence, eight more rounds are fought, and then comes the climax—which is word for word as follows:—“Nature had been

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pushed to the farthest extremity the human frame could bear, the vital powers were nearly extinct—defeat seemed to operate so much upon his mind that he fought till his pulse was hardly found to vibrate—and in the last six rounds, during which he had not the least shadow of a chance, he persevered till all recollection of the scene in which he had been so actively engaged had totally left him. In the thirty-second round he was taken out of the ring in a state of stupor, and completely deprived of vision—his body and back were shockingly lacerated all over, from his struggling so much upon the ropes; and, in point of fact, much as fighting men may have suffered in former battles, the situation to which Oliver was reduced, it appears, exceeded them all. The battle lasted forty-six minutes. He was taken and put to bed at Longtown, four miles from the ring, and in consequence of the vast quantity of blood he had lost in the contest, added to his exhausted state, the surgeons who were called in to attend upon him, deemed it highly dangerous he should be bled.”

After these extracts the generality of our readers will be at a loss to imagine what constitutes the *amusement* at a prize fight. If Carter and Oliver relished it, the latter surely could not fail to be delighted in this instance, as he got perfectly satisfied. Carter likewise could not find any fault, yet he was supposed to have no great taste for “altered nobs” and such little particularities.

As for the spectators, those who *won* called it a *good* fight, and those who *lost* a *bad* one. The *former* therefore were well *amused*, and the latter found no *amusement* in it. The account of the fight is with the exception of one particular,

very correct:—it was as early as the *eleventh*, and not in the *twentieth* round, that Oliver put in the tremendous body-blow which occasioned for two or three minutes the only *delightful* sensation his friends experienced during the whole contest. Previous to the act of closing, in many rounds there certainly was much *science* displayed by the combatants; and we do not hesitate to say, that Carter's quickness gave him a manifest superiority in that respect over his opponent; who, while he endeavoured to give greater effect to his blows, was too slow in delivering them:—but when closed, it was the strength only of Carter which gave him the advantage. In point of throwing, nothing which could be called a cross-buttock occurred between them. Carter, indeed, did sometimes succeed in getting his left leg across both Oliver's, and dragging him over it; but to apply the term *science* to that part of the contest would be ridiculous.

But putting loss and gain out of the question, what great satisfaction could the impartial spectators derive from witnessing such spectacles as these quotations allude to? The fight we quote from, greatly resembles in its prominent features all those which are termed good fights. One of the men, and sometimes both, are obliged to be carried, or at least supported out of the ring,—and the next question that naturally occurs is, what cause induced them to come there? The fact is, there was no previous quarrel between the individuals in question; but Carter thought he could get two hundred Guineas, and considerably advance his future prospects by beating Oliver; and Oliver entertained the same sentiments respecting Carter. The monied men differed in opinion what would be the result of

such a meeting, and each party supposed they could afford that price out of the money they felt inclined to risk on the issue. Accordingly we are informed by Boxiana, that the backers of Carter presented him with fifty guineas in addition to the battle-money, which was two hundred more. These sums, and the expense of training would probably amount to three hundred Pounds!

As for Oliver, Boxiana remarks "That Mr. Jackson was not at Carlisle, and it was observed, that the losing man was not the *better* for his absence;" which is tantamount to saying, Mr. Jackson was not present to have *begged* more money for him than his disappointed backers could probably afford. The attraction of modern Pugilism therefore is, either gambling, or the pleasure of witnessing two men beat each other till one of them can no longer meet him at the scratch.—This is the true philosophical view of the subject, when fairly examined, and divested of the superficial adornments in which it is enveloped by its admirers.

Let us now revert to Wrestling; and carefully scrutinizing it in the same manner we have done Boxing, compare the two exercises together; and freely stating our own opinion, leave our readers at full liberty to form their own judgment. In witnessing a prize Wrestled for, instead of one contest only, there are generally from thirty to forty, or sixty to eighty. Those, who by better fortune, or superior dexterity, throw their opponent the *first* time over, meet in the *second*, a partial victor like themselves; and then "Greek meets Greek" in succession, till at length, all his competitors vanquished, either by himself or in rotation by those he has thrown,

the conqueror (like Alexander the Great) has no more to vanquish.

Our literary readers will immediately recognize in this amusement what is always allowed by critics and connoisseurs to constitute the highest gratification a spectator can experience. That piece only is considered perfect which progressively advances in interest till it arrives at the denouement; which evincing the same masterly genius, the satisfaction of the audience is complete. In this point of view, Wrestling as an amusement stands unrivalled and alone. The spectator who knows no more of his own language when written or printed, than he does of Hebrew, fully demonstrates the truth of this assertion by the increased interest he feels in every succeeding round; till arrived at the last, that one fall interests him much more than any of the preceding. In this respect Pugilism is so far from admitting of any comparison with Wrestling, that even the single contest it dwindles to is very defective. The greatest interest it excites is at the commencement, when the men are in full vigour, and exerting all their science and action to obtain the first advantage. As the combat advances these become less obvious, blows and blood are more conspicuous; and as they are fully expected as a matter of course,—commiseration (a very singular kind of pleasure to court as an amusement) begins to supersede gratification; and when the fight terminates, that feeling is absorbed by pity for the loser in the breast of every spectator but those whose loss or gain make them callous to every feeling of humanity. Wrestling has never yet (at least in this country) become a subject of gambling speculation. The trifles sported by the spectators

are never an object of much consideration ; and neither commiseration nor pity, are at all likely to be excited by witnessing it. The Wrestlers walk out of the ring as free from injury as when they entered it :—and let us now make the same inquiry we did respecting the Pugilists ; what brings them there ? We answer—a desire to rival the renown of former heroes ! That generous and irresistible spirit of emulation which led Knights to the princely tournament, and from thence to signalize themselves in the service of their country ! The Wrestlers come like Orlando, “ to prove the strength of their youth,” and to convince the spectators that their science, spirit, and activity correspond with it.

If the Wrestler meets an equal opponent, “ chance may place the laurel on his head, or tear it from his brow ;” if the *former*, his fame is advanced---the desire of further conquests inspires him with additional courage, and when he falls, he falls like some of Ossian’s heroes, “ with his fame around him :”---if the *latter*, uninjured in person, pocket, or character ; what has a brave mind to regret ? He has done his best ; “ fortune,” said the Prussian hero, “ is a slippery jade, another time I shall do better.” He came there the hireling of no one ; he came like a free-born Englishman, to what characterizes a real English amusement---for his own gratification, and to contribute to that of others : as he probably never flattered himself with the hope of being ultimately victorious where so many contended ; he may indeed have been *foiled* sooner than he expected, but *defeat* is certainly a strong expression for one so circumstanced. If he meet with an antagonist superior in strength or science, he is generally thrown ; if that be

the case, it is no more than he expected, and no stigma whatever is attached to the circumstance; on the contrary, he will often observe with much complacency, "I plagued him more than he expected," or, "it is an honour to be thrown by him." Should he chance to win the fall, so much the better. If thrown by an inferior antagonist, he is laughed at by his friends, and vows "he will take better care another time," and that is the worst. In short, his observations may be as various as the situations which occasion them,---and these equally so as the contests that must take place before a prize is won. To entertain a company, variety is always an auxiliary, often requisite, and sometimes indispensable. To constitute an amusement, uncertainty and expectation are two essential requisites; and these, unalloyed by any painful feeling, can alone produce gratification. In all these qualifications, Wrestling is eminently superior to any other amusement. The contests are many, and varied in their mode of termination. In single trials by men in full vigour, the result is sufficiently uncertain. Men distinguished by superior strength, or science, are certainly expected to win; as the victor will invariably be possessed of one or both of these qualifications; and any accidents likely to interrupt the satisfaction of the spectators will very rarely occur. In all these parallels, we presume few will be found to dispute the superiority of Wrestling over Boxing. If Wrestling be called the mere act of one man throwing another down; the science displayed, and the manner of doing it, may reasonably be supposed to excite the interest, and gratify the curiosity of the spectators; and this we have always supposed constituted an amusement. But

if on the same ground we call Boxing the mere act of one man beating another till he is disfigured with blood, and unable to stand, although science may be displayed in the performance, yet we are compelled to acknowledge it is a barbarous act, and we envy not the feelings of those who find any amusement in it.

There are some wiseacres, who, as if they had studied the means of furnishing other men with reasons for denominating them—Pshaw! the word is an ugly one, and we will leave our readers to *suppose* what it is—will gravely inform you, that Wrestling injures a man more than fighting! Should we ask these geniuses for *reasons*, we would probably receive such an answer as Falstaff gave when pressed for them; “What, upon compulsion! no; if reasons were as plentiful as blackberries, I would give no man a reason on compulsion!” In many prizes, the victor generally vanquishes five or six opponents; and probably wrestles some hundred falls within the year. In fighting, one opponent is generally sufficient for two or three months; and we would suppose one hundred a tolerable supply for life for any ordinary man. In Wrestling, the man who is thrown is ready for another trial the next *minute*; in fighting, the beaten man has often more occasion for a chaise to convey him home, a Doctor to prescribe for him, and a nurse for a *week*.

In *science* only, will Boxing and Wrestling admit of any comparison:—and were we to substitute five or seven throws, for one, which is all that is allowed in contending for a prize, we believe it would be difficult to assign the superiority to either. But the limited duration of a single fall renders a momentary advantage often

decisive, which in a number, or in boxing, is in future guarded against; and strength and size regain a certain preponderance, according as they are united with, or opposed to, science and action. Thus Richard Abbot, weighing little more than *eleven* stone, who won the prize at Keswick in 1821, undoubtedly threw two or three men upwards of *thirteen*, with whom he would stand no manner of chance three falls out of five: but who ever dreamt that Dutch Sam, or Tom Belcher, though phenomena, could have beaten Jem Belcher, or the Game Chicken! or that the Nonpareil Randall, could beat Neat!

It may be urged that Dutch Sam beat several Pugilists two stone above his own weight; and that Jem Belcher, under thirteen, beat Gamble, and was for some time the unrivalled Champion of England. These instances, though convincing proofs of science and good manhood in Boxing, do not entitle that exercise to claim any superiority over Wrestling, in which such instances are by no means uncommon. If asked to produce them, we need only refer to Thomas Nicholson (about the weight of Jem Belcher) winning at Carlisle for three successive years; James Fawcett, about eleven, winning at Melmerby for seven years; or to the circumstance of Thomas Todd, about twelve stone, throwing last year at Carlisle John Fearon, of Gilcrux, weighing seventeen, who possessed science enough to throw the celebrated Weightman; and likewise John Liddle, fourteen stone, an acknowledged first-rate Wrestler. Nor is there any doubt, but any of these men, and numerous others we could mention, would vanquish in any number of trials, men as far above their weight, and rating as high in point of science, as those beat by Sam, Belcher, or any other Pugilist whatever.

The means of acquiring perfection in boxing and wrestling are equal. We often find light weights comparatively the best in either exercise; and men about thirteen, or between that and fourteen stone, the acknowledged champions! because these latter acquire *science* enough to throw, or beat lighter men; and are so much superior in that respect to very heavy men, as to render a few stones of no great importance. It is true there may be some few exceptions; but James Belcher, Henry Pearce, John Gully, and many others; are undeniable evidences of the truth of the remark on one side; and Thomas Nicholson, William Richardson, and with these celebrated names we might without egotism quote our own, on the other: all of whom no twelve stone man in the world was able to vanquish, except by mere accident. We could with propriety quote many other names, both boxers and wrestlers to strengthen the remark, but the above are sufficient. The principle upon which this fact is grounded, is sufficiently clear and natural to those, who not content with a superficial knowledge, wish to examine the source it springs from. To arrive at the top of the tree in either wrestling or boxing, a complete knowledge of the science, and varied and effective action are indispensably necessary; and neither of these requisites can possibly be acquired without practice of every description. What we mean by practice of every description is, practice with superiors, equals, and inferiors, both in respect of science and weight; and to form a complete master, such practice is absolutely necessary. It is easy for light weights, and not difficult for men of from thirteen to fourteen stone, to find opponents of all these des-

criptions; but very rare for those above that weight to find equals or superiors willing to engage with them; and hence their deficiency in science and action; for in those critical moments either of attack or defence, when nice distinctions are not only necessary, but often decisive of a contest; that less than momentary recollection and scientific rapidity of action which has frequently been the means of winning and losing, and consequently with which one party is perfectly at home; is totally wanting in the other. Thus it is almost impossible a very heavy man can acquire the science and action of one above the middle size; but the insuperable bar is removed between the latter and the light weights.

Having thus at considerable length defined the difference between Wrestling and Boxing, it will not be necessary to dwell much upon the former, in future comparisons. But before we entirely take leave of this part of the subject, we cannot help observing the great difficulty we unavoidably labour under, in adapting our language to the *comprehension* of one class of our readers, and the *satisfaction* of others:—and, possibly, like the old man and his ass, by endeavouring to please every body, we may please nobody, and give our labour into the bargain. There is likewise another difficulty which we have been compelled to submit to: that is, in speaking of *Wrestlers* and *Wrestling*, we have often, to avoid repetition, been obliged to adopt the boxing phrases; such as combatants, vanquished, antagonists, &c. which, although generally used, are strictly applicable to those contests only, in which two men oppose each other to extremity; and therefore seem harsh when

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applied to an exercise like Wrestling, in which men oppose each other for amusement.

Leaping and Running are both exercises which admit of few comparisons. We do not wish to depreciate either ; but to compare them as interesting amusements to Wrestling, would be ridiculous. It is certainly a desirable thing to outstrip our competitors in any exercise ; and therefore to excel in leaping has been an object of ambition to many ; but the interest it excites is comparatively small, as it is entirely destitute of any appendage to recommend it to the patronage of the public. It is also generally allowed to be more injurious to the frame than Wrestling, owing to the great stress the act of springing necessarily imposes on the belly and intestines. As it is never classed among those which are deemed manly exercises, to dwell much upon it would be superfluous.

Running is an exercise, which, like Leaping, has been for some years gradually declining in Cumberland and Westmorland ; a convincing proof of the little interest they are calculated to excite. In these counties they were formerly in considerable repute ; and till within these few years, (and sometimes yet) a pair of gloves to leap for, and a hat to run for, were usually given at all petty races, cellar-openings, public bridals, fiddler wakes (commonly called *hakes*), annual sports, &c. where a belt to wrestle for was the principal attraction. Those who wished to attain any celebrity in Running devoted much more time to prepare themselves for that performance, than is required to leap or wrestle ; as it was usual to undergo a course of training to prepare themselves for it. Running is, in itself, a thing perhaps more essentially useful

to those who excel in it than Leaping, or even Wrestling itself; but as an amusement, either to those who practise it, or to spectators, vastly inferior to Wrestling. It has, however, in all ages, and in many countries, been held in great repute; yet, notwithstanding, *speed* has latterly, in some places, been made a subject of gambling speculation; it is perhaps less practised at this present time, than at any other period. In all exercises there is an object of competition. In Running, that object is superior speed. Viewing Leaping or Running philosophically, the true state of the matter is simply this—the man who wins, and those who lose, perform exactly the same thing; but the victors leap a few inches farther, or run a certain distance, one, or perhaps a few moments sooner than those who lose. Neither exercise admits of much variety; a jump (the common substitute for leap in Cumberland) is a jump, and a race is a race; this the spectators know they *must* witness; and the sameness that pervades the whole is only varied by the uncertainty of winning. As we remarked before, those who do win perform nothing but the same thing the losers do, excepting what we before observed. In Wrestling the case is quite reversed; the action is varied; and the winner stands—the loser falls. To sum up the difference of the three exercises at once, and to scrutinize Leaping and Running, as we have before done in regard to Wrestling and Boxing, we shall only observe, that *horses* and *dogs* can *leap* or *run*; but *men* only can *wrestle*.

Football is an exercise which has dwindled down to nothing, compared to the estimation in which it was formerly held. The Sabbath, though confessedly an improper one, was the

day on which it was generally practised. Villages, parishes, and frequently three or four united, opposed others annually on some particular Sunday afternoon; to carry away the ball from the scene of action to their own side of the county was the avowed object of their ambition. The contest was often extremely violent, and seldom decided till some individual, and frequently several, had received severe bodily harm. These meetings which were common all over this county thirty years ago, are now very rare. For many miles round Whitehaven, all traces of them are obliterated; but in some parts of the north of Ireland, they still flourish in their pristine vigour. When a select number of good players are chosen from either side, no contest whatever requires more dexterity, action, and vigour. It then may be termed a combination of loose wrestling, kicking, and running. It is usual in some parts of Ireland in a contest between two counties, to make choice of the twelve best men in each, to decide (like the Horatii and Curiatii) the fate of the whole district. The champions are drawn up opposite to each other, and every man grasps the hand of his particular opponent. The ball is then thrown up so as to preserve the equality of the parties, and an instantaneous struggle to throw each other and reach the ball first, immediately takes place:—as that party which gains the most falls will outnumber the other at the first onset, the greater prospect of ultimate success is thus determined by the previous wrestling. Contested in this manner, football would prove an attractive amusement in any part of the kingdom.—One of the most extraordinary exhibitions of football which can possibly be witnessed, annually takes place on Easter

Tuesday at Workington. The contest is between the high and the low part of the town; and so much interest does it excite, that there are few inhabitants of the town who do not express some anxiety for the event. The great concourse of spectators, amongst whom are many strangers and residents of the adjacent neighbourhood, who come purposely to witness the sport; and the number who take an active part in the play, render any attempt to kick the ball out of the question. Throwing it therefore is the only method that can be practised; and it is a work both of danger and difficulty to get possession of the ball, and regain a position from which it can be thrown, as the person attempting it is generally grasped and assailed by three or four antagonists, who are by no means dilatory or sparing in saluting him with a few friendly kicks or cuffs before he can achieve it. The eager and incessant cries of "up with her," and "down with her," as well from the players, as spectators of both sexes, during a struggle to get possession of the ball; the huzzas which the sight of it always occasions; and the multitudes of all descriptions of people who crowd the immediate eminences which command a view of the place of action,—form altogether, a scene highly amusing and picturesque. It not unfrequently happens that the ball is thrown into the river Derwent (a favorite object with the down players); at such times, neither the depth nor rapidity of the water appear any obstacle to those who are thorough-bred; and many a complete ducking is the inevitable consequence before the *up* party can transfer the object of contention to terra firma. It has sometimes happened that the contest has been so equal and obstinate, that the ball has been divi-

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ded on the ground; and consequently neither party acknowledged defeat. When the contest terminates, the scene of action is deserted for some time; after which numbers readjourn to the ground, when wrestling closes the sports of the day. The superiority of wrestling over football-playing as an amusement, is evident in the following particulars:—fewer accidents occur in it; and victory, which in wrestling is the enviable distinction due to one individual only; in football is equally claimed by one half of the whole competitors. The great difference this occasions may be illustrated by supposing two individuals, one a celebrated wrestler, and the other a distinguished football-player, present at any place of amusement where there is a large collection of people; the wrestler will be noticed and gazed at by almost every person present; while the other will be regarded with comparative indifference. We do not say the wrestler regards this as an enviable distinction; but such is the preponderance over human nature, of the maxim *aut Cæsar, aut nihil*. The wrestler copes singly with one opponent; the football-player may be assailed by three or four antagonists at one time. Wrestling, as a rotative amusement, is calculated for exhibition in assemblies however large. Football, where all the players are engaged at once, requires a more large and open space of ground than can possibly be kept clear of interruption when a large crowd is assembled.

Most of the observations we have applied to football-playing, will equally affect the athletic diversion of cricket, and all other games where a great number of players are engaged at once. Whatever dexterity they require, the numbers engaged prevent in a great measure their public

exhibition, and involve the fortune of the best and most scientific player engaged, with the blunders and incapability of the most ignorant. It is true, men are opposed to men; but certainly not exactly in the same manly manner as when opposed to each other in wrestling. The very names which distinguish these diversions, likewise inform us that the dexterity displayed in the kicking, striking, or hurling a ball, is the criterion of excellence in them. In the northern counties of England they are seldom practised. Those persons who would relish such amusements, cannot possibly find time, place, or opportunity to practise them; and those who possess all these have no inclination to avail themselves of them.

The gallant and scientific game of Single Stick, so much practised in many parts of Ireland, and some of the southern counties in England, is totally unknown in Cumberland and Westmorland. This game may certainly be termed as scientific, and calculated for placing the combatants on terms of equality, as much, or perhaps more so, than any other. In it, as in wrestling, every individual stands for himself only; and if he prove victorious, the merit is exclusively his own. The performers when a prize is played for, will seldom be numerous, as very few, excepting those who flatter themselves with the hope of ultimate victory, will enter the lists. A broken head, and a few remembrancers elsewhere, are things not generally relished. But the principal things we can with propriety urge in favor of wrestling over this gallant and hardy exercise, are, first, that one may be termed the science, or knowledge of one particular artificial weapon; and the other, the science of manhood only, without the aid of any artificial instrument whatever;

and secondly, the national propensity of Englishmen to grapple with their antagonists. Thus however much we may admire the manœuvres of a Wellington in choosing his ground,—stationing his men,—and evincing during an action his thorough knowledge of the whole art of war; and however we may exult in the steadiness of the men themselves, the precision of their fire, and their expertness in those tactics which are often a means of insuring victory; we always dwell with enthusiasm on those particular parts where our countrymen have been engaged with the bayonet:—it is then only that we feel that proud and extatic feeling which makes us firmly believe the national and characteristic proverb—“that *one* Englishman can beat *three* Frenchmen.”

We come now to the consideration of amusements of quite another description to those we have heretofore commented upon. We mean those sports in which *animals*, and not *men*, are the principal performers; consequently, although they may prove as entertaining to *many*, as those before treated of; yet they must certainly be accounted by *all*, less noble and manly, both in their nature and tendency. As we cannot however class them under one head, we shall therefore offer a few observations on some of the most distinguished separately.

Horse-racing, in which this nation still continues to excel the whole world, and which was for a long time considered almost exclusively our own, is a favourite amusement with all who can spare time and money to witness it in any degree of perfection. The beauty and speed of that noble animal, and the alternate advantages which sometimes occur in a well-contested race,

are no doubt very powerful motives of attraction to all ranks of people. It is difficult to imagine how any number of men calling themselves the representatives of a free and powerful nation, could arrogate to themselves, and to those of equal rank, an exclusive right to enjoy any diversion from which the majority of their constituents were debarred. Yet, however partial to the amusement, without a man can afford to run a horse or fight a main of cocks, for fifty pounds, he must do it either in contempt, or open defiance of a law, so arbitrary as to give to the rich only, a legal right to partake of these two amusements. However, those of the poorer class who are addicted to these sports, contrive to amuse themselves in a way more adapted to their circumstances. They advertise their meetings for matches of fifty pounds, and a purse, which it is sufficiently understood constitutes the real sum; and by way of striking even with their superiors, debar any horse which has started for fifty pounds, matches and sweepstakes excepted. Horse-racing however is, independent of any drawback upon it, a very precarious and uncertain diversion. In races of any celebrity, even the knowing ones are seldom certain what horses will actually *start*; and more uncertain whether they will all equally try to win. This depends altogether on the betting speculations, or caprice of the owners of every horse entitled to run. Thus the favorite horse is often kept back, and his rider ordered to lose the first heat. It is therefore manifestly the interest of his owner, and those initiated into the secret, to conceal the circumstance from the great majority, and make the most of their superior means of information. When this is the case we cannot

call it better than pocket picking ; and that ignorance which prevails amongst the majority of the spectators as to the expected issue, and even the supposed expectation of the more knowing, must greatly detract from the gratification the diversion would otherwise afford.

At petty races where the contending horses are termed leather-platers, an honest and well-contested race is seldom witnessed. The great majority of the spectators when conversing about them, will frequently observe, "they expected nothing better, but came to see the Wrestling." When what are termed very considerable subscriptions are run for in this county, the attendance is not proportioned by the expected *races*:—thus at Keswick, the *Wrestling* is the acknowledged grand source of attraction :—and even at Carlisle, where the King's Hundred is given, independent of large subscriptions ; there was not last year, except in one solitary instance, any amusement expected, as many of the knowing ones were certain of every other result. With such a drawback upon the ostensible cause of the meeting, a very circumscribed attendance might have been anticipated. But on the morning of the Wrestling, the many thousands flocking to the scene of action, sufficiently testified the interest that amusement excited, without any other inducement whatever ; and so far will those, who will without making any invidious distinction, fairly compare these amusements, and the feelings they may naturally excite ; be from wondering at this decided preference, that they will rejoice at it. After what we have already advanced respecting Wrestling in different parts of this treatise, there is no occasion at present to enlarge upon its tendency to pro-

mote a generous spirit of emulation, which must in all its consequences, prove highly advantageous in a national point of view.

It is far, very far from our purpose, to depreciate any amusement; on the contrary, it is our wish to give every one of them, every iota of merit to which they can possibly be entitled. But at the same time, we have pledged ourselves to view them philosophically; that is, to strip them of every superficial ornament, and consider them as they really are in themselves. Consistent with this principle, we hesitate not to pronounce the horse a very *useful*—and what many have called him—a *noble* animal;—we readily acknowledge it is important to preserve, and if possible, improve our own distinguished breed, which is universally allowed to be the best in the world;—willingly subscribe to the doctrine that Horse-racing is one of the most efficient means of doing so;—and even from our own experience, testify the delight a well-contested race is capable of producing. But allowing all this, we are obliged to ask, what hath delighted us? That which is the characteristic meed of the winning horse! One irrational animal, goaded by whip and spurs, has run three or four miles in perhaps less than a moment's space of time, sooner than another! Possibly a substantial gratification to his owner, and perhaps a few other interested individuals, who may have won some hundreds of pounds by the circumstance; but consequently a source of mortification, disappointment, and regret, to those who have lost it.

But again; what great achievement hath been performed, to inspire in the breasts of the spectators any laudable desire of emulation? Truly, none! For what man would for a moment ima-

gine himself in the situation of a horse! his owner is another matter. Many of equal rank, or fortune, may wish to possess such an animal, and strive to acquire others which may at some future opportunity excel it; but amongst the majority such a wish is vain; it is no other than that of possessing equal means of procuring one.

We proceed now to the consideration of an amusement essentially different from Horse-racing; and perhaps the most popular in all ages of any upon record—we need scarcely say we mean Hunting. In different countries, there are different objects of pursuit; and various motives for pursuing them. In some countries they hunt for subsistence,—in some for safety,—and in others for pleasure only. In the United Kingdom, the last is the only motive; and generally speaking, the objects are three---the stag, the fox, and the hare. Of these, the hare is the most general; and therefore we will make that animal the more immediate object of our consideration in the observations we will make respecting hunting. Hunting is equally esteemed as an exercise as well as an amusement, combining two of the greatest earthly blessings,—health and pleasure; and we will not detract from the pleasure it affords, by stingily urging the consequences which may result from the pursuit of it; such as overheating, catching cold, breaking a *limb*, or possibly a *neck*, &c. What spectacle can be more animated and alluring than a well-attended chase? The sight and music of the dogs, eagerly followed, directed, and encouraged by horse and footmen, form such an overpowering combination of incidents as supersedes by its irresistible impulse almost every other

consideration! The traveller and the labourer, the gentleman and the beggar, will all equally gaze on the enchanting scene, and often tempted by its magic influence, deviate from their immediate avocation for the pleasure of witnessing it a few moments longer. But does the sight instil into the breast of any generous and reflecting man one praise-worthy sentiment, or furnish him with any example of noble or manly emulation? Alas! no. We fear when duly considered, it is a striking proof of the frailty of man, and his deplorable proneness to be led away by sensual propensities. The *fear* of one animal, and the *ferocity* of others, are the sole cause of the pleasure he experiences. The hare, the most timid of quadrupeds, aided by speed and very circumscribed natural sagacity, endeavours to elude its pursuers, and preserve itself from a death the most terrific and horrible even a reasonable mind can possibly suggest. The dogs, guided by instinct and natural ferocity, and capable of enduring much greater fatigue, preserve the same tract, and mutually guide and encourage each other in the work of destruction. The little animal, instructed by self-preservation, retraces, or traces over again, nearly the same ground, and would often baffle its ferocious pursuers;—and what hinders it? Man, endowed with reason and reflection! Man! the boasted lord of the earth interposes! For what motive? To preserve the weak from the strong? No! Quite the contrary! To guide and impel the latter to the work of blood and murder! Thus not only encouraging, but joining on terms of equality with *dogs* and *horses* in the deed. But surely it is some powerful motive which thus induces him to derogate from his

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natural dignity? Some means of acquiring honour, profit,—or benefitting the community at large? No! We are again reluctantly obliged to answer in the negative. No honour can be acquired either in the pursuit or the death of so weak and timid an animal, except that false notion of the term which arises from the circumstance of tempting Providence more than his companions, by some dangerous leap, or other similar cause; which even then he must share with his horse: and between profit,—the desire of benefitting others,—and hunting, we need scarcely observe there is an insuperable bar.—Aided by man, the final result is generally as follows:—The poor helpless animal, quite exhausted with terror and fatigue, is no longer capable of active effort. It lays itself down in the vague expectation of concealment, and there awaits its fate; or rises only to meet a death replete with terrors. A few terrific squeals nearly drowned by the exulting cries of its pursuers, announce the termination of its cruel fate. The note of triumph is sounded by its *generous* and *pitying* enemies, who congratulate each other on the sports of the day, and point out the respective merits of their *meek* and *gentle* assistants, which are often distinguished by the names of Charmer, Lovely, Comely, &c.; and sometimes enlighten and edify each other, by seriously asserting that the hare hearkens with pleasure to the pursuit! and that the moment she is caught her terrors greatly subside! We will subscribe that they are not long in doing so, as they will vanish with life;—but we cannot say we ever heard any of those instructive, and *very knowing* gentlemen contend, that the dying shrieks of the wretched

animal, were notes of satisfaction and pleasure!

Many lovers of the chase, we doubt not, will be ready to assert, that we colour the picture too strongly, and that no other person will view the subject in the manner we have represented it. We answer, we believe our arguments too true to be easily disproved; and that the subject *has* been regarded in nearly a similar manner by one, whose capability of judging will not be disputed, when we name the yet unrivalled Poet of the Seasons, who in his Autumn, thus speaks of the subject:—

“ ————— ’Tis not joy to her,
This falsely chearful barbarous game of death;
This rage of pleasure, which the restless youth
Awakes, impatient, with the gleaming morn;
When beasts of prey retire, that all night long,
Urg’d by necessity, had rang’d the dark,
As if their conscious ravage shun’d the light,
Asham’d. Not so the steady tyrant Man,
Who with the thoughtless insolence of power
Inflam’d, beyond the most infuriate wrath
Of the worst monster that e’er roam’d the waste,
For sport alone pursues the cruel chase,
Amid the beamings of the gentle days.
Upbraid, ye ravening tribes, our wanton rage,
For hunger kindles you, and lawless want;
But lavish fed, in Nature’s bounty roll’d,
To joy at anguish, and delight in blood,
Is what your horrid bosoms never knew.

“ Poor is the triumph o’er the timid hare!

* * * * *
With every breeze she hears the coming storm.
But nearer, and more frequent, as it loads
The sighing gale, she springs amaz’d, and all
The savage soul of game is up at once:
The pack full-opening, various; the shrill horn
Resounded from the hills; the neighing steed,
Wild for the chase; and the loud hunter’s shout;
O’er a weak, harmless, flying creature, all
Mix’d in mad tumult, and discordant joy.”

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To dwell upon any comparison between Wrestling, an amusement, exercise, and contest of *men* only; and those wherein *men* are leagued with different animals, would be ridiculous; for whatever attractions they possess, eventually recede when philosophically considered, as those peculiar to this country furnish no model from which any noble, manly, or laudable motive can be derived. The same observations which we have applied to hare hunting will preserve nearly their full force with regard to coursing, or shooting. Fishing, of which some are remarkably fond, is a thing too solitary of itself to afford matter of comparison with Wrestling, which preserves its importance through every parallel of consideration. We shall therefore, after offering a few words on cockfighting, proceed to the next part of our subject.

Cockfighting, as a diversion, is under the same restrictions as horseracing:—requiring a large stake to render it legal. Notwithstanding this kind of monopoly, and the fate of a bill brought into the House of Commons to abolish it entirely, which was rejected by a large majority, it is in the licences of all publicans, &c. strictly prohibited, and stigmatized as a *barbarous* diversion. In defiance of this arbitrary distinction between rich and poor, it is practised by the latter class all over the kingdom. It is perhaps the only diversion in which men are not the principal actors, which has regular and professed enemies to encounter; those who have no predilection for hunting, shooting, &c. content themselves with abstaining from them, and never think of censuring others for acting differently,—nay, many professedly attached to these sports, would feel indignant to be termed a cockfighter!

Yet however much a few of the superior and middle class may condemn the lower orders of people for practising it in this immediate neighbourhood, we cannot find that the characters of Lord Derby, and numerous noblemen and gentlemen who openly profess, and practise this diversion in a legal manner, were ever called in question for doing so. For our own part we have never been able to find any reason why they should! and if none exist, it is surely a very invidious distinction that what is legal and harmless in one man, should be so very heinous in another. The enemies of this diversion characterise it as a cruel, barbarous, and wicked mode of gambling; while those who profess it are at no loss to produce arguments in its support.—The Rev. George Crabbe, in his justly admired poem, “The Parish Register,” thus treats of it:—

“ See the poor bird th’ inhuman cocker brings,
Arms his hard heel, and clips his golden wings ;
With spicy food th’ impatient spirit feeds,
And shouts and curses as the battle bleeds.
Struck thro’ the brain, depriv’d of both his eyes,
The vanquish’d bird must combat till he dies ;
Must faintly peck at his victorious foe,
And reel and stagger at each feeble blow :
When fall’n, the savage grasps his dabbled plumes,
His blood-stain’d arms for other deaths assumes ;
And damns the Craven-fowl that lost his stake,
And *only* bled and perish’d for his sake !”

For ourselves—

“ Who own we prize the joy such battle brings,
And love the whistling of the shorten’d wings,”

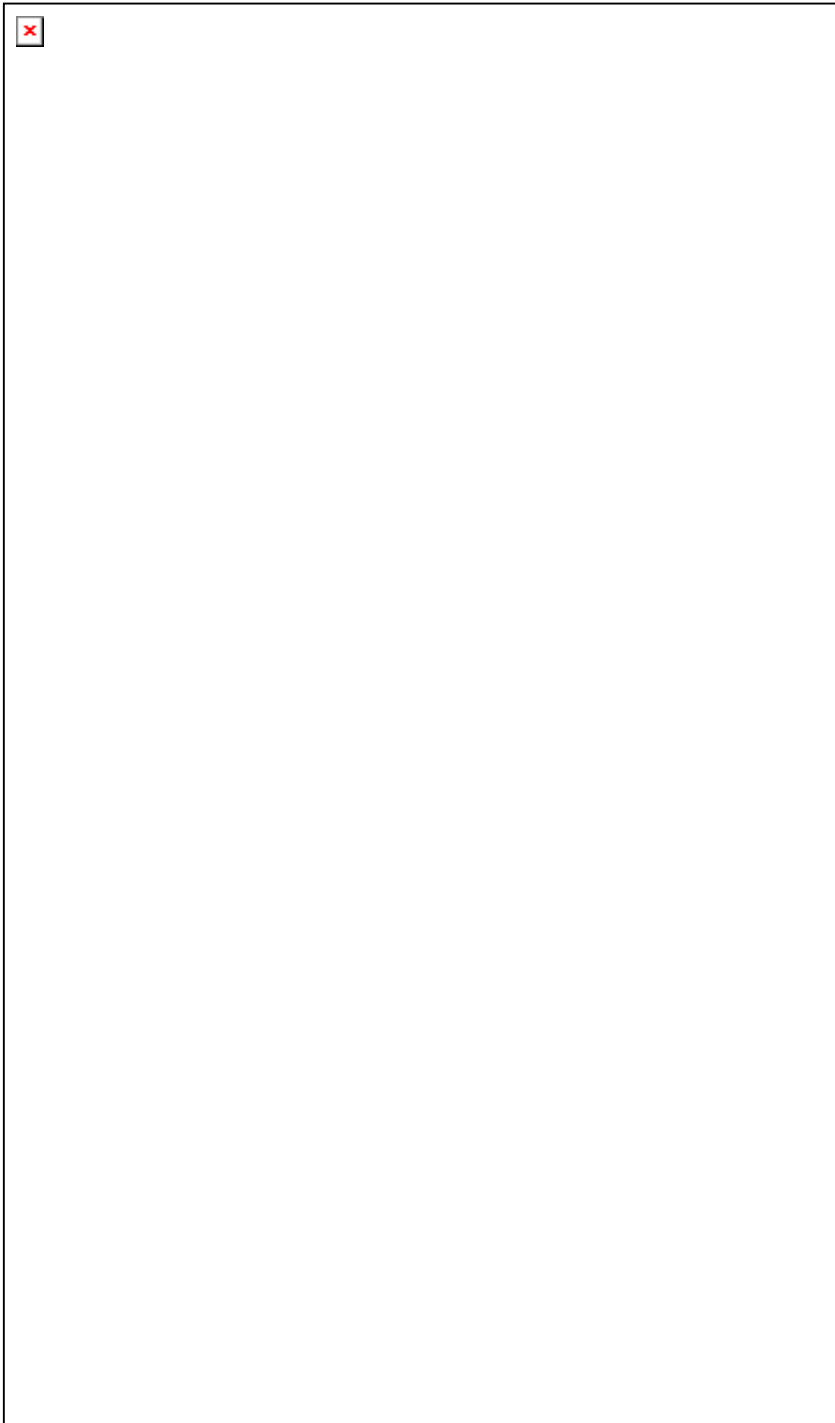
And therefore cannot be supposed exactly to coincide with the Reverend Gentleman in such sweeping conclusions; yet we will admit that cases may possibly occur in which such a descrip-

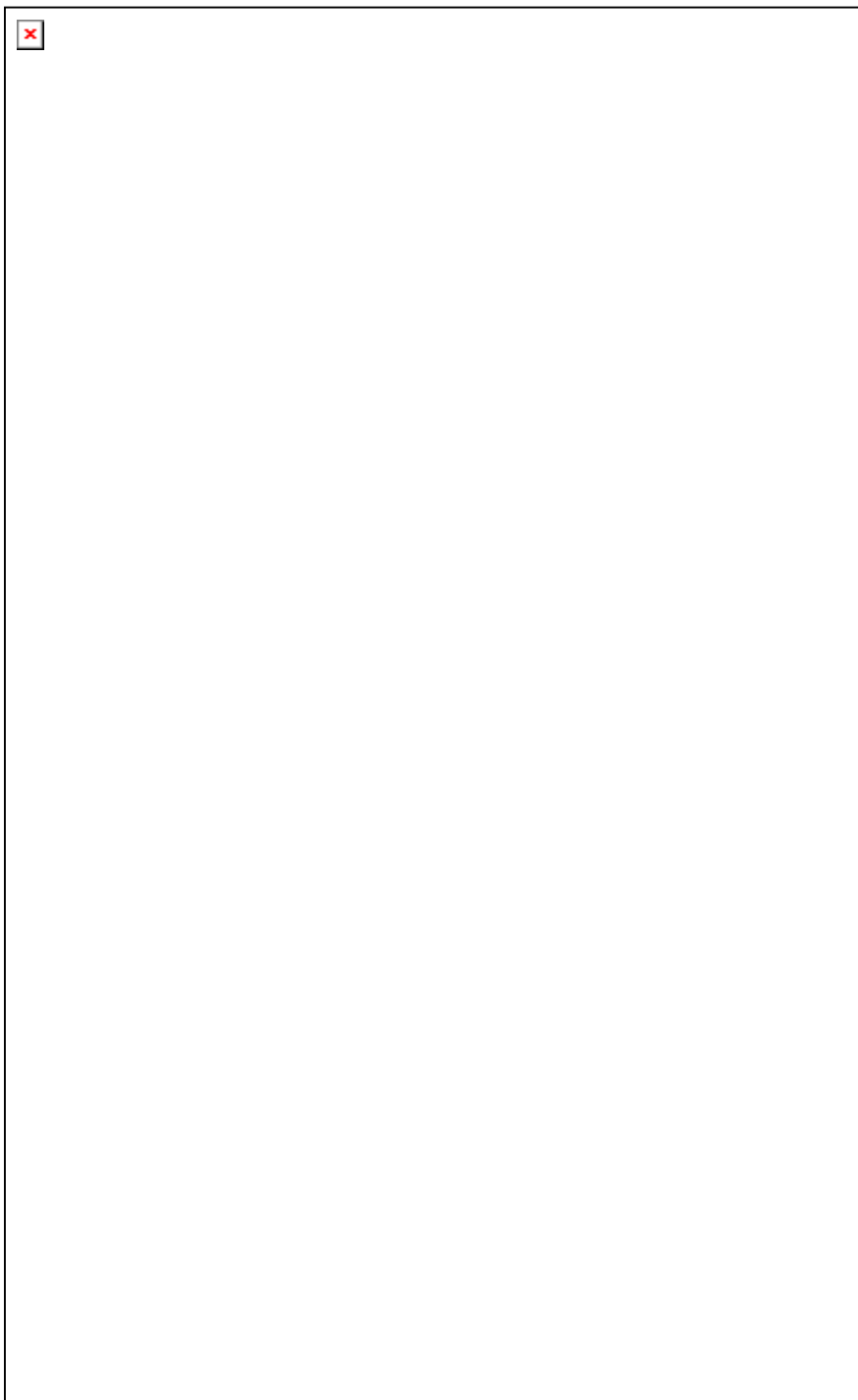
tion may not be far from the truth. As we before professed, we have no wish, or intention, to add to, or detract from, the merits of *any diversion*, further than what we conceive to be a reasonable view of the question; we will therefore concisely offer a few remarks on the different opinions respecting *this*. As to the cruelty, or barbarity of the practice; we are at a loss to conceive how such a charge can be urged consistently by those who do not equally censure hunting, shooting, &c. Surely no man in his senses, unless totally blinded by prejudice, can pretend to argue, that an equal combat between two birds which need no incitement but their mutual and natural animosity, can possibly be either cruel or barbarous, compared with leaguening, and combining with twenty, thirty, or forty ferocious animals, to worry a defenceless one! Or to a man who uses artificial means to destroy, or deceive a bird or a fish, which would never willingly come, either in his way, or his sight! And pursue the subject through every head it embraces, either in respect to right, property, or any other parallel, and the comparison will invariably be found in favor of cockfighting.

As to the wickedness of the diversion, by which is meant the wicked conduct, or language, of those who witness the sport, we greatly wonder at the ignorance and credulity of those who make the remark! In all public places of meeting, be they markets, fairs, theatres, churches, meetings, or any other place of resort whatever, there are generally found some of the most profligate and abandoned characters in the neighbourhood. In all gentleman pits, or where any considerable sum is fought for, the utmost order and regularity is preserved; and any person using

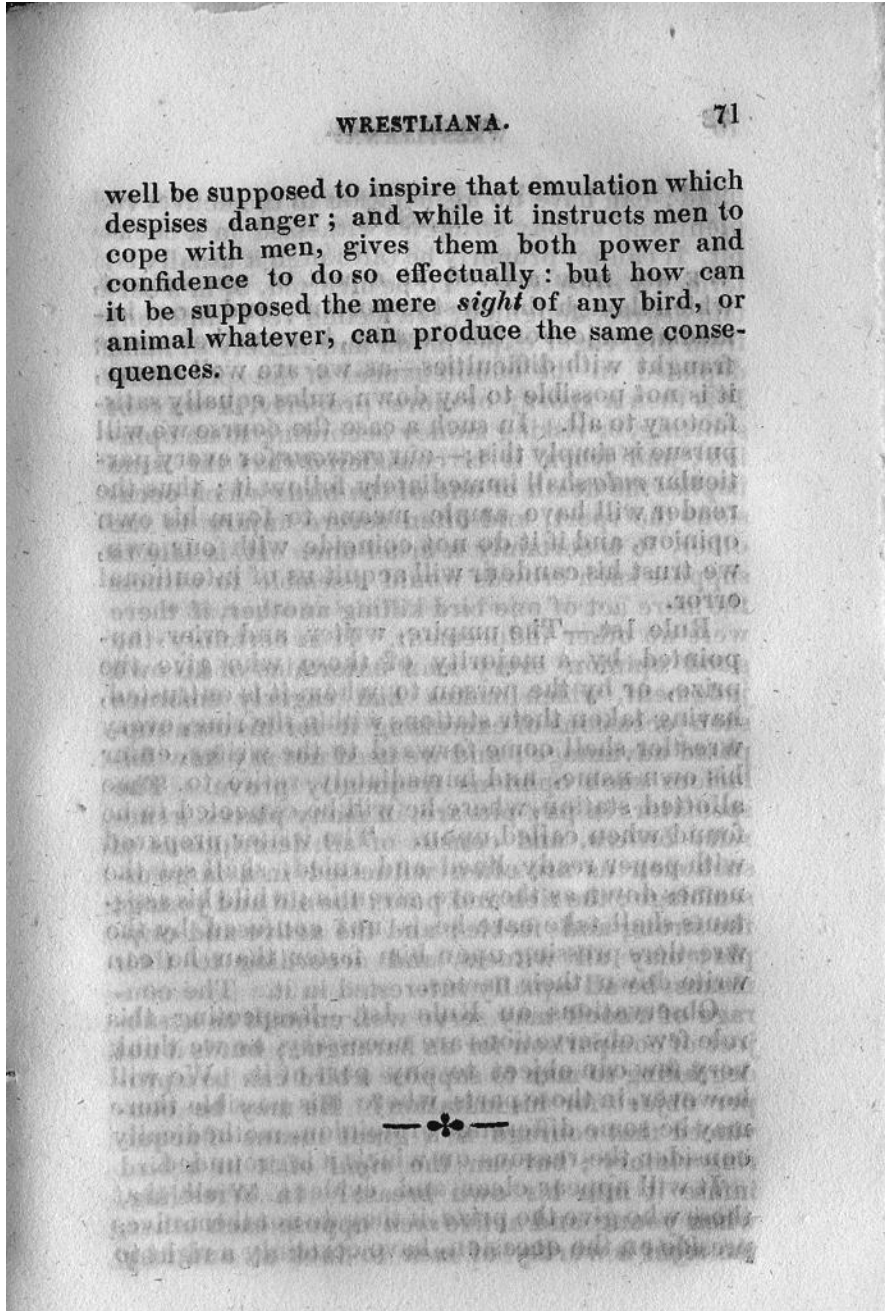
profane, or blackguard language would be turned out without ceremony. Even in this vicinity, where entrance money is required, we have often witnessed very quiet meetings; and we hesitate not to say, have observed amongst the spectators, men, if not entirely *Corinthians*; yet if independent circumstances, knowledge, manners, and general good character, entitle those who possess them to the appellation of *Gentlemen*, as much deserving of that estimable term as any in the neighbourhood where they reside.

It is true there are cockfights of a very, *very* different description; but surely it is unfair to stigmatize all those who are present, for the bad conduct of a few, who are generally themselves no cockfighters; and if some of those who are, be not so decorous in the phrases elicited from them during a battle as might be wished, without terming it "unsophisticated nature," (which is done by Boxiana) there are certainly more excuses for so doing, than those who censure them are willing to allow. Let it be recollected, it is *all* the diversion in their power to *enjoy*. A plebeian may keep a *cock*, but can he keep a *horse*? Is he allowed to *shoot*? He may, when it is the pleasure of a qualified man to sanction the sport by his presence, *witness a hunt*; but can he be said to *share* in it? And in every thing else that can be called an amusement, there are equal obstacles. To *share* in any diversion, a man must feel himself as fully *independent* as the rest of the company. Cockfighting is a diversion, in which the money sported, is sported as a matter of judgment; consequently, widely different from cards, dice, or any wager of blind chance; and never in such sums as are depending upon a pugilistic contest or horserace, and





mind; can have no assimilation to the active, violent, and bloody struggles witnessed in a cock-pit. It cannot properly be (although it usually is) termed a *diversion*. To be diverted, or in a certain degree, delighted, is a feeling very different from that eager expectation and anxiety of mind depicted in the countenances of the spectators. It is then a *sport*; or more properly, a way of sporting, or risking money according to an opinion; and when it is considered that the issue implies the death of one of the birds which occasions the sport, and often severe injury to the other, it is certainly a cruel one. It is idle to suppose such crowds would assemble to witness the mere act of one bird killing another, if there were no other inducement. It is certainly the good opinion every man entertains of his own judgment, which makes him eagerly embrace such occasions of exercising it for his own supposed advantage; and we need not say how fallacious such opinions frequently prove. The spectators in pay-pits are, in many places, generally *bettors*, and consist of all descriptions of such men as are often witnessed in a large assemblage; the rich and poor; the old and young; the strong and feeble; and the active and cripple; may all witness, and according to their means, be all equally interested in it. The courage of a cock may serve well enough as a subject of comparison for an harangue; but is it not degrading to man to suppose a bird can be a proper object for his imitation? He may be convinced that courage is a great means of acquiring victory; but can the *sight* of it in a bird infuse it into his own breast? In Wrestling, when young and active *men* oppose each other, the *sight* is worthy of *men* to look at, and may



BASIS.

WE are now arrived at a part of our subject, which though the most important, and more immediate object of this Treatise, is nevertheless one fraught with difficulties—as we are well aware, it is not possible to lay down rules equally satisfactory to all. In such a case the course we will pursue is simply this;—our *reasons* for every particular *rule* shall immediately follow it; thus the reader will have ample means to form his own opinion, and if it do not coincide with our own, we trust his candour will acquit us of intentional error.

Rule 1st.—The umpire, writer, and crier, appointed by a majority of those who give the prize, or by the person to whom it is entrusted, having taken their stations within the ring, every wrestler shall come forward to the writer, enter his own name, and immediately retire to some allotted station, where he will be expected to be found when called upon. The writer prepared with paper ready lined and ruled, shall set the names down as they are given in; while his assistants shall take care he is not confused by the wrestlers pressing upon him faster than he can write down their names.

Observations on Rule 1st.—Respecting this rule few observations are necessary, as we think very few can object to any part of it. We will however, in those parts where it is possible there may be some difference of opinion, methodically consider the reasons on which it is grounded.

It will appear clear and evident to all, that those who give the prize, if they do not themselves preside on the occasion, have certainly a right to

name those who shall. A writer and erier may easily be found, as the most important part of their duty is care and attention; but very few are qualified to act as umpires. That station requires a competent knowledge of wrestling;—equanimity of temper;—decided judgment;—and strict impartiality. We have always observed that *one* umpire is preferable to *two* or *three*:—it may be said, that spectators on one side of the ring, do not see a fall in exactly the same manner as those on some other. To this we answer, if one umpire think a fall disputable, and even three, or four more think otherwise, the fall must either be wrestled over again, or it will occasion far more dissension than if one single decisive determination had been given: and if the fall be such, that one competent umpire cannot determine it immediately, it cannot be a very fair one.

It is certainly much better for every man to enter his own name, and if required, his place of abode, lest there should be more of the same name. Every experienced person will often have observed, that much confusion has been occasioned by the same name having been entered twice over. And when a Wrestler's name is entered against his real, or pretended inclination, if he do not *fancy* his man, no contest takes place; as he will observe, he knew nothing about it, he did not think of wrestling, &c.; by every man entering his own name, all such whiffing will be avoided. If his name is then called, it is by his own desire, and such excuses are done away at once.

It has always been found desirable, that the Wrestlers should be in some place where they can come forward immediately when their names are called. On this account, they are generally

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permitted to lie down inside the ring; which many of them are anxious to do, that they may witness the sport, and notice the methods of those with whom they may have to contend: therefore if one side of the ring be allotted for this purpose, those who do not choose to avail themselves of it, will have no excuse for not coming forward in time to answer to their names.

Rule 2d.—All the names being entered, the writer shall mention the first and the last on the list to the crier, carefully placing at the same time the figure 1 before the names, to denote that they are the last called; and to instruct him to find, without danger of a mistake, the two next in turn. The crier shall go to that part of the ring allotted to the Wrestlers, and repeat the said names loudly, and distinctly. The men shall immediately answer, and come forward; which, if they shall neglect to do in such a time as the umpire shall deem reasonable, the defaulter shall lose the fall. On their meeting, leaving them to the umpire, the crier, furnished with the names next in turn, shall call upon the owners of them to get ready, while those preceding them get hold and wrestle. On the termination of every fall, the umpire shall give in to the writer the names of the winner and loser, which he shall write down opposite to each other, placing the figure 2 before the winner's name, which will always be the first written. The writer taking the names next to those marked, marking them in a similar manner, and writing the names given in by the umpire, shall proceed till the whole are called. If there prove an odd name in the middle of the list, it shall be called to the first winner; but if the odd man prove the con-

queror, his name, though of course wrote opposite to the man's he has thrown, shall retain the figure 1 to it, which will then become indicative of the falls he has won. The writer thus marking and calling the first and last winning names together in every round, which he must take care to distinguish; and in like manner, still writing the names of those who contend opposite to each other; it will appear the odd man has wrestled one fall fewer than those in the same list, as every other name will be marked with the figure 2; and if he win the next fall, his name advancing one every fall, will have the 2 prefixed to it, while the others on that list have 3. Thus his name being at the head of the list, he will meet the odd man in the previous round; if he win, he will still remain one behind upon the next list; and if he lose, his conqueror exchanges situations with him. By this method, when few are left, the umpire will have it in his power to place them on an equal footing. Thus when three are left, if the first has only thrown three men, and the other two four each, they may toss, draw cuts, or ticket, which is to wrestle him first; but if all three have wrestled equal, they may in like manner decide which two shall wrestle first.

Observations on Rule 2d.—Respecting the subject of this Rule, as there have been various methods practised, there have, and probably will continue to be, various opinions. After remarking the defects of all others, we will make a few observations on the one we have substituted in their place. For a long time it was the practice to call the first and second, third and fourth, fifth and sixth, and so on, together. The deficiency of this mode is obvious. Those wishing to wrestle did not like to follow each other

into the ring, as it had the appearance of premeditated opposition. Consequently, the first time over, there was scarcely a fall wrestled; and as every noted Wrestler had generally friends who contrived to go in so as to secure him the second, and sometimes the third round, the greatest part of the wrestling was a mere farce, and a stranger had by no means an equal chance. It then became the custom to call the first and last names together; but as the names were not written over again, but the losing name merely scratched out, the writer frequently got wrong, particularly when an odd name occurred; and if an even number were preserved, as it was generally pretty well ascertained what it would be, many went in to save their friends, without any intention of wrestling. It was, however, considered much less objectionable than the other.

When the Carlisle Wrestling commenced, the men matched themselves the first time over; and then the *first* and *last* were called together. This method did not long prevail, as it was evidently a bad one. It was obvious there were many sham wrestles the first time over; and both the names were not only to procure, but to compare with the list, to see if they had regularly entered; which could not be done without looking the whole carefully over, and consequently losing time. The present mode of ticketing them then became general. It is, without doubt, evidently superior to any other now practised, but we conceive it liable to the following objections:—In the first place, it is far too complicated a mode to be accurate. The tickets if scattered about, or the wrong one torn, are nothing but a means of confusion: and when four men are called into

the ring, there are no unexceptionable means of convincing them that all is as it should be. The Carlisle meeting last year was a strong proof of this; nothing like an accurate list was to be had. Some names were found both in the winning, and losing column, the same round; and on wrestling over again, there were instances of those entitled being objected, and those not entitled winning two falls. Secondly, it may happen, particularly where there are few competitors, that men coming from the same place, or who will not wrestle with each other, may be ticketed together the first round. This of course prevents sport, and should if possible be avoided. Thirdly, in ticketing, those who have the direction of drawing, may keep back a ticket, or call any two together they think proper; and when instances where all the men are not satisfied there are no means left of convincing them all is perfectly fair. We do not think this right. All should be fair and open; and even those who give the prize should not be allowed to use any sinister means of bringing men together. It may be said, "a powerful man is a coward if he be afraid of an equal opponent." This is nothing to the purpose. The prize is declared, and supposed to be, equally free for all; therefore, although the men may not be *afraid* of each other, they have certainly a right to find fault if their names be purposely drawn together. It is by the attendance of well-known men that the greatest interest is excited, and their chance of gaining a prize should by no means be lessened, which it evidently is in such cases; for there may be others equally as good, who are running the chance of falling in with an *inferior*, while they are purposely called in against an *equal*.

The superiority of the method we have recommended over all these cannot fail to be evident to an impartial observer. While men who do not wish to come together may prevent it by entering their names immediately following each other at any time but in the exact centre; they can have no possible guess who will be their opponent. For as the *low* and *high* numbers, are called together in the *first* round till they meet in the *centre*; the *centre* names are consequently after that round thrown to the *last*, and will in the *second* round, meet a *high*, or a *low* number indiscriminately, which will cause them to be scattered in the *head* of the list in the *third* round. Thus supposing forty enter at first; the numbers 1, and 40, are called together, and so on, till 20 and 21 meet in the centre: then it is quite uncertain whether the centre victor 19 or 22, will meet the conquering number of 2 and 39, one of which must be the second victor in that round; and so on progressively. By this means the principal objections to the *three first methods* are at once obviated, as is likewise *one* of the objections we have made to ticketing: and if the umpire and writer are at all careful, no mistake can arise, as the writer will perceive at a single glance what names are next the marked ones which have been called; and if any dispute arise, the list is still there to rectify it. Therefore, while this method preserves all the *uncertainty* of ticketing, the list will be ready for publication the moment the wrestling is over; and on perusing it, every man may convince himself he has been fairly treated. As it is a very great chance a number dividing equal to the last, such as 32, 64, or 128, will be the exact number entered; it is desirable it should be one doing so

till very few competitors remain. Thus, 96 will leave three, and 80, five, &c. In such cases, the umpire having the power of equalizing the chance, should then ticket them, as the small number, and the men having become conspicuous, would then prevent any confusion; and we would recommend the umpire to call them forward to witness their own names drawn. Whenever an odd number occurs, the prizes should not be definitively settled till the last fall, as the Wrestlers cannot be on equal terms. For example; last year at Carlisle, *Eight* Guineas were the first prize, and *One* Guinea only, the second; making *Seven* Guineas the distinction for winning the last round. Now, Cass who won the first prize was wrestling his *sixth* fall, and Todd his *seventh*. It does not seem reasonable therefore, that Cass should have been entitled to the same sum for throwing *six* men, as Todd who had already thrown *six* men, and was hazarding a *seventh* contest. Such cases will we hope in future receive proper consideration.

Finally, it may be necessary to remark, that after the first round, the numbers, except the marks 1, 2, 3, 4, 5, 6, indicative of the rounds, and falls the names before them have won, may be laid aside; their principal use being to ascertain the number entered, which as it occupies little time, and may be done before-hand, is well worth the trouble.

Rule 3d.—When two men cannot soon agree in taking hold, the umpire shall place them at such a distance as the size of the men, may render proper for ulterior proceeding. He shall then cause them to square their shoulders, and the higher part of their breasts against each other, in such manner that the right and

left shoulder blades of both are perfectly level, and the arms stretched out so that the hands are in a line with the paps of the breast. He shall then direct one of them to take hold without shrinking his right breast and shoulder underneath his opponent's; and so as to preserve a perfect equality in the use of the right arm:—when this is the case, making proper allowance for contracting the arms by grasping the back of his opponent, the hold will be something below the level of the paps. If the umpire is satisfied the hold is fair, he shall cause the other to take hold likewise, without shrinking, or swerving to either side; which being done, he shall immediately give the word. If the umpire perceives that either party is striving for an advantage, or will not take hold, he shall decide the fall against him; and if neither party will implicitly obey his directions, he shall cross them both out without further loss of time.

Observations on Rule 3d.—This Rule embraces the disagreeable, and grand cause of contention in wrestling; and it is impossible to word, or limit it so, as to please every Wrestler. It is by far the most desirable for men to agree themselves; as it is a very difficult matter for any but an experienced Wrestler, and not easy for him, to decide between them; but if they will not agree, and infringe upon, or tire out the patience of the spectators, or those who give the prize for general amusement, some method of decision becomes absolutely necessary. The method we have laid down seems well adapted for placing the tight, and slack-hold Wrestlers, on an equal footing. It is such a one as the tight-hold Wrestler may gather with, or strike from; and

at the same time one which does not debar the slack-hold Wrestler from using his own peculiar mode.

There is nothing more galling to a Wrestler, than an ignorant umpire putting the hands together, and asserting a man may get hold, when perhaps the other has his right shoulder against his breast, and his right arm pinned to his side close to the elbow. It is well known to every Wrestler, that a single inch, either in the arm, or breast, when the men are nearly equal, will almost invariably decide the contest. We have not mentioned any particular time to allow men to take hold in, as circumstances might arise to render a limited time injudicious, and the umpire intrusted with full power, ought to be a competent judge of the matter. Many very fair Wrestlers may wish to feel each others manœuvres and regulate their actions accordingly, before they take hold. We think such a proceeding, when the parties are not long over it, perfectly fair, and by no means detracting from the satisfaction of the judicious spectator.

Rule 4th.—If the man who takes the latter hold, makes play at the same time, and either throws his opponent immediately, or obtains such an advantage by it as in the judgment of the umpire occasions the ultimate termination of the fall; or if the first taker hold, strike before it can be clearly ascertained the other has hold, and obtains a similar advantage by doing so, the fall shall be wrestled over again; and if the same conduct be repeated, the offender shall lose the fall. It shall likewise be allowed fair for either party to quit their hold, if their opponent strikes, or makes play, in the above improper manner.

Rule 5th.—If either party when endeavouring to take hold, shall throw, or attempt to throw his opponent down, when he is conscious they have not both hold, the fall shall instantly be decided in favour of the injured party.

Observations on Rules 4th and 5th.—Neither of these Rules require many observations. The fourth is to prevent snapping, or one party gaining a decided advantage by improper means. The punishment, while it seems adequate to the offence, is not over much so. The justice and necessity of the fifth is obvious for the preservation of peace and good order. If such an act be done in a passion, the offence richly merits the punishment. If not, any attempt to excite the laughter of a few partial, and unthinking spectators, at the expense of any Wrestler, must be considered not only an insult to him, but to every impartial observer. It must be evident to all, that any person entering the ring, although it is his own inclination that prompts him to it, is one of the contributors to that amusement they are assembled to witness for their own gratification, and cannot possibly be a *proper* object of ridicule; therefore any other person attempting to make him *one*, should justly be debarred from doing so a second time.

Rule 6th.—If, when wrestling, the men get disengaged by their hands slipping over each others head, and they remain opposite each other on terms of perfect equality, it shall be in the option of either party to leave go, and take hold again, as at their first meeting; but if one of the parties only lose his grasp, it shall be deemed perfectly fair for the other to continue the wrestle till he does so likewise, or the fall terminates. If both the parties during a struggle be-

come disengaged, if one throw the other before they remain stationary or fronting each other, it shall be deemed a fair fall.

Observations on Rule 6th.—We do not anticipate any objections to this Rule, as the determinations it contains are precisely the same as have uniformly governed the cases they allude to:— a convincing proof of their equity. The rule embraces the only three situations which can possibly occur from the particular circumstance it treats of. In the first case, it has been usual for the men to consult each other, and both leave go at the same time, lest he that first quitted, should forfeit the fall by doing so: should the Wrestlers themselves agree to continue the contest, provided they do not stand long, the spectators have no reason to complain; but we never witnessed a case wherein either party objected to a fresh hold. The reason of the second is too obvious to dwell upon. It would occasion endless disputes if a man were entitled to another hold by slipping his own arms over his adversary's head whenever he was likely to get the worst of it; and if such a circumstance be occasioned by exertion in making play, it is perfectly right he should abide the consequences of his own act. As for the third case, it can be but momentary; for if the action which immediately follows the act of disengagement be not decisive, the men will instantly be in a state of perfect equality.

Rule 7th.—After the men have both taken hold, if either of them quits it, either in endeavouring to save himself, by accident, or by attempting to throw his adversary, he shall lose the fall, provided his adversary retains his own hold, and does not go down by that effort, or manœuvre, which is the immediate occasion, or

object of quitting the hold; but if his adversary, though retaining his hold, goes to the ground without recovering himself, if it be not immediately, yet in such a manner as is obviously the consequence resulting from such manœuvre, he shall win the fall. If the effort occasions both parties to lose their hold, and both or neither go down, it shall be deemed a wrestle over again.

Observations on Rule 7th.—Such of our readers as are at all acquainted with the subject cannot fail to perceive how tenacious we are in adhering to those determinations which have hitherto been considered decisive. Yet although this is the case, we must remind them, that having never appeared before in any tangible shape, they could only be regarded as matters of opinion only; but by the publication of this Treatise, they *now*, when noticed as standard regulations, become proper authority to decide by. The present Rule treats of a subject which has often occasioned a difference of opinion among noted Wrestlers, and therefore it is our duty briefly to state the reasons which have always influenced our decision respecting it. As for the first part of it, i. e. any man's quitting his hold to prevent his going down, no shadow of doubt respecting its justice can possibly arise. The second, namely, quitting by accident, admits of no alternative. It is true there may be frequent instances of the hands slipping asunder without any obvious reason, and the party closing them again without any manifest advantage; yet if such an act was not uniformly regarded as decisive of the fall, there would be no end to the disputes it might occasion: this is so universally acknowledged, that whenever it has been ascertained the hands were clear of each other, it has always been re-

garded a fall. A spirited attack, if it does not succeed, generally places the assailant in a disadvantageous situation; and therefore, if he lose his hold at the same time, it is certainly just he should lose the fall: but if the hold be quitted as an auxiliary to the attack, which, if scientifically done, is often effective; there appears to be no well grounded reason why such united efforts, (which require additional dexterity) if they succeed in forcing the defendant to go down without any future display of action, should not be decisive. As to the act of retaining the hold, if a man *goes down*, it is evident it *could* not avail him in any situation, and therefore *should* not; but if he *does not*, he has committed no act of *forfeiture*, and cannot be liable to any *penalty*: his adversary *has* done so by *quitting* his hold, and therefore justly *forfeits* the fall:—and finally, if both *have quitted*, they can be considered no otherwise than on equal terms, and therefore must wrestle over again.

Rule 8th.—If both the men go down in such a manner that it cannot be clearly and distinctly ascertained which of them was first on the ground, it shall be deemed a wrestle over, or as is provincially termed a *dogfall*, and the decision shall be given without any regard to the circumstance of making play. A man's knees or hands, or either of them, touching the ground, shall be considered conclusive of his being down in all cases, except he is fairly covering his man, and it is occasioned by the desire of making the fall easier to himself or his antagonist; when such is the manifest intention, it shall not interfere with his claim to the fall.

Observations on Rule 8th.—Justice, and fair-play between man and man, should be the inva-

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riable motto of every Englishman ; and we can with truth say, that in regard to these Rules at least, it has uniformly been ours. In many places where loose holds are practised, no fall is considered fair, but when one party only goes to the ground, and not even then, except he is thrown upon his back. In close Wrestling, such a regulation would be endless ; and it has always been the custom, merely to decide who had the best of it. In this view of the question, the man who first touches the ground (unless it is in such a case as we have excepted), may be said to be first foiled. As we look upon Wrestling to be the most chivalric, and manly exercise since the abolition of tournaments, we think a trifling advantage, if it clearly be one, is quite sufficient. So extremely tenacious were our ancestors in this respect, that in tournaments, if a Knight lost one of his stirrups in the encounter, it was considered he did not part from his adversary on equal terms, and therefore he was deemed as much worsted, as if he had been unhorsed altogether ; and were it not so when a visible advantage is obtained, it would be impossible to define where the distinction should be drawn ; but, if the matter be dubious, it is clearly a wrestle over. A man may, sometimes, certainly go down upon one hand, or knee, and in that situation, bring his opponent down under him ; but such a circumstance ought not to influence a decision ; nor, unless it happen by accident, should it be allowed, as many falls would then become a mere scuffle, and quite unworthy Englishmen either to look at or practice.

Rule 9th.—When the men are called into the ring, no agreement shall be allowed to take place between them relative to one of them.

yielding the fall, without the sanction of the umpire; but if they wrestle fairly, they shall have liberty to divide what the conqueror shall win, as they think proper.

Rule 10th.—If it is apparent that there is a private agreement between two Wrestlers, and that the contest is not a fair one, the umpire, if it appears to him that the stander has promised any remuneration to the other for lying down, may call him against the odd man; but if there be no odd man, or if there be two standers only, the umpire may regulate the distribution of the prize as he deems proper, or, in other words, so as to prevent any set of men making a mere property of the sum given to contend for.

Observations on Rules 9th and 10th.—We have chosen to class the observations on those two final Rules together, as any remarks upon one, will naturally have some allusion to the other. We are well aware, though we have no doubt of convincing any impartial man of their propriety, that many Wrestlers will consider them as unjust; and even observe that we ourselves have frequently violated them. We acknowledge the latter charge to be correct. Yet that circumstance does not by any means prevent us from judging of their propriety; on the contrary, it enables us to be certain that such proceedings prevent contests, and occasion much dissatisfaction amongst the spectators; but we defy any person to prove, that during the many years we wrestled for renown, we were ever either concerned in a sham Wrestle, or laid down to any acknowledged Wrestler whatever. No! victory was our motto! and if it had been equally so with our opponent, a contest would have been inevitable. As to the justice of every part of

these Rules, we dare confidently appeal to any distinguished Wrestler who has retired from the ring with honour "bravely and hardly won;" although perhaps there is no such person but what has frequently violated them. Every prize however small, is given with the same intention as the sums subscribed at Keswick and Carlisle; that is, to assemble numbers together, and entertain them when assembled; therefore what is considered perfectly fair at those places, cannot be considered unfair when comparatively small sums are contended for. Let us therefore ask the gentlemen who subscribe, or the impartial spectators for whose amusement such sums are subscribed, if they think it right that those who have come to contend for the prize should fee one another off, or by a sham Wrestle enable their friends to swindle the spectators? When the Carlisle Wrestling was discontinued, it was owing to a private agreement between the two last standers refusing to wrestle. Mr. Pearson consequently refused to give them the money. So far we think he was perfectly right, but we do not think he was altogether so in withholding the second prizes from those who had contended fairly for the first, and were willing to do so for the second. We know there were some who had travelled fifty miles to wrestle, and might reasonably have expected to have shared in the second prize. We will in another and more proper place, prove that the system of bribery had been before practised there; and though it might be disapproved of, was yet partly allowed, as no money was withheld; and if we may judge from the second prize last year, the system without some effectual check, is becoming more notorious than ever. What was the fact? Weight-

man who won, Wrestled two falls! and Graham who came last, one only! and the spectators were, as the warm-hearted natives of the land of potatoes would term it, *humbugged* for some minutes with a sham Wrestle between them.—But let us return to a methodical review of the Rules in question.

As for the first part of the ninth Rule, those spectators that are well acquainted with wrestling, need not be told, that when the men called upon, get together, and whisper each other before they prepare themselves for a contest, there is no anxiety respecting the result of it; for if they should then happen to be in earnest, the spectators are never satisfied that they are so. But if the umpire be privy to their conversation, it is a very different matter, as it then becomes his duty to debar them from imposing upon the spectators by a sham Wrestle; and if no contest takes place, he is then fully aware what is the reason of it, and whether any blame can be imputed to the stander: for if one party will not wrestle, he certainly cannot be forced to it; and in that case, as the stander has committed no fault, he is fully entitled to the fall. For if a distinguished hero fall in against an inferior opponent, who is fully aware that he has no chance of success, and therefore will not try, it is by no means reasonable the stander should hazard a second chance in that round. The umpire ought not on any account to suffer those who eventually stand, to make a direct proposition to the other to lay down; but instances may occur in which he may in some degree be implicated, and the transaction may receive the sanction of the umpire: for example, a man may get a sprain, or some other injury in the preceding round, which

may incapacitate him from immediate active exertion; and a proposal coming from him, may be agreed to by the other, in case he should win a prize, without any reasonable exception being made to it. Or it may sometimes happen, a man may win two or three good falls, and then be so much over-matched in size and strength, that even a majority of the spectators would rather wish him to receive an acknowledgment, however small, than see him risk a fall with so unequal an opponent. For instance, last year at Carlisle, if we mistake not, Waters—a young man not more than eighteen or nineteen years of age, and about eleven stone in weight, after wrestling uncommonly well, fell in against Weightman! We are so far from thinking the spectators could have derived any gratification from witnessing so unequal a contest, that we believe a great majority of those acquainted with the circumstance, were much better pleased Waters did not attempt to wrestle him; and if Weightman had agreed to give him any thing for not wrestling him, so far from being offended, the spectators would have deemed it an honourable and manly act. Respecting the latter part of the ninth Rule, no agreement about the division of a prize between two Wrestlers, provided they both do their best, can possibly affect the spectators; and therefore they undoubtedly ought to have full liberty to modulate it as they think most desirable and advantageous to themselves.

As the ninth Rule specifies that no agreement shall be permitted without the sanction of the umpire, the tenth proceeds to state that if such an agreement be made, the offender shall be subjected to such an award, as the umpire (who ought to be perfectly acquainted with the of-

fence, and therefore a competent judge of the matter) shall deem most eligible, or equitable. This is a most important desideratum in these Rules; as the circumstance of two Wrestlers entering into an agreement between themselves without any visible cause, though it has often been deprecated, both by those who gave the prize, and the spectators in general, yet except in a very few instances, no punishment has been awarded for it, (notwithstanding it has always been considered very unfair) for which reason the Wrestlers conceive they have a right to act just as they think proper. One bad precedent establishes another, and therefore no palpable deviation from what is just and reasonable ought to be allowed. A notice of any intended meeting, always particularizes what is the object of it. Thus in Wrestling, it is always mentioned that such a prize will be given to *wrestle* for. Provided the sum be given, no matter whether it be by one particular person or by a number, the object is always the same,—namely—to bring a number of people together, from whose attendance some advantage,—emolument,—or consequence is expected to be ultimately derived. Such an assemblage have an undoubted right to witness what was the object of their attendance; therefore any proceeding tending to deprive them of that right, is an infringement upon the original notice of that meeting. Now can any person be stupid enough to argue, that when the greatest expectation is excited by the meeting of two good Wrestlers, it should be balked by an agreement to divide the prize without a contest! Such an agreement, while it thwarts the very object of the meeting, adds nothing, but rather detracts from the reputation of the men

who do it. If renown were the inducement which occasioned either of them to become a Wrestler, it is not to be acquired by compromising every fall in which there is danger of coming off second best. Where there is no danger, there can be no honour. On the other hand, there can be no honour lost when a man does his best; and an agreement without some sufficient motive, certainly implies something cowardly. If money be the object of a man's entering the ring, if he offer a part, to obtain a greater part, or the whole, it is but reasonable he should earn it: and when there is no odd man to defeat his mercenary motive, a power ought to exist somewhere to frustrate the intentions of a man whose interest leads him to disappoint those who gave the prize, and the many for whose amusement it was given; and such power can no where be vested so judiciously as with the umpire.

Having now methodically laid down Rules which embrace every incident that can arise from the men's first entering the ring, till the prize is won, we shall not tire our readers with many further comments upon them at this time. At a future period of this Work, some allusions will be made to nearly all of them. At present we shall only observe, that any deviation we have made from old-established custom bears somewhat harder upon the Wrestlers, and therefore may be supposed more conducive to the gratification of the spectators, and, consequently, to promote the object for which prizes are given. It is manifest to those who wish well to the exercise, that if the dividing system prevail to any great extent, it will eventually occasion the suspension of giving money to wrestle for al-

together; therefore we conceive it to be much better to check the evil in its infancy, lest it destroy the celebrity of the amusement it was meant to promote.

We shall now for the better information of those spectators, not conversant either in the practice, or theory, of wrestling, as well as of those who wish to become so, devote a few pages to the explanation of those terms usually applied to the methods which are used in the art, or to speak more intelligibly to our less knowing readers, the different methods of striking, or assailing an opponent, so as to effect the desired object of *bringing him down*, generally termed *throwing* him by the spectators, but by some hardy and unrefined practisers of the exercise, broadly, and we must own, rather *brutally* called *felling* him. These methods are much more various and complicated in close-hold wrestling than in any other mode; which diversity we conceive to be a strong proof of the superiority of this exercise to any other, which indeed is evinced by the great interest it never has failed to excite;—a diversity which must be regarded as characteristic of something noble and manly, as it can be occasioned only by a contest of men. The most general and usual methods are those which follow:—

Throwing men by lifting them from off the ground, and rapidly placing one of the knees between their thighs, is now become very common all over Cumberland and Westmorland. It was however very little known between the rivers Derwent and Duddon till within these last twenty years. It is generally called *hipeing*, we conceive from the supposed great use of the hip in the execution of it. There is however too es-

essential a difference in the modes of practising it, for any general agreement in the propriety of the term. An explanation of one or two of these modes may serve to elucidate the point,—give the reader some idea as to the propriety of the term,—and enable him to ascertain the accuracy of our definition of it.

When immediately on lifting, the knee and thigh are thrown in, and forced upwards so, that quickly wheeling the whole frame to the contrary side, the assailant is enabled when turning his man with his arms, and delivering him from his breast, to pitch him with his hip, (which will then be close against the lower part of his opponent's belly) in such a manner, that not being able to catch the ground with either foot, he is thrown upon his back; an operation which requires a close hold, and great rapidity in the execution of it; we conceive it may with propriety, be provincially called *hipeing*. Thomas Richardson, of Hesket, commonly called the *dyer*, is allowed to be one, if not the very best hipeer among the present list of Cumbrian Wrestlers.

But when on lifting, the superior length of the assailant enables him to throw his leg so high that his opponent is turned by the action of the knee, against the inside of his thigh, and the simultaneous effort of the arms and breast, as was generally practised by the celebrated William Wilson, of Ambleside, we conceive the proper appellation to be, *inside striking*. That this is quite a different mode from what we have termed *hipeing*, is still more evident by some Wrestlers lifting their man, and waiting some time for an opportunity; when this is the case, the fall is usually occasioned by the knee, aided by the dex-

terous management of the arms only, and does not require the men being so close to each other as hipeing. This method is now become very common, and if the term *striking* can be as *properly*, as it is *commonly* applied to *Wrestling*, we think it can admit of no definition but an inside stroke.

It is an invariable maxim, that when a man is determined to make play, the sooner he does it, and the quicker he is in doing it, the greater will be his chance of succeeding. To guard against an inside stroke, or hipe, the defendant should if possible keep himself on the ground. To do this, he must either lift against his opponent, or slackening his own hold, endeavour by wrenching his body from his opponent's grasp to plant himself, as it were, to the ground, striving at the same time to keep his opponent off with his breast, and if possible to shrink it underneath his assailant's. If he succeed in this latter mode, he should be on the alert to secure such a hold, when his opponent attacks him, (which he cannot do without in some measure giving his body within the compass of his grasp) as will ensure him of victory. It is true a skilful Wrestler will be very careful when he hazards an attack to keep his right arm well up, to prevent his opponent getting a low hold of him; but still if he does not succeed, one equally skilful will inevitably gain some advantage by it, such as catching his heel, —mending his hold,—or attacking him in turn before he can recover his balance. If the defendant cannot prevent his opponent from lifting him, he must endeavour, by shrinking his body, to give him the greatest weight upon his breast he possibly can, and instantaneously try to fix his knees and feet so as to prevent the assailant

from getting his knee between his thighs, and at the same time, so as fully to inform himself of every meditated movement the moment it is attempted. If he thus succeeds in checking the first assault, and be equal, or nearly so to the assailant, he ought to win the fall. As these observations will, with some trifling deviations, apply to lifting in general, we shall not have occasion to dwell much in future upon that particular subject.

The methods of assailing a man on either side are various. They may however be reduced to the four principal ones, namely:—striking with the knee,—the leg,—the foot, and the leg and foot alternately. The first is done by striking with great pith and force with either of the knees, though generally the left, against the outside of an opponent's knee or thigh; and by the force of the stroke, and the correspondent movement of the arms, first force him from, and then turn him upon the ground. Slee, of Dacre, who won the prize at Penrith Races in the year 1813, was, in our judgment, the best at this stroke of any man we ever saw practise it. Sometimes it is made use of after lifting, by throwing the knee outside an opponent's thigh; a method we have in *propria personæ* often practised with great success. The second is generally termed *in and out*, owing to striking out with the leg, so that the knee of the assailant is outside his opponent's, and the foot inside his ankle, or small of the leg,—thus placing a kind of lock upon the knee and leg. This is a very common mode with many first-rate, as well as inferior Wrestlers. The third mode is usually called a *chip*, and is effected by trying to swing an opponent round, and strike the wrist of the foot against the outside of

his leg or ankle, or as in the preceding mode, by doing so, and turning him with the assistance of the arms; a method which Thomas Golightly (now no more) excelled in, and in which we have seen Nicholson himself evince much dexterity. It in general requires more dexterity than any of the preceding modes. The fourth is effected by striking an antagonist from the ground with the leg, either outside, or *in and out*, with the assistance of the arms; and instantly planting that foot upon the ground, strike with the other across his farther shin before he reaches the ground. This stroke requires great quickness and activity, and is, when well executed, one of the surest and neatest methods of Wrestling practised. The best and cleanest practiser of this mode we ever knew, or heard of, was William Ponsonby, of Endside, near Egremont, who retired from the ring nearly twenty years ago. He displayed such uncommon dexterity in this stroke, that his feet might frequently have been heard at a considerable distance succeeding each other against his opponent's legs like two distinct claps of the hand:—it is at the present time by no means unusual.

Although we have classed outside striking under four principal heads, yet it is to be observed that the occasions on which they are resorted to are extremely various; being often used as sufficient of themselves, sometimes as precursors to other meditated attacks, and not unfrequently, subsequent to other movements. As a clear explanation of their nature, and the different modes of using them, are a sufficient means of information to enable any practiser of Wrestling to judge what are the surest methods of guard.

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ing against them, it is unnecessary to detain our readers any longer on this particular subject.

When one party gets a leg behind an opponent's it is called *haming*, or catching his heel, according to the manner in which it is done. If the legs are intertwined with each other, or if the heel of the assailant is above the small of the defendant's leg, it is usually termed haming; for no other reason that we can divine, except from the strength required in the ham, either for accelerating, or defending the attack. Sometimes a ham is practised at the moment of taking hold, or when taken off the ground, by rapidly striking the heel behind the knee; as the sinews of the person lifting are then at full stretch, if the party lifted do it forcibly, and can throw the full weight of his body along with it, it is often effective. Haming, as well as catching the heel, is indiscriminately practised, either as attacks of themselves, or as auxiliaries to other attacks. To guard against a ham, the defendant should feel his feet firm upon the ground, slack his hold, and bear forward with his breast against the assailant's. If he succeed in this, he should endeavour, if the ham be persevered in, to turn or twist his opponent over by wheeling him off his breast to the opposite side, as he will have only one leg on the ground; but should he quit the ham, no time should be lost in closing the hands lower down upon his back, and becoming the assailant in turn.

Catching the heel is often quite a different operation;—its object generally is to force the foot forward by rapidly striking the heel, against the heel, or ankle of the defendant. Should it not prove immediately effective, yet if the defendant staggers, and ultimately falls by not be-

ing able to extricate himself from it, it is usually called *hankering the heel*. Catching the heel may be practised either on the outside, or inside; and if done with force and quickness, it is a very difficult manoeuvre to guard against, and a Wrestler known to be expert in catching, or hankering, is generally as little fancied for an opponent, as one skilled in any other mode whatever. Thomas Nicholson, of Threlkeld, who won at Carlisle for three successive years, was a forcible illustrator of this mode. He was certainly uncommonly good at it, and though by no means wanting in many other modes, yet he was more indebted to this method for victory than all the rest put together. There is another mode somewhat similar to these last mentioned, by which falls, particularly among new beginners, or novices, are often decided. This may be termed twining over the knee, as it is effected by getting the knee outside and twining an opponent over it.

It is not our intention to dwell much upon what is often indiscriminately termed *hanching, henching, hiping, buttocking, or crossbuttocking*, as they are all effected in nearly the same manner; and in fact, whatever they may be fancifully called, the breast and side are oftentimes, though not always, as much used as the hip, or what is the most general appellation, the buttock. A man skilled in this method of wrestling generally strives for a loose hold, and it is the left side which is mostly used for effecting the desired object. By stepping partly in, and crossways with the left foot, twining the body in, and throwing the buttock underneath the belly; the defendant is by the assailant's arms being kept tight round his neck, or shoulders, hoisted on,

and thrown off, or over the side, or buttock ; as the latter is by the act of stepping thrown farthest in, it has acquired the name of buttocking ; and when the leg or foot gets quite across the defendant's body, of crossbuttocking ; though even then, it is evident unless the effort was seconded by the arms and higher part of the body, the act of throwing the leg across would be fatal to the aggressor. Sometimes when the assailant perceives, or feels his man staggered, or balanced upon his side, or buttock, he is so circumstanced as to be able to strike with one of his feet across the shins ; when this is done the fall is often clean and effective. At other times the situation admits of getting the leg, or foot, behind both of the defendant's ; when this happens it is in some places called *grandystepping*. It sometimes happens that the assailant, by turning in quickly with very loose holds, gets into a position exactly before, or with his back to his opponent ; in that case, if he do not, by keeping his hands fast, and stooping forward throw him over his head and shoulders, his situation is a dangerous one for losing the fall. In short the modes of assault and defence in this most manly of all exercises, are so diversified, that a volume might be filled by illustrating that part of our subject only. The act of buttocking, slipping from the side, or breast, and in fact, of every thing that constitutes the science of wrestling, depends much upon the different situations which may occur in a contest ; and the judgment formed by feeling with the chest, and breast, what kind of assault is most likely to prove effective ; and generally speaking, quickness in assault, and promptitude in judiciously availing himself of any circumstance that may arise during the struggle, may be called the

distinguishing characteristics of a good and scientific wrestler.

Opinions respecting the best mode of standing when taking hold are no doubt various, and the particular method of wrestling usually adopted by the antagonist to be encountered, in order to counteract his intention as well as keeping in view the method he himself excels in, will always have some influence on every judicious Wrestler. In the Rule solely devoted to the purpose of obliging those to take hold who cannot themselves agree about it, we found it absolutely necessary to fix some standard for regulating the hold. Any Wrestler need not be told that the subject is the most difficult one that could arise; and that one certain standard only was indispensable. Making proper allowance for any man's mode of wrestling, except it be in an extreme of tight (the usual epithet for a close or fast hold) or slack, we are fully prepared to maintain that the standard we have fixed on, is the best and most judicious that can be adopted. It is usual for men wishing to take more than a fair hold, to shrink their own breast underneath their opponents', and pin his arm to his side, close to the elbow;—the merest novice in the art will not permit this, and yet the shorter man will sometimes argue they ought to stand straight up! Knee to knee is sometimes with equal absurdity proposed; for unless the men are of exactly the same dimensions upwards, it does not in the least alter the subject of dispute. A hat, or a stick, is often laid down, and the men are required to bring their toes up to the mark. The monstrous absurdity of the ridiculous position this will place men of different sizes in, with their feet close together, and what is sometimes jocosely termed the seat of honour

of the taller man hung back, needs no comment. No certain distance between the toes can be equally applicable to all; and therefore the distance which will admit of both feeling themselves at ease, and firmly on the ground, may soon be settled between them with the assistance of the umpire, as breast to breast, is the only mode of placing them on an equal footing. Many Wrestlers are fond of leaning to the left side, a habit acquired while in their novitiate by the desire of seeing their opponent's feet, or at least his right foot. This latter circumstance is of no material advantage of itself as it is the *feel* and not the *sight*, which generally regulates the movements of a good Wrestler, especially at the commencement of a contest, as is sufficiently evident from the fact, that one man decidedly the master of another, will throw him blindfolded. This lean to the left, as with many it is a supposed advantage, and therefore often a considerable obstacle to their getting hold, is worthy of some consideration in regard to its utility, both in assaulting, and defending; and therefore, though a dry and complex subject to some of our readers, yet as many Wrestlers will deem it both important, and interesting, it is our duty to attempt some elucidation of the subject.

It must be sufficiently evident to all, that leaning to either side is a deviation from the natural and true centre of balance; and of course will lay some stress upon, or partly brace the muscles of the opposite side. Thus if the lean be to the left side, the muscles of the right, from the neck to the foot downwards will be proportionably braced, as those on the left are contracted in with the body; and part of the weight of the body, by being thrown upon the right arm of the

opponent, will detract in a corresponding degree from the weight upon, or firmness of, the feet upon the ground. Now it is certain that the easier and firmer any Wrestler feels himself upon the ground, the less stress there will be upon the arms and breast; and that when all the powers of the frame can at once be brought effectively into action, the more vigorous will be the attack. It is to be remarked, that these obstacles apply even to an attack with the left leg; while the lean being from the right, must of course greatly detract from the force of any intended effort to throw an opponent to that side; and the position itself totally precludes the idea of an effective buttock; because, instead of facilitating the act of getting the foot partly across, or the breast underneath, it acts in the very reverse, by contributing to place the body on the outside,—an unavoidable consequence of the lean. As for buttocking with the right side, there are very few who ever attempt it, except it is after an outside stroke with the left leg; because, in taking hold, the left arm is always above the right; and consequently, when the hold is loose, there is no material obstacle to prevent that side from being thrown in; whereas, the right arm being underneath the oter, prevents that side from being brought into action with equal freedom and facility; notwithstanding this, there are some few who contrive to throw in the right side with considerable effect; yet against a good Wrestler, it must always be considered a losing chance.

It is observable that these remarks apply to the act of taking hold before the contest is begun. The lean to the left acquired after, or during a struggle, is quite a different thing. It is then a certain sign, either that the opponent has lost all

command of the hold, or that both parties have their arms round each others neck. If the former be the case, it necessarily implies that the party who has the lean, has broke his opponent's hold, —has himself got a commanding one,—is standing perfectly at ease,—and is nearly sure of the fall ;—while his adversary, scarcely able to preserve an upright position and without hold, is incapable of making any offensive effort which is likely to succeed. The only thing he can do, is to attempt to get his side in, and try to buttock ; but the other, perfectly aware of his movements, will probably catch him under the ribs, and often dispose of him with ease and safety. If both parties have lost hold of the back, he who has the lean is much more advantageously situated than his opponent ; he stands freer with his neck, and easier with his body ; and is consequently more at liberty to assault or defend with a much greater prospect of success. As the two most important objects in wrestling—namely, hold,—and feeling with the breast, are in that situation, of comparatively little consequence, a view of the right leg becomes an object of some consideration, as it implies the fact of the right arm being more up, and the left more down, than his antagonist's (if the men have any hold) can possibly be ; as the left buttock is then the only attack that his opponent can make, and which he cannot make without moving the right leg. On the other hand, the person possessing the lean is by no means in so confined a situation. By standing perfectly at ease, he can choose his time of assault, or is fully prepared to avail himself of any effort his antagonist can make ; and if he be a good striker with the left leg across the shin, he has every chance of doing so with success ; which

he ought not to defer doing, lest his antagonist should wrench his head loose, and thus oblige him to forfeit his advantage by taking a fresh hold.

Having thus proved that leaning to one side when the men are supposed to be on equal terms, and acquiring a commanding lean after the contest is begun, are two very different things, it remains for us to consider the advantage, or disadvantage, of the lean to the left side, as it regards the efficacy of repelling, or guarding an attack. As this lean, which implies laying an additional weight upon an opponent's right arm at the commencement of a contest, when the holds are, or ought to be, equally low round the arm and body, cannot be done without detracting from the firmness of the feet upon the ground, must apparently impede the act of guarding, either a judicious stroke, or buttock:—for although it may be a preventative to his being turned to the right side by an outside stroke with the left leg; yet it must proportionably facilitate his being turned to the left side, by the left leg inside, or by the right outside; and hanging his weight to the left side, so far from the centre of balance, is certainly the very thing a good buttocker, or slipper from the breast, would desire. It likewise is not as some imagine, any obstacle to his being lifted from the ground; because by hanging his *weight* downwards, he has not an immediate command of his *strength* to counteract the lift of his opponent; and instead of *bearing* him forward with his *breast* and *arms*, he has one *hanging* upon him, and the other closely locked round him. His antagonist so far from having an *additional weight* to lift, has only the *same weight* in a more *favourable position* for lifting it; because, having the greater part already, he has only that

part to raise higher, and the other comes by *degrees* upon him, and the weight he has to sustain is *close* to him; whereas, were his antagonist lifting, or bearing against him, the weight would come upon him *at once*, and would be *farther from him*. Again, the *weight* of a man is so far from being equal to his *strength*, that if no impediment were thrown in the way by lifting against, or bearing forward with the arms and breast; a man ten stone weight, would easily lift one of twenty. When lifted, the lean is an evident disadvantage, as it tends to throw him from the exact front of his opponent, it must of course be a considerable impediment to clapping the knees, or legs, close upon him to prevent his striking out, and feeling in what manner, and with what leg he intends to do it.

Having discussed this point fully, and we hope satisfactorily to the experienced Wrestler, we will offer a few short remarks upon the hold recommended in the third Rule. It is surely a most important and desirable thing, that the same method of taking hold should prevail throughout this and the adjacent counties; because by practising in some places with loose, and in others with tight holds, when they meet for some considerable prize, no hold satisfactory to all parties can be obtained. This evidently compelled the author of any treatise on the subject to lay down some one particular manner to be resorted to as a standard, when any dispute occurred. The one which seemed to us best adapted to this difficult point, is as we have before remarked in our observations upon it, such a one as the tight-hold Wrestler may gather with, or strike from; and at the same time, one which does not prevent the loose-hold Wres-

tlar from making use of his own peculiar mode. Such a medium between the two extremes, is the thing evidently calculated to compromise the subject of dispute. As the parties are equally standing without inclining to either side,—exactly fronting each other,—at liberty to breathe freely,—and feeling each other by the junction of their breasts, all characteristics of a *fair*, and which cannot exist in an *unfair* hold ; they are at full, and equal liberty to attack with vigour, and every part of the frame may at once be promptly combined to repel, and on the alert to take any advantge which may present itself in consequence of, the attack.

But still after all that can be said respecting the superiority of any particular method of taking hold, considerable practice, and attachment to almost any, will render a man very dexterous in it. Accordingly we see many acknowledged first-rate Wrestlers, differ as much in their notions of taking hold, as in their methods of assault and defence. Thus, Thomas Nicholson and Thomas Todd, two of the best Wrestlers of their weight in Cumberland, and saying this, we conceive we might safely add the united kingdom, or the world ; are, or were, both upright standers ; while William Richardson, of Caldbeck, (commonly called Ritson) the winner of more prizes than any other man in the kingdom, was partial to the lean ; and John Louden, from the vicinity of Keswick, a first-rate, and a most dangerous customer, was never satisfied without it. As these men, and many others will, in our Review of Wrestling, again come under consideration, the further mention of them in this place would be superfluous.

Finally, the circumstance of taking hold, while it is the most frequent cause of dissention among Wrestlers, it is at the same time, the most difficult for an impartial spectator, or umpire, to form a correct and decisive judgment upon. The biassed and interested spectator, and the well-wishers of either party, are often determined not to be convinced that the fault originates with their favourite. This being the case, those who give the prize, ought always promptly to enforce the judgment of the umpire whom they have chosen. The rule for deciding the hold, notwithstanding the difficulty of the subject, is, we hope, sufficiently intelligible to any man who is competent to fulfil the arduous situation of acting as umpire. Being fully conscious, that as harmony and unanimity ought to be the distinguished characteristics of an amusement, we could not be too explicit, or minute, on the point which tends most to interrupt them; such a consideration could alone have induced us to treat every thing relative to the subject of taking hold, in so lengthy a manner; but feeling as we do, that the frequency, and splendour of the prizes given to wrestle for, will be considerably influenced by the cordiality displayed by the Wrestlers towards each other, it appeared to us an indispensable duty to give this particular subject a full consideration; as shrinking from it would have implied an inability to treat of it,—a stigma, we possess egotism enough to believe we by no means merit.

Review of Northern Wrestling within the last forty-five years, comprising some Memoirs of the most distinguished Wrestlers during that period.

IN commencing a Review of modern Wrestling, and corresponding Memoirs of the most celebrated Wrestlers, it is highly necessary to fix some particular date from which we can gradually descend to the present time. In doing so it will not be expected, that in so limited a Work as this, we should either fix upon a very remote era, or have been at the trouble and expense of collecting every minutiae of the subject we treat of. In fixing an era, it would be neither instructive nor amusing to go farther back than those transactions which are well remembered by many persons now living, who were themselves *Wrestlers*, and often *actors* in the scenes we have heard them describe. To go farther back would be mere *hearsay*,—and from such partial authority no certain information could be obtained further than that there was Wrestling, and consequently Wrestlers, in our grandfathers' time:—this we already know, as we have in the first part of this Treatise proved there were both nearly from the creation of the world. We could indeed give *names* much antecedent to the date we shall fix upon,—but as we could add no further information than that they were very strong men, and as far as we can collect, *strength*, and not *science* was in those days the great essential towards victory, our doing so would be merely nominal. As to the trouble and expense of collecting information, we frankly own we

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have been at none. We speak from our own knowledge, and from such corresponding information as insure the correctness of every thing we shall state as matter of fact. During the many years we were attached to this hardy and athletic exercise,

“ The men who threw us, and the men we threw”

Could not fail to perfect us in the *practice* of the ring; and the number of veteran Wrestlers, and veteran amateurs we conversed with, who

“ Our memory stor'd with feats of valour done,

“ And youth recalling, told how *belts* were won,”

Gave us an equal claim to understand the *theory* of the business; and consequently we scruple not to say, we believe ourselves as well acquainted with the various interesting particulars comprised in such a Review, as any one person whatever.

About forty-five years ago, or about the year 1778, back-hold Wrestling was more practised, and in higher estimation in that extent of country which comprises the borders of Cumberland, Westmorland, Yorkshire, and Northumberland, than in any other place in England or Scotland. Since those days of our fathers, great indeed is the change effected in the habits, customs, and manners, of all classes of people throughout England; and in no part of it more than in the north. The festivities of Christmas, the hilarities of sheep-shearing, and other seasons of mirth and jollity, are now but the mere shadow of what they were, even at the short distance of time we treat of. Though some dainties, neither much known nor wanted in those days, are now

in common use, yet *home-brewed*, that soul and cementer of good fellowship, so often spoken of in raptures by the aged, has nearly disappeared. At that time, if *money* was more scarce, *ale* was better and cheaper; and pastimes were not only more frequent, but enjoyed with much less care for to-morrow. Accordingly, on the borders of these counties, prizes of different descriptions were frequently given to wrestle for. Although a belt was the most usual prize, yet silver cups, leather breeches, and other things of considerable value, accompanied by a belt, were by no means uncommon. Of all the excellent Wrestlers at that period, ADAM DODD was the most distinguished. He was by trade a miller, and was brought up, or at least resided for a number of years at Longwathby Mill. As this village on Christmas or New Year's Day, and Melmerby on Midsummer's Day, were the scenes of the two most distinguished annual contests, this hero lived in the centre of those places where the greatest number of prizes were given. It is considered by many who were acquainted with Adam, that he won more prizes than any other man, either remembered at that period, or who has since appeared in the ring. From the best, and most authentic accounts we have been able to collect concerning him, we think he yielded in that respect to William Richardson, of Caldbeck. Our reasons for this opinion are founded on the following facts:—Richardson was a Wrestler, and a most distinguished one, for twice the number of years it was possible for Adam to enjoy much celebrity;—Richardson wrestled throughout a more extensive range of country, and was more in the habit of frequenting sports, than we believe Adam was. And again, Richardson car-

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ried away many prizes from places where there were few opponents (and sometimes none) to encounter a Wrestler of his prowess; whereas, in Adam's time, almost every prize was keenly contested. But giving Richardson the preference in this respect, we give it as our candid opinion, that Dodd must have been the better Wrestler. Indeed from the concurrent testimony of all who knew him, it was universally admitted by the old men at that period, that no Wrestler in their remembrance had ever equalled him in what is now termed *science* and *action*; nor are the men who were contemporaries with him, willing to admit that any of our modern Wrestlers would have stood on equal terms with him: but this latter assertion ought to be received with caution. It is both usual and natural for age to be *garrulous* and *eloquent* concerning the "*days of lang syne*." For our part we have known (and yet know) some whom we thought able to wrestle any thing of their height and weight; but we confess, that so high was the renown of this distinguished champion, that we scarcely know how to make up our mind concerning the truth of this doctrine. Adam, though not termed a *big one*, was yet far above the middle-size of Wrestlers. He was between five feet ten and five feet eleven inches high, and weighed near fourteen stones:—belonging to that class in which we have elsewhere stated the most distinguished Wrestlers and Pugilists were to be found. He has been described to us as a clean, and well-built man; but withal rather flattish bodied, and slender backed for such a distinguished Wrestler;—this is said by some to have been the only thing that prevented him from being invincible. He was a straight stander, and easy to

satisfy with a hold,—but the moment it was taken, eager to be at work, and seldom desisted from the attack till the fall was over. He seldom had recourse to the buttock ; —striking was his forte ; and his dexterity and method of parting, or what is often provincially called *livering* (a contraction of *delivering*) his man, was such, that he seldom either missed his object, or went to the ground. His favourite method was the outside, and he was partial to feinting with one foot, and striking with the other ; however on striking out, he often seconded the attack with the foot he feinted with ;—and we have heard it asserted he struck uncommonly high. In this his trade as a miller might be advantageous to him. From frequent practice in lifting and removing loads with his arms, in which the knee and foot are sometimes used as auxiliaries, he might have acquired more strength in the leg when striking out, and felt less incommoded when balancing and turning his man, than if he had been brought up to almost any other trade. It would be impossible for us, or any other person at this period to enumerate the tithe of his victories :—suffice it to observe, he was the hero of his day, and at the great annual meetings at Longwathby, and Melmerby, as well as at Alston, often threw, not only the most noted Wrestlers of the neighbourhood, and the borders of Cumberland and Westmorland, but all the *dons* from Yorkshire and Northumberland who came to try their prowess with him. It would be foolish to assert, or lead any person to suppose he was not occasionally thrown ; for that is a thing, which like “ time and tide happeneth to all men ;” but we believe we shall not be contradicted, when we say he

ranked the *very first* on the list. He was a remarkably civil, and peaceable man; and his conduct and character through life, accorded with these two essential recommendations to respect and esteem, having never been called in question on any occasion. His death was occasioned by incautiously lying down to sleep upon the kiln when drying some oats, which brought on an illness that proved fatal a short time afterwards, whilst in the very prime of life. He died about the year 1782, leaving a widow then with child,—having entered into the connubial state not long before his decease.

The next hero to Adam Dodd in point of renown at that period, and in that vicinity, was THOMAS JOHNSTON, who has for a great number of years been in the employ of J. C. Curwen, Esq. of Workington Hall, as a labourer and husbandman. It is a very dubious point whether Tom has not, from wrestling in a more extensive sphere, and labouring longer in the vocation, won as great a number of prizes as Adam did. When these two heroes met, there was nothing like certainty as to the event of the contest; Tom having both thrown, and been thrown by Adam; although we surmise the odds were in favour of the latter circumstance. However with that one exception, we are warranted from a multiplicity of accounts, in ranking Tom Johnston superior to any other man in a wide range of country, in which he long reigned the most distinguished champion. Amongst those whom he has vanquished, Tom, with considerable pride sometimes mentions the celebrated Abraham Brown, who was for many years curate of Egremont. Johnston was a fourteen stone man, and stood near six feet high,—was extremely well

made, and consequently an equal opponent for any man whatever. He was we believe no buttocker; and was most partial to the ham, and hankering the heel, in which modes he excelled all the heroes of his day. Johnston, like a true sportsman, still relishes the crack of the whip, and actually carried the belt from off the Cloffick, at Workington, at one of the great meetings on Easter Tuesday, when nearly sixty years of age. Tom Johnston is in himself a contradiction to the foolish, but commonly received opinion, that wrestling is so injurious to the frame, that it destroys the constitution in a very few years, and brings on so many aches, and rheumatic pains, that many believe a Wrestler when advanced in years, must necessarily be a cripple. So far are we from coinciding in this opinion, that as far as we are able to judge, we have reason to believe it to be a healthful, and strengthening exercise. We may be laughed at for such an opinion, but facts are stubborn things, and we challenge any man who differs from us in that opinion, to produce a younger and healthier-looking man of his age, than William Richardson, who has won more prizes we believe than any man in existence. In fact many of the idle stories respecting the terrific consequences, are mere chimeras! originating with those who know nothing about it, and credited only by those who have had no opportunities of judging for themselves.

Another celebrated hero at the same period, was THOMAS LEE, who we are informed is at this present time a publican in Alston. Lee, we have been told, was from the borders of Northumberland, and was the unrivalled cock of the walk for many miles round him, both as a Wrest-

ler and Pugilist. The fame of Adam Dodd continually ringing in his ears, inflamed him with an ardent desire to try conclusions with him. Accordingly, regarding minor conquests as beneath him, and believing himself nearly invincible, he set off in quest of Adam to a meeting of such celebrity as to insure the attendance of that hero. We have heard some assert that it was at Longwathby, but we have undoubted authority for saying it was at Great Salkeld that these heroes first met. However this may be it is certain that they both fought and wrestled. The issue of the former contest was not unfavourable to Adam, although there are many who maintain that it was the only pugilistic contest in which he was ever engaged; and that it was only to prevent the imputation of being a coward that induced him to fight. In wrestling, Adam proved the master; and this we are told Lee is still willing to acknowledge, but entertains an opinion that he was the better man in the other respect. Be that as it may, there is no doubt that Lee was a very noted man, and superior to his opponent in strength and weight. JOHN HORSLEY, or OTLEY, yet living in Alston, was likewise a very powerful man; and though not considered an equal match for Adam Dodd, threw him for a pair of new leather breeches given by J. Riccardson, Esq. on his coming to age.

Bampton school, on the borders of Westmorland, was perhaps the most celebrated seminary in England for turning out good Wrestlers. It was usual at that period for those designed for the church, or any learned profession, to frequent school when grown up to manhood; and if a young man was known to be a Bampton

scholar, it was considered conclusive of his being a good Wrestler. Among those educated at this instructive seminary whose genius led them to acquire a competent knowledge of the bodily powers of man, before they were honoured with the charge of his more important requisites, was the Reverend and celebrated ABRAHAM BROWN, whom we have before alluded to. This gentleman was the first of whom we have any authentic records of excelling as a *buttocker*. Having lost no time in perfecting himself in this manly exercise when a *scholar*, he fully maintained the character of a very *first rate*, when acting in the more exalted situations of *usher* and *school-master* in different places; and occasionally after he became a curate. When a very young man he acquired great renown in carrying away a silver cup of considerable value from Eamont Bridge, which divides the counties of Cumberland and Westmorland, and which was consequently in the very centre of the most noted wrestling country in England. After his establishment at Egremont, Mr. Brown had no objection, in the spirit of good fellowship, to oblige any man who felt extremely anxious for a trial of skill with him, and in these casual turn ups it is said he was never vanquished. Abraham being a man of considerable humour, and good nature, palmed himself more than once, as a friend of Parson Brown's, on men, who hearing of his celebrity, expressed a strong desire to try a fall with him. On such occasions he pretended to be well acquainted with the Parson, and assured them that if they could throw him easily, they would prove a match for Brown, when they met with him. This of course caused a contest—and Master Abraham, after giving them full

satisfaction, would advise them to go home, as he could assure them they were not able to vanquish the Parson. We have heard him assert that when nineteen years of age, he did not weigh more than twelve stones, but a stranger to him in his younger days would have judged of him very differently. He could not be less than six feet high, and when at a proper age for entering the church, must have weighed fifteen stones at least. This well known character died within the last twelve months, and it is but justice to his memory to observe, that though occasionally addicted to the bottle, he preserved through life, both in his public and private character, the regard and esteem, not only of his parishioners in general, but of nearly all who were acquainted with him.

Quitting the borders of the county at present, we will revert to the borders of Holm Cultram. In that part of Cumberland, flourished at that time, the greatest hero in a diversity of athletic exercises, England ever produced. This was the well known JOHN TINIAN, who as a wrestler, boxer, runner, leaper, cudgel, and football player, never met with an equal. It was no uncommon circumstance for Tinian to bear away all the three prizes,—viz, belt, hat, and gloves, from the neighbouring races; which feat he once performed at Penrith where he was totally unknown, defeating in these different exercises, the very best of the border heroes. He was about six feet high, and fourteen stone weight; an uncommonly powerful and muscular man, regarded as a desperado, and looked upon as the cock of the walk wherever he went. John Tinian is yet living, and some of his sons turned out promising *chicks*, though by no means equal to

the old *cock*.—His brother JOB was equally well known. Job was no *apology* for a man,—standing about six feet six inches high, and weighing accordingly!—was remarkably in-kneed, and had little of an Adonis about him at any time, but more especially when, as was frequently the case, he stripped off all his clothes, and exposed himself to his opponent in a state of nudity. Notwithstanding his size, and terrific appearance, he was not considered equal to his brother John in any respect; and William Richardson, of Caldbeck, when a mere stripling, ventured to wrestle him the best of three falls. Richardson threw him cleanly the first fall, but was worsted in the second and third. Had Richardson been a few years older, there is little doubt but he would have gained an easy conquest; and probably in wrestling have been more than a match for John himself, supposing they had both been in their prime. Job died some years ago.

Taking leave for the present of the eastern side of Derwent, we must go westward as far as Gosforth before we find another Wrestler of such celebrity as to entitle him to notice in these Memoirs. In that place we find one of the most distinguished characters at that period between Derwent and Duddon, in the person of JOHN WOODALL, who was brought up as a husbandman, and succeeded his father as proprietor of a small estate in Gosforth. Woodall though not the tallest, was we believe the strongest man we have yet noticed. His person was symmetry itself; he stood about five feet eleven inches high, weighed upwards of sixteen stones, and all who knew him agree in considering that he was the strongest man in the west of Cumberland. As a Wrestler, Woodall was more indebted to

strength, than science ; but he possessed the former requisite to such an uncommon degree, that he was considered no unequal opponent for the powerful and scientific curate of Egremont. At the King's Arms, in that place, Woodall exhibited a remarkable, and rather extraordinary specimen of his prodigious strength. Having been thrown for a prize by a shoemaker of the name of Carr, a well-known Wrestler, the latter, flushed with his victory, began to ridicule Woodall on the circumstance ; Woodall, though a very peaceable man, yet willing to turn the laugh against Carr, caught him up in his arms as if he had been an infant, and hung him by his breeches waistband upon one of the hooks in the ceiling ! This circumstance, while it illustrates the *strength* of Woodall, displays in even a more prominent degree the advantages of *science*, which enabled Carr to throw an antagonist so very superior to him in strength.—His finances being exhausted, Woodall went to sea, and was drowned in the river Liffey, near Dublin, about the year 1796.

Although wrestling still continued to be universally practised in these counties, yet the immediate successors of those heroes we have mentioned, do not appear to have attained equal celebrity, as fame is comparatively silent respecting their attachments. About the year 1790, a contest often spoken of took place at Cocker-mouth, between William Gunson, a cooper from Calderbridge, and Richard Wright, many years a gamekeeper at Brayton Hall. They were both very powerful men, and might be considered the champions of their respective neighbourhoods. If their science was not, what would now be considered of the first order, yet the vigorous

exertions of two active fifteen stone men, either of them six feet high, could not fail to render the contest very attractive. The wager, which was only trifling, was to be decided by the best of three falls. After a very manly and spirited contest, the hero from Calderbridge proved the conqueror. At a somewhat preceding period, a Cockermouth man of the name of Studdart, commonly called Leny (probably a contraction of Leonard) Studdart, was much noted for Wrestling; but his notoriety was more occasioned by his prodigious strength, than by any proficiency in the science of the exercise.

Advancing forward to a more modern date, we will proceed to notice some of the most celebrated heroes at the close of the seventeenth century, or preceding the year 1800. In doing so, we must travel back to Alston and its vicinity, and introduce to the notice of our readers the very best Wrestler of his weight Cumberland, or even the United Kingdom, ever produced, in the person of JAMES, alias JEMMY FAWCETT. Anxious to do ample justice to the professional character of every Wrestler whose name is to be found in our pages, without detracting from the merited renown of others, we are compelled to acknowledge Jemmy must have been the most wonderful Wrestler, either of his own, or any other time of which we have any succinct, or authentic account. Jemmy, though yet living, is perfectly unknown to us,—therefore we cannot speak positively as to his weight, which we have heard some call *ten*, and others *ten stone seven pounds*; but admitting he weighed *eleven* stones, the eleven-stone man who could bear away the prize for *seven* successive years from the most noted place of meeting, and

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from the acknowledged best Wrestlers in Cumberland and Westmorland, *must* have been a Nonpareil indeed! Yet that Jemmy Fawcett was the victor at Longwathby, the most noted annual resort, not only for the most celebrated border Wrestlers, but from Alston and twenty miles round, on every Midsummer-day, does not admit of the least dispute. If Jack Randall, the pugilist, is entitled to the appellation of Nonpareil, by beating men of his own weight, and one or two a single stone heavier, what would he have been called if he could have added to the list of heroes he has vanquished the names of Cribb, Neate, and Spring? Yet, granting he had done so, he would *then* scarcely have had as well-merited a claim to the appellation as Fawcett, who has thrown *scores* of heavier men than any of the three!! This single fact more establishes the superiority, as a *science*, of Wrestling, over Pugilism, than volumes filled with arguments on the subject could possibly do. It likewise equally exposes the folly of those who call *back-holds* a mere trial of strength. Fawcett, as we have before said, weighed under, or about eleven stones, and was about five feet seven inches high, and continued wrestling occasionally till he was nearly fifty years of age;—a sufficient proof that he, though a slender man, and open to all comers, did not consider Wrestling as a dangerous amusement. Among the list of the many powerful men he threw, several entitled to be classed as first raters might be produced. Nor was his superiority over such men to be attributed either to accident, or confined to the circumstance of one trial only. We contend that Fawcett must have been, and *was* able to throw many fourteen stone men entitled to

rank as first raters; or to come to the mark at once,—men ranking as high, professionally, as any of the three Pugilists alluded to:—yet could Randall, although supposed to be the very best Pugilist ever remembered, beat any of them? The circumstance of Fawcett being able to throw fourteen-stone men may be said to form one exception to our remark that the most superior Wrestlers and Pugilists will be found between thirteen and fourteen stone weight; we answer, not exactly so. We do not think Fawcett could have thrown Adam Dodd, Thomas Nicholson, William Richardson, or some others we could select, in a number of trials; on the contrary, we are sure the odds would have been against him for a single fall;—but we contend these selected Wrestlers ranked higher in that exercise, than Cribb, Neate, or Spring ever did as Pugilists; we would compare them to James Belcher, or the Game Chicken, when in their prime; and we presume no pugilistic amateur will say the *latter* Pugilists were not considered superior to any of the present time, though some of *them* undoubtedly rank as first raters. We must therefore conclude, that there is either more science in back-hold Wrestling, than in Pugilism, or that Fawcett is much more entitled to the appellation of Nonpareil than Randall. Jemmy was partial to getting his left side into action and striking from that position. It is not consistent with the limited nature of this work to dwell longer on the merits of this truly celebrated Wrestler, any further than to remark, that Swaledale, in Yorkshire, was the scene of his latest exploits, and in which place we believe he is still living.

The most renowned Wrestler in Westmorland

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at this period was JOHN BARROW, a carpenter, who we have been told was a Cumberland man. Barrow was often employed in the vicinity of Windermere Lake, and being a very powerful man, and fully entitled to rank among the very first raters, was considered by many a match for any man in the kingdom; and to him it is said Richardson of Caldbeck was indebted for his favourite method of striking inside. This champion at a considerably subsequent period to his celebrity as a Wrestler was unfortunately drowned by the upsetting of a boat on Windermere Lake. It was rather remarkable that Barrow, the only person lost by the accident, was an excellent swimmer, and the only person in the boat who could swim. The accident happening at a place of no considerable depth, his foot either stuck fast in the mud, or getting entangled in some excrescence attached to the bottom, he never rose to the surface of the water, and consequently perished before he could be relieved.

Among those who immediately succeeded Fawcett in the vicinity of Alston, the GOLIGHTLYS (Frank and Tom), were reckoned the best men of their weight. Frank was about the size, or rather less than Jemmy, and if not equally distinguished, was nevertheless considered a very extraordinary Wrestler, and gained a great number of prizes in different parts of Cumberland. Frank's usual method was a stroke or feint with the right foot, the object of which was to facilitate the means of getting his left side and buttock better in, and by so doing instantly to bring his antagonist over his head; and without his opponent, however powerful, possessed a good knowledge of the art, and was well acquainted, and consequently aware of Frank's

manner, he was generally gone before he had time to recollect what he was about. We must take our leave of Frank by observing he had a strong penchant for the amusement,—was a very good one,—and never met with an accident in his pursuit of it. Thomas Golightly was not quite five feet eight inches high, but was considerably heavier than his brother, or Jemmy Fawcett, being very near a twelve stone man. Tom was an excellent Wrestler when seventeen years of age, and was considered very near the head of the list in the neighbourhood of Alston. When in his prime, Tom defeated in a match the celebrated Robert Rowantree, who won the prize at Carlisle in the year 1813. He likewise distinguished himself at Melmerby, at which place he was victor one year, and came second the next. Tom some years after he was married emigrated westward, and settling at Workington, wrought for a long time at that place as a coal miner in the employ of J. C. Curwen, Esq. during which time, though greatly declined from what he had been, he won many prizes, and maintained the character of an excellent Wrestler. Procuring employment under the Earl of Lonsdale, Tom left Workington, and settled at Whitehaven, where notwithstanding his advanced age, his predilection for wrestling still continuing, he even then augmented the great number of prizes he had before won. After working some time at Whitehaven, Tom was instantaneously killed in one of the Howgill pits by a tremendous fall of the roof while employed in assisting to remove a previous fall. To those more conversant with Pugilism than Wrestling, we will observe that Tom might be compared as a Wrestler to Power, the first conqueror of Carter;

being like that pugilist, a complete master of the science, and more diversified in his method of wrestling than any other man we ever knew. Tom was a very fresh and good looking man of his age; and his occupation considered, by no means addicted to idleness. In the ring, his conduct deserved, and obtained universal approbation;—he always met his man with a smile, was a fair stander, and perfectly ready to accommodate his opponent, with either a tight, or a slack hold. Such *was* Thomas Golightly, whose untimely death was much regretted by all who were acquainted with him.

In the vicinity of Holm Cultram wrestling at this period still preserved its consequence as an amusement. Although John Tinian was nearly told out, his sons, John and Joseph, (particularly the latter) were regarded as heroes of no ordinary stamp; but two Alston men of the name of Hall, were considered the dons of Ellenborough, Gilerux, and the adjacent country. They were both tall active men, weighing upwards of thirteen stone, and like the majority of their countrymen, partial to buttocking. Joseph, commonly called young Job Tinian, to distinguish him from his uncle, was a more powerful man than his father, weighing when in his prime upwards of fifteen stone, and possessing uncommon strength for a man even of that weight. Job was a good buttocker, and an excellent striker; and if his capabilities as a guarder, and quick Wrestler, had corresponded with these great essentials, he would have been a match for any man in the county. In the vicinity of Cockermouth, two brothers of the name of Allison, long ruled the roast; and many persons in that neighbourhood are of opinion, that

though lighter men than the generality of those we have noticed, very few in either county were able to throw them. Joseph Allison (or Allanson) the more noted of them, is not above five feet eight inches high, and might be something above twelve stones in weight. Joseph was partial to a tight hold,—was a good striker, and we believe brought up to husbandry; his brother was by trade a blacksmith. We will close this short biographical paragraph with observing that the Rev. Osborn Littleton, of Buttermere, was previous to his entry into orders the best Wrestler within many miles of Whitehaven.

We shall now proceed to notice a transaction which occasioned considerable interest among the admirers of this athletic exercise in this immediate vicinity:—We mean the arrival of the Westmorland militia, which was stationed at Whitehaven towards the close of the seventeenth century. In this regiment were several celebrated Wrestlers, among whom we will particularize the two whose names became most “familiar in men’s mouths” during the time the regiment remained at Whitehaven. These were PHILIP STEPHENSON and THOMAS MADGE. Philip was a strong-built muscular man, about five feet nine inches high, and must have weighed upwards of fourteen stones. His fame as a Wrestler ran before him,—his officers were ready to back him to any amount against any man in the kingdom,—and in fact, during his residence here as a soldier, he certainly was the most prominent hero on the list. Philip was a straight stander, and extremely difficult to move from his position; and this more than any other qualification constituted his excellence as a Wrestler. His great practice had rendered him nearly perfect

in that point, and made him very quick in availing himself of any advantage that presented itself in consequence of the unsuccessful efforts made by his opponents. Madge on the contrary might be called a light weight, but was a most excellent outside striker. Among the neighbouring Wrestlers who endeavoured to dispute the palm of superiority with these military champions, the Egremothians were the most conspicuous. The most noted of these were William Eilbeck, a stone mason, William Ponsonby, a butcher, and the two Roberts, Joe and Peter. Few likelier men than Eilbeck for a Wrestler are to be found ; he possessed length, strength, and weight ; was confident of his own powers, and a good outside striker. Ponsonby was the best and cleanest outside striker ever known in the west of Cumberland, and was by no means a little one, being not far from five feet ten inches high, and weighing near fourteen stones. Ponsonby much resembled Adam Dodd as a Wrestler, and was unquestionably a very first rate, but at that time was considered something on the decline. The Roberts were something less than Ponsonby, but Joe was considered nearly as dangerous a customer to get rid of ; being extremely ready, and as well up to every manœuvre how to get the best of it, as any man in the kingdom. However after various trials, the red coats proved the masters. Intemperance had produced its usual effects upon Ponsonby, Eilbeck could not force Philip from his position, and the manœuvring of Roberts failed when opposed to the superior weight and tactics of the soldier. The only reverse the military experienced, was at Saint Bees Moor during the annual races. Stephenson's officers were somewhat noisy re-

specting his great capabilities, when a friendly wager was offered them to produce a man on the ground to wrestle him a single fall. The offer was immediately accepted, and Philip eager to be at work soon appeared in the ring fully prepared for action, and anxiously expecting his opponent. After waiting some time, Ponsonby, the man selected for the trial, entered to him, rather the worse, or probably the better, for the "water of life" which had been plentifully administered to him; but no solicitations could prevail upon him to strip. Fully satisfied that if he won the fall it must be without loss of time, he chose to decide the business with his clothes on. The quickness and impetuosity of Ponsonby's attack carried all before it. Notwithstanding the boasted guard of the soldier, his neck and shoulders instantly exchanged situations with his feet. Philip was up in a moment and anxious for another trial, but Ponsonby was not to be had, his friends had carried him off in triumph, and Philip was obliged to wait for another opportunity of balancing accounts with him. The last meeting between the Westmorland militia and the Egremothians was at Bigrig Moor, a place nearly equidistant from Whitehaven and Egremont; and this we well remember, was the first prize we ever saw wrestled for. Philip had his revenge on Ponsonby, and finally threw Eilbeck, who in the course of the wrestling threw Madge. After the disbanding of the militia, Philip and Madge both returned to Whitehaven, where Madge still remains, being employed as a top-man about the collieries. Stephenson likewise remained in the neighbourhood many years, and wrought at his trade, which was a mason or waller. Philip often exhibited in the ring after his return, but the *sol-*

dier Philip and the *mason* Philip seemed two very different persons. His most formidable traits were undoubtedly gone, and he was frequently thrown by men very far inferior to those he had before vanquished. He continued wrestling occasionally, till we who had regarded him with admiration when a mere lad, once or twice met him in the ring, when ranking higher on the list than any man he had previously encountered :-- the result need not be told, for such are the changes of a few years !

After the departure of the militia the heroes of Egremont were not long in finding others eager to contest the palm of superiority with them even upon their own ground. It is probable they were becoming rather stale, but however that might be it was soon evident that they were no match for their new rivals from the neighbourhood of Cleator. These were John Blackstock and J. Wilkinson, both millers, from the border of the Holm, and the celebrated John Stainton, just then rising into notice. Wilkinson was a more powerful man than Blackstock, but the latter was considered the better Wrestler. Blackstock was a well made active man, about five feet nine inches high, and about thirteen stones in weight, and was one of the very few who use the right buttock effectively. Stainton however soon became the star of the neighbourhood, and before he was twenty years of age had gained above that number of prizes ! and though in his novitiate had been very seldom thrown. His fame and conquests increasing, he soon became the unrivalled champion of this vicinity, and was matched to wrestle five falls with any man in Cumberland. The hero chosen to oppose him was Jacob Fletcher, from the

neighbourhood of Mockerkin, and the place fixed upon for this display of science was Arledon Moor, about four miles east of Whitehaven. The first trial proved long, and was severely contested. Each *lifting* against the other, neither of them could make any thing like a *stroke*, and Fletcher frequently tried to ham without effect. After a desperate struggle, the holds getting looser, Fletcher succeeded in throwing his opponent over his buttock. Stainton won the second fall in good style, but Fletcher gained the remaining three falls successively, by buttocking him. This contest excited great interest at the time, and notwithstanding the result, much difference of opinion existed whether was the better man. It was urged by the friends of the loser, that owing to overworking himself while mowing, he had in a few days declined from upwards of fifteen stones to fourteen; and that he had the misfortune to break one of his great toes the first contest. On the other hand the friends of Fletcher asserted he was the heavier and stronger man, except in the arms, and that he was able to throw Stainton at any time. Both of the men were about six feet high, and the truth of the matter was, that *strength* was the most distinguished characteristic of the contest, and that very little *science* or good wrestling was displayed by either of the combatants. Stainton was a good lifter, and intent upon doing so, but never attempted an inside stroke, and knew nothing of buttocking; accordingly, when he was unable to take Fletcher from the ground, it could not fail to turn the scale against him. Fletcher was the more powerful man, but by no means so fair a stander; and we think, candidly

speaking, it was to *that* circumstance as much as any other, the victory was to be attributed. His only stroke was inside with the right knee, which is certainly a very bad one to attempt when opposed to a man of equal power, but he was no contemptible hamer, and for so powerful a man, a good buttocker. After the wager was decided, there was some excellent Wrestling for a belt, which was won by Henry Dixon, from the immediate neighbourhood, throwing at the last Joseph Bushby, of Mockerkin, a companion of Fletcher's, taller, and nearly of equal celebrity with him;—the above four *dons* of their day were all husbandmen.

In pursuing the above progressive clue of Wrestling, we have got within the limits of the eighteenth century, and are consequently approaching the great era of the Carlisle Wrestling in 1809. Before commencing our account of these truly celebrated meetings, we will briefly notice a very few transactions which involve the names of some Wrestlers who never entered the Carlisle ring, and who were so well known as Wrestlers, as to render our account somewhat imperfect without some notice of them.

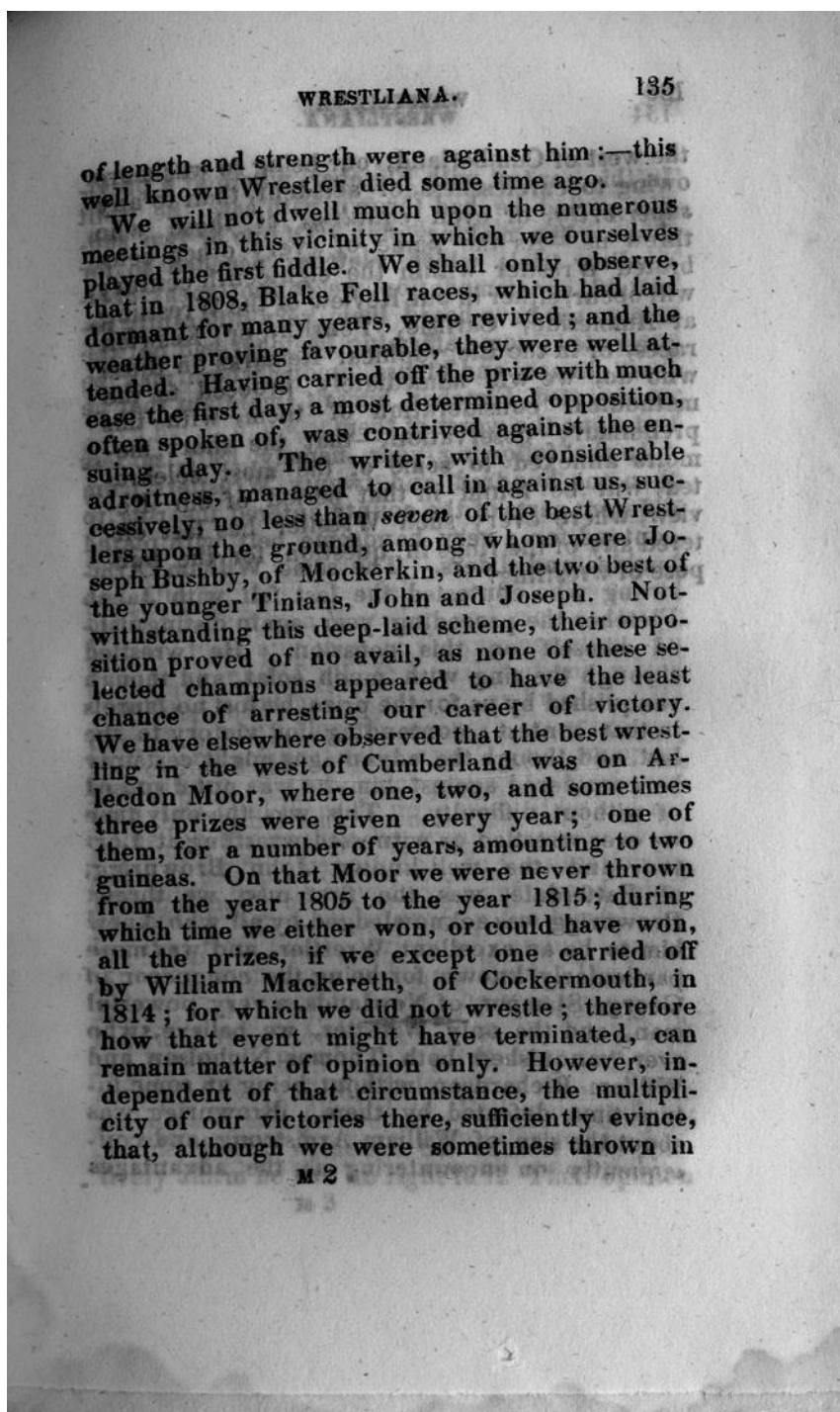
For three or four successive years there were Public Bridals at Lorton, which occasioned the attendance of many celebrated Wrestlers from different parts of the county. The first of these we will notice was in the year 1806; the last fall was disputed between Jacob Fletcher of Mockerkin, and William Armstrong of Tallentire. The latter was an excellent Wrestler, but near three stones lighter than his opponent, and as many inches shorter. He was particularly good at striking inside with the left leg, and on this occasion was considered to have the best of the fall

in question. Fletcher however refused to give it up, and in the course of the evening both parties agreed to decide the matter by another trial; when, after a well-contested struggle, the three great advantages of length, weight, and strength prevailed, and Fletcher was declared the conqueror. Fletcher was a very quiet and well-behaved man, and if not diversified in action, was so well versed in the science that we have heard him assert he was never vanquished in a number of trials, and never wrestled a disputed fall over again without winning it. In wrestling through the ring on that day, he threw that truly formidable character, Thomas Bell, for some time a schoolmaster at Bassenthwaite, and afterwards at Keswick. Bell at that period ranked higher as a Wrestler, and we believe as Boxer, than any man in the two counties. In him were united all the qualifications which constitute a finished Wrestler, or Pugilist. He possessed youth, length, strength, courage, activity, and science, fully equal, if not superior, to any hero of that, or any other time of modern date, and there is no doubt, if he had remained in the county, he would have shone as a star of the first magnitude. In the situation he then filled, he was considered a very good scholar, but at times, unfortunately for himself, he deviated from that propriety of conduct always expected from those in his situation. We have the greatest reason to believe he was the master of Richardson of Caldbeck, then in his prime, and whom he resembled in his manner of wrestling, the inside being his favourite aim. Soon after the period alluded to, Bell emigrated to America, where we have been informed he has succeeded in establishing himself comfortably.

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In this contest with Fletcher, whom at a previous period he had thrown with ease, he went down when making play. Of one or two succeeding trials which Fletcher acceded to for mutual accommodation, we cannot speak decisively, we have heard them very differently represented; some affirming Fletcher had not the least chance, and others, among whom may be enumerated Fletcher himself, maintain that he had none the worst of them.

In the following year, namely, 1807, no less than one hundred and twenty Wrestlers from different parts of the county entered the ring to contend for a very handsome belt with plated buckles and sliders. The same William Armstrong who contested the last fall with Jacob Fletcher the preceding year, again distinguished himself on this occasion. He wrestled through the ring with much eclat, and though vanquished by us for the prize, he lost no laurels in that contest; contending for victory to the last, and though the advantages might certainly be considered against him, he was not disposed of without difficulty. This was the only time we ever wrestled or witnessed wrestling at Lorton, and the well-known John Brownrigg, of Patterdale, was the first man we threw. Brownrigg was acknowledged by all who knew him to be an excellent Wrestler, and was more particularly known for being the conqueror of George Stamper, of Newlands, a very powerful man, and the only Wrestler, we believe, who ever vanquished both Thomas Nicholson and William Richardson without being at some future time defeated by them. Brownrigg was about the size of William Armstrong, and consequently on encountering us, the advantages



the west of Cumberland, our being so was more owing to carelessness, or accident, than to any *superiority*, or even *equality*, of those who threw us.—As the name of every other celebrated Wrestler within the eighteenth century will occur, either in our Review of the Wrestling at Ambleside, Carlisle, Penrith, or Keswick races, or in the Biographical Remarks on those who do, we will immediately proceed to the methodical consideration of them, with this preliminary observation,—that the short memoirs annexed to some of the most celebrated, will be found in that period of our Review, where every such Wrestler has last entered any of the rings in question for the purpose of wrestling.

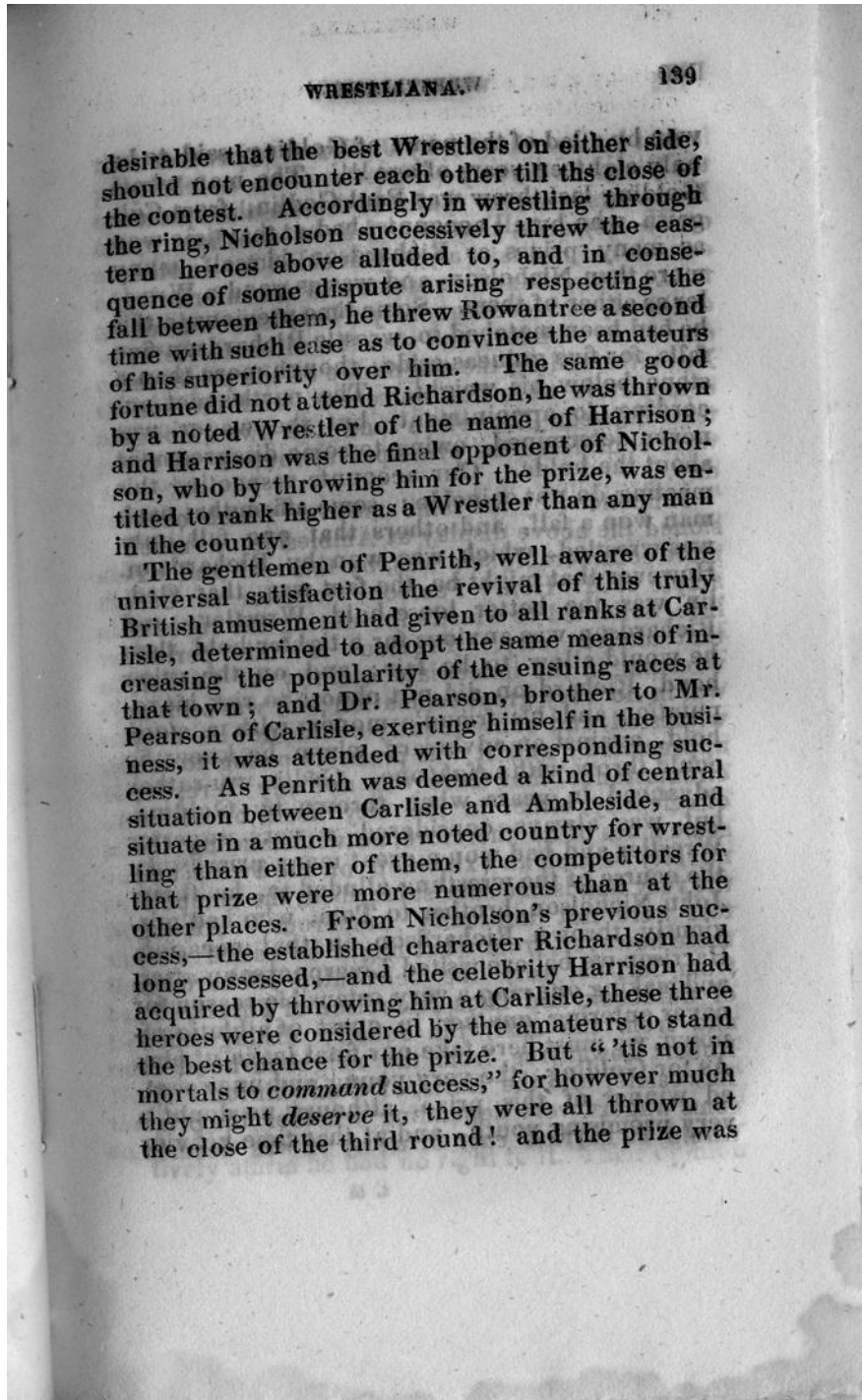
*Review of the Ambleside, Carlisle, Penrith,
and Keswick Wrestling, from their com-
mencement to the year 1823.*

PREVIOUS to the year 1809 the wrestling in the vicinity of Ambleside, and throughout the Lake circuit in general, was considered very inferior to that usually witnessed about Penrith, and the greatest part of Cumberland. It was, probably, through a laudable desire to remedy this deficiency, and to bring this manly exercise into more general estimation that J. Wilson, Esq. a gentleman then residing at Elleray, and who was extremely attached to many athletic amusements, through a conviction of their utility, by his own liberality and example promoted the donation of a larger sum of money to wrestle for at the annual sports near Ambleside in the year 1809, than had ever been known at any preceding period in that part of Westmorland. Among the competitors collected to contend for this liberal prize, was Thomas Nicholson of Threlkeld, in Cumberland, then in the height of his provincial reputation. We say *provincial*, because it was previous to what might be termed his attainment of the comparative *metropolitan* stamp by his repeated victories at Carlisle. Nicholson was the winner of this prize, throwing a distinguished Wrestler of the name of Dixon, and the two well known Wrestlers, Rowland and John Long. It is however due to that impartiality which ought to be the invariable maxim of every historical writer to observe, that there *were*, and *yet are*, many in the vicinity of Ambleside that witnessed the contest who positively affirm he had no right to it. Their opinion

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is that he was thrown by J. Dixon (a brother to the Dixon he threw) a Wrestler of no celebrity. It appears however that it had been the opinion of the stewards, that the fall in question was considered not fair, as they decided for another trial. This, Dixon conscious of his inferiority, declined, and consequently Nicholson was declared the stander, and was the ultimate victor. Notwithstanding the magnitude of the prize, the competitors were not numerous, and the contests between Nicholson and the two Longs were considered the principal attraction of the day.

Influenced by the same motives which occasioned the above display at Ambleside, a much more considerable sum was, by the zeal and example of Mr. Henry Pearson, Solicitor at Carlisle, collected to wrestle for during the races at that ancient city. Previous to this period, wrestling in the immediate vicinity of Carlisle was in no very great estimation;—it was seldom witnessed, and consequently could not be duly appreciated: and it was probably owing to this circumstance, that there was not any Wrestler of celebrity, either in the city itself, or within some miles of it: therefore, notwithstanding the novelty of such an exhibition on the Swifts, and the very handsome sum subscribed, the competitors were not unusually numerous. Among these however, from what might be called *west* from Carlisle, were the celebrated Richardson of Caldbeck, and Thos. Nicholson of Threlkeld; and from the *east*, the equally distinguished Robert Rowantree, from the neighbourhood of Bewcastle, and the Earls, of Cumwhinton. As some wagers were depending whether the prize would be carried *east or west*, it was deemed



desirable that the best Wrestlers on either side, should not encounter each other till the close of the contest. Accordingly in wrestling through the ring, Nicholson successively threw the eastern heroes above alluded to, and in consequence of some dispute arising respecting the fall between them, he threw Rowantree a second time with such ease as to convince the amateurs of his superiority over him. The same good fortune did not attend Richardson, he was thrown by a noted Wrestler of the name of Harrison; and Harrison was the final opponent of Nicholson, who by throwing him for the prize, was entitled to rank higher as a Wrestler than any man in the county.

The gentlemen of Penrith, well aware of the universal satisfaction the revival of this truly British amusement had given to all ranks at Carlisle, determined to adopt the same means of increasing the popularity of the ensuing races at that town; and Dr. Pearson, brother to Mr. Pearson of Carlisle, exerting himself in the business, it was attended with corresponding success. As Penrith was deemed a kind of central situation between Carlisle and Ambleside, and situate in a much more noted country for wrestling than either of them, the competitors for that prize were more numerous than at the other places. From Nicholson's previous success,—the established character Richardson had long possessed,—and the celebrity Harrison had acquired by throwing him at Carlisle, these three heroes were considered by the amateurs to stand the best chance for the prize. But "'tis not in mortals to *command* success," for however much they might *deserve* it, they were all thrown at the close of the third round! and the prize was

won by a lad of the name of Golding, said to be only eighteen years of age!!! The man whom Golding last threw was Paul Gedlin, from Culgaith, who by all accounts, had at that time won as many prizes as Richardson himself, many more than Nicholson, and was as good a Wrestler as either of them. Some time previous to this he had been matched to wrestle Richardson five falls, for five guineas aside, though more than a stone below his weight. The parties met according to appointment, but the wager was never determined, owing to some disagreement about the holds. Our accounts respecting this meeting do not coincide; some affirm that each man won a fall, and others that one fall only was wrestled, which was won by Richardson. However that might be, the fact was, that Gedlin was the better loose-hold Wrestler, and Richardson was anxious for a tighter hold than he would allow to be fair; and on the other hand, Richardson did not choose to risk his reputation and his friend's money with a *slack* hold, against an adversary whom he knew he could throw with a *tight* one. Gedlin was rather advanced in years when thrown by Golding, but was always considered a very superior Wrestler and had won a great many prizes. In the course of the wrestling alluded to, he threw John Nicholson, brother to Tom, who had previously thrown Richardson on that occasion. Harrison we believe visited Liverpool soon after, and making *one ring* a very ostensible reason for never entering *another* in quest of athletic renown, we must here take our final leave of him. As for Golding, the very young and unexpected winner of this prize, although no doubt a very promising youth, and at that time heavier

than Nicholson, yet it would be absurd to suppose he was an equal match for several of the competitors on that occasion. His most formidable point as a Wrestler, was a very vigorous assault outside with the left leg. A short time after this conquest at Penrith, he wrestled against T. Nicholson for a belt; the result was what might naturally be expected from the celebrity of that hero. In the course of that, or the ensuing year, Golding removed to London, and distinguished himself for the annual prize given there during the Easter holidays, for the young men from Cumberland and Westmorland to wrestle for.

In the year 1810, the patrons of the Ambleside wrestling disseminated hand bills all over the country to announce that a belt of considerable value and five guineas, would be given to wrestle for at their annual sports at the head of Windermere Lake. The competitors however did not exceed sixteen couple, one half of whom were merely nominal. At this meeting we were present, as were Thomas and John Nicholson, and Joseph Slack from Blencow; all of course from Cumberland. The Westmorland competitors were the same Nicholson had vanquished the preceding year, with the accession of Henry Chapman, a Bampton man, and Miles Dixon, a brother to the two already noticed in the year 1809. John Nicholson was thrown by Rowland Long, but both he and his brother were again thrown by T. Nicholson. Chapman was defeated both for the prize and a subsequent wager by Slack, who laid down to T. Nicholson; but on the other hand, Miles Dixon threw us, and finally Nicholson. The circumstance of Dixon throwing two of the very

first Cumberland Wrestlers was certainly an unexpected one, although he was a stone heavier than either. Nicholson was no stranger to him, as they had had frequent trials together, and Dixon was consequently no stranger to his opponent's superiority; while Nicholson's knowledge of that fact, in this instance contributed to his defeat by rendering him careless respecting his hold, as through his negligence in that point, Dixon took him from the ground, and twisted him down without a single struggle. As for ourselves, we contend that Dixon derived no honour from the result of the contest between us, as he had a firm hold of the waistband of the breeches during the whole time of the wrestle. Notwithstanding this incalculable advantage the result was for some time extremely dubious. In short, we will aver that we had such manifest unfair play as reflected disgrace upon those who should have been the umpires on the occasion, as we several times desired him to quit his hold of our breeches, and do declare, that to the best of our belief, that circumstance alone prevented us from throwing him; after the victory was decided, both Dixon and his friends refused to accept of *two* guineas to *one* for a single trial only.

The great attraction of the Carlisle wrestling was this year fully manifested by a greater assemblage of people on the Swifts than was ever previously remembered. The Earl of Lonsdale gave five guineas to the eleven subscribed by the gentlemen of Carlisle. The first prize was again won by Nicholson, who likewise this year threw both Rowantree and John Earl. Richardson was thrown very unexpectedly by some person of no previous celebrity, but he won the

second prize which was contested for by the sixteen last standers in great style; throwing at the last, Joseph Slack, who had likewise wrestled the last fall for the first prize. Being the *last loser* for both of these prizes, certainly was as creditable to Slack as a Wrestler, as if he had *won one* of them. Slack though only about five feet eight inches high, was a heavier man than Nicholson, but Tom's length gave him such advantages that Slack never could do any thing with him. He was however justly entitled to the appellation of a first rate Wrestler, and though not considered a match for Richardson, had thrown him more than once in the neighbourhood of Greystoke, at which place the late Duke of Norfolk frequently gave prizes, particularly buckskin breeches, to wrestle for. Slack was rather addicted to rambling,—had won many prizes in different parts of the county, and continued to wrestle occasionally for many years after the period alluded to; but as we do not think he ever entered himself as a candidate for any capital prize afterwards, his name or exploits will not again occur in the subsequent part of this work.

The Ambleside wrestling in 1811 was, we believe, better attended than on either of the two preceding years. Miles Dixon did not wrestle, and therefore Nicholson who was again present had no opportunity of settling the last year's accounts with him. Tom, however, as early as the second round had to encounter a much more formidable opponent than ever Miles Dixon was, in the person of John Lowden, from the neighbourhood of Keswick. Lowden, although at that time scarcely at his best, was not on good terms with Tom, and on that account purposely

threw himself against him; and it was not till after three successive and keenly contested trials had taken place that Nicholson got rid of this troublesome customer. Lowden was not satisfied with the different decisions. He indeed acknowledged that Tom won the last fall, but thought himself fully entitled to the first:—the second being considered a dogfall. Tom in the next round threw Rowland Long; but was himself thrown by John Long in the fourth round. Long was now arrived near the end of his journey, but proved unable to reach it; being thrown by William Mackereth, a Cockermouth lad; then working at his business (a mason) with Nicholson, and on that account had accompanied him to the field of honour.

It is universally allowed that the ring at Carlisle this year could boast of a greater number of first-rate Wrestlers, than ever entered any other ring in the kingdom. Wrestling was now the acknowledged grand source of attraction at that place, and all ranks seemed to coincide in the opinion, that it was entitled, in a national point of view, to take the lead of every other amusement. Even the worthy and respectable proprietor and editor of the Cumberland Packet, who scarcely ever noticed any athletic achievement in the ring, began to think the subject worthy of honourable mention, and we accordingly select the following paragraphs from that paper of the 2d of October, 1811:—

“*Carlisle Wrestling*.—On the first day of the races, 20 guineas were wrestled for on the Swifts, in a roped ring, sixty yards diameter. We never witnessed so fine an exhibition of agility and nerve, or a diversion that gave such universal satisfaction. The peaceable deport-

ment of the different combatants cannot be too highly praised, as they submitted in all dubious falls, in the most implicit manner, to the decision of the umpire.—The wrestling was most severely contested, in the presence of nearly 12,000 people, by some of the most sinewy and active youths, that we ever saw enter a ring. We observed amongst the spectators, the Marquis of Queensberry, the Earl of Lonsdale, Lord Lowther, Sir James Graham, (of Netherby) Sir James Graham, (of Kirkstone) Henry Fawcett, Esq. of Portland Place, together with a great concourse of other Gentlemen. We understand the Lord Lieutenant expressed his most unqualified approbation of the diversion; and will annually give it his support, as long as there is not any riot or confusion, which we may venture to pledge ourselves, will never be the case, as the wrestlers are in general the sons of respectable yeomen and farmers, in this and the adjoining counties, and not like prize fighters, collected from the dregs of the people.

“ Want of room prevents us giving the names of the different wrestlers; but we understand the first prize was won by Thomas Nicholson, of Threlkeld, near Keswick; who is esteemed one of the best *thirteen stone* wrestlers in the kingdom.—John Richardson, of Staffield Hall, near Kirkoswald, gained the second prize, and is allowed by judges to be inferior to no man as a wrestler, (being the favourite at setting to), but he did not wrestle with such luck, *through the ring*, for the first prize, as the *Champion*. He was thrown by one Robert Rowantree, from Bewcastle, in one of the severest struggles ever witnessed; both being *fourteen stone* wrestlers, they shewed uncommon muscle when stripped,

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and Richardson was thrown by a *half jirk of the hip*, followed up by a *sweeping cross buttock*. — Sir James Graham, of Netherby, and Humphrey Senhouse, jun. Esq. of Netherhall, subscribed five guineas, and Lord Lowther and Henry Fawcett, Esq. each two guineas, towards this athletic diversion, so much excelled in by our forefathers.”

In respect to Nicholson's wrestling through the ring this third successive year of unequalled triumph, we must be allowed to observe, that though entitled to every credit, his progress was more smooth than he could possibly have anticipated. His first fall was gained under such circumstances as not to entitle it to the appellation of a wrestle. Watson who had thrown Rowland Long the first round, laid down to him in the second. In the third he threw Jordan, a well known Wrestler from the east of Penrith. In the fourth, W. Earl. In the fifth he accommodated matters with Douglas, a very likely man and just in his prime, from Caldbeck; and in the sixth threw his old opponent John Earl. We will in this place briefly notice some of the most noted men who will not again come under our consideration. The William Richardson alluded to in the above quotation was certainly a very celebrated Wrestler, and we have heard, had once an intention of advertising himself to wrestle any man in the kingdom. Wrestling, it is to be observed, is extremely different from boxing in respect to such challenges. A *Wrestler* stakes a trifling sum of money on the qualifications he naturally possesses, and the science he has acquired, that he cannot be excelled in what he himself has pursued, and what the world in general regards as an *amusement*; on the other hand, *pugilism* is



pulent, weighed eighteen stones. In this contest Richardson on making play, appeared to recoil and go down from, if we may so express it, the solidity of his opponent, who was, without exception considered the strongest man in the north of England. Richardson probably did not rightly consider this, and so became the victim of his own temerity, otherwise the result *ought* to have been different, as *Oak* had been thrown by Rowantree, and that hero, though the conqueror of Richardson on this occasion, did not rank so high in the estimation of those, who from an equal knowledge of both the men and the exercise, might be considered competent judges of their comparative merits.

As this was the last year in which John and William Earl acted a distinguished part in the Carlisle wrestling, it is but justice to remark that they both, particularly the former, greatly contributed to render the exercise worthy of the patronage it received. They were about thirteen stone men, and had gained a great many prizes. When the Carlisle wrestling commenced, John had a family, and was past that time of life in which men in general get out of practice, and often decline wrestling. Notwithstanding this disadvantage, Nicholson was the only man of his weight who appeared equal to him as a Wrestler, for he this year threw Scott twice, who gained the prize the succeeding year, and who had previously thrown Richardson of Caldbeck. He was particularly noted for slipping from his side or breast, and consequently partial to loose holds.

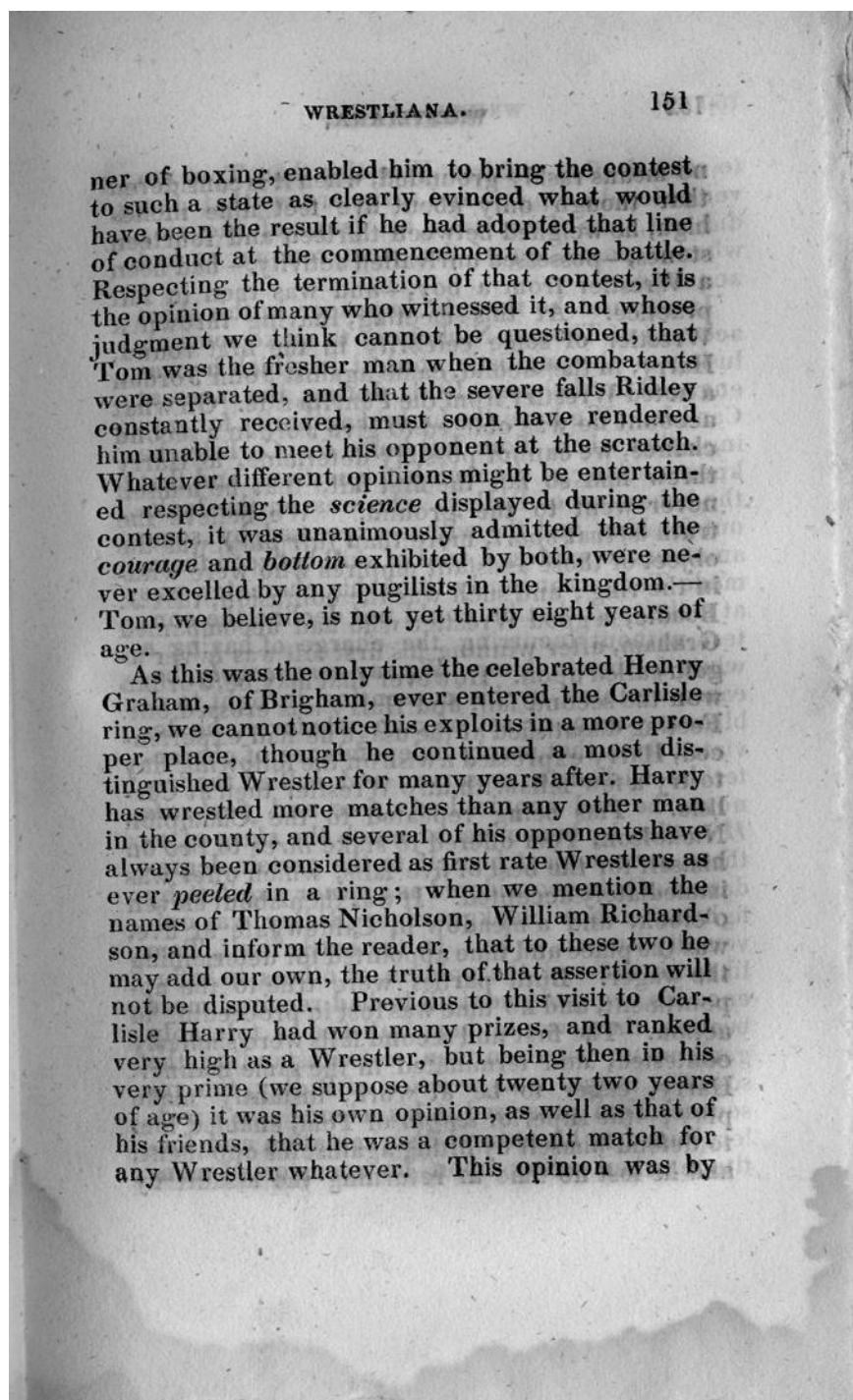
This was likewise the last year in which Nicholson himself ever entered a ring to contend for a prize. The circumstance of Tom carrying

away the prize for three successive years will best speak his merits as a Wrestler. He did not want half an inch of six feet, and generally weighed about twelve stone and eight pounds. Boxiana remarks, "the great similarity of Jem Belcher's portrait to a most distinguished hero on the Continent (Bonaparte) is truly curious;"—the likeness however of the former distinguished pugilist to Tom Nicholson is much more so, as the former likeness must have been confined to the *head and face*, while in the latter it is preserved through the *whole frame*, as there was not one quarter of an inch difference between their height, nor as far as we can judge, a single pound in their weight; both weighing from twelve stone six pounds, to thirteen stones. Nor was this resemblance in person, though certainly very remarkable, more so than the similarity visible in the different contests in which they were engaged. We have heard Nicholson assert that he was as good a man before he was twenty years of age, as at any succeeding period:—this was exactly the case with Belcher, who was at the same age open to all England. If an amusement like Wrestling can entitle any of its professors to the appellation of *Champion*, the victor at Carlisle for three successive years had certainly a better claim to the title than any other man: and it is well known Belcher was for some years considered the Champion of England. In the great essentials necessary for acquiring that enviable distinction, the similarity was equally striking. The same cool and undaunted courage, and the same varied and effective action were conspicuous in both:—and if Jem's propriety when fighting "might be deemed a model for pugilists in general," it is but justice.

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to remark, that a fairer Wrestler than Tom never entered a ring;—and sorry are we that Jem did not, like Tom, take his leave of the ring when in possession of the great renown he had acquired.

It may not be thought improper in this short account of Thomas Nicholson, to make some allusion to the pugilistic contest in which he was engaged in the year 1814, during the races at Carlisle. We have the highest authority for saying, that when Tom left home for Carlisle, he knew nothing of the match in question; and that the behaviour of Ridley, who was on the lookout for him, and the wishes expressed by some amateurs to witness a trial of skill between them, made Tom erroneously think his character was at stake, and that he could not decline the contest without incurring the charge of having a white feather in him. We say *erroneously*, because we think by his consenting to fight to oblige any man, or set of men whatever, he deviated from that manly independence of character he wished to preserve; and sullied the renown he had acquired as a *free* and *first-rate Wrestler*, by becoming so much the *slave* of others, as to subject himself to the certain degradation of being considered as a *minor pugilist*, by fighting such a blackguard as Ridley was universally known to be. In the battle itself, Tom likewise suffered the opinion of others to influence his own judgment till he had received more beating than would have satisfied a tolerably game man; yet even then, notwithstanding the superior *weight* and *practice* of Ridley, the resources Tom possessed in his science as a wrestler, joined to his natural discrimination and fortitude when acting upon his accustomed man-



no means rashly grounded, when it is considered that though only about five feet nine inches high, he weighed between thirteen and fourteen stones,—possessed unrivalled activity,—had been a Wrestler from a boy,—and was then in full practice. At this meeting, having thrown a Wrestler of some celebrity in the first round; Harry, in the second, came against John Jordan a noted Wrestler from the Penrith side. On what account he was obliged to give Jordan a second chance, we cannot possibly determine, as Harry threw him so fair the first fall, that he himself never went to the ground. We believe the truth is, that *sport*, more than *fair play*, was the object of those assistant umpires who were within the ring; and such was the confusion, that J. Boadle, a good Wrestler who had accompanied Graham, after winning his first fall was never again called upon. However that may be, Jordan won the second fall, and Harry was crossed out. Feeling dissatisfied at the usage he had experienced, Harry expressed a wish on the following day to try a few falls with any Wrestler then at Carlisle. This being repeated to the Champion Nicholson, Tom offered to stake *three to two* on himself for the best of five falls, which offer was immediately accepted. It was then about eleven o'clock, and a meadow in Caldewgate at five, was the place and time appointed for determining the wager. Both parties were true to the appointment, and no time was lost in proceeding to action. The first and second falls were similarly contested, and terminated in the same manner. Harry, eager to be at work, instantly made play;—the superior *length* of Tom, enabled him to defend himself by lifting against his opponent, and he lost no time in returning the assault by

hankering his heel. Notwithstanding the activity of Harry, he could not in either of these instances, resist the consequences resulting from this favourite mode of Tom's, in which he certainly excelled all the Wrestlers we ever knew, and both the falls were immediately conceded to Nicholson. The third fall was *contested* in nearly a similar manner, but the *termination* was different. Harry, on finding his heel again hooked, immediately turned his body round with such rapidity as to bring Tom *all but* underneath him in the fall. Tom insisted it was a dog fall, while Harry claimed it, in which he was supported by his friends, and in which opinion the spectators in general coincided. However being left to us, we decided it was not *fair*. In this place we will remark that it has been maintained by Tom's friends, that it was a *drunken* business altogether on his part:—this story is utterly false. Tom was apparently as sober when the wager was made as any man on the Swifts; on meeting in Caldewgate, he remarked to us that a pint, or glass of ale, then before him, of which he had drank about one third, was the *only one* he had tasted since he had made the wager;—and on winning the two first falls he jocularly remarked “that Graham, though a good Wrestler, was far too fond of *making play*; but that if Harry gave him more time, he himself was no bad one in that *respect*,” besides, could any drunken man have thrown such a Wrestler as Graham was, twice successively? In the fourth trial Tom made play, which Harry warded off with much skill, and gave Tom a convincing proof of his quality by striking him fairly down. The fifth fall was exactly similar to the third, and being so decided by us, the business was for some time

suspended, as Harry's friends insisted that he had won; however on Tom's offering to *strike even*, and *begin again*, it was acceded to, and the contest was instantly renewed. It is unnecessary to dwell on the ensuing falls,—suffice it to observe, they were well contested, both displaying great action and science. Harry won the first, Tom the second, and Harry the third and fourth; no dispute occurred, and Tom acknowledged defeat by paying his money cheerfully.

We will now briefly give the reader our candid opinion of the foregoing contest in which Harry acquired so many laurels. Neither of them we believe spent the preceding evening in the most sober or prudential manner; and probably Tom's more extensive acquaintance, joined to the circumstance of his winning the prize, might have rendered him the *less fit* for such a contest. Tom felt anxious for another trial, and how *that* would have terminated, can now only be *guessed* at. Admitting that we think the knowledge nine falls must have given them of each other, was not in *Tom's favour*, as Harry had become perfectly awake to his favourite method, and that Harry evidently gained ground as the contest advanced; still we do think Tom was the better Wrestler, and would have thrown more men than Harry *ever could*. As our *reasons* for this would occupy a much greater portion of our remaining pages than we can possibly spare, we are compelled thus abruptly to take leave of the subject.

The great fame Harry acquired by this conquest, satisfied his friends that he was a match for any man in the kingdom; and our refusal to acquiesce in that opinion, occasioned an agree-

ment to wrestle him within one month of his contest with Nicholson, for the greatest sum we ever knew wrestled for, either in Cumberland or Westmorland. At the time of making this wager, nothing was farther from our intention than wrestling Harry or any other person, as we had been unwell for some time, though we had been at Carlisle, where we were thrown after a smartish contest by Joseph Bird, of Holme Wrangle, a wrestler highly noted in that part of the county. The preceding year we had thrown Harry at Arledon with such ease, that we believe three or four to one would then have been offered against him for a single fall! and a meeting between us for a number of falls, would have been thought highly ridiculous. But now the case was totally altered;—through extreme illness we were obliged to solicit at least a respite of our engagement; this was not granted; and, as six guineas were deposited, we chose to appear rather than forfeit. The sum contended for was sixty guineas, and the number of falls wrestled was eleven. No Wrestler ever entered a ring in higher condition, or with greater confidence than Harry, and his gaining the *three first* falls could not fail to increase the good opinion of his friends, as nothing but a most decisive victory could then be contemplated. But the loss of three falls, instead of *depressing*, only *roused* our energies, the *listlessness* which pervaded the whole frame at the commencement of the contest, now gave place to that animated feeling arising from exercise, and the situation in which we were then placed; and instead of the *expected victory*, Harry was somewhat obligated to fortune for *one fall* out of the other eight! Harry was some pounds the heavier man, but the advantages of

length and strength were so much against him, that in the latter part of the contest, it is well known he had not the slightest chance whatever.—This contest took place on Arlecdon Moor, on the 26th of October, 1811.

The following year Harry was worsted at Cockermouth, by John Fidler of Wythop Hall, a stronger and heavier man than himself, and considered as a first rate Wrestler. Fidler had not much catch at Harry, whom he had accompanied to Arlecdon races in 1810, where we threw them both for the prize. Harry continued wrestling up to the year 1822, during which time he gained many prizes, and we believe was never afterwards defeated in a match; however the following circumstance is all that we can notice in this work.

William Richardson being at Cockermouth previous to his winning the prize at Carlisle in 1821, accidentally fell in with Harry, and some words passing between them respecting wrestling, a challenge for a trifling wager, to be decided immediately, was the consequence. Harry at this time was so increased in flesh as to weigh nearly sixteen stones, but notwithstanding this disadvantage, he obtained an easy victory. It is alleged by some that Richardson was not in a proper state to wrestle at that time; this is as strenuously denied by others:—we cannot say how the matter *really was*, but we are correct in saying that Richardson acknowledged defeat in three trials, and that Harry could have been backed to wrestle him for any wager he thought proper, at *that*, or *any other* time.

Very few (if any) Cumberland Wrestlers attended the Ambleside sports in 1812. Miles Dixon, and a butcher in Ambleside, were the

two last standers, and it being agreed between them that the latter should be the ostensible winner of the prize, they agreed to wrestle two or three falls for the gratification of those gentlemen who had subscribed towards the Wrestling; and in this friendly trial Miles Dixon was victorious. This Champion, though we believe not an equal match for some of the Cumberland men of his day, seems to have been entitled to rank as the most renowned hero in that part of Westmorland. About this, and the succeeding time, John Long seems to have been considered superior to his brother Rowland. The *latter* visited Carlisle in 1811, but notwithstanding his uncommon powers, being both a very tall and heavy man, he was not so fortunate as to gain a single fall. Rowland is a Wrestler of nearly 30 years standing, and must during that time have contended with a number of good men. It is said he is extremely anxious to make the prizes he has gained up to *one hundred*, as he is only two or three short of that number; but from his increasing years, and corresponding numbness, it is a great chance whether he will ever succeed in doing so. This was the last year in which any considerable sum was given at Ambleside. The gentleman who so actively patronised it, returned to Edinburgh. The intention of making it a meeting of much notoriety seems to have completely failed, as the Wrestling there was never at all equal to that witnessed at Carlisle and Keswick.

In 1812, the first prize at Carlisle was won by J. Scott, of Canobie, throwing at the last Wm. Richardson, of Caldbeck, whom he had thrown in the course of the Wrestling the preceding year. Scott though shorter by three inches than

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Nicholson, was we believe the heavier man. His being the third stander in 1811, and the conqueror in 1812, is sufficient to stamp him as a very excellent Wrestler, though he had not successively vanquished such a hero as Richardson. This was the only year William Mackereth attended the Carlisle Wrestling. His being considered a pupil of Nicholson's and the victor at Ambleside in 1811, much was expected from him. He was thrown very unexpectedly in the first round, but being chosen in for the second prize, he acquitted himself to the perfect satisfaction of the amateurs, being one of the three last standers, and the contest between him and William Richardson, who threw him, is spoken of as one of the best ever witnessed on the Swifts. Mackereth, in person, greatly resembles Jack Carter the pugilist, but is a much stronger man than Carter. In addition to the above exploits, he won the prize at Arlecdon the succeeding year, throwing at the last Robert Selkirk, for some time considered the leading Wrestler between that place and Duddon.—At Penrith, this year, where the Wrestling had, owing to various circumstances, dwindled so as to excite no comparative interest with that at Carlisle, the prize was won by John Slee, of Dacre, who, as an outside striker with the left knee, excelled any other Wrestler at that time. Among those whom he threw on this occasion, were James Robinson, and the person who threw Wm. Dickinson, the two men who alternately gained the prize at Carlisle the ensuing years.

In 1813, Robert Rowantree, so often mentioned as a distinguished Wrestler in the course of this work, gained the first prize. It was singular that Richardson was again the last loser and

the winner of the second prize. Rowantree was six feet high, and a very muscular man; attached to loose holds, an excellent cross buttocker, and an extremely awkward customer to get at. He had as a *Wrestler* largely contributed to the celebrity of the Carlisle wrestling since its institution; but now, fully satisfied with the laurels he had honourably acquired, he took his leave of that, and for any thing we know, of every other ring.

The prize at Carlisle in 1814 was won by William Dickinson, from Alston Moor, who weighed from thirteen, to fourteen stones, and was about five feet ten inches high. Dickinson had wrestled both at Carlisle and Penrith the preceding year, and was much noticed. He was justly considered a first rate Wrestler, and his attendance was expected the ensuing year; but Dickinson, it appears, had other prospects; he *married*, and things not falling out according to his expectation, he emigrated to America. The last person he threw for the prize was George Dennison, the successor of that highly reputed bone setter, Benjamin Taylor. Dennison, in addition to coming *last* for the *first prize*, won the *second*, and his exploits in the ring on this occasion, afforded great satisfaction to the attendant gentlemen. The fall between him and Dickinson was rather a singular one. Dennison threw in his left side with much force, intending to buttock his opponent;—Dickinson left go, and Dennison, disappointed of his object, staggered forward a considerable distance but could not save himself from going down on his hands, otherwise he would have won the fall as he had preserved his hold.

In 1815 the prize at Carlisle was borne away

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by James Robinson, one of the Earl of Lonsdale's game-keepers at Lowther Castle. The last stander was William Slee, brother to John Slee, whom we have noticed as the victor at Penrith in 1813. Robinson was a fourteen stone man, and Slee not thirteen, and both coming from the neighbourhood of Penrith, Slee, probably conscious that the *chance* was against him, agreed to lie down, and there is no doubt he was well paid for it. This mode of proceeding was highly censured by many sincere friends to the exercise, but in fact, it was only following up the precedent allowed to Nicholson and Douglas in 1811. In wrestling over for the second prize, Slee was thrown the first round, and the last standers were Thomas Todd, of Alston, and the youngest of three brothers of the name of Foster, all of whom wrestled this year, and acquired great celebrity by throwing several good Wrestlers. Todd and Foster could not agree about the hold, and consequently never wrestled; but on dividing the money, we have been informed that Todd received *more* than his opponent, it being the opinion of the umpire that he was the fairer stander.

In 1816 Todd was one of the two last standers for the first prize, but *who* had a right to be the other, is somewhat difficult to determine. Being a spectator that year, we do not hesitate to say that the conduct of the umpires was extremely blameable. In the course of the wrestling, a fall between Thomas Richardson, of Hesket, and Joseph Graham, from Ravenglass, was given to the former. We assert that Graham was not allowed a fair hold,—that it was a manifest snap,—and that after all it was a complete dogfall. On wrestling when there were but four standers,

Richardson was indisputably thrown ; but such was the gross partiality shewn towards him, that he was *allowed to compound* with the person who threw him. Having thus become the other last stander, it appeared that he had agreed with Todd to *divide the money* between them, but *the point of honour* had not been settled whether was to be the *ostensible victor* ; accordingly they would not make a wrestle of it, and notwithstanding the precedents before alluded to, Mr. Pearson very properly withheld the money. The proprietor of the circus, *awake* to his own interest, gave a silver cup to wrestle for the next day. The sum demanded for admittance was not great, but the receipts far overbalanced the value of the cup, which was won by John Lowden, from Keswick. The last loser was Andrew Armstrong, from Sowerby Hall, an excellent Wrestler, who weighed between twelve and thirteen stones, but not an equal match for Lowden, who was nearly a stone heavier. Lowden was a very cross stander, and as difficult to dispose of as any Wrestler within the last century. We have noticed the contest between him and Nicholson at Ambleside in another place. That contest took place before Lowden was at his *best*, and being the last year of Nicholson's wrestling, he never threw *that hero* in a ring, but in the list of those he afterwards threw, the names of Richardson, Mackereth, Graham, and many others, might be enumerated ; with us he was not so fortunate, as we threw him at Arlecdon in the year 1813, when in his prime.

The disputes respecting the wrestling in 1816 caused its suspension in 1817, but the proprietor of the circus again ventured to speculate on the celebrity of the exercise, by giving two or three

prizes. These were won by John M'Laughlen, (commonly called Clatten) and John Liddle, both from the vicinity of Dovenby. Laughlen threw Liddle at the last for the first prize, and laid down to him for the second :—he likewise threw Todd and Robinson, neither of them being able to do any thing with him, on account of his tremendous size.

As the wrestling at Carlisle Races continued suspended till the year 1821, we must now revert to that at Keswick, which in 1818 was patronized in a very liberal manner, and has continued augmenting to the present time. The prize that year was won by Thomas Richardson, of Hesketh, throwing at the last the celebrated William Wilson, of Ambleside. In 1819 it was won by Andrew Armstrong, of Sowerby Hall. In 1820, it was won by William Wilson, of Ambleside, whose last opponent was William Richardson, of Caldbeck. In 1821, so rapidly had wrestling increased in the estimation of all ranks, that it was found the attendance at the Races, was in a great measure governed by it; and the subscriptions proportionably increasing, it was extended to three days,—the winner on the first day, being debarred on the second. Notwithstanding a very numerous field of Wrestlers, the first prize was won by Richard Abbot, a schoolmaster from Whitehall, who weighed very little more than eleven stones. Neither could it be considered that Abbot fell *fortunately* in when wrestling through the ring, his four last opponents being A. Armstrong, J. Frears, T. Richardson, and F. Lock, all of them good Wrestlers, and averaging two stones above his weight. *Two* of these *four* it will be recollected had likewise been previously victors at Keswick, and had distinguished

themselves at Carlisle. Frears and Lock were from the vicinity of Whitehaven, and both well known as Wrestlers; the *latter* on this occasion greatly distinguished himself, throwing both Edward Hawel, a very noted Wrestler, and the truly celebrated J. Lowden, who, though *married*, took a fancy to enter the ring, and was the third stander. The second prize was won by James Graham, then residing in Bassenthwaite, a very likely man for excelling as a Wrestler; standing above six feet, and weighing fourteen stones. We are very sorry our limits will not permit a more lengthy detail of this celebrated meeting.

The great falling off in the attendance of all ranks at Carlisle races since the *suspension* of the wrestling occasioned its *revival* this year; and it could boast among the numerous spectators assembled to witness it, many of the most distinguished characters in this and the adjacent counties;—nay, such was its *attraction*, that the *gentler sex*, as in the days of *auld lang syne*, deigned to regard it as an *exercise* worthy of Englishmen to practise, and as an *amusement* which *false delicacy*, or *predetermined prejudice* only could discover any thing so indecorous as to prevent Englishwomen from sanctioning it with their presence. The first prize on this memorable day was won by William Richardson, of Caldbeck; and the second by John Weightman, a hero who had during the two preceding years risen to the *top of the tree* in the vicinity of Carlisle. The last opponent of Weightman was Joseph Abbot, from the vicinity of Penrith, a very celebrated Wrestler, who likewise highly distinguished himself at Penrith Races this year, where there were evident symptoms of this ath-

letic exercise again becoming an object worthy of encouragement. Thomas Ford who acquired great celebrity at this meeting by *throwing* Weightman, and contesting the *last fall* with Richardson, has generally resided within a few miles of Egremont. He was thrown by Weightman for the second prize, but appeared to be no unequal competitor for him; being six feet two inches high, and weighing upwards of fourteen stones. To say the least of Ford, he was much noticed by the spectators for his manly exertions, and the alacrity and cheerfulness with which he always met his man. James Graham before alluded to, was likewise considered to stand on very high ground though thrown by Weightman for both prizes.

As for the victor, W. Richardson, whom we have so often had occasion to allude to, this might very justly be considered an excellent *tie up* for him, as he was stated in the newspapers of the day, to be forty-five years of age! and the winner of 240 Belts!! We cannot decisively contradict either statement, but as far as we can judge they are both rather exaggerated. We never met Richardson in a ring but once, and that was during our novitiate. Richardson was in his prime, and we well remember he then called himself about twenty-three years of age; we were turned of eighteen, therefore if he spoke correctly, he could not be more than forty-one at the time he won this prize. Richardson might be about five feet nine inches in height, and would weigh from thirteen to fourteen stones. Being a Wrestler of twenty-five years standing, and for a long time open to *any man*, he has wrestled more, and gained a *greater number of prizes*, than any other man *ever* did. His favou-

rite method was the inside, and he seems to have been (like Achilles) the most vulnerable in the heel. It was by catching his heel that Scott threw him two successive years, and by which J. Nicholson (brother to Tom) threw him at *different* times; and yet neither of them, though excellent Wrestlers, *ought* to have stood any chance with him. We are likewise well informed, that in his casual trials with T. Nicholson, he not unfrequently *barred* that favourite *finish off* of that hero's, which was a kind of acknowledgment of his inferiority. We do not credit the assertions of his friends in regard to his being Tom's *master*, our opinion is, that he *was not*: and notwithstanding Tom was a stone the lighter man, the *fact* of his repeatedly *throwing the very men who have thrown* Richardson, as Rowantree, Harrison, and Lowden, and the great reasons there are to believe, that such men as his brother John, and Scott, could never have thrown him, justify us in asserting Tom was the *better Wrestler*, and more capable of wrestling through rings than Will was, although the latter was always considered a more *pains-taking* Wrestler. Many of Richardson's friends assert, and among them are some well qualified to judge, that he was the *fairest* stander, and *best Wrestler* of his time; while those rather hostile to him, contend, that he was a *sulky* (which is tantamount to an unfair) stander, and was as much indebted to *that*, and his tremendous strength of arm, as to his *science*. For our part we have no reason to applaud or condemn;—we do not think any of our readers will deem us incapable of forming an opinion, and we assure them it is a free and unprejudiced one. We have not the least doubt but that he was for a number, or even for one

fall, a competent match for any man in the kingdom for very many years. For us to endeavour to *particularize* his conquests would be absurd ; and we have noticed his occasional defeats for the purpose of reflecting lustre on those who threw such a hero, and not by any means to detract from the great and well merited renown he universally possessed.

We come now to the Keswick Wrestling in 1822. The first prize was won by John Liddle, of Blind Bothel, throwing at the last William Cass, of Loweswater ; and the second by Jonathan Watson, of Torpenhow. Weightman, who was the favourite, was thrown by Cass for the first prize, and Watson threw him the last fall for the second. Watson likewise threw J. Richardson, T. Lock, J. Graham, and T. Tordiff. Watson had before thrown Weightman in the course of the year, at Micklethwaite, and W. Richardson, at, or near Caldbeck : these conquests we think entitle him to rank very high as a Wrestler. He is about five feet eight inches high, and near thirteen stone weight ; is considered an excellent ground Wrestler, and is by trade a shoemaker. Notwithstanding Watson gained the second prize, he was thrown in the first round for the first, by William Wilson, of Ambleside, undoubtedly the best Wrestler Westmorland ever produced ; and it is the confirmed opinion of very many whose judgment is entitled to every consideration, that at the time he won at Keswick, he was the master of any man in the kingdom. It is certain that upon that occasion Richardson had not the shadow of a chance with him, and the preceding year he gave a convincing proof of his powers by striking J. Laughlen down in such a manner as we are convinced no other man

in the kingdom could have done. When thrown by Weightman he was labouring under an asthmatic complaint, otherwise he ought to have been in his very prime. He stands near six feet four inches high, and weighed, when in good health, about fifteen stones.

We come now to the consideration of the Carlisle Wrestling in 1822. The first prize was won by W. Cass, and the second by John Weightman. As those who wrestled may yet be considered in *possession of the ring*, that circumstance must of course circumscribe our account of them. Cass is not far from six feet high, and weighs sixteen stones. The action he displays is an outside stroke with his left foot, but its fatality consists in the swing, or twist, with which it is accompanied, and his method of parting with his men. He was not much noticed previous to his throwing Weightman; but in our opinion he *will*, and is the *only man who ought to throw him again*. Cass is equally as strong, full as heavy, and Weightman will find it difficult to improve his hold, and command *him* as he does all his *other* opponents. Cass certainly won very cleverly, and though we must admit he wrestled fortunately through the ring, we think him the *likeliest* person to win again.—The redoubted Weightman is above six feet three inches high, and weighs upwards of fifteen stones. Weightman has certainly a very good natured, and indeed we might with truth say, a prepossessing appearance. The *whole science* he appears master of is the address he displays in the application of his tremendous strength in breaking his adversary's, and improving his own hold. He appears to be master of Liddle, and in the *match* between him and Richardson, the latter certainly had no chance with

him. Respecting his behaviour towards the spectators on that occasion, we will remark that there is a very material difference between wrestling a *private* match, and contending for a *public* prize. The *latter* is expressly for the *amusement* of the *spectators*, and they have a right, as in a theatre, to express in a certain degree, their opinion of the conduct of the performers; but with the *former* they have no right whatever, excepting to preserve fair-play between the men; and when it is well known that this was neither the *second* nor *third* instance in which matches with Richardson never were decided, we have room to infer that the fault in *taking hold* might not be *all* Weightman's. The grand question now is—Is there one man in the present list who can throw him a main? Our opinion is, if there be *one*, there are not *two*. John Liddle, the victor at Keswick, and from whom much was anticipated at Carlisle, is upwards of fourteen stones, and about five feet ten inches high. It is scarcely fair to make lengthy remarks upon those who may again appear in the ring, therefore we shall only observe, that with *one exception*, there is no wrestler *of*, or *under* his own weight at present that can throw him. James Graham had for some time been labouring under a bad state of health, and in appearance, as well as powers, had evidently declined. We likewise think that T. Richardson cannot *be* what *he has* been. As a *hiper*, he is certainly the quickest and best on the list. He is taller, but not so heavy as Liddle; and though we do not think him a T. Nicholson, yet very few at *present* are an equal match for him. John Fearon, who threw Weightman at Carlisle, is about the same height, but heavier than that hero. The fame of

WRESTLIANA.

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Weightman was his principal inducement for entering that ring, and by throwing him he accomplished his object. Respecting the contest between them, it was a *bad one*, and Weightman *lost* the fall at a time when he *ought* to have been certain of *winning* it.—John M'Laughlen, the fourth stander on that occasion, is near six feet six inches high, and at *present* weighs about seventeen stones. Had he been in practice and taken more pains in procuring an equal hold, Weightman *ought* not to have thrown him; as though not excelling in action, he is by no means deficient in science. Having been some years married previous to his present settlement in Whitehaven as a publican, his practice must have been latterly very confined, otherwise *he ought*, and we think, *would* have been the present champion.—Weight and age considered, no Wrestler more distinguished himself at Carlisle than Robert Waters, the third stander. He appeared a *little one*, is a very *young one*, and gave most convincing proofs of his *science* and *quickness*—the two great essentials which constitute a finished Wrestler.—T. Todd, the *last loser*, is full five feet ten inches high, and weighs twelve stones and four pounds. Putting *hearsay* out of the question, and giving our opinion of what we have *personally witnessed*, Todd is the *best* and *most finished* Wrestler we ever saw. He has not the power of Nicholson, but excepting him, we never saw a *thirteen*, nor is there at *present* any *fourteen* stone man, in our opinion, able to throw him the best of three, or five falls.—The prize given for Lads afforded much amusement, and many of them displayed infinite *science*, and seemed *quite at home* in the ring. The *two last*, though not the tallest, or

heaviest, among the competitors, were *both* we were told, above the age specified in the advertisement.

In concluding this Treatise, we will briefly remark there are, and were, some excellent Wrestlers in the eastern part of this county, with whose names and exploits we were too imperfectly acquainted in proper time for noticing them. As for the present heroes, our circumscribed limits, and the recollection that we have *freely* criticised the exploits of those only, who may be considered to have taken their *leave of the ring*, will, we hope, prove a sufficient apology for our brief notice of them. Of the performance itself, we will only observe, that the disadvantages invariably connected with any original work must plead in extenuation of its most glaring defects. At any rate, it may serve as a kind of data, or landmark, to those who may feel disposed to *sail* in that tract, where its precedence must be allowed to have *broken the ice*.

ERRATA.

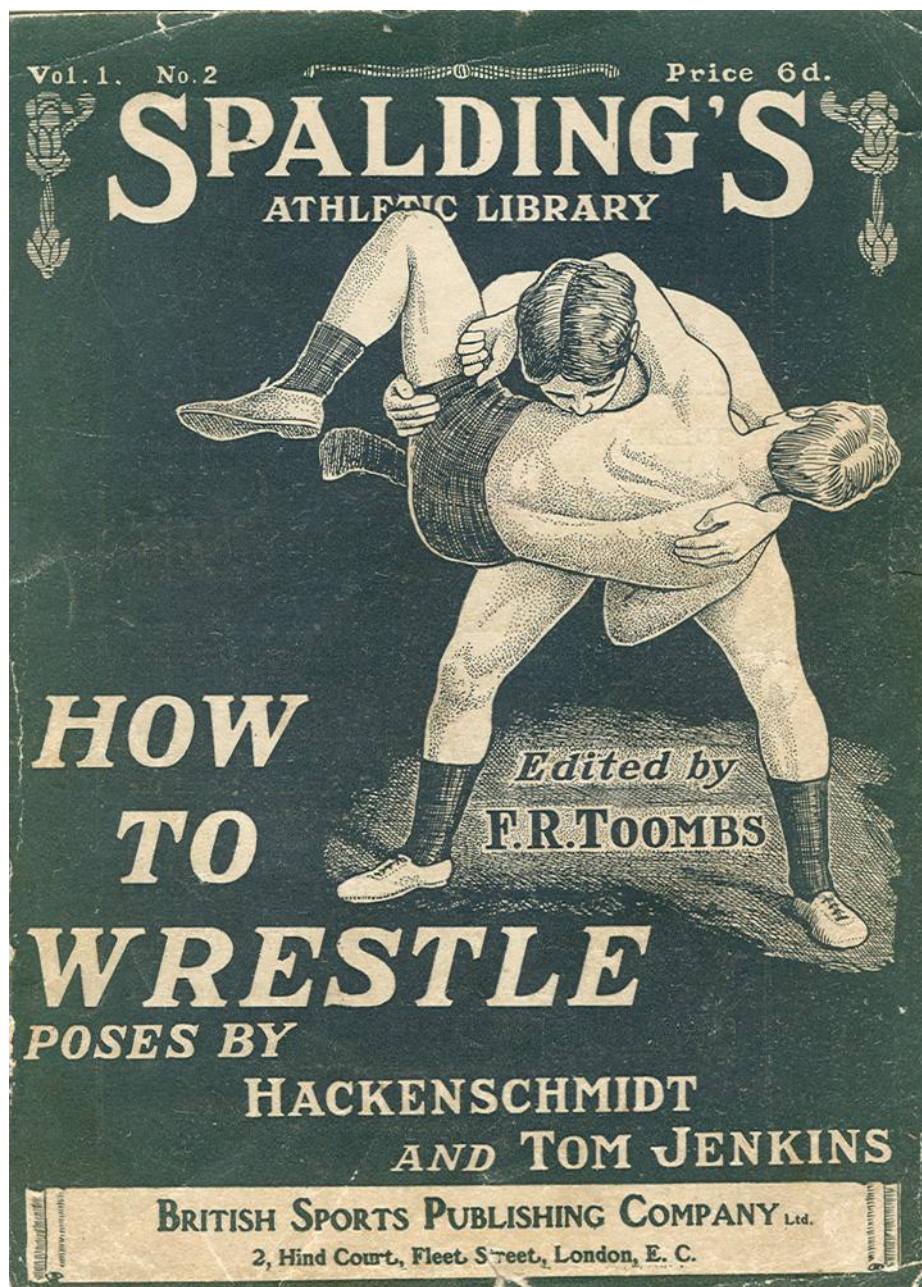
Page 120, line 29, (in a few copies only) for *attachments* read *achievements*.

Page 146, line 26, for *William Richardson* read *John Richardson*.

FINIS.

Whitehaven: Printed by R. Gibson,
No. 26, King Street.

Spalding's How To Wrestle, poses by Hackenschmidt and Jenkins



WRESTLING AND ITS REWARDS

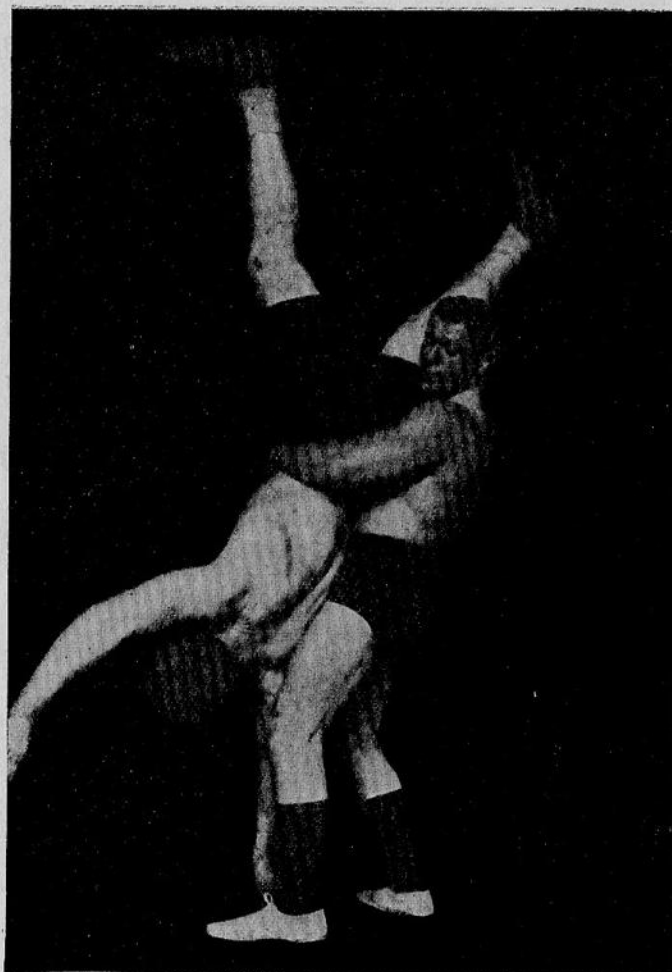


The wrestling art in its many branches has conferred many notable favors on the human race. An unequalled pastime, an unsurpassed means of self-defense, a developer par excellence of the body, and an unfailing aid to health, surely wrestling should be awarded the favor shown to a trusted, time-honored, faithful friend. •

There was a time when none but professional athletes wrestled. Now, however, all is changed. We find the sport popular in gymnasiums and the home, as well as in the competitive world, professional and amateur. The rapidly increasing popularity of mat maneuvers has given this interesting and spectacular science new impetus. It seems that at best it is coming into its own; that its future is to be attended by the eclat that for decades wrestling has merited.

The fascinations and rewards of wrestling are such that a man with virility and love of contest in his blood has but to taste of them in order to enlist among its votaries. The man or youth who wrestles feels his superiority over his associates who prefer to spend all of their spare moments in a billiard room, breathing tobacco laden air, or in kindred places. He feels that there is a time for work and a time for play, and that during the latter period whatever benefits most should be indulged in.

The wrestler soon does away with "aids to digestion" and other medicinal blessings. He abandons health foods and devours thick juicy steaks in their stead. He walks the street with a springy step, a light heart, a clear brain and the keenest of eyes. He sleeps as soundly as does the ancient Sphinx on the faraway Egyptian desert. He is assertive, confident and enthusiastic. He does twice as much business as the men, narrow chested and



Hackenschmidt About to Throw Gus Ruhlin with a Waist Lock
in a Practice Bout.

Spalding's Athletic Library.

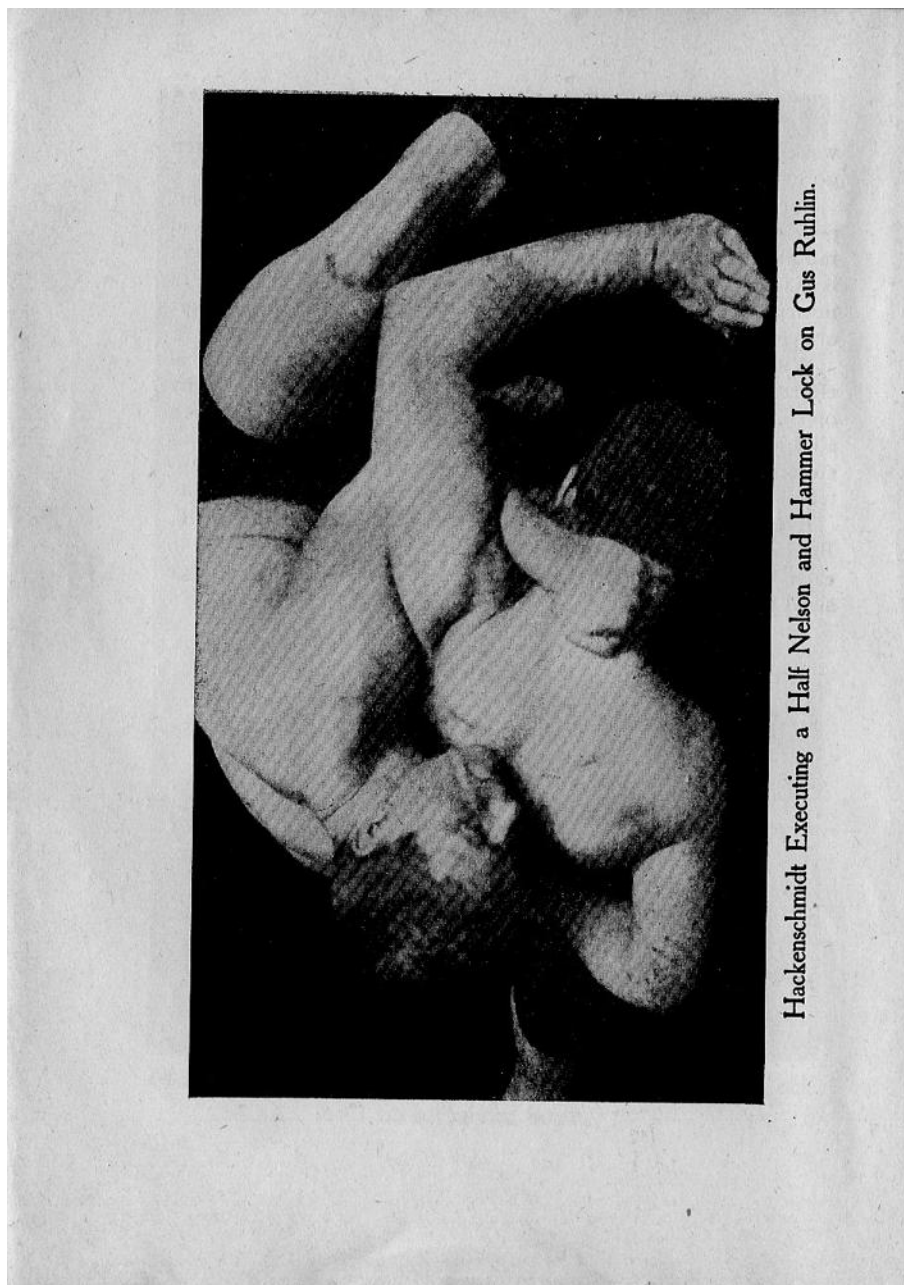
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weak kneed, who toil at their desks until dinner time, and then go home at odds with the world.

For the athletes, those who devote their wrestling skill to competitive purposes, the return for their investment of time and muscle is even more to be desired. "The glory of a young man is his strength," and most assuredly is wrestling a producer of muscular prowess. The lust of honest contest burns in the heart of every healthful man, young or old.

With the wrestler, the combination of science and physical effort fills his very soul with delight as he clinches with a worthy opponent. The struggle for the mastery is one that calls forth all his knowledge, agility and power. The final victory is as sweet to him as whispered words of love are to a maiden of seventeen summers.

Every young man should wrestle; every old man can, if he will. Boxing and wrestling go hand in hand. He that is proficient in each has assets that he would not exchange for many a large sized bank account.



Hackenschmidt Executing a Half Nelson and Hammer Lock on Gus Ruhlin.

Spalding's Athletic Library.

7

GEORGES HACKENSCHMIDT
THE "RUSSIAN LION"
Greatest Wrestler of All Time

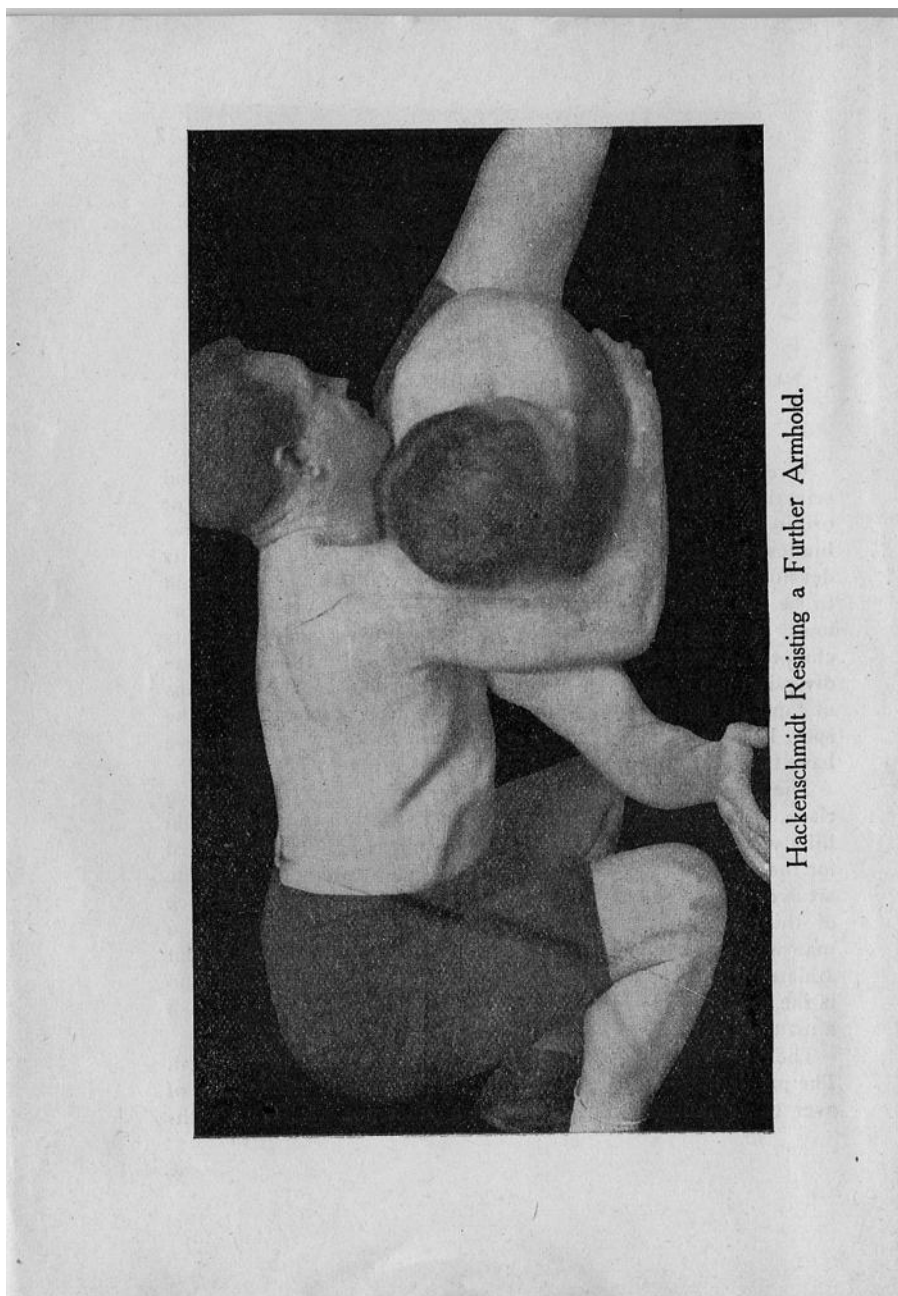


BY FREDERICK R. TOOMBS

Wrestling is to-day considered one of the most effective and scientific of all competitive sports, and justly so. If ancient origin is a token of merit the pastime should certainly deserve highest appreciation, for centuries have been consumed in its development. In fact, the history of wrestling may well be said to be the history of mankind. Ever since primeval man laboriously shaped stone hatchets, and with crudest of implements chipped out cave dwellings in the face of friendly cliffs, a favorite diversion has been the deciding of individual supremacy by means of combats based on the principles embraced in wrestling. The sport has improved decade by decade, year by year, until now we have the most improved form of wrestling known.

The names of the multitudes of wrestling experts that have risen, flourished and fell, even during the last fifty years, would fill a volume. Many of them won lasting fame, but it remained for the twentieth century to produce the greatest exponent of the art ever known to have lived. Stop to consider the significance of this: it means a wrestler whose superior never existed; a man who rises far and above the hundreds and thousands of mat athletes who made the history of this popular sport; a man who is the model for every aspiring young man of the nation. Such a man is Georges Hackenschmidt, the "Russian Lion."

The interest Hackenschmidt's appearance created is unparalleled. The public marvelled at his wonderful physique and his record of over three hundred contests, often against powerful odds, with-



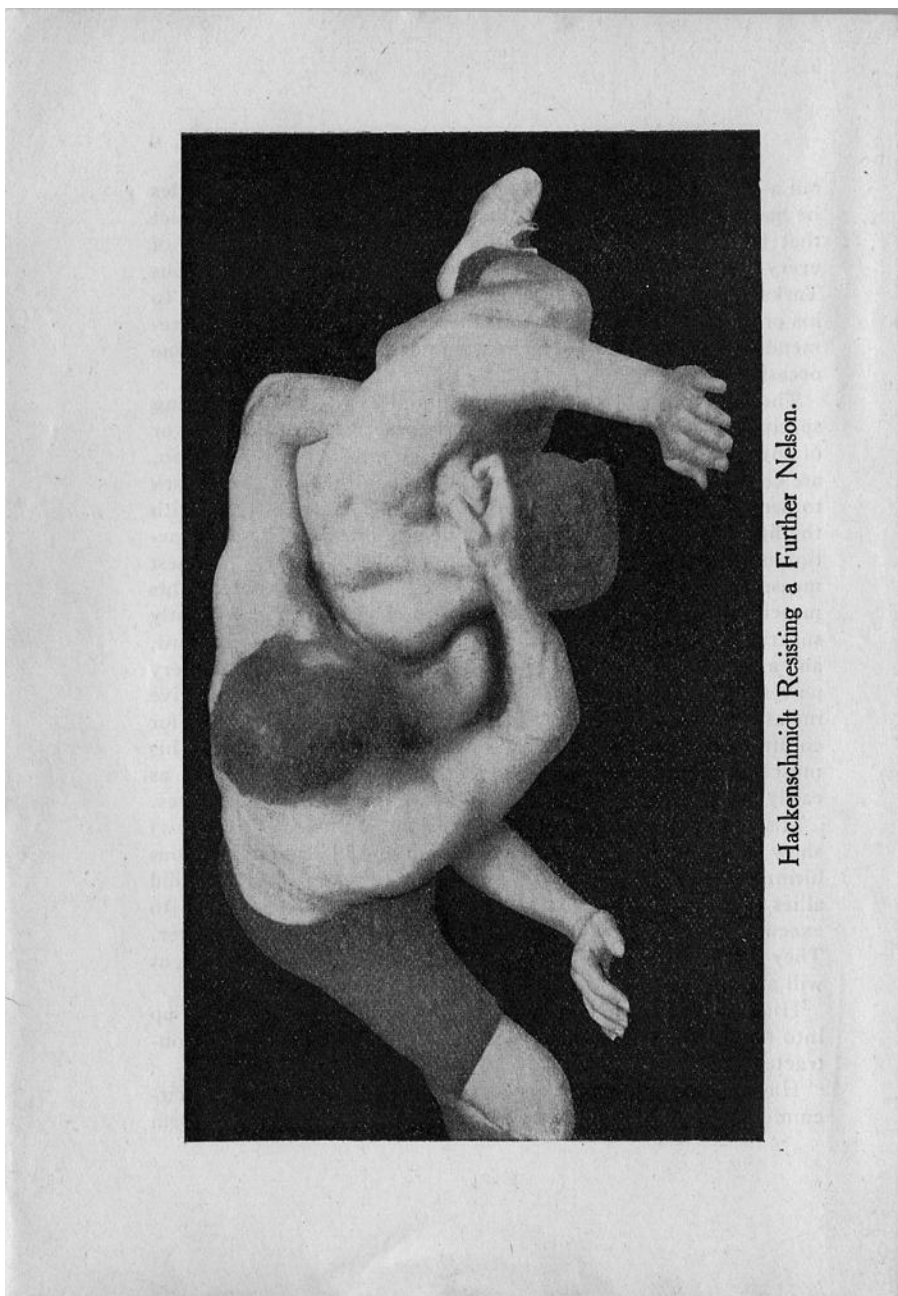
out a single fall being scored against him. In all these battles he had never even approached being defeated, in spite of the fact that his opponents comprised the Græco-Roman champions of every nation under the sun. Even the famed and ponderous Turks, familiarly styled "Terrible Turks," fell helpless victims to his prowess. "My superior quickness more than offset their tremendous weight," said Hackenschmidt to the writer on one occasion.

There is no doubt that Hackenschmidt is the most imposing specimen of muscular development that experts of this country or of any other have ever seen. His muscles, when not in action, are elastic and springy, almost soft, but when they are given work to perform, they bulge out from the athlete's massive frame with the firmness of stoutest hickory or locust braces. The contraction of his back, shoulder and chest muscles increases his chest measurement almost twelve inches. It is in the quality of his muscles as well as in their power, that Hackenschmidt is vastly superior to Sandow. The muscles of Sandow are knotted, hard, and as Hackenschmidt says, "dry." They are adapted to a very powerful effort of but short duration, owing to their comparative inelasticity. Those of the "Russian Lion" are the ideal sort for continued endurance. He is practically untiring, because his muscles, in spite of their bulk, contract and ease themselves as easily and as smoothly as though operating in well oiled grooves.

Hackenschmidt's pectoral muscles (along each side of his chest) show almost unprecedented development and indicate tremendous lifting power. These pectoral muscles, by the way, are splendid allies of swimmers and wrestlers. They help the swimmer to execute strong strokes that pull him swiftly through the water. They aid wrestlers in lifting weighty opponents from the mat at will and throw them around like sacks of meal.

His trapezius muscles, which top his shoulders and extend up into the neck, are like huge pads of toughest leather when contracted.

Hackenschmidt's biceps are a trifle over nineteen inches in circumference and his thighs, as strong as the trunk of the storm



defying oak monarch of the forest, extend the tape measure twenty-eight inches. His waist is only thirty-three inches in circumference, but his chest measurement is fifty-two inches. The "Lion's" muscle-coated neck is nothing short of marvellous. It is twenty-two inches around, and his collars, necessarily, must be made to order.

The champion's height is five feet ten inches and he weighs fifteen stone. The writer watched Hackenschmidt at his training work on several occasions in Elmer's gymnasium in West Forty-second Street, New York. What was most surprising, in addition to his superhuman strength, was his quickness. It seems out of place to term the actions of a fifteen-stone man "catlike," yet that expression exactly fits them. He sprang at his wrestling opponent so quickly that one's eyes could barely follow movements. Later he amused himself by turning somersaults, forward and backward, from a standing position, without touching his hands to the floor. He sent his body flying through the air as easily as a circus gymnast leaping from a springboard.

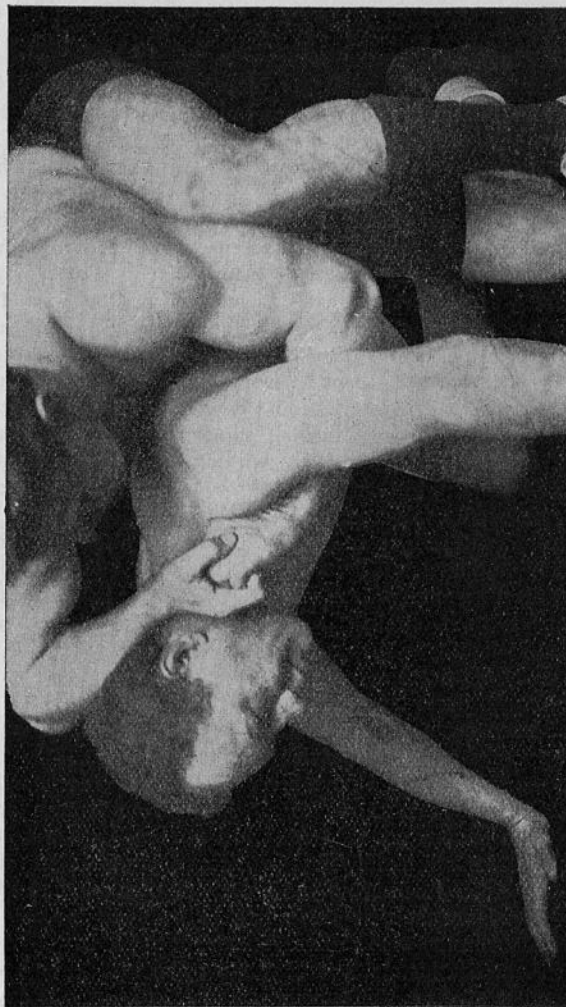
Then, to amuse the bystanders, Hackenschmidt placed a high-backed chair on a box so that its top was but a little short of six feet from the floor and with a short run he cleared the barrier without any apparent strain. He landed on his toes in perfect balance and as lightly as the proverbial kitten.

To conclude his exercise period, Hackenschmidt grasped two eighty-five pound dumb-bells, one in either hand, and executed a variety of movements with ridiculous ease. He stopped in a minute or two and asked for heavier weights.

"Those are the heaviest I have here," replied the proprietor.

"Oh, dear," said the giant, "these eighty-five pounders are too light to do me any good. I don't feel at home with weights less than one hundred and twenty-five or one hundred and fifty pounds. Some day I will bring you a drawing of a one hundred and fifty pound weight that you ought to have made. It's a beauty—the best in the world. Everyone ought to use it."

While in America his methods of training and work caused an endless amount of discussion among wrestlers, who are, if any-



Hackenschmidt Applying a Half Nelson on Gus Ruhlin.
Notice how "the Russian Lion" clasps his hands and bears his right forearm against his opponent's neck and head.

thing, inclined to overtrain. In a conversation with Hackenschmidt on the subject of training he said:

GEORGES HACKENSCHMIDT ON TRAINING.

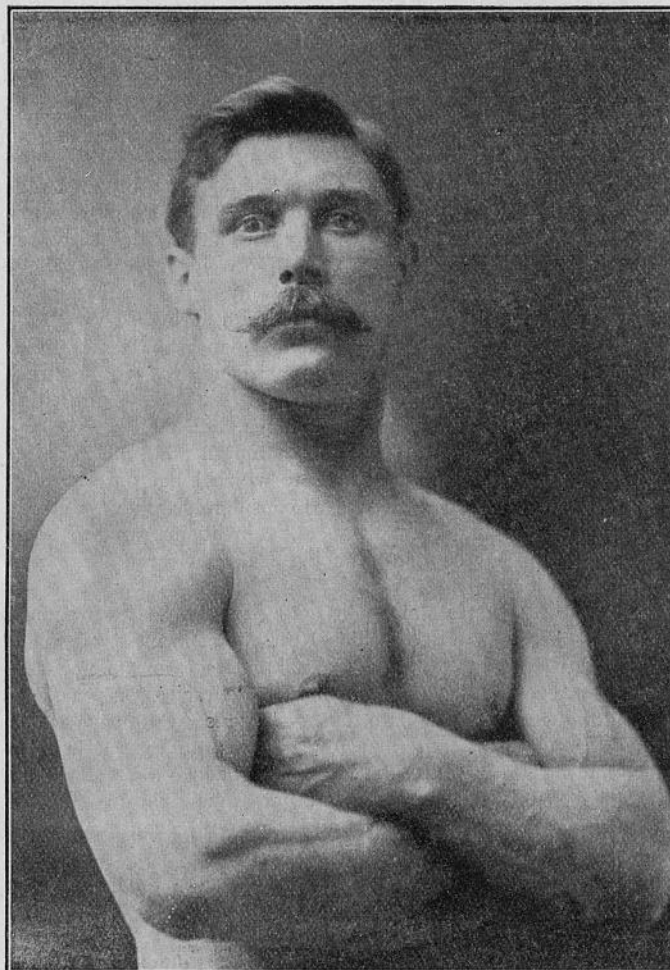
"Practically all athletes share the delusion that a big man cannot make himself light on his feet and quick in all his movements. I weigh fifteen stone and yet I can say without boasting that I am as agile and as swift in action as any lightweight wrestler I have ever seen. How do I do this? Simply by exercise; that makes every one of my muscles strong, elastic and springy.

"The principal requisite for a heavy man who wishes to be quick is to engage in exercises of a varied nature. He must not devote his attention, say, to dumb-bells or to heavy weight lifting to the exclusion of jumping, running, walking, etc.

"The great secret of my combined strength and quickness lies in the many exercises and pastimes to which I have given attention. I am a fast runner, a boxer of considerable ability, a cyclist, am fond of walking long distances, a swimmer, and to some extent a gymnast. At high jumping I have cleared the bar at six feet two inches.

"When I am in training I do not restrict myself very much regarding the kinds of food which I eat. I eat in moderate quantities whatever I best like. I do not eat sweatmeats nor rich pastry, however. I have not eaten such delicacies for years. If I should now eat candies or other confections my stomach would become badly disordered in a few minutes, so unused is it to them, and nausea would follow. I do not believe in smoking nor in alcoholics for wrestlers or any other athletes, but a bottle of ale or beer now and then will do no harm; on the contrary, it will tone up the system if taken judiciously.

"Wrestlers should not do too much work in training. Strange as it may seem to many wrestlers I never work more than half an hour a day when preparing for a bout. In that brief time, by working very hard, I consume all the energy and vitality that I can afford to spare. I work up a heavy perspiration, follow with a shower bath and finish with a rubdown. There is one point in



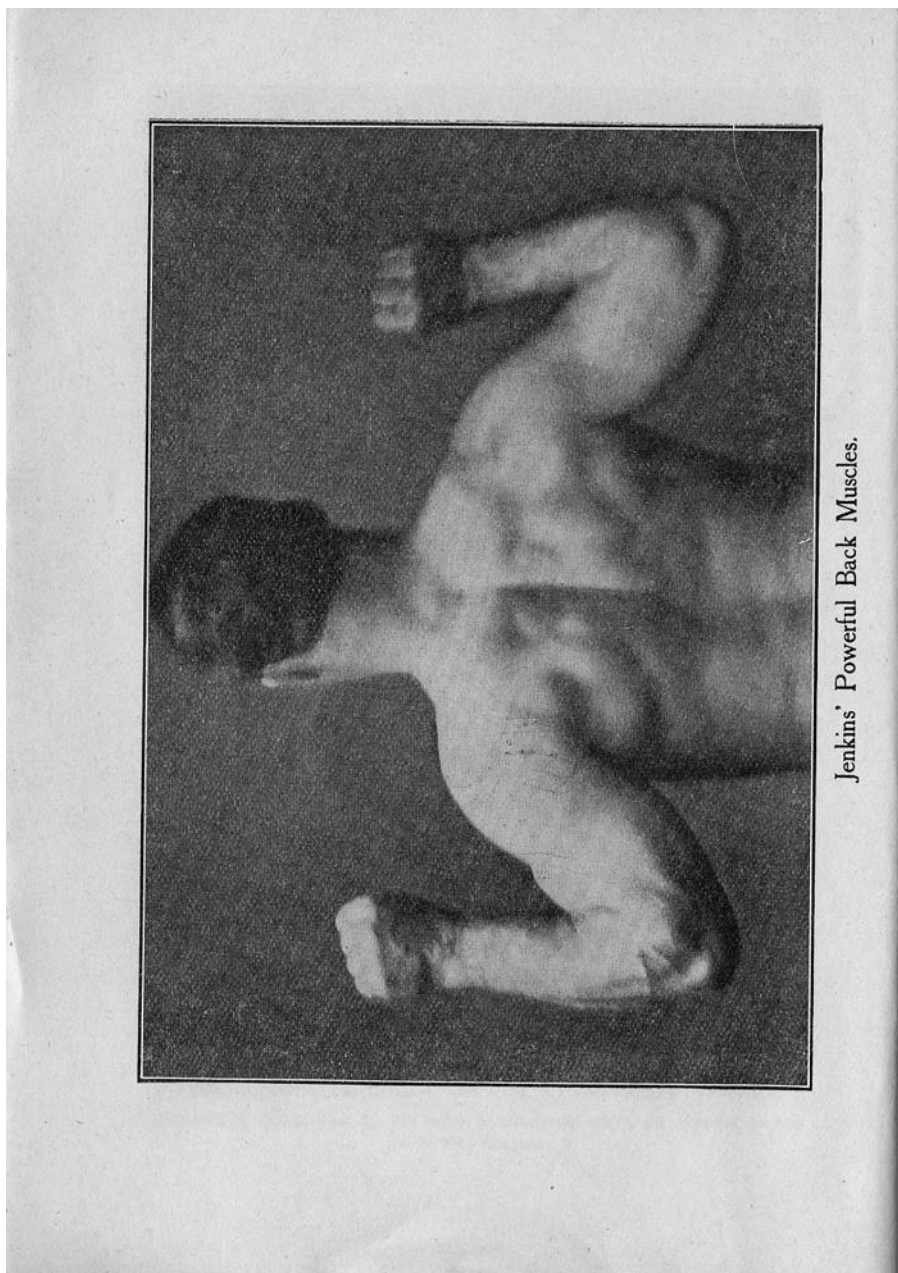
Tom Jenkins, America's Greatest Heavyweight Wrestler.
Jenkins is at his best in the catch-as-catch-can style, as opposed to the
Græco-Roman.

my training which I find overlooked by all other athletes. It concerns the drinking of water after exercise. I make it a practice to drink water, after finishing work, in proportion to the amount of perspiration I have lost. If I have perspired a great deal I drink all the water I possibly can after getting dressed. I do this in order to give back to the system the amount of water I have lost through my pores. Doctor Petroff, a valued friend of mine in St. Petersburg, once told me that I should do this. He is the greatest expert on physical training that I have ever met, and this suggestion of his has done me much good. His idea was that a man's system had insufficient water at its disposal after he had been subjected to severe exercise which induces heavy perspiration and that he would feel depressed unless this lack was remedied.

"I know from my own experience that his judgment was correct. Moreover, many wrestlers believe that a man is harmed by drinking all the water his thirst craves after continued exercise. I do not think that is true and I always drink all the water I want, no matter how much it requires to quench my thirst.

"Every man should recognize the value of wrestling with clever men when in training. Have for your assistant in your preliminary work a man who knows the scientific end of the sport thoroughly. It doesn't make any difference as to whether or not he is lighter or heavier than yourself, although when working with a heavy man you naturally become accustomed to labor under a handicap."

NOTE—The photos of Hackenschmidt in wrestling poses were taken in Elmer's gymnasium, New York, during training operations for the Tom Jenkins-Hackenschmidt match.



Jenkins' Powerful Back Muscles.

TRAINING HINTS



A wrestler's training operations should vary in severity according to the time before the prospective bout and the nature of the contest. With more than a month in which to prepare, a man should begin with a routine of moderate demands, gradually increasing the amount and the rigorousness of his work as the time set for the match draws near. With, say, only a couple of weeks for training, you must, of course, begin your preparations with more advanced maneuvers. The average professional wrestler seldom ceases light training at any time. He aims always to keep in fairly good condition even when no matches are in sight, so that on short notice he will be able to round to quickly.

The violence of a wrestling combat is such that a man must not satisfy himself with inefficient training. His partners ought to be capable of making himself exert himself to the utmost. Many holds torture a man even when in form. He must be drilled in standing pain and strains that would ordinarily seem unbearable.

For the average wrestler with championship ambitions, I would suggest that he conduct his training operations somewhat as follows:

Rise at 6 o'clock. Take a cold bath and be rubbed until your body is all aglow. After a half hour's walk have breakfast. Take a light meal, avoiding starchy foods. Rare steak, eggs or chops should be its principal elements. It is a good plan to drink a glass of hot water ten or fifteen minutes before breakfast. It flushes the system. After breakfast rest for an hour, then go out for a long run, not short of four or five miles. Run backwards now and then. Swim for half an hour if water is convenient. I have known wrestlers to swim during the winter in rivers filled with floating ice. At say eleven o'clock do light gymnasium work. Use the chest weights, dumb-bells, rowing machines, etc. At noon eat an ample meal. Be partial to lean meat and vegetables, ex-

cept potatoes, turnips and cabbage. Avoid pastry and sweets at all times and do not drink water with meals. A bottle of ale will not harm you. Rest after dinner for a couple of hours. Finish the day with a spirited bout with a wrestling partner, preferably one that is heavier than he whom you are to meet. Thus you will become accustomed to handling a man at a handicap.

The great point to remember in training is to obtain the maximum amount of strength from the minimum of weight.

Every ounce of surplus weight is a disadvantage in wrestling, unless you expect to win bouts by virtue of sheer weight. But there is no science in doing that. Some of the foreign wrestlers, notably the "Terrible Turks" that performed in this country in the past, were nothing more or less than mountains of bloated flesh. They could sit down or lie on a man and render him powerless in a minute or two. But when it came to a battle of science and agility they were out of their element.

The wrestler should pay as much attention to the development of quickness as he does to learning the technique of the game. A man with more than ordinary quickness can offset from ten to twenty pounds' advantage held by an opponent. For instance, Tom Jenkins met George Bothner in a handicap match in New York. Jenkins agreed to throw Bothner four times in an hour or forfeit the purse. Jenkins weighed 200 pounds and Bothner tipped the beam at 138 pounds, yet the Cleveland heavy-weight did not down Bothner before twenty-seven minutes and thirty seconds had elapsed. Bothner was able to elude Jenkins' holds simply because he was supple and remarkably fast. That match teaches all wrestlers a valuable lesson.

One point the wrestler should not neglect in developing the ability to escape from difficult positions. Learn to bridge and to execute side rolls cleverly.

In a bridge a man rests on the top or back of his head and on his feet, with his stomach turned upward. His body then forms a bridge, which oftentimes saves a man from a fall.

A side roll consists in attempting to throw a man by a sort of counter when he is applying half Nelsons, etc. (See photo No. 25.)

POINTS FOR BEGINNERS AND OTHER WRESTLERS TO OBSERVE



There are certain fundamental principles which all wrestlers should observe. The beginner should early learn to follow them, so as to form habits of correctness that he will not swerve from in an exciting moment when his mind is centered on what he considers more important details.

FIRST, THE MAT PERFORMER SHOULD KEEP HIS HANDS CLENCHED WHEN ON ALL FOURS. IF HE RESTS HIS HANDS FLAT ON THE CARPET, his opponent will be able to seize one or two fingers, and by twisting them, force his arm into a dangerous position, or he may dislocate one of the comparatively weak finger joints. SO KEEP YOUR HANDS CLENCHED.

Again, be careful how an opponent grasps your wrist. He may secure a firm hold and twist your arm up over your back into a hammer lock, etc.

Do not take your eyes from an opponent for a single instant. If he catches you unawares, even for a second or two, your doom may be sealed.

Do not release a hold on a man when you think you have secured a fall. Wait until the referee notifies you.

Do not be over confident.

Do not be careless.

Do not "play horse" with a man you consider an inferior. He may surprise you any moment. Go in to win and win as speedily as possible.

If a man roughs or punishes you severely with malicious intent, call the referee's attention to it. Do not let him rub his knuckles

viciously across your face or dig his elbows into your face or the pit of your stomach. Also be sure that he does not strangle you in such a manner that the referee fails to notice it.

Always watch an opponent's feet as much as possible. Some men can throw you with their feet as readily as you can down a man with your hands and arms.

Do not let a man "rattle" you by patting you on your sides or on your stomach.

Do not pay attention to the cries of the audience. Heed only one voice—the referee's.

Learn to bridge your body strongly and exercise the muscles of the neck, which come into active service in this maneuver.

Learn to execute head spins quickly and effectively. They will rescue you from many a precarious situation.

THE SCIENTIFIC USE OF THE FEET IN WRESTLING



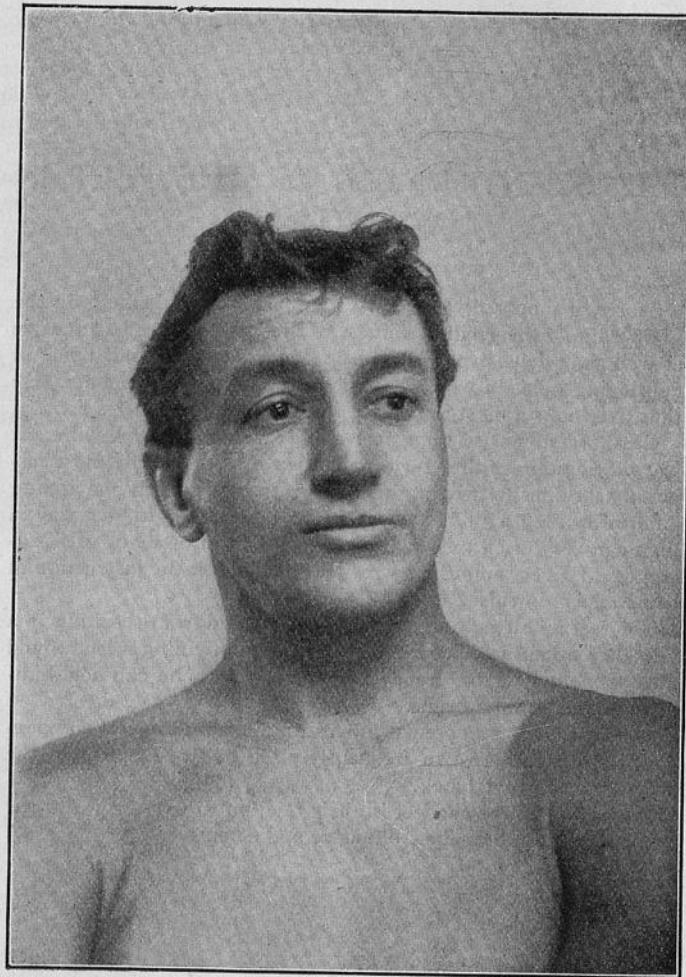
Scores of supposedly adept wrestlers are woefully lacking in the knowledge of the great usefulness of the feet and legs in offensive as well as in defensive operations. Many a man spends hours in developing holds in which he uses his hands and arms alone. He thus overlooks a most important feature of the wrestler's art.

Great wrestlers use their feet and legs in a hundred different ways. Sometimes they turn a man on his back in the most surprising fashion by twisting his body with his feet. By encircling an arm or a leg with a bent leg, and countering in that way, a man can very often turn a perilous position into one of great advantage. Every ambitious wrestler should seek the instruction of some expert in this matter.

The feet and legs too often prevent a hold from resulting in a fall when a man is defending himself. By entwining a leg around an opponent's, or by grapevining with a foot, he can hold himself practically immovable.

Again, when an opponent moves to take advantage of an opening, the under man can frequently place one of his feet in the way as an effective block.

Earnestly study your feet in their relation to wrestling, in their relation to both branches, offensive and defensive.



George Bothner.

ADVICE TO YOUTHFUL WRESTLERS

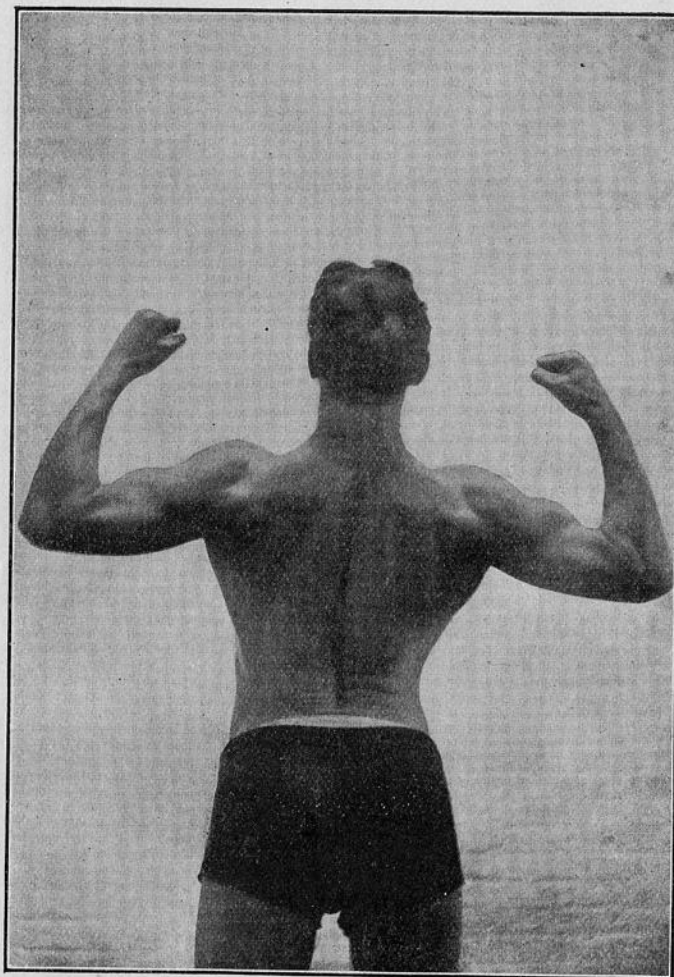


BY GEORGE BOTHNER
American Champion Lightweight

Any youth above the age of fourteen or fifteen possessing a sound constitution, desiring to take up a course of valuable athletic exercise, cannot do better than to study wrestling. Besides being one of the most ancient of athletic sports, it is also one of the finest for developing the physical and mental qualities of a man. All the muscles of the body are brought into play in a thorough manner, and the very nature of the sport induces quickness of eye, followed by instant and quick co-operative action of mind and body.

Many people are averse to boys taking up wrestling, because they regard it as a too violent exercise for any but grown men. Now, this is an entirely mistaken notion. Of course, when you start out, you must be very careful not to overexert yourself any more than you will begin to pitch at your extreme speed the first day you play base ball in the spring. If you were so foolish, you would expect to strain yourself, and so it is in regard to wrestling. Go slow at first and gradually accustom your muscles to the new and unworked exercise, and before you realize it you will be in trim to undergo a hard bout.

There are two or three important points to which I wish to call your attention before we "get down to cases." Don't exercise too soon after meals. At least two hours should elapse before exercise on the mat. Another thing—don't try to do too much at first. Many of my pupils become interested in their work and think I don't let them do half enough, but if allowed to keep it up they would soon become "stale," as athletes term it. Ten or fifteen minutes of exercise on the mat should be the limit for the



The Wonderful Physical Development of George Bothner.

beginner, and you can increase the length of time you wrestle as you get hardened. But, above all things, remember what I have already said and go slow.

If you have never done any gymnasium work previously, or at any rate for some time, you would better practice with the pulleys and the chest weights and other such exercisers before going in for work on the mat.

If possible, get to work under a good instructor who can teach you the various holds, how to apply them to the best advantage and how to avoid and break those attempted by your opponent.

When wrestling with your companions, choose those of about your own weight and strength, as a heavier man is likely at any time to do you an injury until you have attained a certain amount of ability and experience.

The successful wrestler must be a master of strategy, for it is often by taking advantage of the mistakes of one's opponent that a fall is won.

Remember that the proper time to throw a man is when he is exerting his strength in the direction in which you wish to topple him. His resistance will be least then. Here is where the strategy comes in, but at the same time care must be exercised not to be caught napping oneself.

It is very important to keep your adversary unaware of your intentions. Try to deceive him as to the real point of your attack until the last moment, and you will thus hold him at a disadvantage.

When you have your opponent down on the mat and are the aggressor, keep him there by means of your weight. This will serve the double purpose of preventing him from changing his position and will help to wear him out by allowing him no rest.

When you have determined on a certain line of action, go through the motions quickly and with vim, whether on the offensive or defensive. Slowness is a fatal fault in a wrestler. Keep your opponent, if possible, in ignorance of your intention

until it has been effected. When you have the misfortune to be the under man and are on your hands and knees, keep on moving constantly, thus not only preventing your opponent from securing a hold, but also, if possible, enabling you in the change of position, to secure a hold on him. Feinting is an art in which the successful wrestler must be an adept. While you are apparently securing one hold on your adversary, against which he is defending himself, suddenly change your attack and go at him in an unexpected and consequently unprotected manner, remembering always that he is trying to deceive and catch you at a disadvantage.

Be very careful, when over a man who is on the carpet, not to dangle your arms or allow them to hang loosely over him. If you do he will have an opportunity to seize one of them and draw it under him as he rolls down on his back. He can then easily pull you under him into a position from which it is simple to secure a fall. Always keep your elbows close to your sides. Failure to do this will give your adversary an opening for the most dangerous holds. Keep your eyes constantly on the move, watching every motion of your man. When you can't see him the sense of touch must be relied on to keep you informed as to his actions.

Your muscles and poses must never be rigid, if you wish to be quick, and keep every part of your frame supple and ready to respond to your instant necessities. There is no pastime in the world which requires such a close relation between thought and action, nor is there another in which the slightest mistake or inattention is likely to be so costly. In most other branches of athletics the periods of actions are, as a rule, short, and divided by intervals in which rest may be obtained, but a wrestling bout may last any time from fifteen minutes to an hour, every moment of which will be consumed in hard work. For this reason good wind and endurance are prime necessities. Be sure to learn at the outset of your instruction the many holds and the methods of breaking these holds. Also study the science of counters, which enable you to take advantage of an opponent's hold on you and

throw him by means of it. Also work every day at wrestling, for it is better to do ten minutes' practice each day than to do an hour's work one day a week.

I want to warn the young wrestlers to exercise due care in regard to certain holds sometimes used in bouts. Do not indulge in strangles or flying falls. In the latter an opponent is thrown violently over one's head or shoulders, and broken bones may result, for young people have not always the strength to resist the shock. The strangles are dangerous, for an opponent may be made unconscious by one of them. When an opponent is down on both shoulders do not hold him to the mat needlessly. The upper man should rise and assist his companion to rise also, unless professionals are competing, when politeness is more apt to be absent than otherwise. Don't indulge in unpopular and unnecessary tactics, such as butting with the head, pinching, or rubbing one's knuckles across a combatant's face.

It is not necessary to go to any great expense in obtaining the equipment for wrestling. A simple costume will do for wearing apparel. All that is needed is a pair of Spalding's regulation wrestling tights, preferably with legs equipped with leather protectors for the knees, a jersey if desired, and a pair of strong leather or canvas shoes with tops.

RESISTANCE AND NON-RESISTANCE AS APPLIED TO WRESTLING GENERALSHIP



It is strange but nevertheless true that non-resistance, up to a certain point, has almost as much importance as resistance in certain phases of wrestling.

Often a man can lead an opponent in a desired position or opening by "playing possum." He offers his adversary bait, and when the latter swallows it he finds himself firmly hooked, or as some of the joke writers would say, stung.

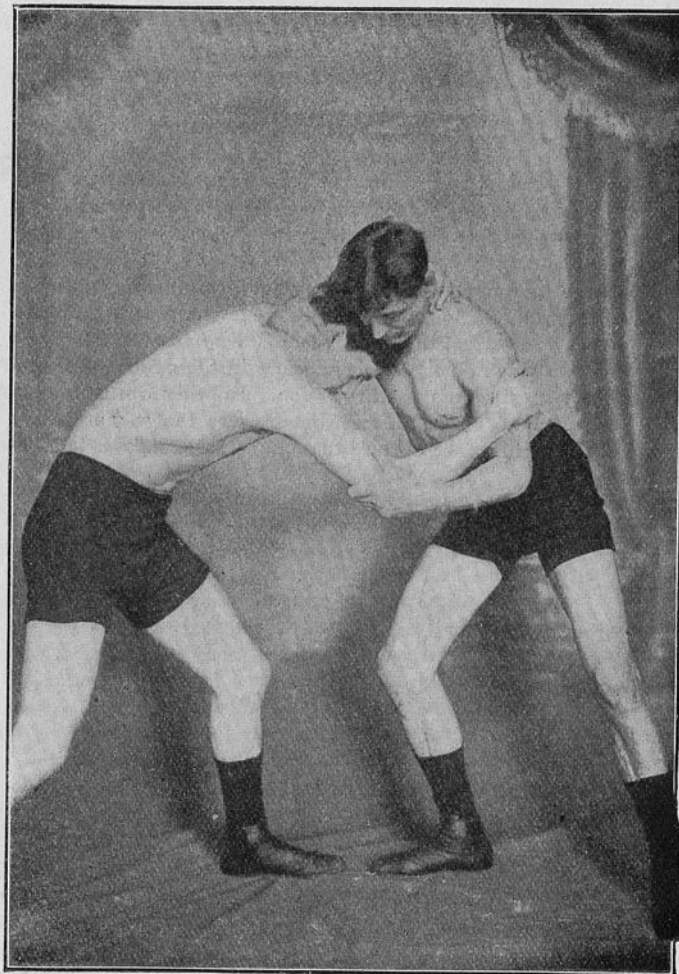
Many times has the writer seen a wrestler sadly fooled by a man who seemed to be careless, or at least not cognizant of just what was taking place. Yet in another moment the passive athlete became a veritable lion in energy and strength.

Non-resistance can be put to good service when you wish to conceal your intentions. Your plan of action, say, is mapped out, but your man is not just where your campaign requires him. Therefore, you imitate Brer Fox and let him attempt to get different holds, all the while gradually leading him into your trap.

Under certain conditions you can convert an adversary's resistance to your own good ends. For instance, suppose you wished to turn him on his right side, force him to the left and he, thinking that you are in earnest, will resist by exerting his strength toward his right side. Now your moment for determined, definite action has come. Your foe is straining in the very direction you desire him to go, so, swift as a flash of light you change your tactics and force him to the right. Your power will thus be supplemented by his own, if you are quick, for he will not have had time to correct his error.

And, further, you can occasionally work to your own benefit by going a man "one better" at his own game. Suppose he is turning your body with a strong hold. By suddenly giving yourself impetus you roll directly as he wishes, but twice as fast and much further. He cannot stop you at the point of progress where a pin fall will result. Your momentum may be such as to carry both yourself and your opponent over a position where you are in complete command.

Never resist an opponent violently when he is merely endeavoring to "feel you out." You will only waste your energy. Learn to conserve your strength. If a man is very hard to throw, do not work too much on the offensive early in the match. Let him tire himself in attempts to throw you. In other words, temper your resistance to circumstances, but be sure that you are a true judge of the significance of the situation. Carelessness is fatal.



No. 1—The Referee's Hold.
Champion Bothner on the right.

Spalding's Athletic Library.

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HOW TO WRESTLE VARIOUS HOLDS DESCRIBED

The Referee's Hold

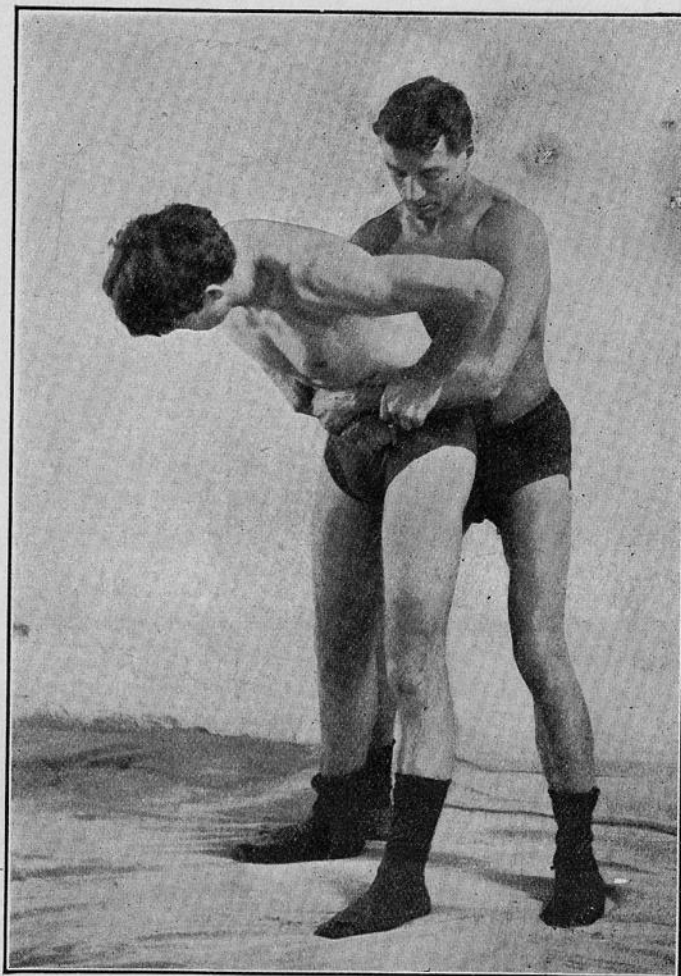
(See Photo No. 1)

At the beginning of a match both contestants generally assume the position shown in the opposite photograph. It is called the referee's hold. Neither man has an advantage in this pose, and from it almost any hold may be tried for.

In the referee's hold each man should be careful that his opponent does not outwit him by a sudden movement and secure a dangerous clasp.

In securing the referee's hold place either hand—usually the left—around your opponent's neck (the back); with the other grasp his upper arm, as shown in illustration. Keep your feet well back, so that he cannot trip you easily. Watch every movement of his feet and hands.

NOTE.—Photos Nos. 1 to 3, 5 to 11-A, 13 to 16, 18 to 26, 28 A, 29 and 31 to 41, all inclusive, were posed for by champion George Bothner and the editor.



No. 2—The Waist Lock Secured from the Rear by Bothner;
and Breaking the Hold,

Spalding's Athletic Library.

33

The Waist Lock or Hold

(See Photo No. 2)

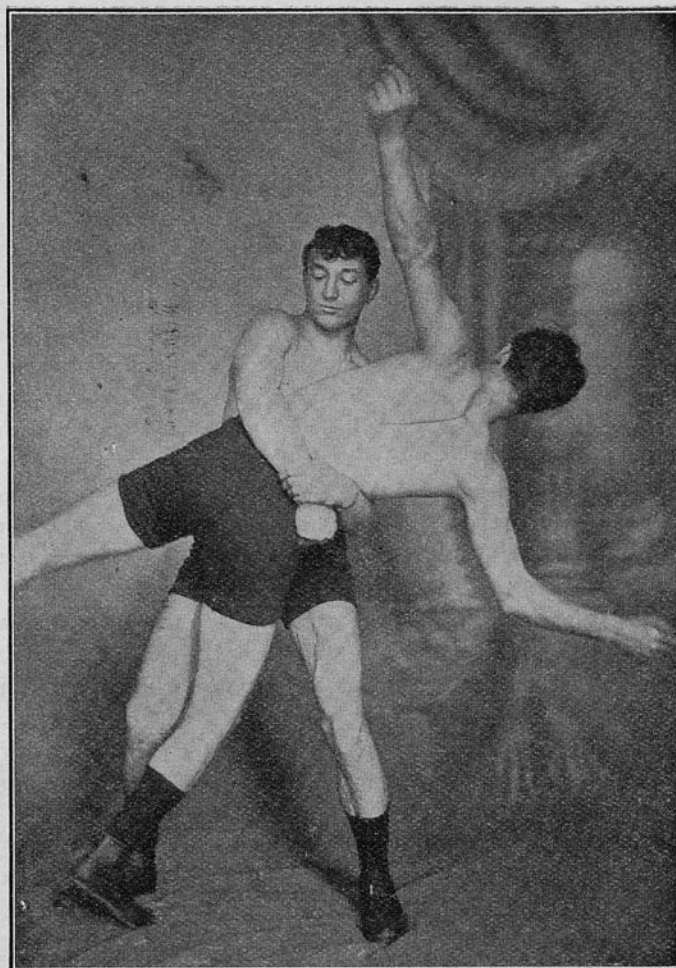
The waist lock is secured from either the rear or the front. To get to your opponent's rear, seize, say, his right hand with your left and raise it. Lunge forward under his arm, placing your right arm around his waist and turn around in back of him, putting your left arm around the other side of his waist. In this position you can raise him off his feet and he will be pretty much at your mercy.

To take the best advantage of this hold, raise your opponent so that his feet are about six inches from the floor. Swing his feet from under him to either side, at the same time forcing his feet away with either of your own feet.

This maneuver must be executed with great rapidity or else he may escape or counter in some way. To make your hold stronger, on the waist lock, it is necessary to grasp one of your wrists with the other hand, forcing your hands strongly into his stomach. Should an opponent obtain this hold on you, seize his wrists or forearms, as shown in the opposite photograph, and endeavor to tear his hands loose.

Again, you may put your right foot behind his right foot, holding yourself upright. Or, if you are quick, and your opponent's hold is low, you may be able to bend over on all fours on the mat.

B



No. 3—Ready to Secure Fall with Waist Hold Secured from the Front.

Spalding's Athletic Library.

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Ready to Secure a Fall with the Waist Hold

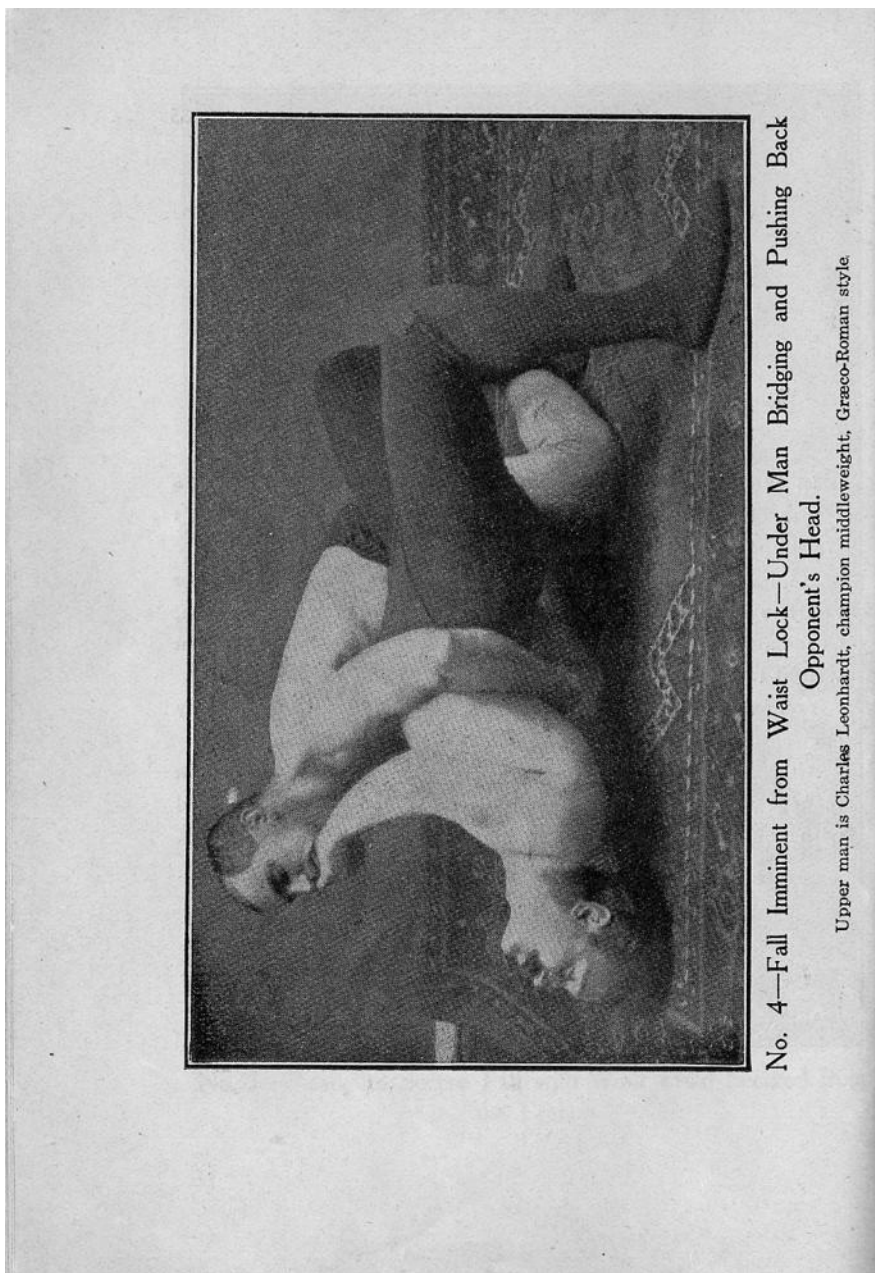
(See Photo No. 3)

In the illustration we see the waist hold obtained from the front. The man securing the hold has encircled his opponent's waist and clasped his wrists behind his back.

He has swung his adversary's feet to the right and is now ready to fall forward with him. This fall is always a heavy one, as the aggressive wrestler falls with his opponent, adding his own weight to the shock of the fall.

You can sometimes prevent being thrown in this manner by encircling your opponent's head with the available arm.

After he has thrown you off your balance, however, such a maneuver will not be of much benefit. He can fall forward with you, securing a fall even with your arm encircling his head.



No. 4—Fall Imminent from Waist Lock—Under Man Bridging and Pushing Back Opponent's Head.

Upper man is Charles Leonhardt, champion middleweight, Græco-Roman style.

Spalding's Athletic Library.

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A Fall Imminent with the Waist Hold

(See Photo No. 4)

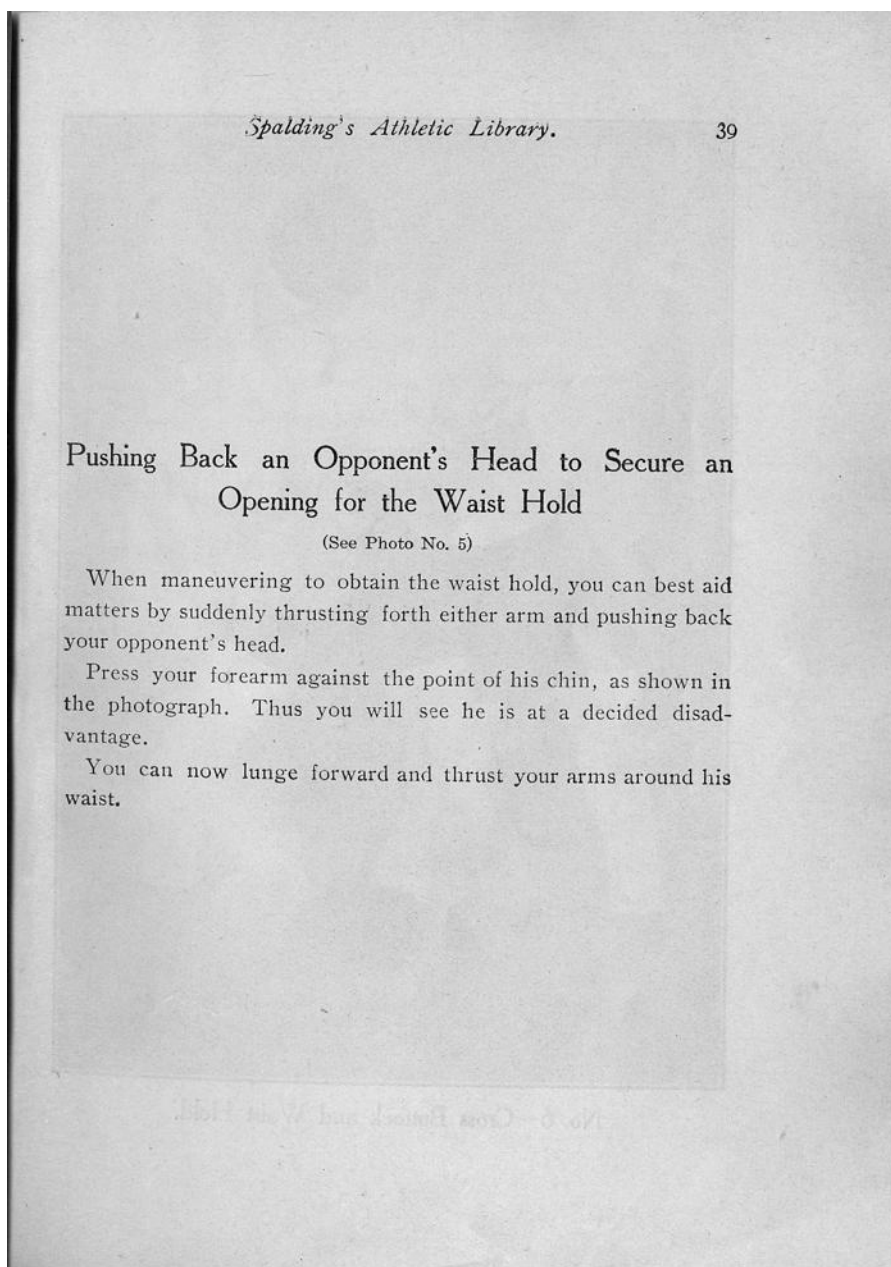
In the opposite illustration is shown a fall imminent with the waist lock.

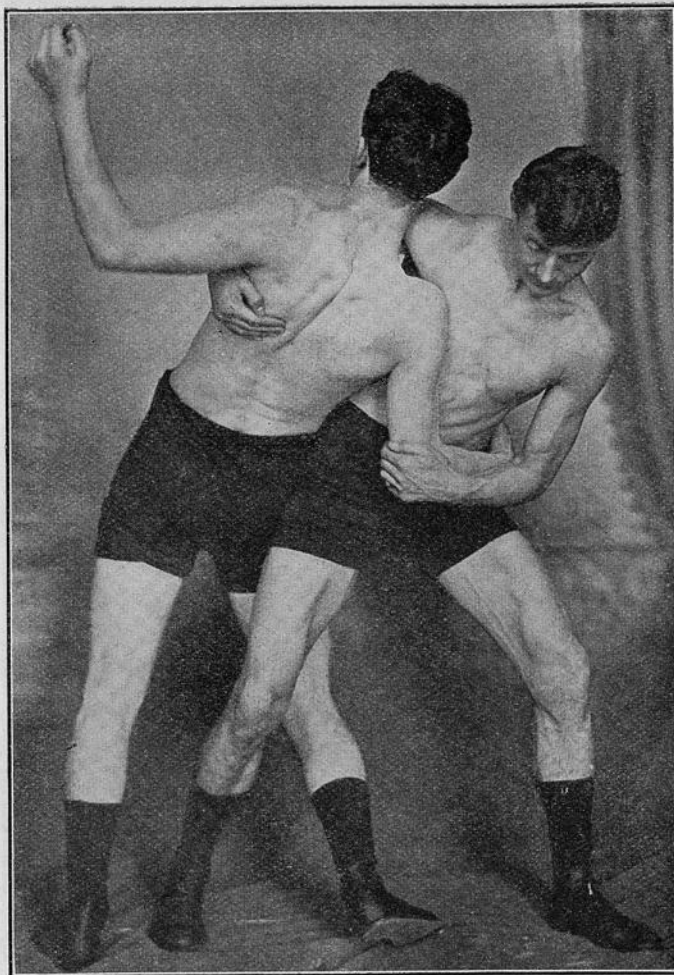
The under man, it will be seen, is attempting to save himself by pushing his opponent's head back, but without avail. Also, he has bridged himself. By that means he has kept his shoulders from the mat for a few moments. But the delay will do him no good.

Notice how the upper wrestler is resting the weight of his chest on the fallen man; thus he prevents the under man from escaping.



No. 5—Pushing Back Opponent's Head to Secure an Opening for the Waist Hold.





No. 6—Cross Buttock and Waist Hold.

Spalding's Athletic Library.

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Cross Buttock and Waist Hold

(See Photo No. 6)

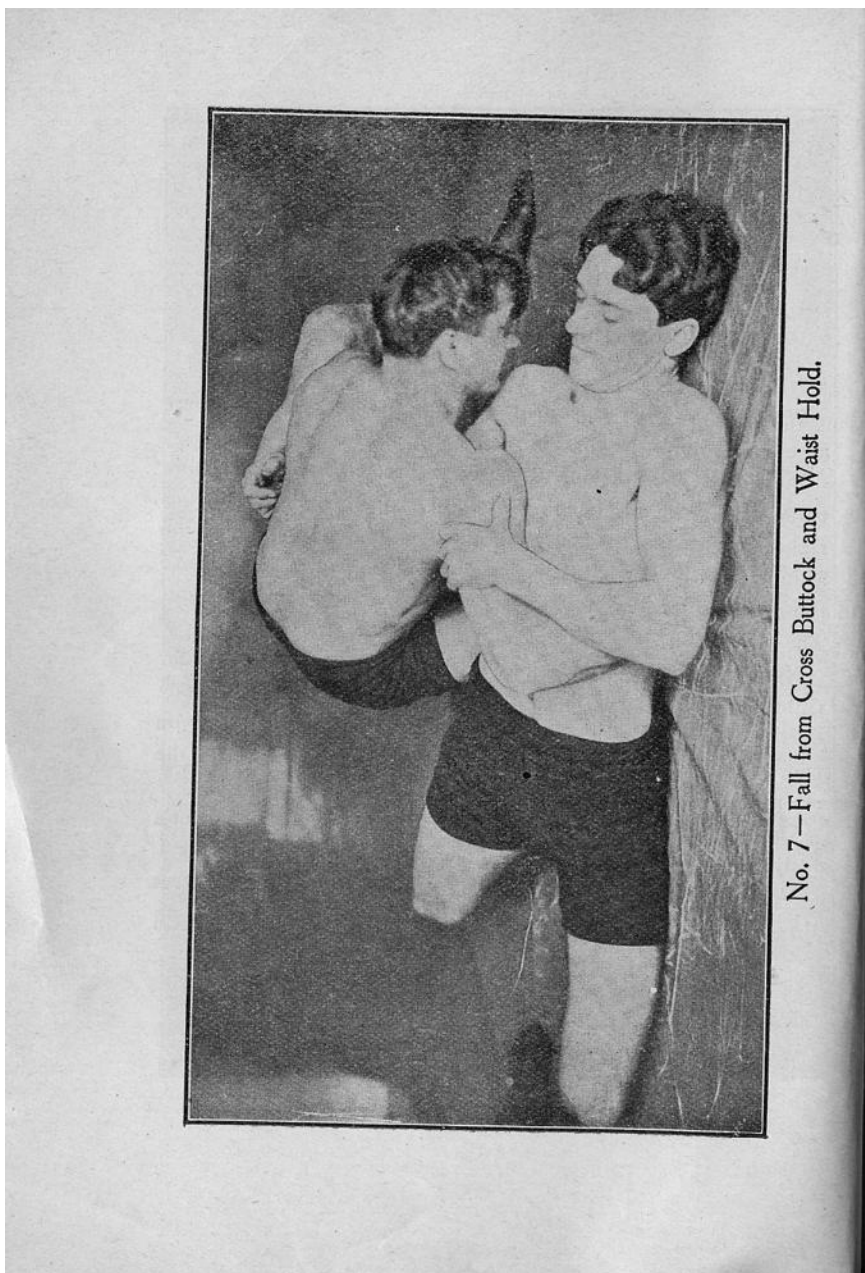
While facing your opponent, standing upright, you can secure an effective hold, the cross buttock and waist hold, as follows:

Push back your opponent's head, as directed in the preceding paragraphs, step in, bending forward sharply, and thrust your right arm around his body, the hand coming close up under the armpit. With your left hand seize his right elbow a trifle above the joint, and put your right leg behind your opponent's right. The illustration shows this pose perfectly.

Now bend forward, forcing your opponent backward, hold your right leg firmly on the floor, and bend the upper part of his body over your hips. Pull down on his right elbow, as forcibly as you can, and bear the weight of your right shoulder as well as the strength of your right arm on his chest.

Do not let your right arm fall low, across your opponent's body. The higher it is the more leverage you can obtain.

Your upper arm should extend across the falling man's throat if you would secure the quickest results.



No. 7—Fall from Cross Buttock and Waist Hold.

Spalding's Athletic Library.

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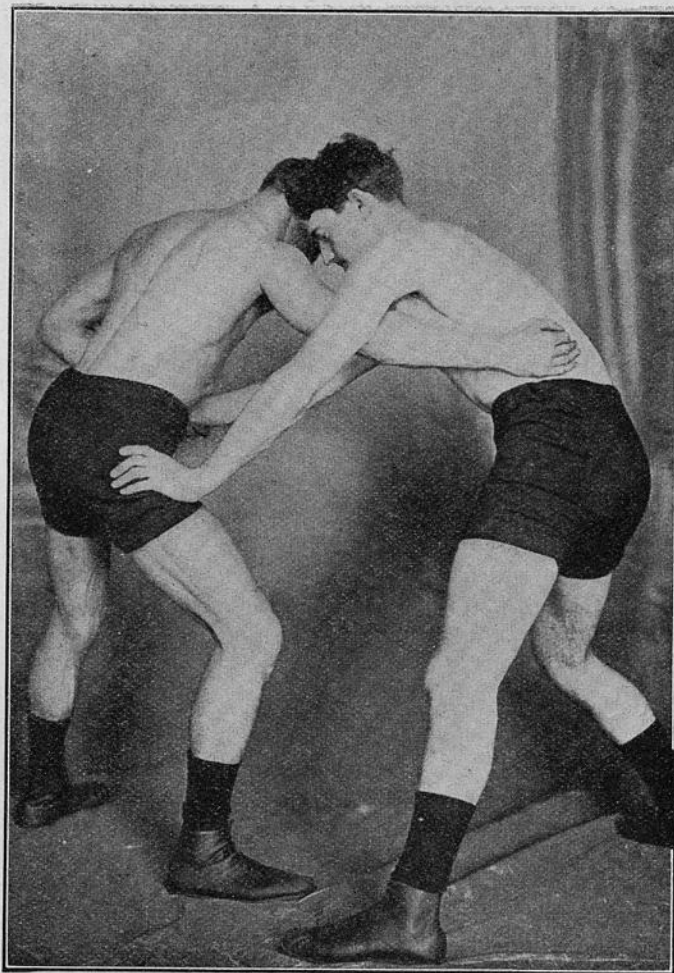
Fall from a Cross Buttock and Waist Hold

(See Photo No. 7)

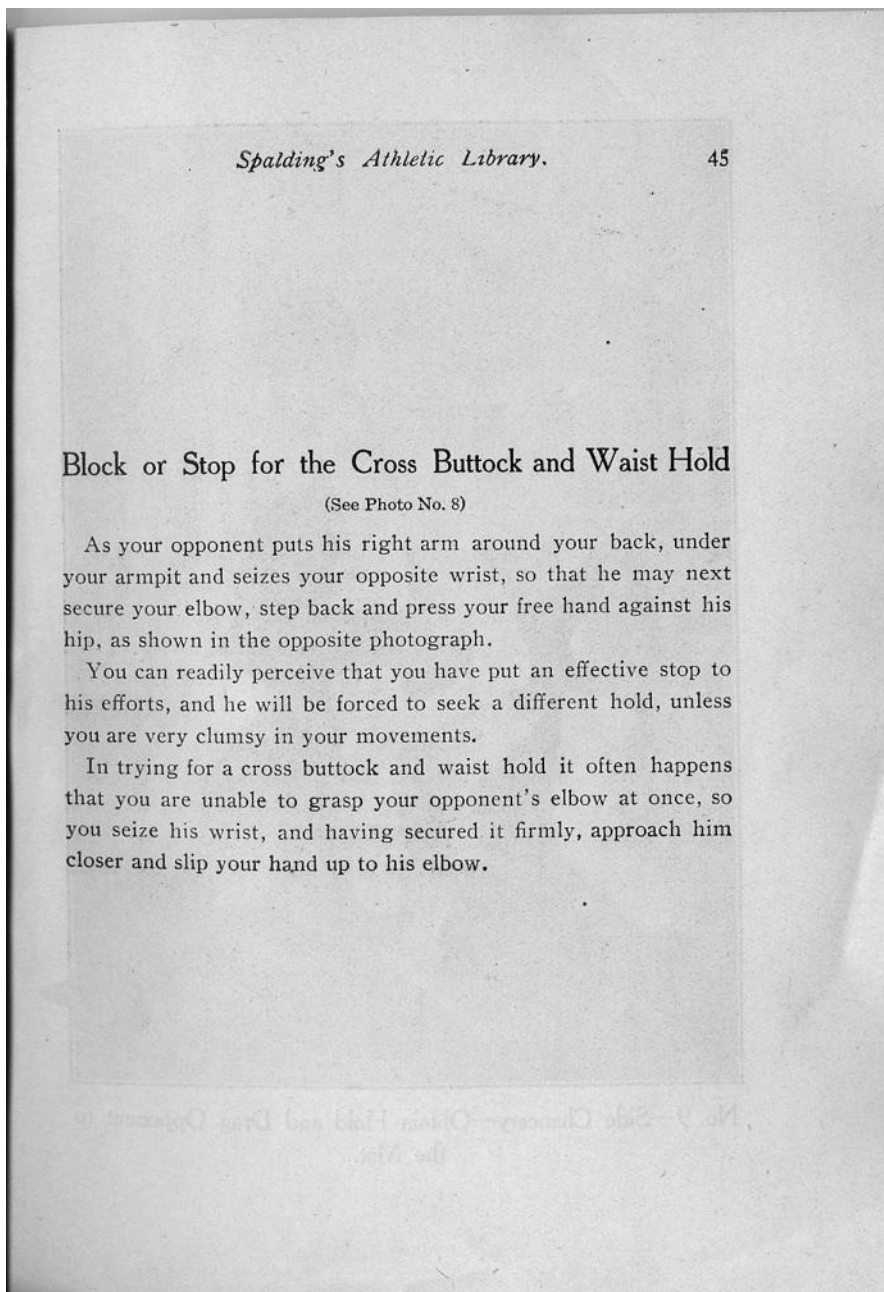
As you start a man going well backward with the cross buttock and waist hold, keep your waist hold firm. Do not let him wriggle out of your grasp.

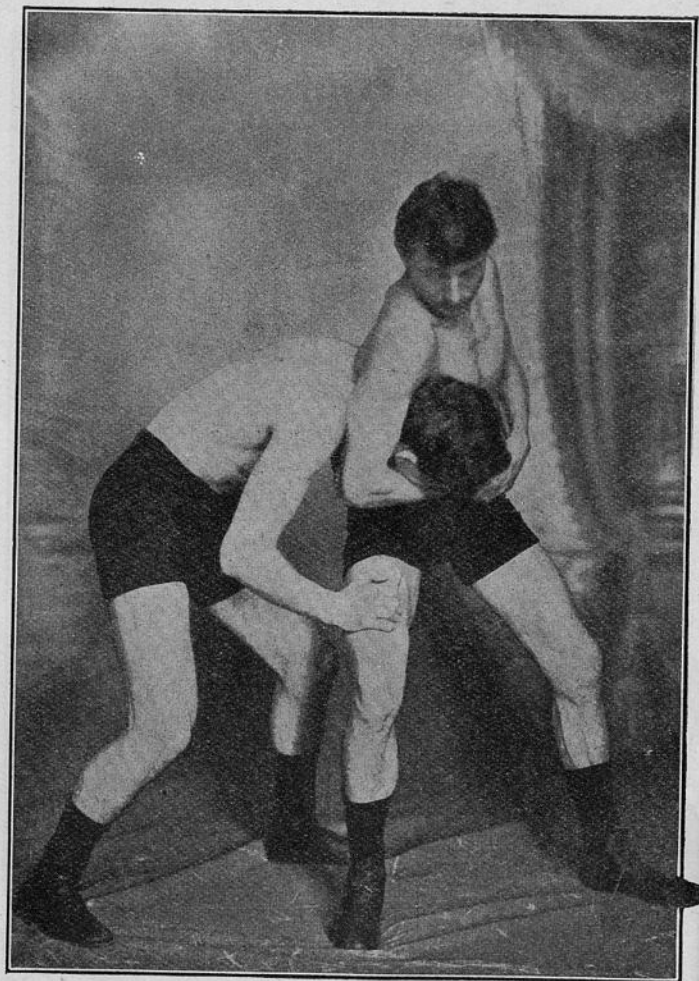
The fall will leave you in the position of the two men pictured on the opposite page.

Keep your waist hold throughout and fall to the mat, bearing your opponent's shoulders into the carpet with the weight of your body.



No. 8—Block or Stop for Cross Buttock and Waist Hold.





No. 9—Side Chancery—Obtain Hold and Drag Opponent to the Mat.

Spalding's Athletic Library.

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The Side Chancery

(See Photo No. 9)

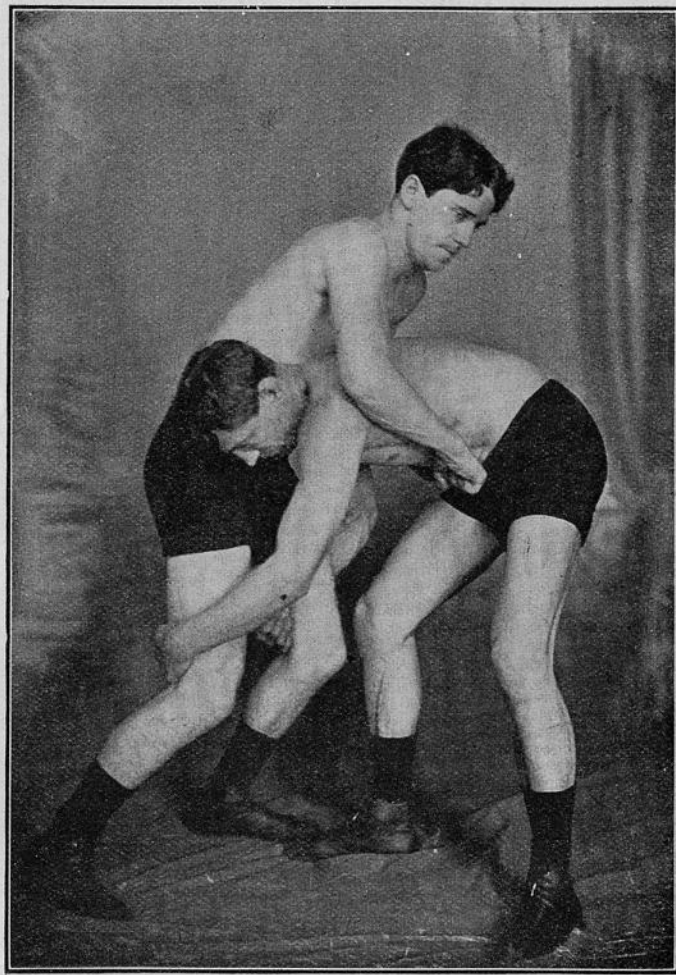
In the side chancery place either arm around your opponent's neck from the side, grasp the wrist with your free hand and draw your bent arm powerfully towards your body, thus squeezing your opponent's neck.

When you have obtained the hold, drag your opponent forward to the mat. Do not lessen the strain on him at all. Then, with all your power turn him away from you on his back and keep the weight of your body on him.

Force both shoulders flat on the mat.

Sometimes you may secure a fall by tripping your opponent when you have secured the hold.

When the side chancery is obtained on yourself, thrust your left hand over your opponent's shoulder and seize his upper wrist with your other hand, endeavoring to loosen his grasp.



No. 10—The Double Leg Hold.

Spalding's Athletic Library.

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The Double Leg Hold

(See Photo No. 10)

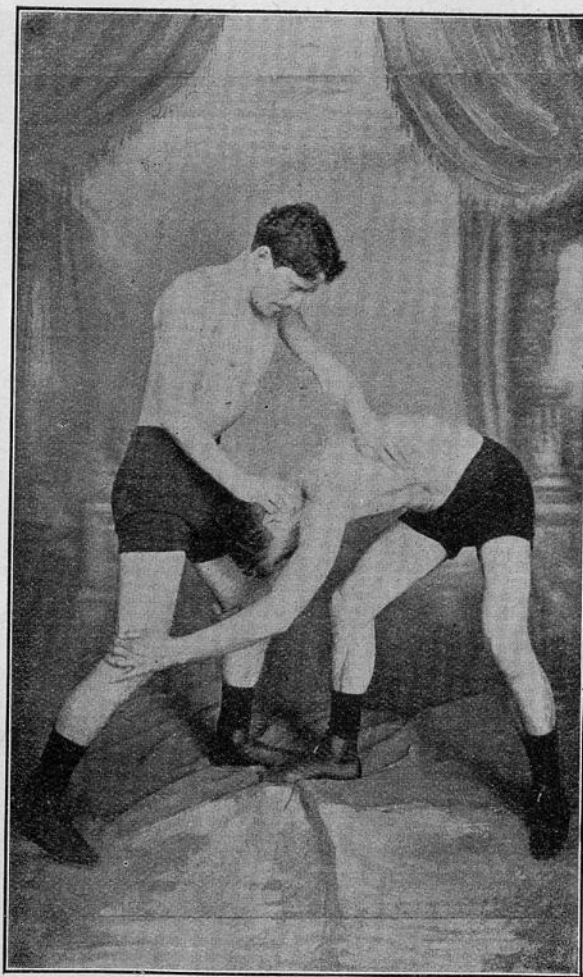
Lunge forward quickly and grasp your opponent's legs behind the knee joints, as shown in the accompanying illustration, in securing the double leg hold.

Press your shoulder against your opponent's stomach.

Endeavor to force his body back with your shoulder, and at the same time pull forward strongly with your hands, drawing his legs from under him.

As he falls backward, lunge forward, keeping the weight of your body on his chest.

When the double leg hold is secured on yourself, thrust your hands under your opponent's stomach, as shown in opposite photo, and endeavor to brace yourself securely against the attack.



No. 11A—Block for Double Leg Hold.

Spalding's Athletic Library.

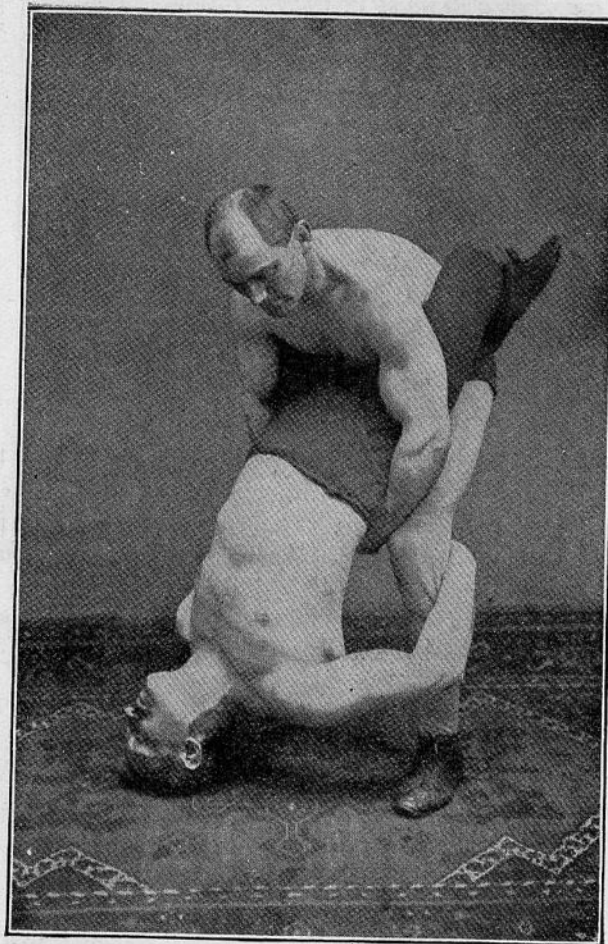
51

Block for the Double Leg Hold

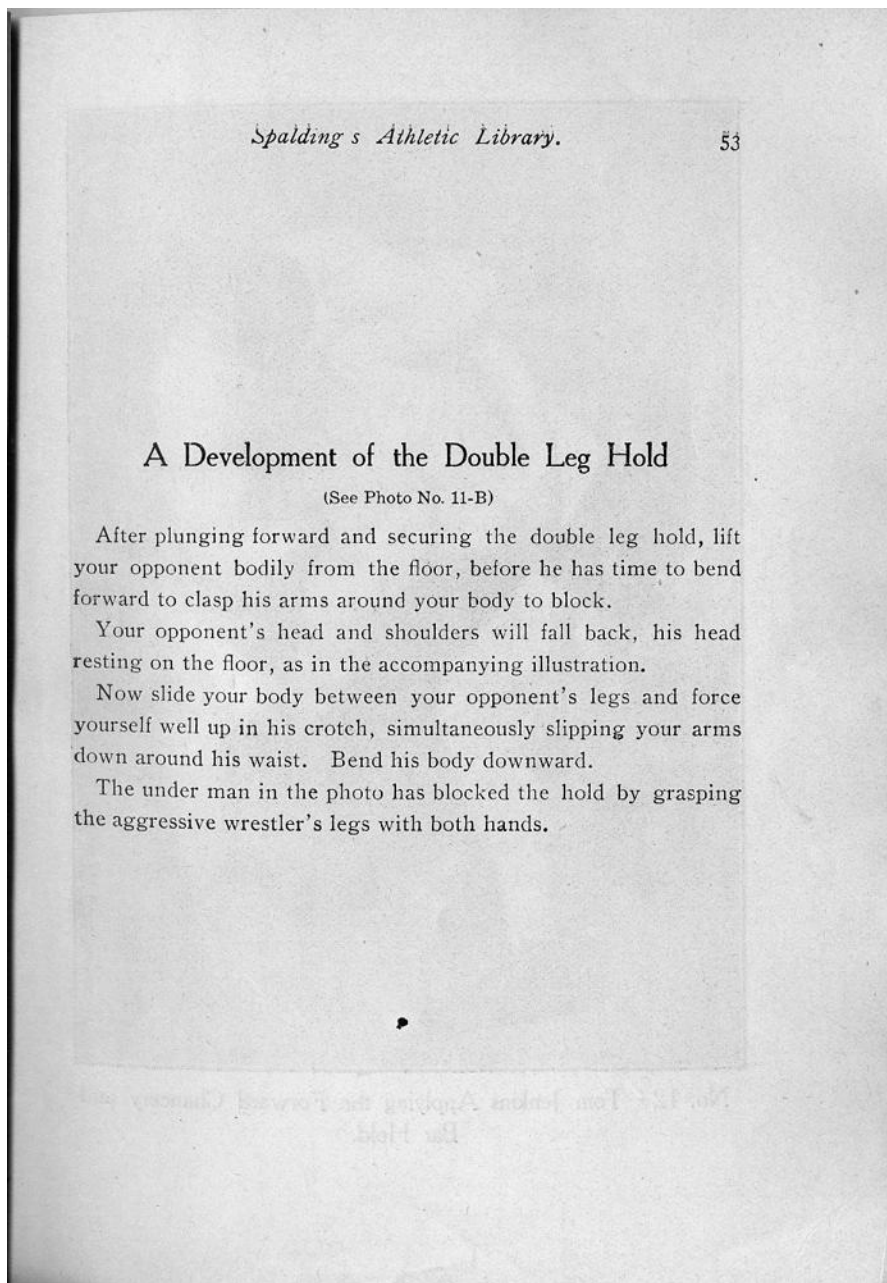
(See Photo No. 11-A)

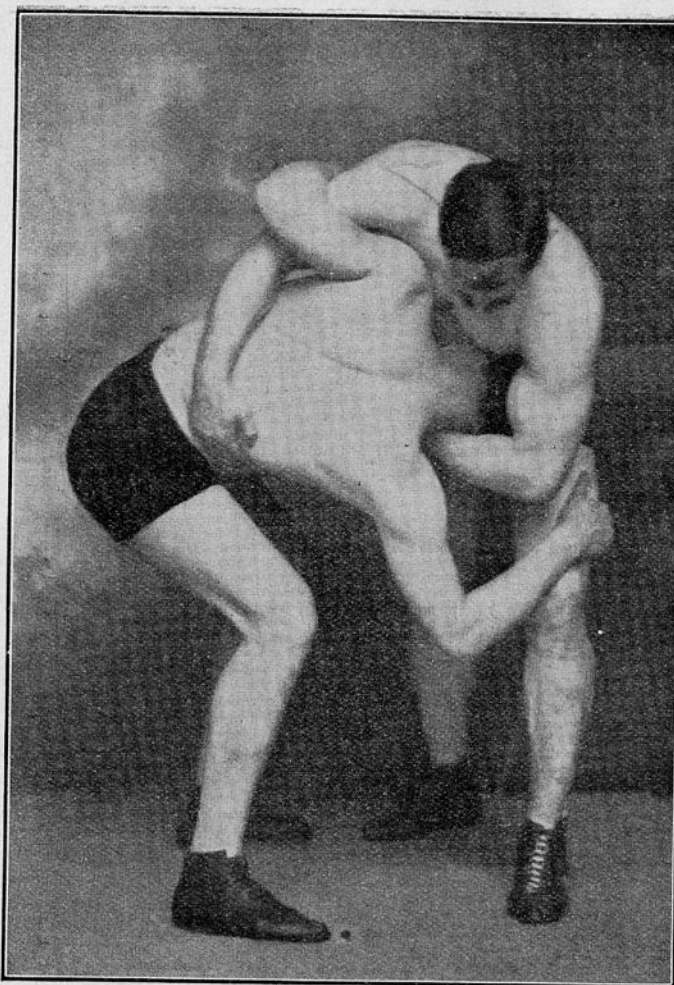
As your opponent reaches forward to secure the double leg hold, step backward and press his head downward with one of your hands. By your forcing his head down, he is unable to put his shoulder against your stomach and consequently cannot obtain the necessary leverage.

Be very quick in executing this block or stop, or else you will be thrown, and heavily, too.



No. 11B—A Development of the Double Leg Hold.





No. 12—Tom Jenkins Applying the Forward Chancery and Bar Hold.

Tom Jenkins Applying the Forward Chancery and Bar Hold

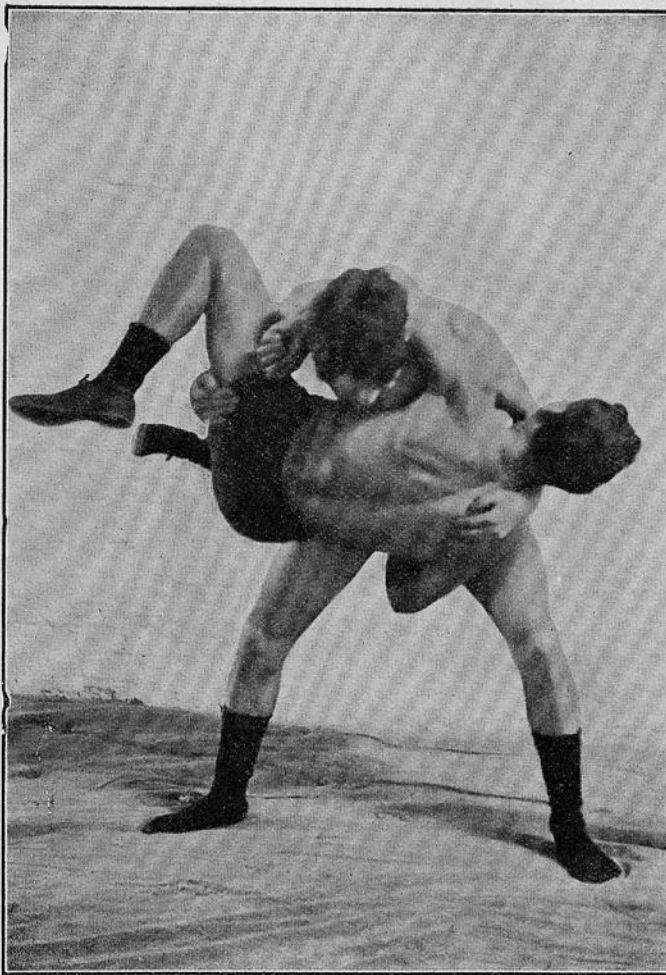
(See Photo No. 12)

When standing facing your opponent, work him into the forward chancery hold, as shown in the illustration, and secure the bar hold, as also shown.

The bar hold consists in thrusting an arm under opponent's upper arm and across his back.

Pull your opponent's head close to your body, and at the same time endeavor to twist him around with the bar hold, so that he will fall on his back. As you exert the pressure on him, move your left foot to the rear, otherwise he may push against your left knee and prevent himself from being thrown.

Sometimes you can draw your opponent forward on the mat and while so doing find an opportunity to turn him on his back.



No. 13—Counter for Forward Chancery and Bar Hold.

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Counter for the Forward Chancery and Bar Hold

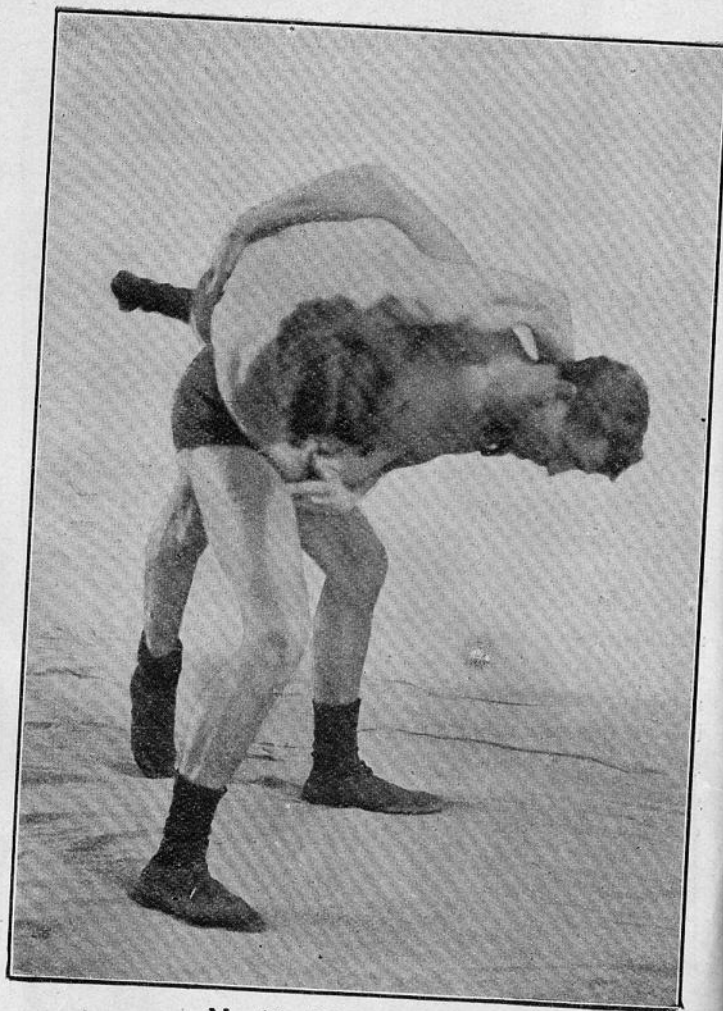
(See Photo No. 13)

An expert wrestler often turns the tables in a very adroit manner on a man who secures the forward chancery and bar hold. He does it in this manner:

When his adversary has secured the bar hold with his right arm and the chancery with his left, the tricky wrestler thrusts his right hand under his opponent's left leg, high up toward the crotch, and encircles the man's neck with his left arm.

He picks up the wrestler, as shown in the opposite illustration, and drops forward with him to the mat, securing a fall.

The fact that this counter is often successfully executed, like many another counter, is a constant warning to every wrestler that the utmost quickness is at all times required. You can't be slow and be a good wrestler. The lightning quick man is the one who wins championship bouts. The snail slow man is the one who wins nothing but experience.



No. 14—The Hip Lock.

The Hip Lock

(See Photo No. 14)

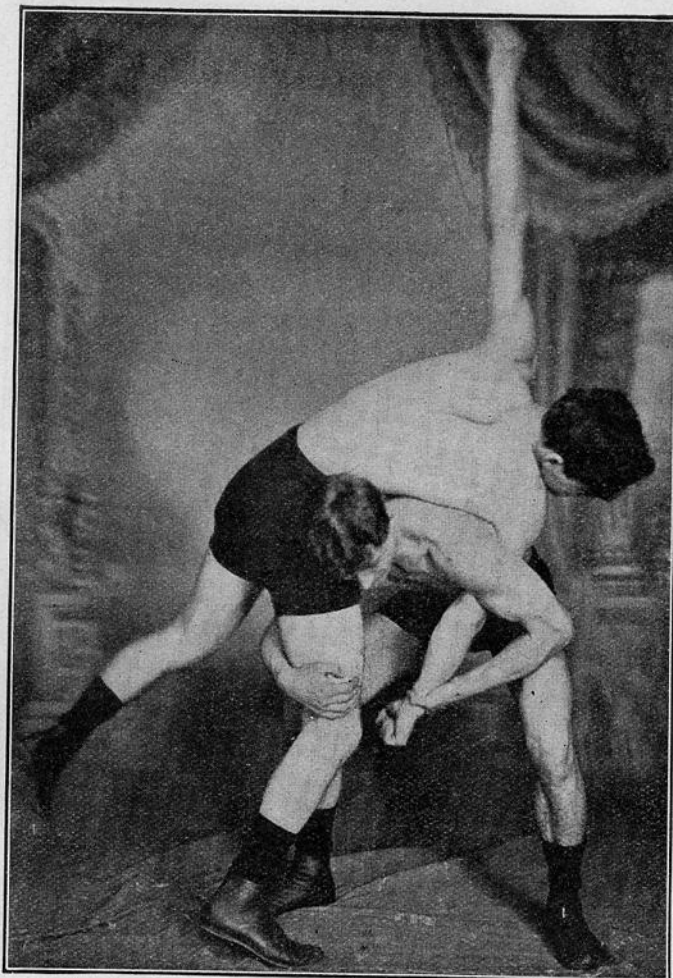
The hip lock is a spectacular maneuver, and when executed effectively will often disconcert a man considerably.

The hip lock results in a heavy fall, such that sometimes it disables a man completely, and amateurs should be careful in experimenting with it.

We might call the hip lock a second cousin to the "flying mare," which will be described later.

When desiring to work the hip lock, get a waist and elbow hold on your adversary, thrust the right arm around his waist, so that the forearm extends across his back and seize his opposite elbow with your left hand, drawing his elbow well into the pit of your stomach. At the same time lean forward, catching your opponent in the stomach with your left hip, drawing him up on your back and turning him completely over on his back.

The accompanying illustration shows the hip lock in full working order. When he has reached this position he has little chance of saving himself from a fall.



No. 15—The Near Leg Hold and Arm Lock.

Spalding's Athletic Library.

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The Near Leg Hold and Arm Lock

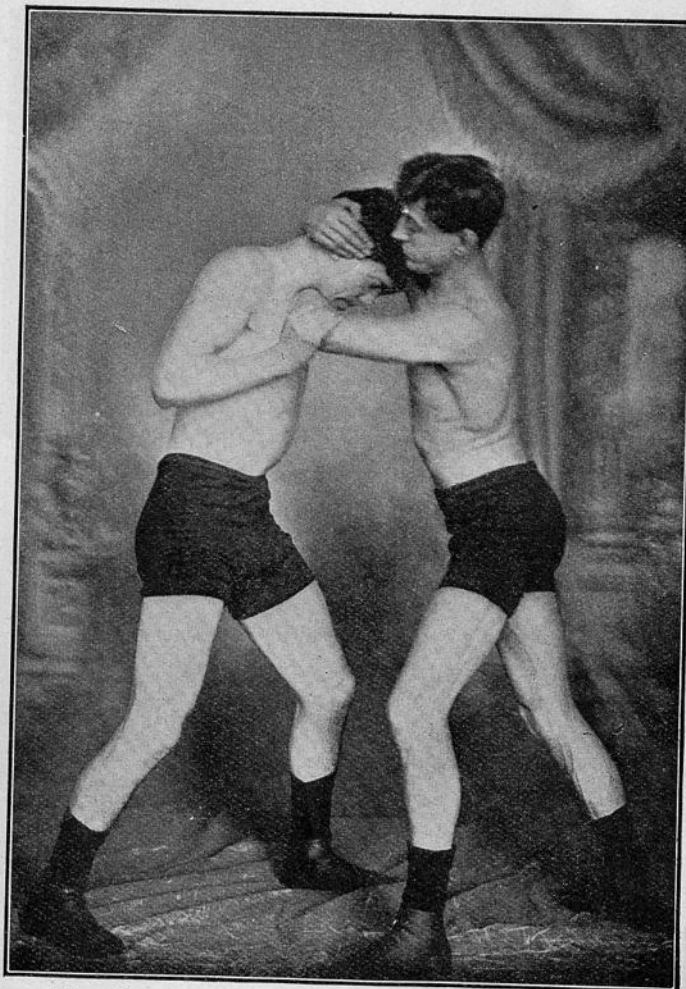
(See Photo No. 15)

Grasp your opponent's right wrist and right leg with the left and right hands, as shown in the opposite photograph. Draw his right arm well down, so that you can grip his right upper arm under your armpit, holding it as in a vise. That is the lock.

Pull his leg toward you as you draw his arm downward and press your right shoulder into his stomach. When the hold is obtained you can readily throw your antagonist off his balance, and fall with him to the mat.

His body will swing over your head and shoulder and he will receive a severe jolt.

The hold is not easy to obtain on a man who has his eyes open, but when it is secured the average man has but little chance of avoiding a sudden trip to the mat.



No. 16—Applying a Strangle Hold from the Front.

Strangle Holds

(See Photos Nos. 16-17-18)

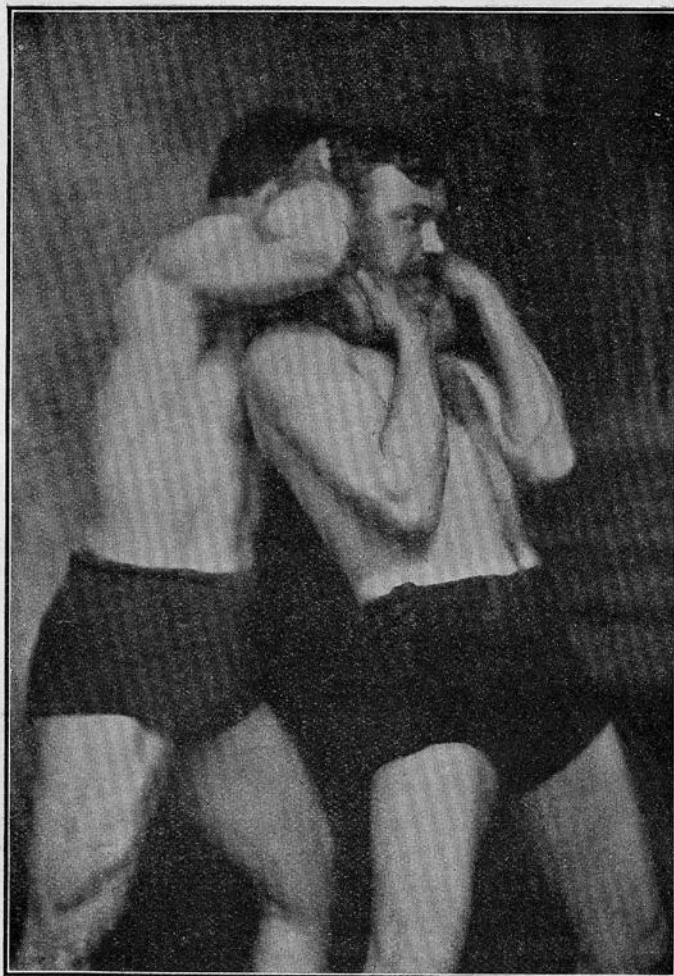
Strangle holds are the most dangerous in a wrestler's repertoire. When pushed to extremes, they render a man unconscious, and death has been known to result from their use. Therefore, it is very evident that amateurs, and particularly beginners, should have little to do with such violent measures.

In professional matches the strangle holds are often permitted. One well-known professional in years past, Evan Lewis, best known as "Strangler" Lewis, established a national reputation by using strangle holds. He is credited by some with being the inventor of the hold, but, truth to tell, the originator of it is not known. Various kinds of strangle holds have been known and used from the very beginning of wrestling centuries ago.

Bothner Applying Strangle from the Front

(See Photo No. 16)

On the opposite page is shown the wrestler applying a form of the strangle hold. His forearm is pressed against his opponent's "Adam's apple." His other hand draws the hapless wrestler's head forward, accentuating the pressure on his throat. He cannot speak, he cannot breathe. He can, however, by pressing against his opponent's elbow with his right hand, lessen the pressure against his throat somewhat.



No. 17—Jenkins Applying a Strangle Hold.

Tom Jenkins Applying a Strangle Hold from the Rear

(See Photo No. 17)

On the preceding page was described a strangle hold from the front. Now we consider a strangle from the rear. Tom Jenkins, the famous heavyweight, has his opponent in what is generally an absolutely helpless position.

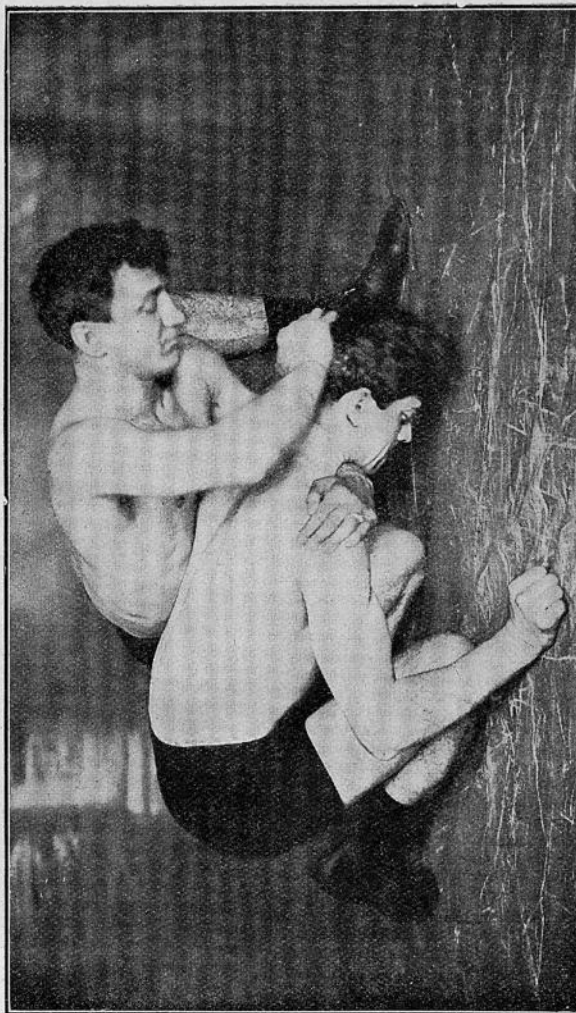
Jenkins has reached his left arm around his opponent's neck, pressing his forearm against the "Adam's apple." His right arm rests against the back of his opponent's head. All the muscular force of Jenkins' mighty right arm and shoulder is exerted against his adversary's head, forcing it forward, so that the pressure of his throat against Jenkins' left arm is terrific.

To make the strangle even more powerful, Jenkins aids his right arm by pushing against it with his forehead, thus bringing the muscular force of his sturdy neck into action.

To secure a fall from this position Jenkins would draw his opponent backward to the mat.

The man on whom the strangle has been placed can rob it of some effect by pulling forward on Jenkins' left forearm with both his hands.

C



No. 18—Another Form of the Strangle Hold.

Spalding's Athletic Library.

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Another Form of the Strangle Hold

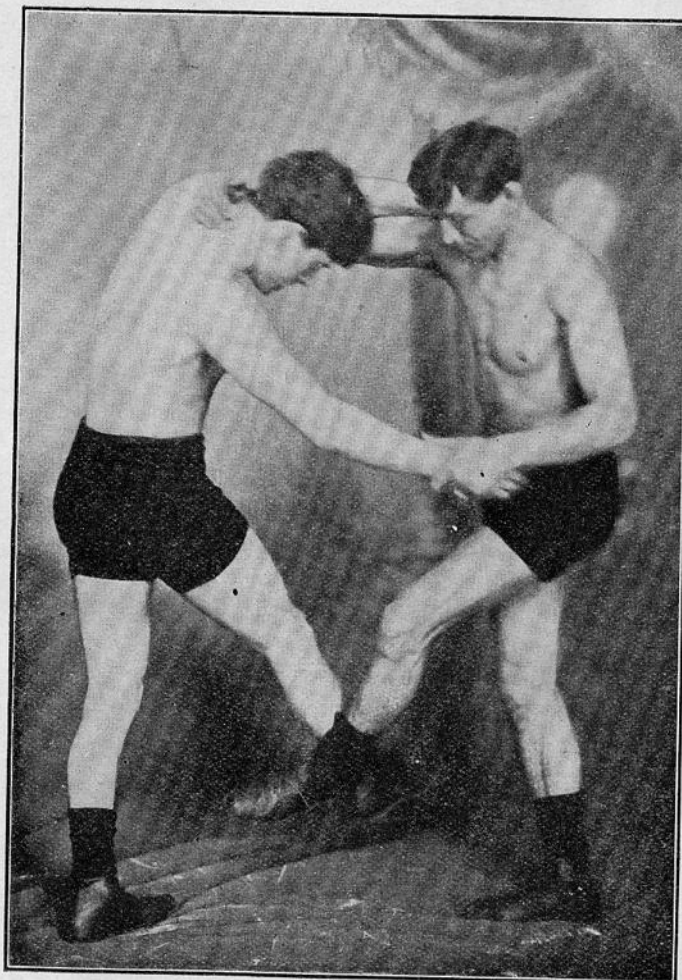
(See Photo No. 18)

When a man is on the mat on all fours he can be subjected to the strangle hold in the manner illustrated in opposite picture.

The wrestler has pressed his left hand under his antagonist's chin, grasping the under man's right shoulder. The wrist-bones of the wrestler's left hand are pressed against the most delicate and sensitive part of his opponent's throat. His right hand bears down on the back of the under man's head. Complete strangulation is only a matter of time.

It takes a strangle hold but a few seconds to render a man absolutely incapable of effective resistance.

The under man in the illustration can be turned over at will.



No. 19—The Leg Trip.

Spalding's Athletic Library:

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The Leg Trip

(See Photo No. 19)

The leg trip is sometimes of great use. Like nearly all other wrestling maneuvers it must be done quickly and with determination.

When in the referee's hold the leg trip can be worked by suddenly slipping your wrist up to the elbow of the arm you have grasped. With the other hand hold his head secure. Draw your opponent's elbow toward you and strike his near foot sharply. Force his leg well to the opposite side and pull his shoulder toward the side formerly supported by the foot you have tripped. Now force him back and downward and fall with him, retaining the hold.

If your opponent is quick he can roll as he falls, making the fall a rolling one, which under some rules does not count. Therefore, to secure a pin fall, which means that both shoulders are held to the mat, you must place your weight upon his chest as he touches the mat.

Oftentimes a man can escape from being thrown by the leg trip by bridging as he falls to the mat. If he is clever he will eventually be able to escape altogether.



No. 20—The Grapevine Lock, Arm Hold and Chancery.

Spalding's Athletic Library.

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The Grapevine Lock, Arm Hold and Chancery

(See Photo No. 20)

We will now consider a somewhat complicated but very effective maneuver. It is the grapevine lock, arm hold and chancery.

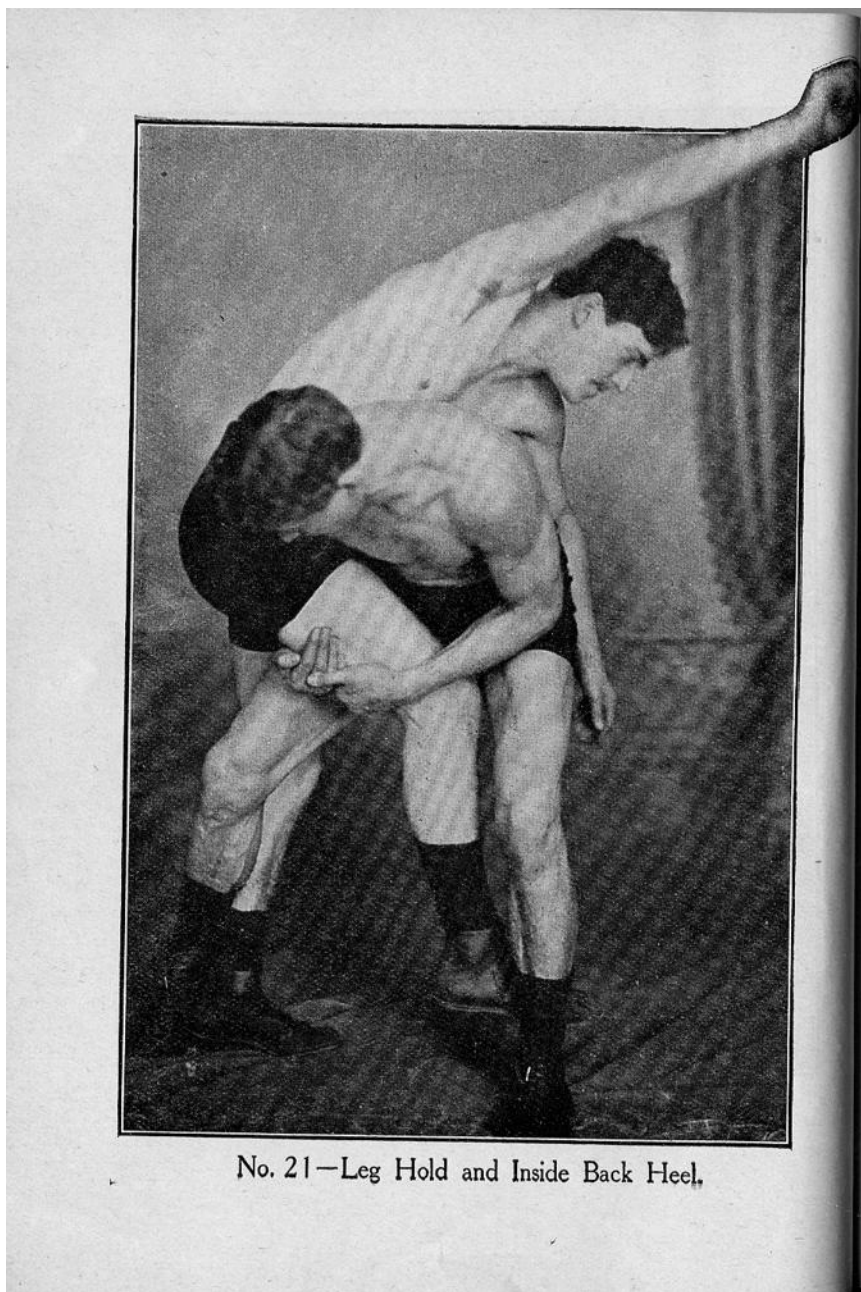
The grapevine lock consists in twisting one foot and leg around an opponent's, in the manner shown in photograph No. 20, locking it or holding it fast. The arm hold and chancery do not need explanation as to their character.

In securing this combined hold, first obtain the chancery and arm hold by a quick movement and extend over your right foot to perfect the lock. Draw your opponent's right elbow into the pit of your stomach with your left hand and clinch his head close up under your armpit.

Force his right leg forward with your right leg and at the same time bear down and to the right with the chancery hold.

Your opponent will thus be twisted off his balance and you can fall on him heavily. As he reaches the mat pull his right shoulder up somewhat so that you can twist him flat on his two shoulders with the chancery hold.

Your weight on his chest will pin him to the floor.



Leg Hold and Inside Back Heel

(See Photo No. 21)

Catch your opponent's nearest leg with both hands when executing the leg and inside back heel maneuver. Now step inside with your right leg, if performed as shown in photograph No. 21, and back heel your opponent's left leg.

Your right shoulder presses against the short ribs on his right side. You can now raise him and throw him backwards, or, if he hugs you close you can throw him over your head.

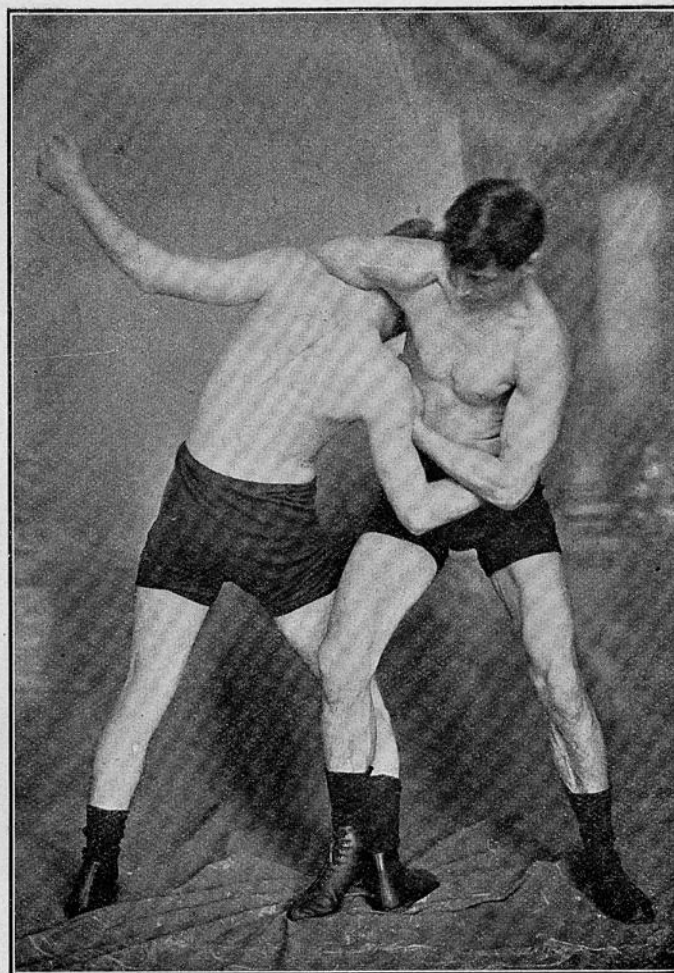
If you lift him and lunge forward with him, throwing him on his back, you can bear your entire weight on him very readily.

In defending yourself against the leg hold and inside back heel throw your right arm around your opponent's neck (or your left, as the case may be); then squeeze hard.

To emphasize this stop, grasp your wrist with the hand that has remained free and pull your forearm still tighter around your opponent's neck.

This stop does not of course lead into a hold that may result in a fall.

Counters are maneuvers that protect and at the same time may send an opponent on his shoulders. But a stop, nevertheless, often turns disadvantage into decided advantage by forcing an opponent to relinquish a hold and while so doing to leave an opening.



No. 22—The Chancery and Back Heel.

Spalding's Athletic Library.

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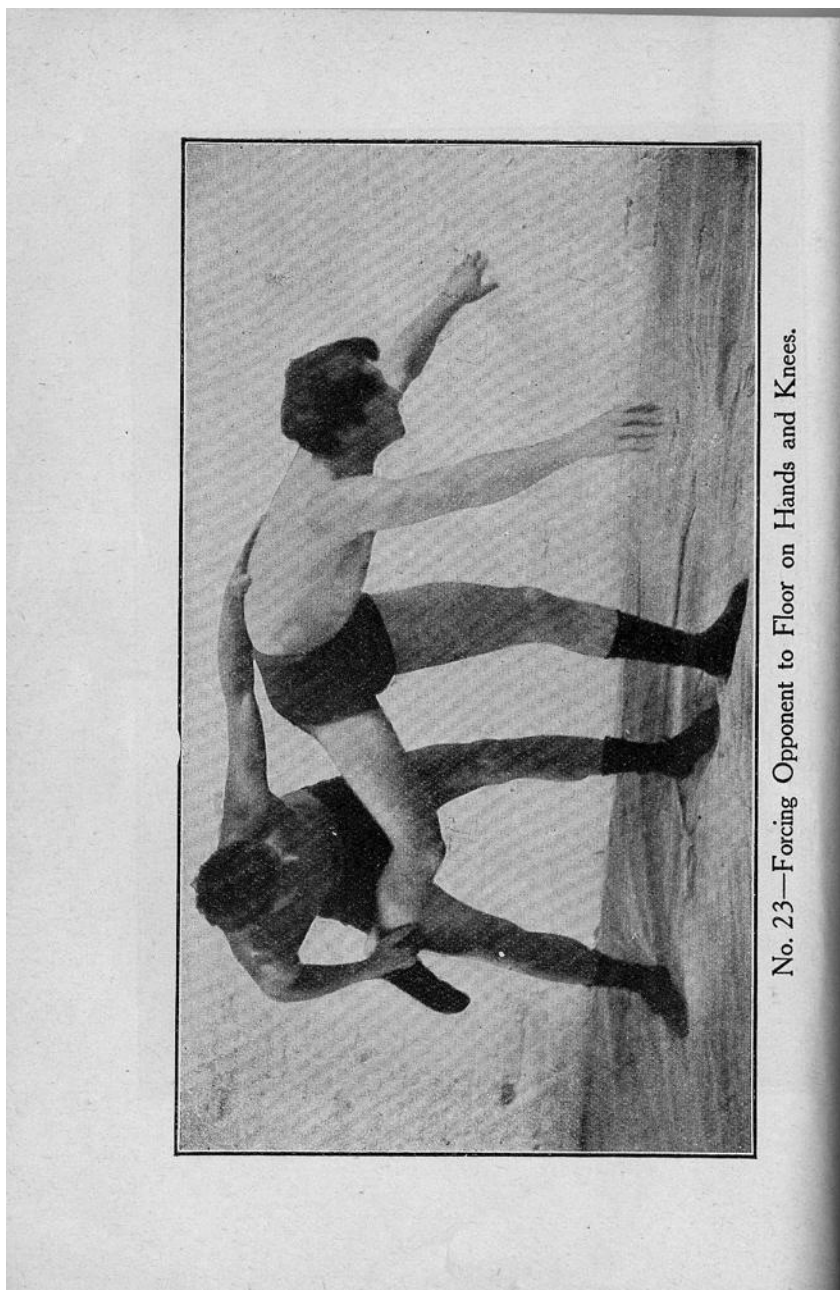
The Chancery and Back Heel

(See Photo No. 22)

In the chancery and back heel secure your right arm around your opponent's neck, as shown in the photograph, then, stepping in, back heel his right leg with your right.

Obstruct any movement of his right arm with your left, keeping your left hand against his right shoulder.

With a powerful lurch force your opponent's right leg forward, and bend him backward and down by means of the chancery. Hug his head firmly under your right armpit, for he may wrest his head free by pulling away your right arm with his left hand.



Spalding's Athletic Library.

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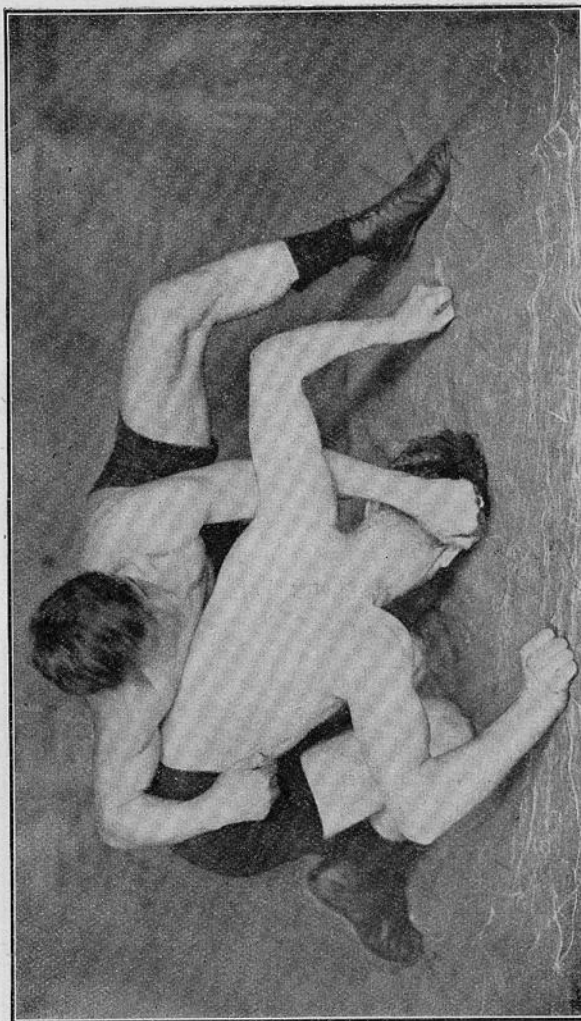
One Way of Forcing a Man to the Floor on His Hands and Knees

(See Photo No. 23)

There are many occasions when an opponent will persist in keeping to his feet. He may hold you off and dodge around, preventing you from securing a hold and playing for an opening to put you at his mercy.

In order to get him on the floor on his hands and knees watch your chance and slip swiftly behind him. Grasp his right foot, as shown in the photograph opposite, raise it from the floor, and at the same time push him forward with your free hand between his shoulders. He will fall forward and you can quickly encircle his waist with an arm.

Now you can press your chest on his back and hold him to the mat while you obtain a desired hold.



No. 24—The Half Nelson—Obtained on the Left Side.

The Half Nelson

(See Photo No. 24)

The half Nelson is one of the most commonly used holds in the wrestler's art. It is used very effectively by men who have considerable strength in their arms.

To obtain a half Nelson, you must work your opponent to the floor. From, say, his left side, insert your left arm under his left arm, and extend your hand to the back of his head. Powerful leverage is thus obtained.

The idea is to force the under man's head down and to pull it toward you, at the same time raising his left shoulder, so that he will roll over to the right and lie on his back.

If your opponent's head is supported by a muscular neck he may be able to prevent you from forcing his head downward. If this should prove the case, bring your right hand forward and press down on his head, in conjunction with the left. The hold can also be applied on the right side.

Keep your chest pressed tightly against his left side, so that it can be used in forcing him to turn over. As you raise him bring your chest and shoulders into full play. They will materially assist the process.

Sometimes added force can be exerted by bracing yourself with your left leg, as shown in photograph No. 24. Some wrestlers, however, rest on their knees.



No. 25—Side Roll.

The Side Roll

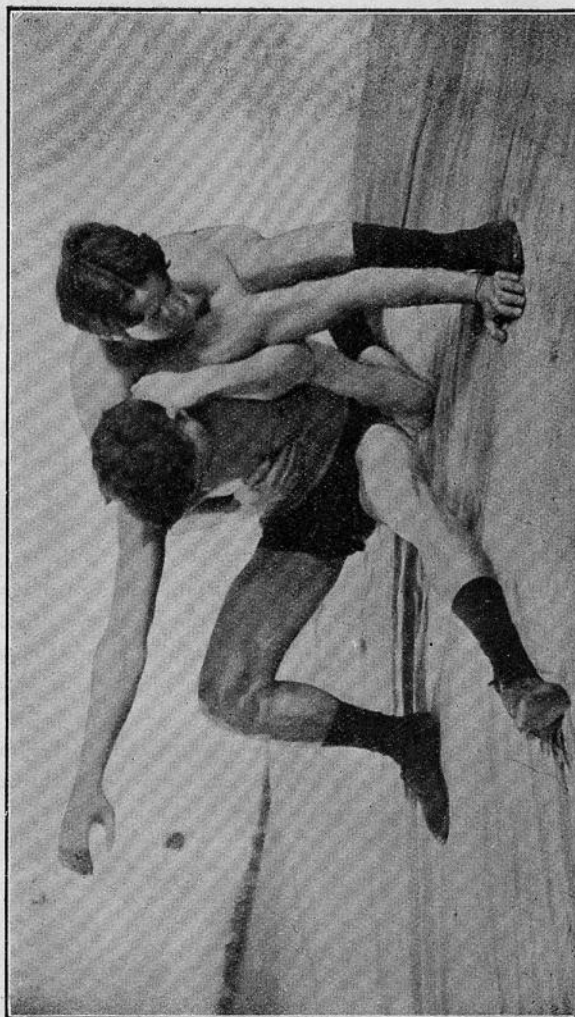
(See Photo No. 25)

One of the most valuable defensive maneuvers is the side roll, which is in reality a counter for the further Nelson, half Nelson and similar holds.

When your foe obtains, say, a half Nelson (as directed in the section of this book relating to the subject) the under man suddenly clinches his opponent's left arm, with which the half Nelson is obtained, under his (the under man's) armpit, by locking that particular arm between his left upper arm and his body.

When the offensive left arm is locked firmly, turn or roll your body sharply toward the left, throwing your opponent on his back, as in the photograph. Retain the hold on your opponent's upper arm and roll your own body directly on top of him, pressing him flat on the mat.

In executing the side roll—you may roll to either side, according to the side on which the attack occurs—be sure to clinch your opponent's arm above his elbow, else he can escape.



No. 26—Coming to Sitting Position Out of Half Nelson.

Escaping from a Half Nelson by Coming to a Sitting Position

(See Photo No. 26)

Another mode of escaping from a half Nelson, which is probably more frequently used than the side roll, by experts, is a maneuver which brings you to a sitting position. To do this requires great dexterity and a very clever estimate of the exact moment when the movement can be made successfully.

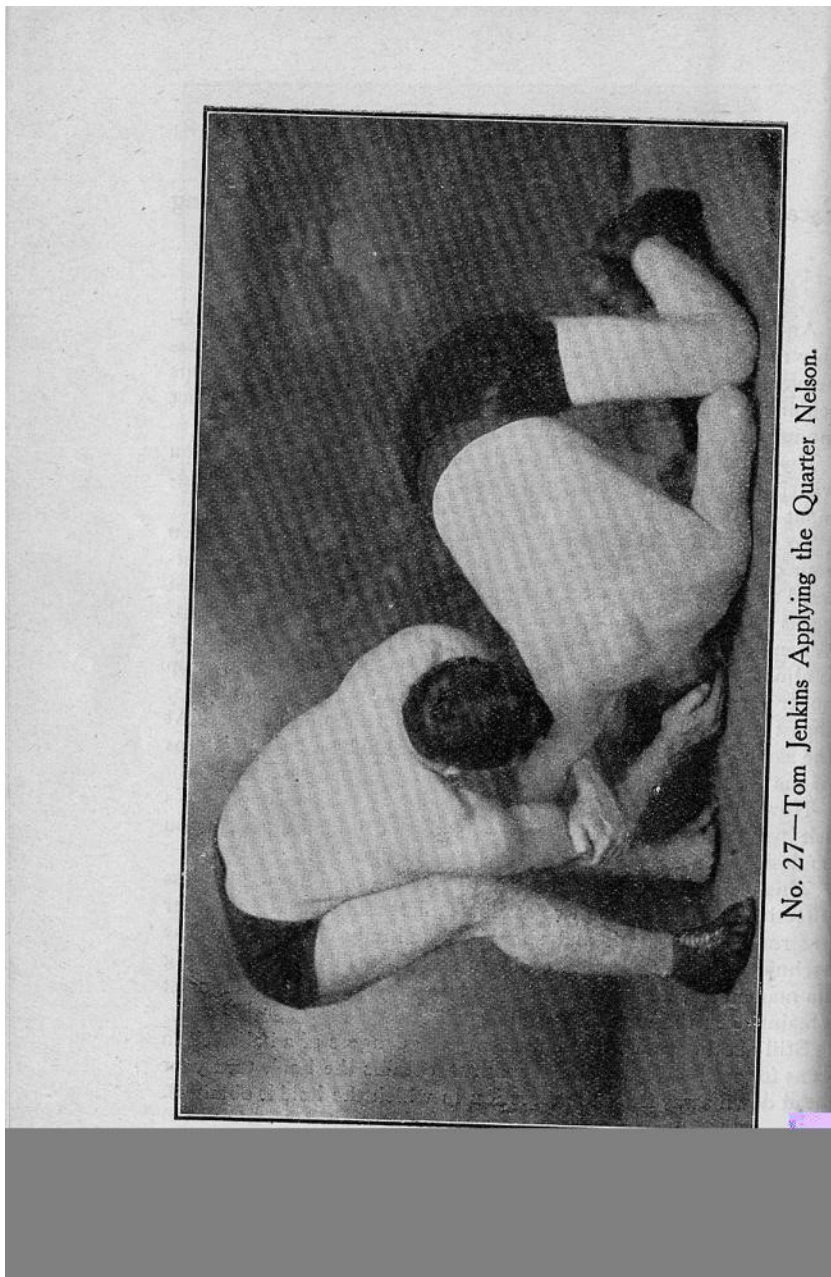
If you try it too soon you will fail; if you try it too late you will fail. Knowledge of this sort is to the wrestler what judgment of time and distance is to the boxer.

To sit up out of a half Nelson work your left foot forward when your opponent applies such a hold. Try to advance this foot outward and forward in such a manner that your opponent will not guess your intention, or so that he will be unable to prevent it. When you get this foot pretty well advanced, so that your knee is almost at a right angle with the line of your body, draw it up under your body with a sudden jerk, and, raising your shoulders, thrust it straight out in front, as shown in the photograph. At the same time bring your right foot forward and brace yourself, as in the photograph, making your position reasonably secure.

Now the half Nelson has lost its potency. Your opponent's left hand has lost the leverage obtained originally, and, if you so desire, you can jump away or rise suddenly.

This maneuver is spectacular, interesting and none the less effective, because of the two attributes first named. If a wrestler is strong in the neck and shoulders, and fully comprehends the technique of the execution of both the side roll and the sitting up maneuvers, he has no reason to lose heart when an antagonist obtains even the most powerful of half Nelsons.

Still another method of decreasing the dangers of a half Nelson is as follows: When your opponent obtains the hold, turn your head down away from the direction in which the hold is obtained.



Tom Jenkins Applying the Quarter Nelson

(See Photo No. 27)

The quarter Nelson is a sort of half Half Nelson. Instead of thrusting the attacking arm under an opponent's arm as he rests on the floor on his hands and knees, the arm in question is placed on the back of the under man's head directly.

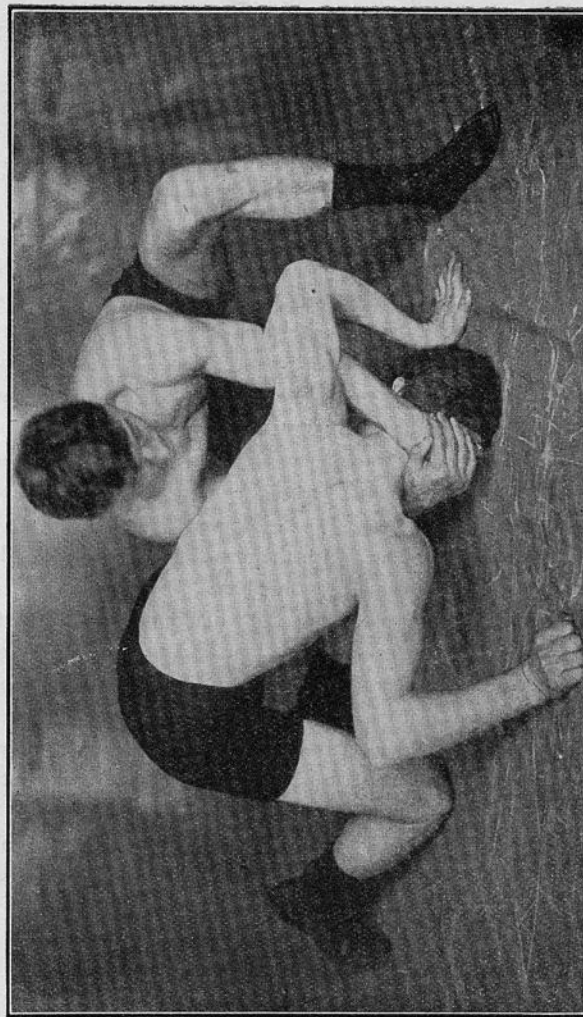
The other arm is thrust under the opponent's near arm, its hand grasping the wrist of the original attacking arm.

Thus twofold strength may be exerted on the defensive wrestler's head. Force his head down in the same manner as in the half Nelson.

Raise up his near shoulder with the arm that extends under his armpit and force him over on his shoulders.

All wrestlers do not rise to their feet when applying the quarter Nelson. Some prefer to remain on their knees. But in the opposite photograph Jenkins has come to his feet, from which position he can possibly bring greater leverage on his opponent's head and shoulder into play. However, the beginner or the amateur will probably do best to stay on his knees, so that the chest can be used in pushing the under wrestler on his back.

Wrestlers are fond of the quarter Nelson, for it is easy to apply. It is often successful in securing a fall and it is attended by very little danger of a counter.



No. 28A — The Three-Quarter Nelson.

Spalding's Athletic Library.

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The Three-quarter Nelson

(See Photo No. 23-A)

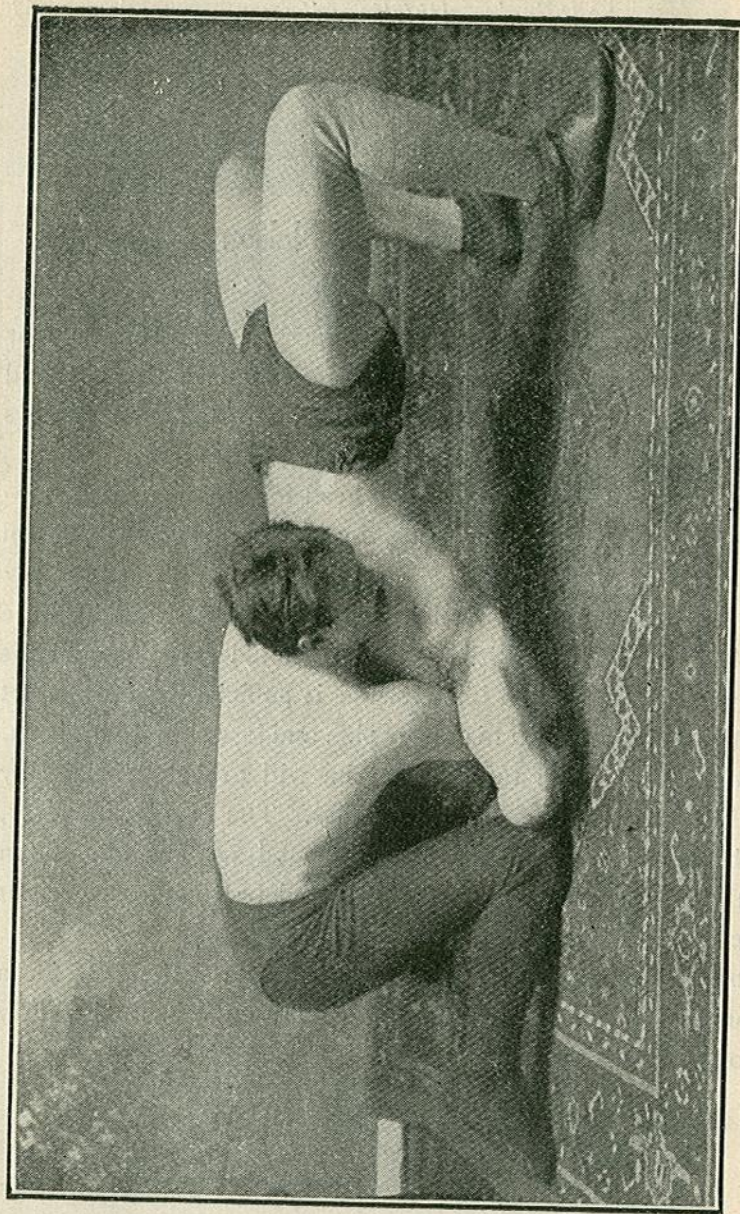
In the three-quarter Nelson thrust your right arm under your opponent's chest, after applying a half Nelson with the left, and grasp the back of the left hand as it presses against your opponent's head. The hold is well illustrated on the opposite page.

Now draw the defensive wrestler's head towards you. He cannot lessen the power of your grasp by turning his head, as you have it completely encircled.

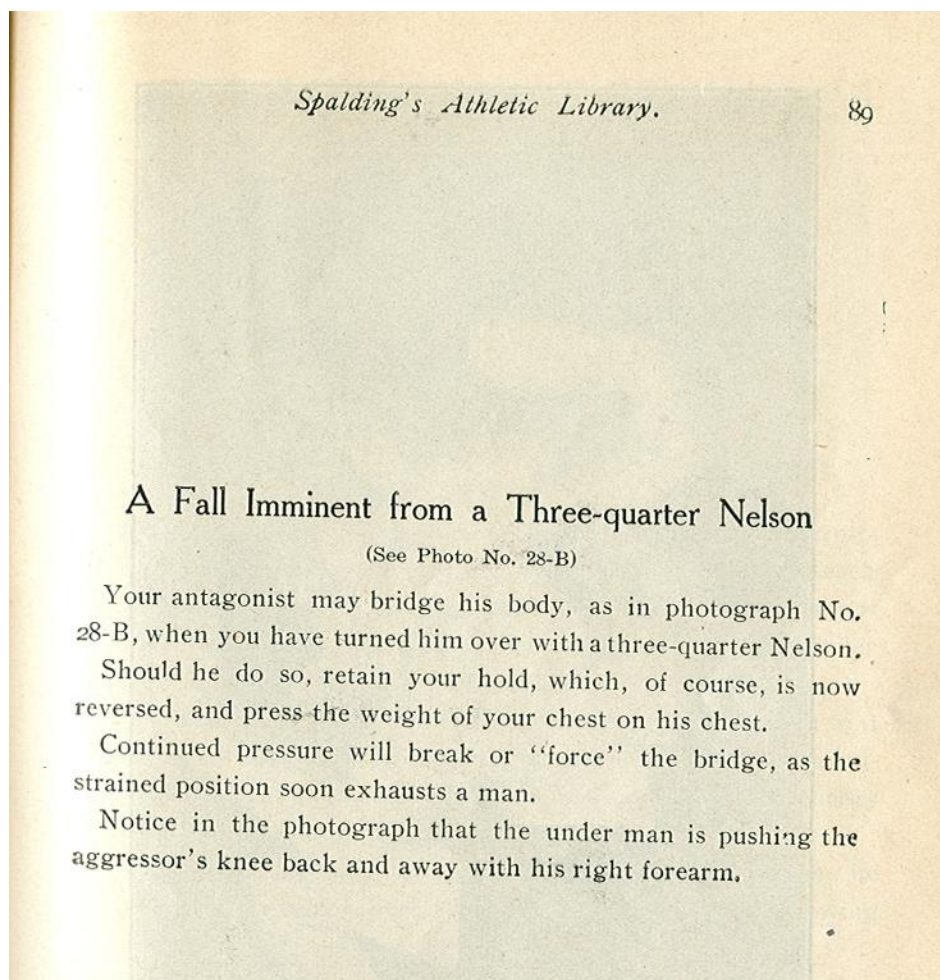
Raise his left arm with your left forearm and push against the short ribs of his left side with your right shoulder as you pull his head towards you. When his left side is sufficiently elevated let your entire weight rest on his upper side and force him to his back.

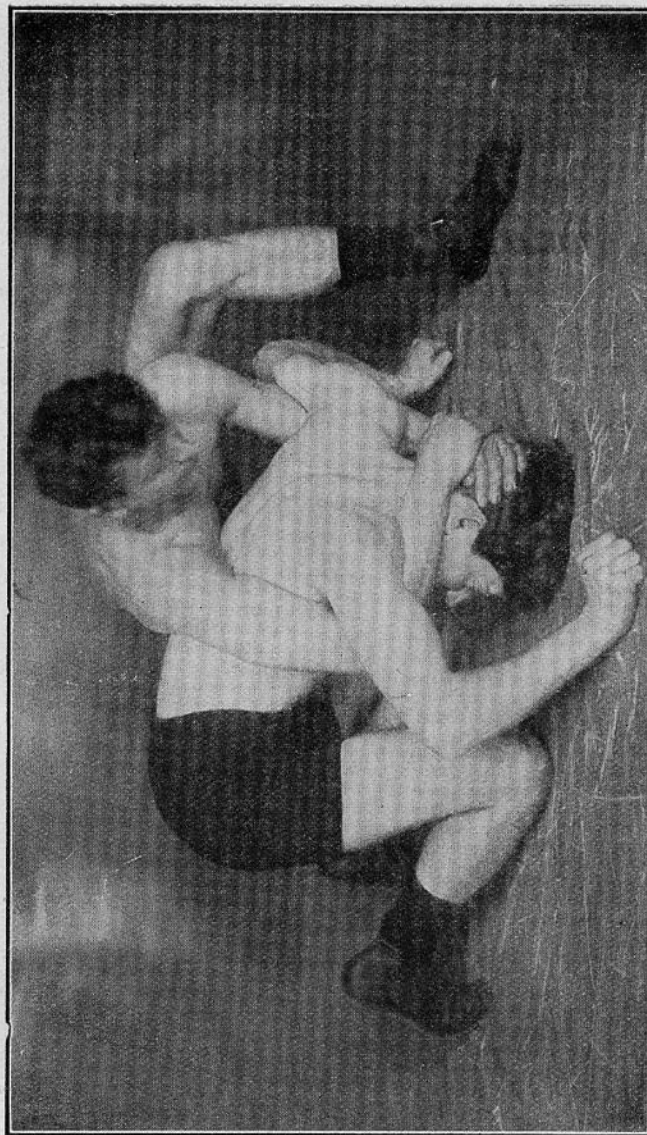
As your opponent is turned over he will probably bridge by raising his body off the mat with his feet. The bridge, however, can be broken if you swerve your feet around and straight out in line with his head, retaining your hold and bearing your weight on his chest.

The bridge will probably keep his shoulders off the mat for a few moments, but the pressure of your body will eventually carry them to the mat for a fall.



No. 28B—Fall Imminent from Three-Quarter Nelson.





No. 29—Full Nelson.

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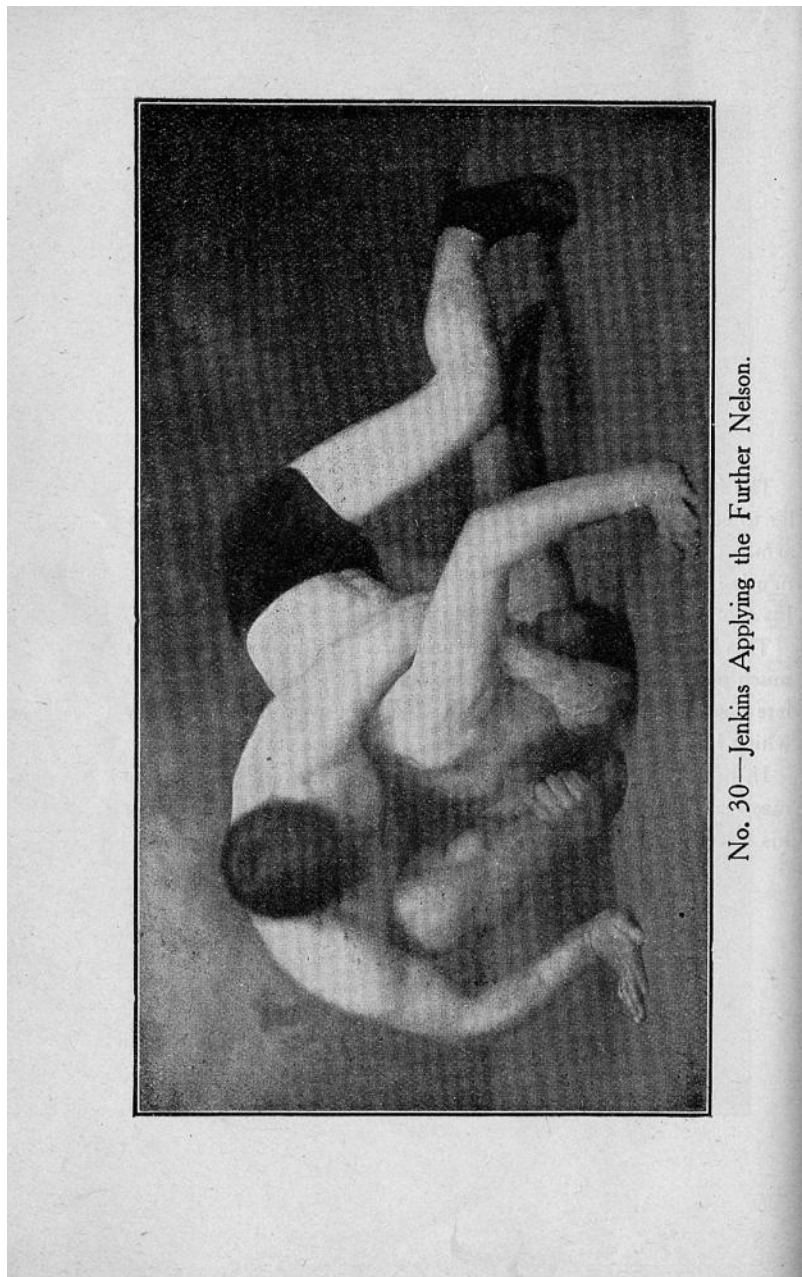
The Full Nelson

(See Photo No. 29)

The full Nelson is a grip that is difficult for the offensive wrestler to carry into complete effect. Obtain a half Nelson with each arm. Clasp one wrist with the other hand and force your opponent's head down and back, exerting an upward pressure under his armpits, as in the opposite illustration.

This hold is an ineffective one and wrestlers do not attach to it much practical value. In the first place it lays the offensive athlete open to counters and he himself uses a great deal of energy which he might better save for more valuable operations.

If, however, a man is really endangered by the full Nelson, he may execute a bridge over the upper man's back, by throwing his feet in the air and bending backward over him.



No. 30—Jenkins Applying the Further Nelson.

Spalding's Athletic Library.

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The Further Nelson

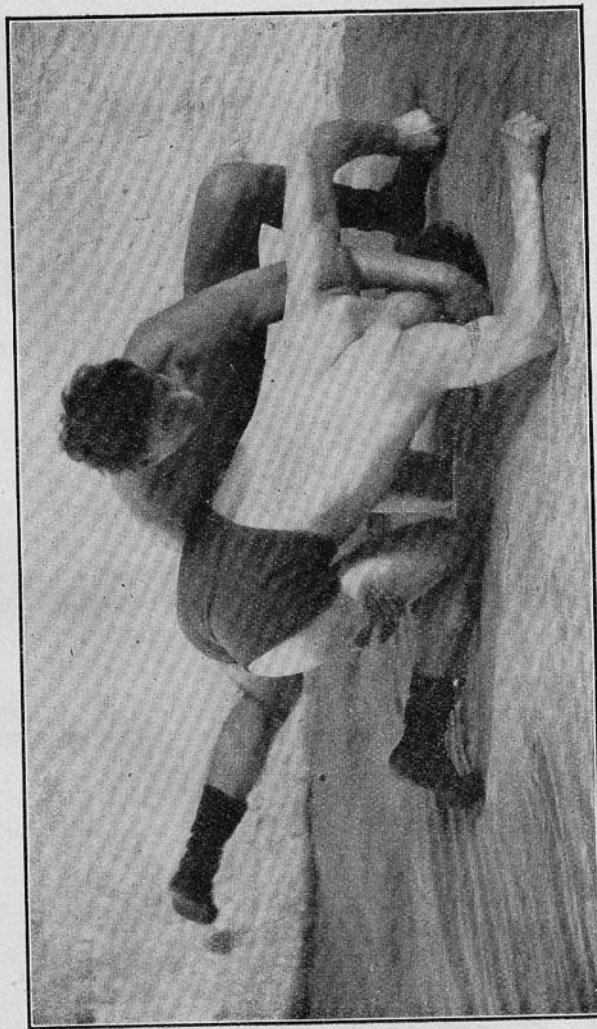
(See Photo No. 30)

The further Nelson or further half Nelson, as opposed to the half Nelson, which is in reality a near half Nelson, is applied on the side opposite to that on which the offensive wrestler is stationed. He reaches across the under man's back and secures a half Nelson under his further arm, as in the illustration. He then twists the under man's head away and pulls his body toward him (the offensive wrestler). If the aggressor is powerful he can punish the under man severely with this hold.

In our illustration the defensive wrestler has encircled his opponent's right ankle with his right arm, in order to prevent a fall. This method of stopping a further Nelson can be used only when an opponent is resting on his feet.

You can sometimes escape from a further Nelson by bridging yourself over your opponent's back, but you must always be careful in this maneuver, as he may secure a still better hold on you.

Again, you may possibly elude him by performing a head spin, which, however, if persisted in, is fatal to crops of foot ball hair.



No. 31 - Half Nelson and Further Leg Hold.

A Half Nelson and Further Leg Hold

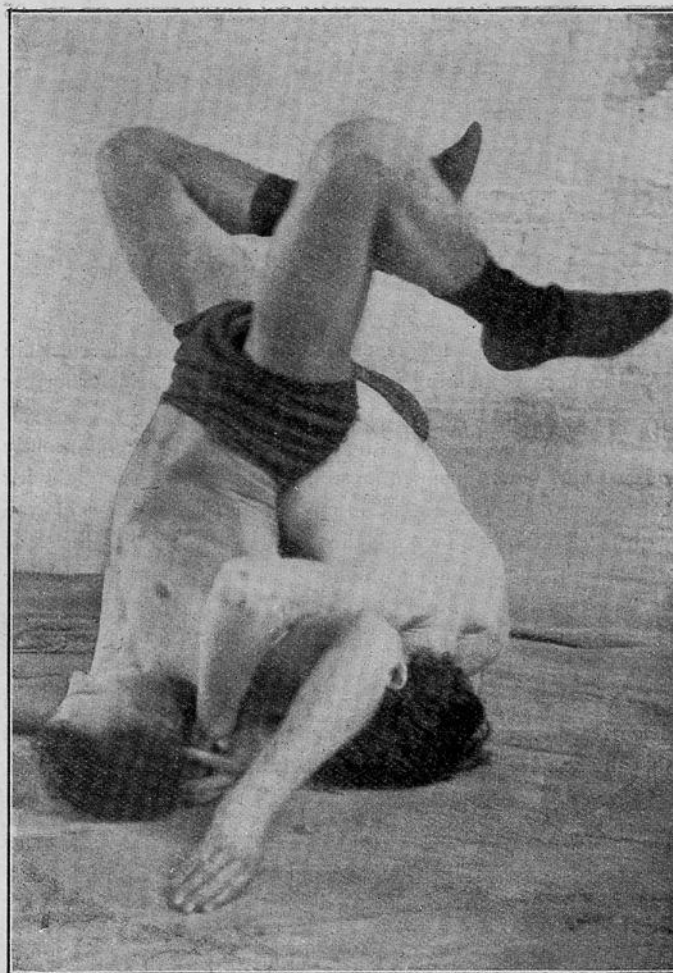
(See Photo No. 31)

The half Nelson can be made still more effective, under certain conditions, by combining it with a hold on the outside or further leg.

Secure the half Nelson with your left hand and simultaneously reach under your opponent's stomach and grasp his right leg between the knee and the thigh. Twist his head towards you with the half Nelson and pull his leg towards you, at the same time pushing upward against his near side with your right shoulder and chest.

Your opponent will turn over on his shoulders if you throw your weight upon his chest, as he is thrown from his position.

You may decrease the potency of the leg hold, if you are on the defensive, by straightening out the leg that is held, but look out that the half Nelson does not do deadly work.



No. 32—Spinning Out of a Further Nelson.

Spalding's Athletic Library.

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Spinning Out of a Further Nelson

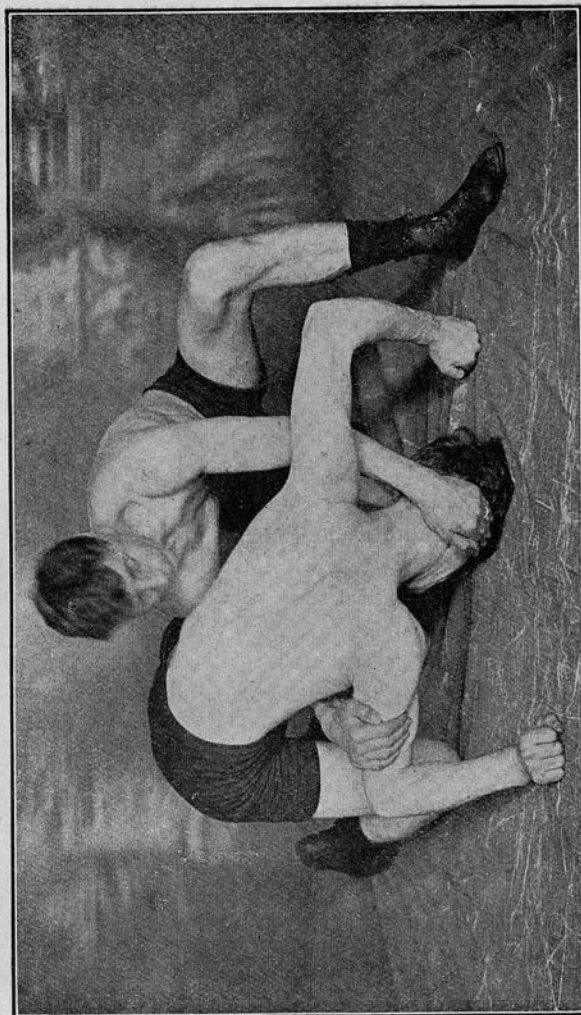
(See Photo No. 32)

The further Nelson can be escaped from, quite frequently, by means of the head spin, as has already been mentioned. In the opposite photo one of the wrestlers is shown releasing himself from the hold in this manner.

Notice that he has thrown his feet upward and has revolved on his head, supporting himself with his outstretched arms. By continuing the spin to its final stage he will face directly to the front. He will then be able to drop his feet to the floor and assume the offensive, if he so desires.

The head spin, as may be seen by observing the photograph, robs the further Nelson of its leverage.

D



No. 33—Half Nelson and Further Arm Hold.

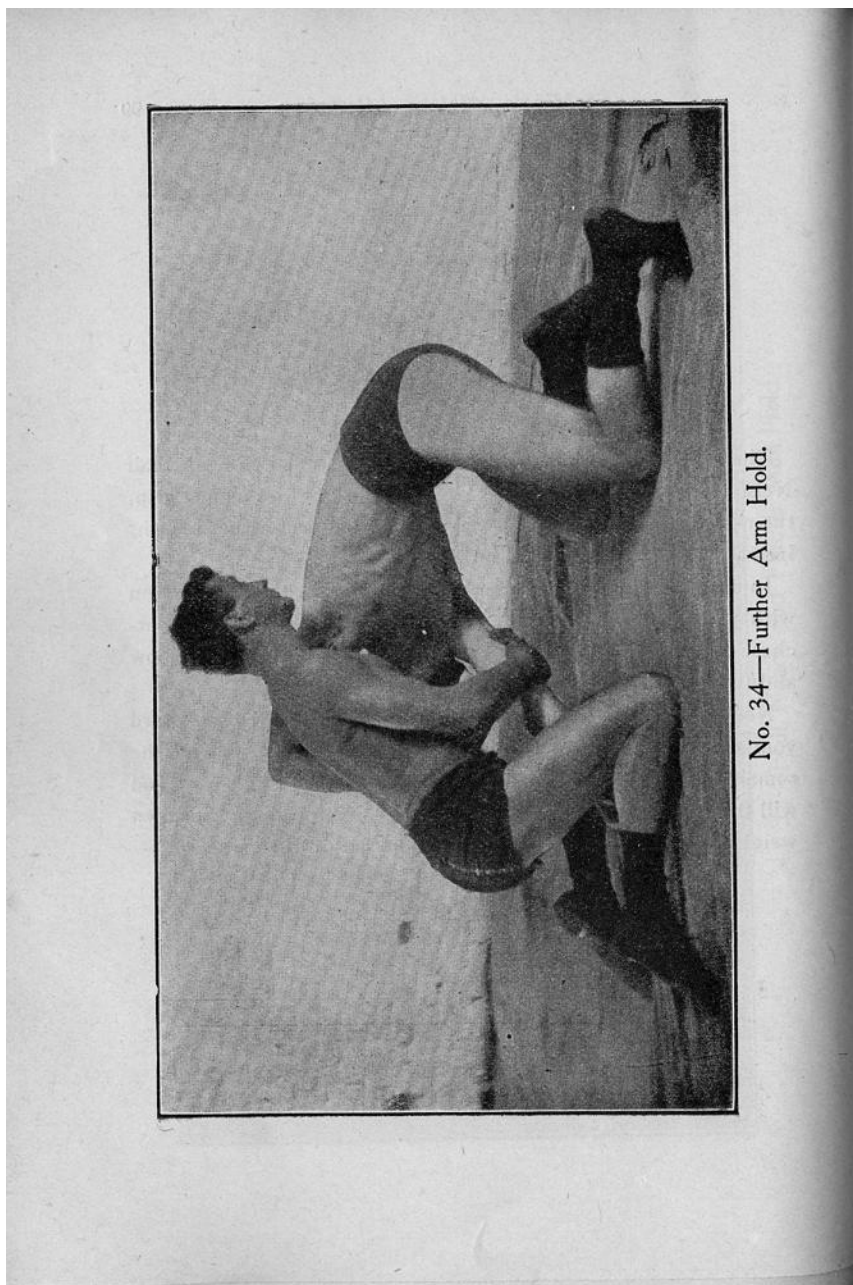
The Half Nelson and Further Arm Hold

(See Photo No. 33)

The half Nelson and further arm hold is much like the half Nelson and further leg hold. However, in the first named grip, the right hand reaches under the stomach and grasps the far arm, instead of the further leg, as in the latter.

In applying this combination hold, first obtain the half Nelson with your left arm, and then with your right secure a firm purchase on the further arm of your opponent, between the elbow and the shoulder.

Now draw the defensive wrestler's right arm forcibly toward yourself, cramping it under his body if possible, and put all the remaining power at your command into the half Nelson. You will thus turn him over on his back, in which position your own weight can be used to force his shoulders flat on the carpet.



The Further Arm Hold

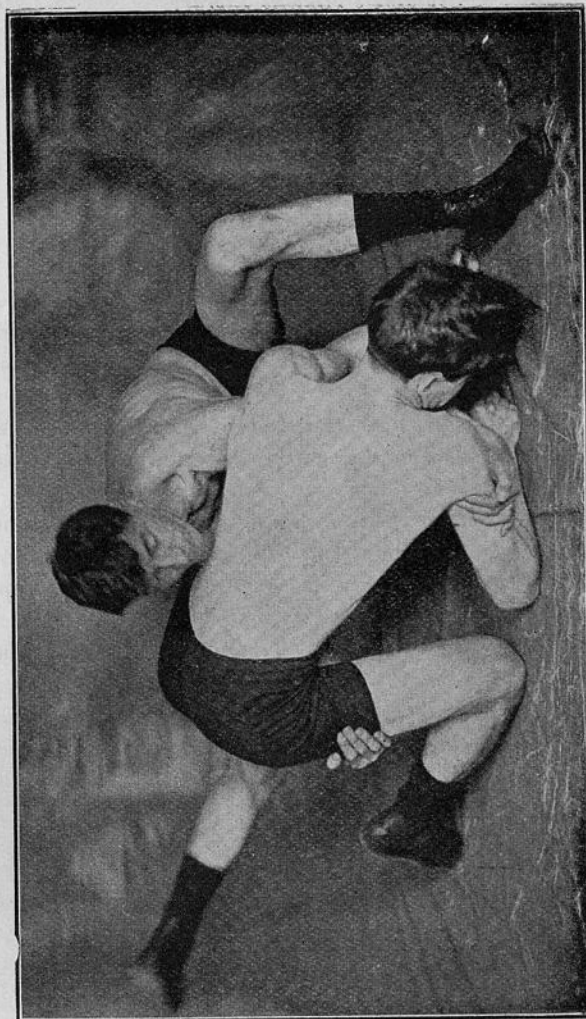
(See Photo No. 34)

A splendidly effective maneuver is the further arm hold, used alone. The hold is difficult to obtain on a wary opponent, so you must be quick in your movements and attempt to disguise your intention.

This hold, like nearly all others used in wrestling, can be obtained from either side. It is most frequently secured when working on the offensive on the left of an opponent, as in the illustration.

Reach under your adversary with a sudden lurch and grasp his further arm above the elbow with both hands. Clutch his arm firmly and draw it toward yourself, under his chest, at the same time pushing up on his left side with your chest and left shoulder. When applying the hold from the right side push up with your right shoulder, of course.

Continue the double pressure until you have turned your man completely over. Then fall on his chest. Release your left hand and use it to force his left shoulder to the mat, holding his right shoulder down with your right.



No. 35—Further Arm and Further Leg Hold.

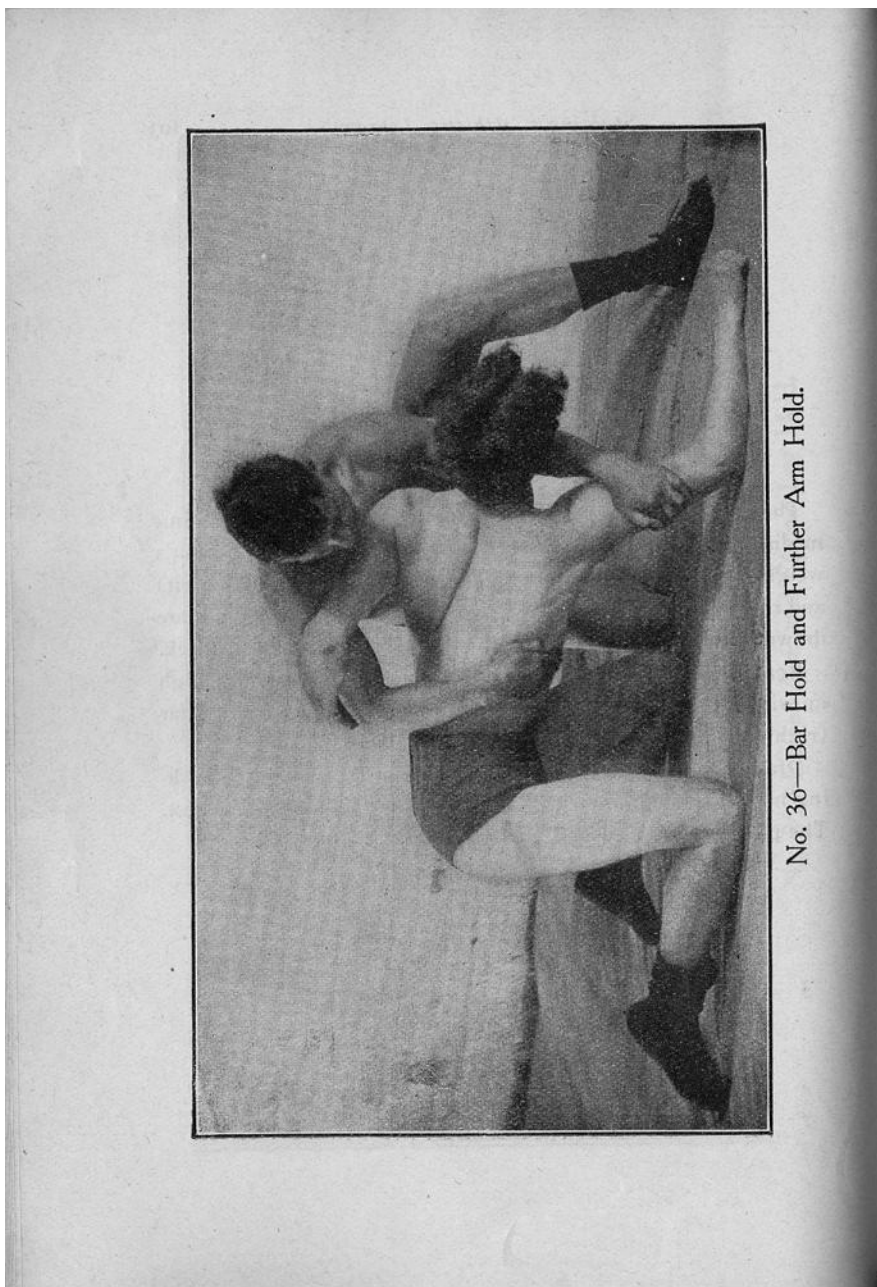
The Further Arm and Further Leg Hold

(See Photo No. 35)

The effectiveness of the further arm and further leg hold is immediately perceived by an inspection of the illustration. A man's weight is thrown on his right side (when working from the left) and then his right arm and leg, which entirely support him, are drawn from under him, putting the defensive athlete on his back.

Reach under a man with both hands and grip his far arm high up with your left (when working from the left) and seize his far (right) leg high up with your right.

Draw both arm and leg under his body, at the same time pushing his left side upward with your upper arms, shoulders and chest. The process continued will turn him over.



No. 36—Bar Hold and Further Arm Hold.

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The Bar Hold and Further Arm Hold

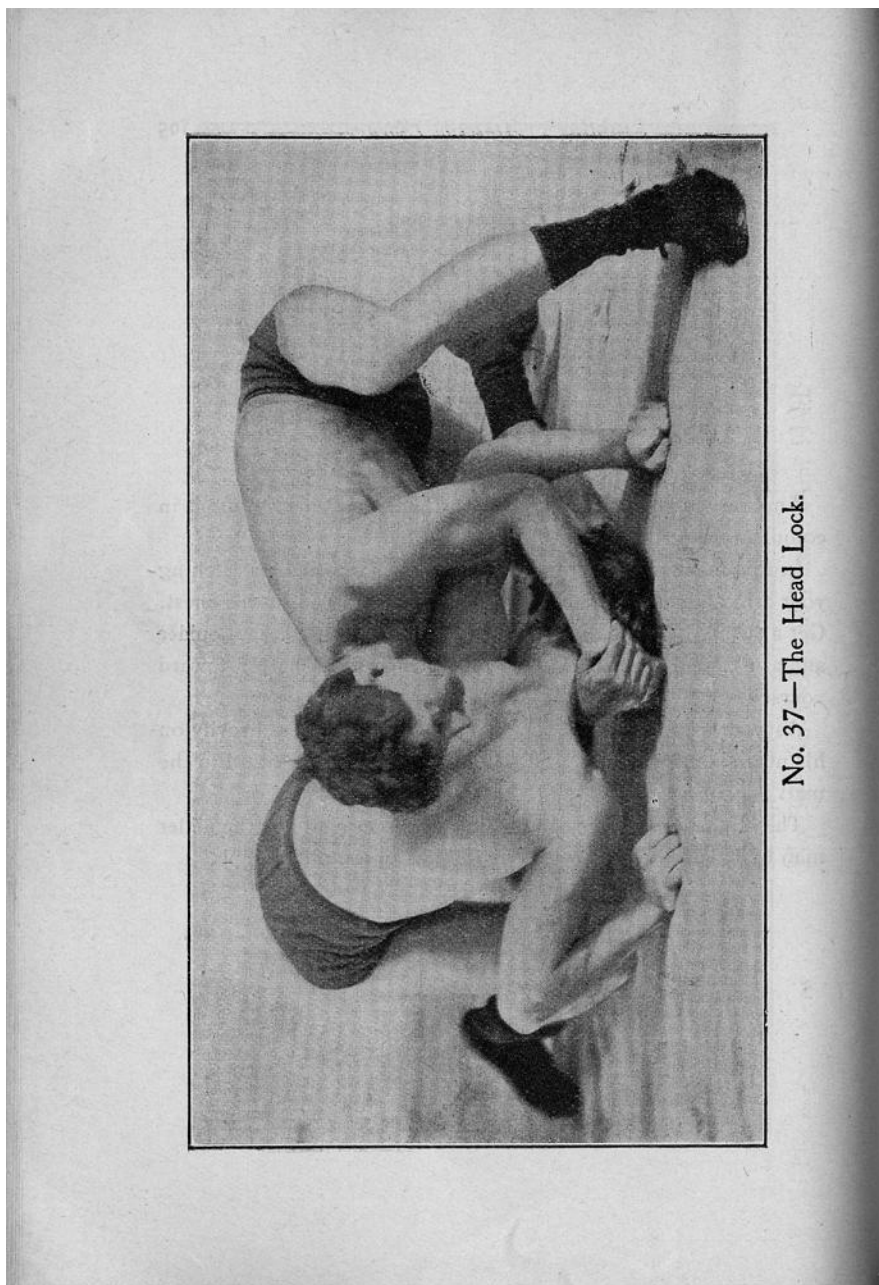
(See Photo No. 36)

Another combination with the further arm hold is to use it in conjunction with a bar hold.

In this maneuver secure the hold on the far arm by stretching your arm under a man's chin from in front, not under his chest. Get a strong bar hold and with it force upward his near shoulder and arm, simultaneously pulling his further arm sharply toward yourself.

As your opponent is twisted off his balance, press heavily on his near shoulder with your chest and crush him backward to the mat.

The offensive wrestler can obtain a better purchase on the under man by bracing himself with one foot, as in the photograph.



Spalding's Athletic Library.

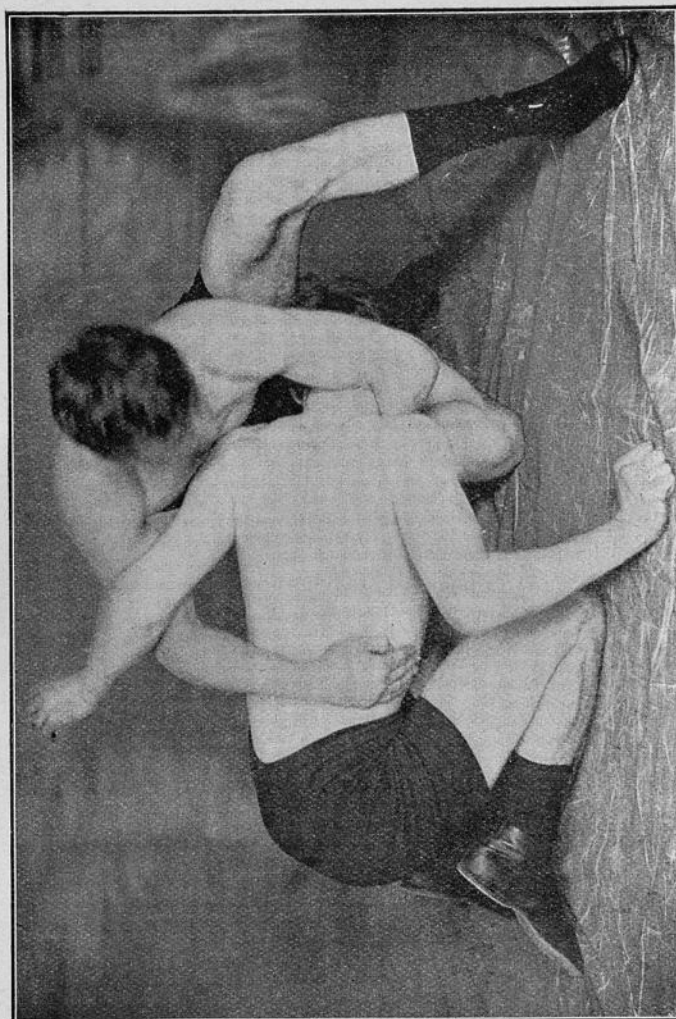
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The Head Lock

(See Photo No. 37)

Secure a head lock by putting your left forearm (when working from the left side) on the defensive man's head, extending the right arm under his chest from the same side and gripping your left wrist with your right hand. Press your right shoulder (when on the left side) firmly against your opponent's left side, close up under his arm pit. Force his head down to the mat and push his body forward, eventually turning him over. Brace yourself with your left foot.

Be sure to bring your weight to bear on your adversary as you get him on his back.



No. 38—Forward Chancery and Bar Hold on the Carpet.

Spalding's Athletic Library.

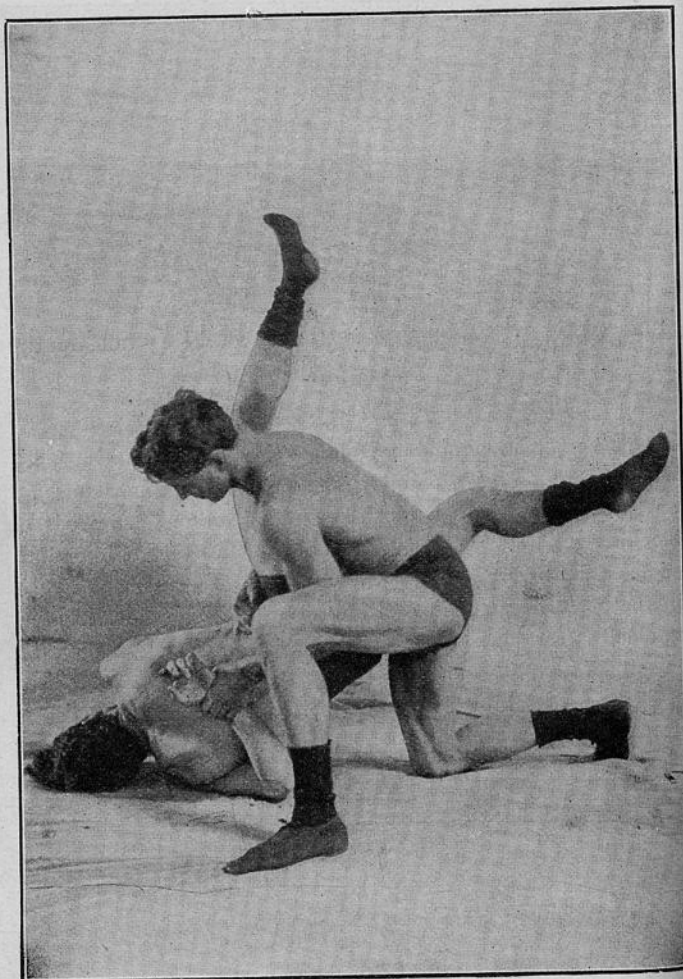
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The Forward Chancery and Bar Hold (when on the Carpet)

(See Photo No. 38)

This combination hold has already been described as applied when both men are standing. The hold, when combatants are on the carpet, is pretty much the same, although methods of blocking it naturally differ. The under man can save himself to some extent by bracing himself with his outside arm, as shown in the opposite picture. A strong attacking man, however, can gradually wear down this support by sheer force and obtain a fall in spite of it.

The pressure of the attacker's chest on the near shoulder is of great value, as in many other holds.



No. 39—Hammer Lock and Crotch Hold.

Spalding's Athletic Library.

III

HAMMER LOCKS

The Hammer Lock and Crotch Hold

(See Photo No. 39)

The hammer lock is one of the best known wrestling holds. Moreover, it is far more effective than the average grip. It is comparatively difficult to obtain.

The hammer lock is subjected to many variations. Even when used alone the hold punishes a man severely and in combination its effect is of course multiplied.

A simple hammer lock consists in securing a man's wrist with one hand and a waist hold with the other, bending his arm behind his back and forcing his hand well up between the shoulder blades.

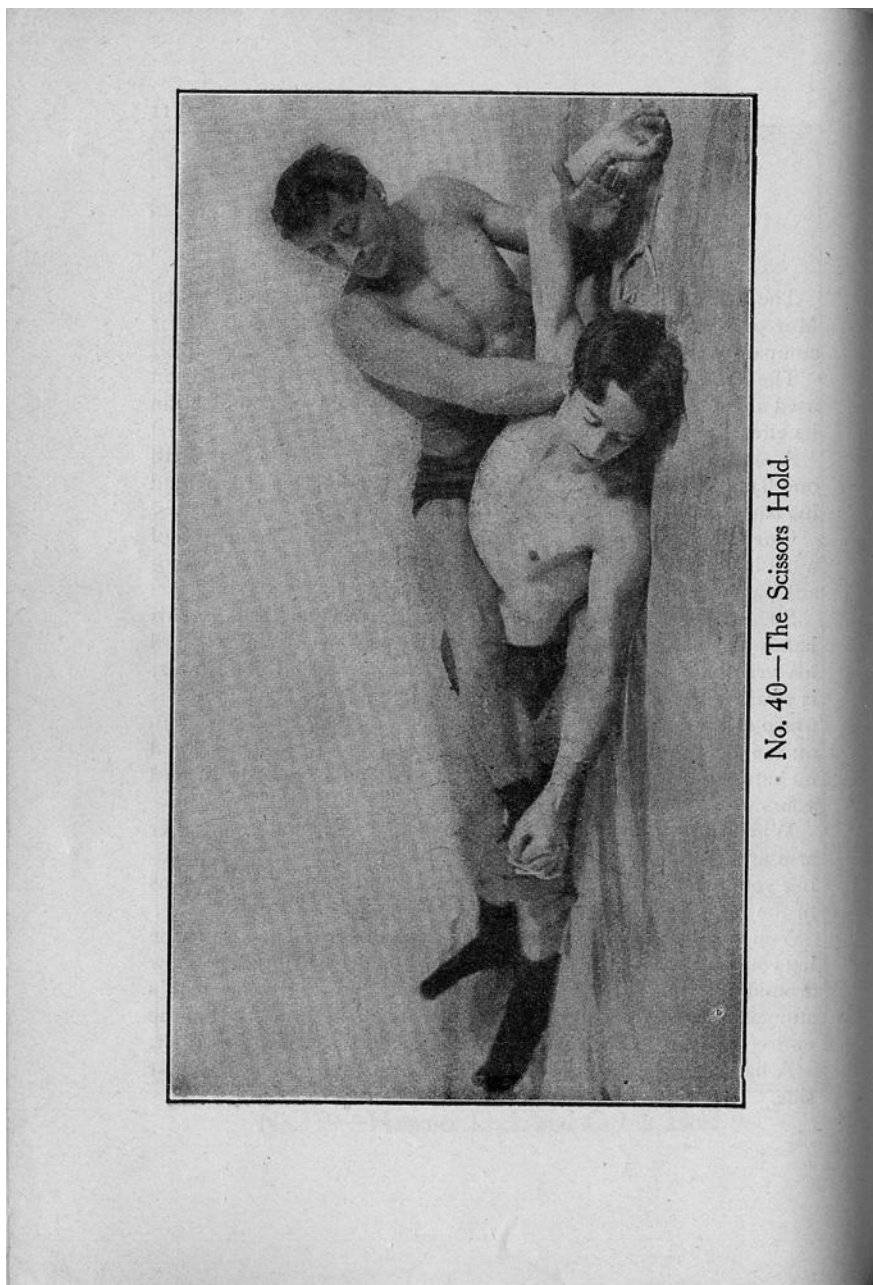
One hammer lock combination that is generally productive of a fall is the hammer lock and crotch hold displayed on the opposite page. This hold is obtained as follows:

Suddenly grasp your opponent's near wrist when he is on his hands and knees and push your head into his near armpit. Pull his wrist back and turn it over on his back. Your grip, however, is strained, so hold his hand with your free hand and change the grasp of the other to the most effective one—that with the thumb on top and pointing forward. Now push your opponent's hand up between his shoulders. Simultaneously pull his body toward yours with the waist hold.

When the hammer lock is securely obtained, bend your other arm around his right leg (when working from the left side), sliding your arm well up into the crotch, and lift his body forward as in the illustration.

You now have your man in a dangerous predicament. Bend the leg you have grasped forward with your shoulder. Bring your elbow around this leg so that its point projects into the under man's stomach. Now you can bend him sharply at the waist, so that the entire flat of his back, including his shoulders, touches the carpet.

A hammer lock can be obtained on either side, and on the far side. It can also be combined with the half Nelson.



No. 40—The Scissors Hold.

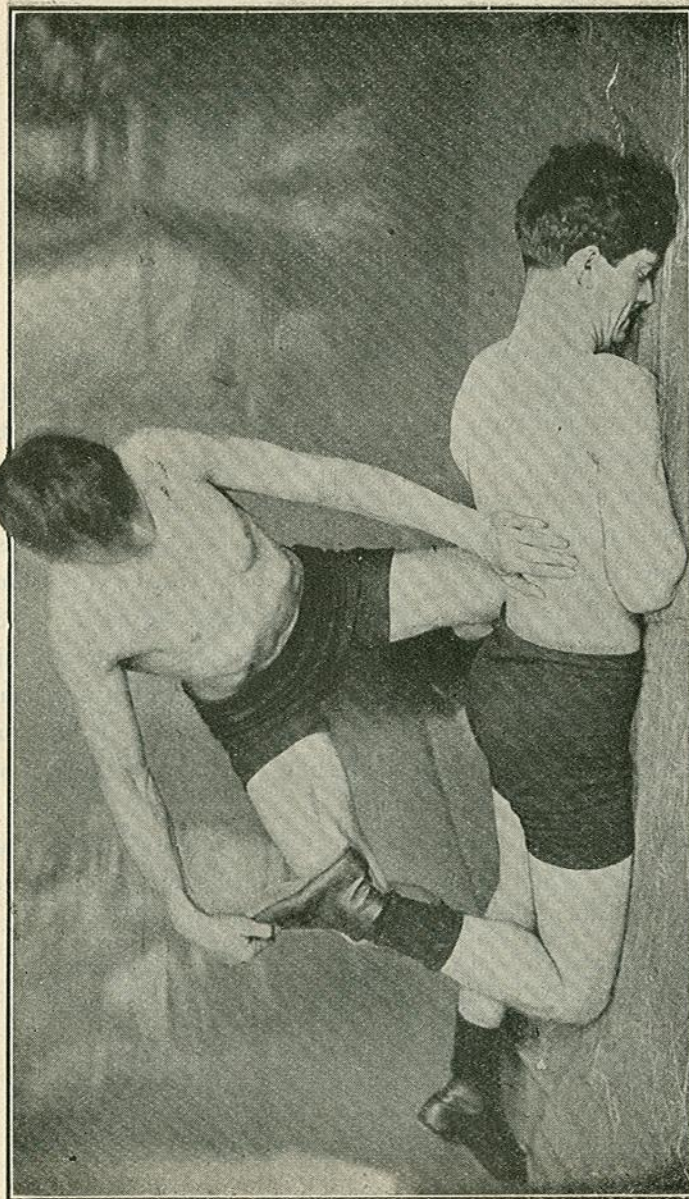
The Scissors

(See Photo No. 40)

The scissors is a punishing hold that will invariably result in a fall. You must work your man into it gradually, for, as the opposite illustration shows, the hold is not such a one that can be applied offhand.

The scissors is often obtained by rolling a man (when on his hands and knees) so that he will slip between your legs when parted, one resting on the floor. Force the defensive contestant on his back and extend your upper leg across his stomach, grapevining your feet so that he cannot force them apart. Squeeze his stomach between your legs. Hold down his head with one hand and so that he cannot rise by bending at the waist. With your other hand prevent him from raising one shoulder off the mat by bracing himself with his near hand.

By squeezing your contestant severely between your legs you can tire and pain him considerably, so that he may not be able to do good work during the remainder of the match.



No. 41 —Turning Over a Man who Hugs the Floor by Twisting Ankle and Leg.

Spalding's Athletic Library.

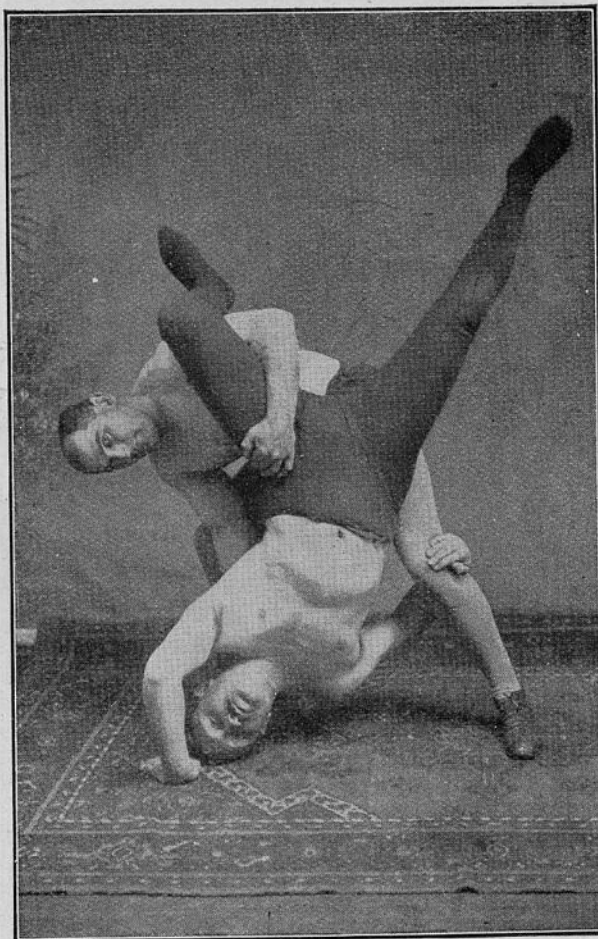
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**A Method of Forcing a Man to his Hands and Knees
When he Persists in "Hugging" the Floor**

(See Photo No. 41)

Sometimes an opponent shows a marked desire to cling flat to the mat. He fears a fall if he should rise to the wrestling position on his hands and knees.

You wish him to rise, and can make him do so, by pulling his foot upward in the fashion illustrated on opposite page. You can assist the trick by twisting his ankle a bit.



No. 42—Crotch Hold.

Spalding's Athletic Library.

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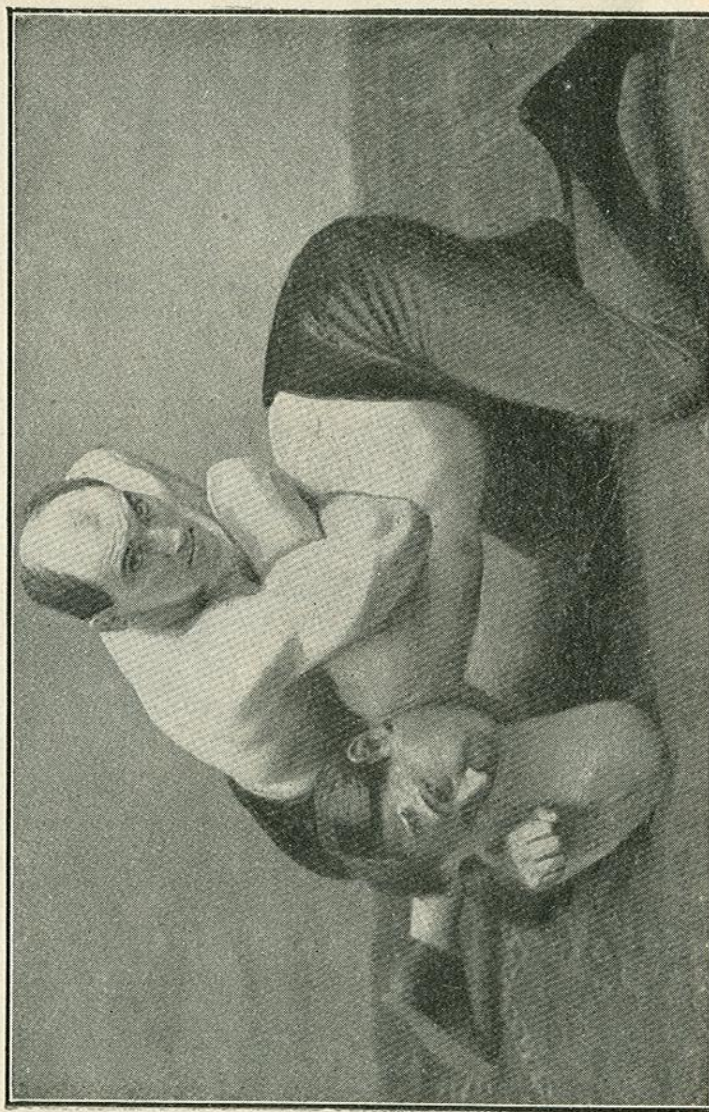
Charles Leonhardt, Græco-Roman Champion,
Applying the Crotch Hold

(See Photo No. 42)

When a man is resting on his hands and knees, seize his near leg, say the left (working on his left side), with your right hand. Slip your arm well up to the crotch, lift your opponent's legs from the floor and swing yourself around in back of him. Change your grip to one with the left hand, as shown in the illustration, and clasp his left leg close to your body, his knee bending over your left shoulder.

Simultaneously place your right hand between your adversary's shoulders, pushing them out, away from yourself, while you face his hips down and toward yourself with the crotch hold.

Notice how the under man in the photo has grasped Leonhardt's left leg with right hand, as a block. He is also bracing himself with his left hand on the floor.



No. 43—Combination: Bar and Hammer Lock.

A Combination Bar and Hammer Lock

(See Photo No. 43)

The hold named in the above title, and illustrated on the opposite page, is one difficult to obtain, but it enables the aggressor to secure an almost unbreakable grasp. When you get this combination hold pull your opponent toward yourself with the bar hold, at the same time pushing his wrist up between his shoulders with the hammer lock.

The under wrestler can block the hold by thrusting his right arm around your leg as shown. He can possibly counter by suddenly lunging forward, pulling your leg under his stomach and falling on you.

ADDITIONAL HOLDS, ETC.



Wrestling holds are so infinite in variety that but a part of them can be illustrated in a book of this size.

The writer will now describe several holds that have not been dealt with up to this point.

The Flying Mare

The flying mare gives a man a violent fall when correctly executed. Seize your opponent's arm, say the right, while facing him, and step in close, turning your back to him and drawing his arm over your right shoulder. Now pull his arm down so that his hand comes about to your stomach and twist your body to the right with a quick jerk. Your opponent's body thus rests against your hip. Suddenly bend forward from the waist, pull your fellow combatant forward by means of his arm and add impetus to his body's momentum by jerking your hips upward.

Your opponent will swing (or fly) over your shoulders, striking the mat violently on his back.

Foot and Neck Hold on Floor

The foot and neck hold on the floor is obtained by catching an opponent's foot with one hand—say the right—and by reaching under his neck, grasping his far shoulder with the other hand. Now draw your foe's foot sharply back against his buttock and force his head back with the other forearm. Raise his near side and roll him over away from you for a fall. This hold is often used merely for punishment (to tire a man), as considerable strength is used in executing it.

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The Half Strangle

The half strangle consists in pushing one's wrist or forearm alone against a man's throat, without additional pressure behind his head or at the back of his neck.

The Half Strangle and Crotch

The half strangle is sometimes combined with a crotch hold, which results in a man's being thrown forcibly on his back from a standing position.

A Stop for a Head Spin

When a man attempts to escape from a half Nelson, etc., by means of a head spin (previously described) place your most convenient arm around his waist and drag him to the floor.

Half Nelson and Hold Outside of Leg, Standing

Get a half Nelson, reach over and place your free hand between your opponent's legs from behind, lift up, roll over and fall with him.

Half Nelson and Leg Hold, Standing

Get a half Nelson from behind, while standing, and pull your opponent's head down. Catch his opposite leg, double him up and clasp hands, lift up, throw him forward and fall with him.

Hammer Lock and Half Nelson from Behind, on the Floor

If possible, get a half Nelson first, then reach over and catch the farthest wrist and force it up your fellow wrestler's back. Roll him over or punish.

Neck Bend and Back Heel

The neck bend and back heel is usually got from a waist hold. Reach up and clasp your hands across your adversary's face, force his head back and back heel him.

Arm Grapevine and Cross Buttock

Grasp your opponent's wrist with both hands, twitch him towards you, turn, step outside and behind his nearest leg, twine your arm about his and throw him forward over your hip.

Break for a Bridge

When a man bridges, place your forearm across his neck and press your other elbow against the pit of his stomach or rest your weight heavily on his chest.

Buttock and Outside Leg Lock

To apply a buttock and outside leg lock, catch Mr. Wrestler around the neck, pull him forward, step outside his leg and force him over. This can be stopped and doubled, before executed, by catching the offensive man around the waist, lifting and hrowing him.

The Wrist and Head Hold

The wrist and head hold can be got without difficulty from the position assumed in the referee's hold. In fact, it is much the same.

Grasp your opponent's hand, say his right, with your left and grip the back of his neck with the other.

This is primarily a preliminary hold and a fall is not gained from it. It gives the aggressor a slight advantage, however.

Wrist and Near Leg Hold (Standing) and Back Heave

In this combination attack first force your opponent's head back with your forearm. Bend forward quickly. Seize his right wrist and draw him forward over your back, clinching his right elbow under your left upper arm and armpit. Catch his right leg with your right hand. Raise him high off the floor, his stomach bearing on your right shoulder, and fling him over your back, that is, give him a back heave to the mat for a fall.

Crotch and Ankle Hold

Obtain a crotch hold when your opponent is on his hands and knees, by attacking him directly from the rear. Raise his legs and lean over. Bend one of his knees around the back of your neck, clasp the ankle of the same leg with your free hand. It is this leg that the crotch is obtained on. The elbow of the arm used in the crotch hold should point sharply into your opponent's stomach, so as to force him to bend readily at the waist, flattening his shoulders.

Keep your feet out of the reach of your antagonist's hands or he may block or counter. An active man can escape from the crotch and ankle hold as just described. To render the maneuver less liable to fail, grasp the under man's ankle, keeping his leg bent around your neck, just the same, but transfer the crotch hold from that same leg to the other, encircling it from the outside, of course. In this latter case you cannot press your elbow into your man's stomach, but you have him held more firmly.

WRESTLING RULES



Catch-as-Catch-Can (or Lancashire Style)

The catch-as-catch-can style of wrestling is now the most popular branch of the pastime.

Opponents may grasp any part of each other's body.

No form of strangling is permitted, unless especially agreed to by the principals. Before each match the announcement is usually made, "strangle hold barred."

Neither contestant is allowed to rub any oil or grease on his body.

Seconds must not touch their man during a bout. Neither shall they give him advice until a resting period is reached.

The stakes go with the referee's decision in every event.

Contestants shall be allowed 10 minutes between each bout.

A fall is scored against a man when both shoulders touch the floor at the same time.

A single arm may be pressed against an opponent's throat, but the free arm or hand must not touch any part of the opponent's head or neck.

The referee shall slap on back or shoulders the wrestler securing a fall, so that the under man will not be strained by being held too long in a possibly painful position.

When a wrestler refuses to continue a contest at the referee's command, the decision and stakes shall be awarded to his antagonist.

When wrestlers roll off a mat, under the ropes, or foul the boundary lines in any way, they shall be ordered to the middle of the mat by the referee and to resume the holds they had obtained when moved. (In some bouts the men are allowed to stand and begin anew in this emergency.)

Biting and scratching are fouls.

The timers shall announce when limited time bouts are within three minutes of the end and then shall call off every minute. He may divide the last minute into halves or quarters if he so desires.

Rolling falls do not count.

The referee shall decide all questions that are not covered by these regulations.

Græco-Roman (French Style)

The Græco-Roman style of wrestling is very similar to the catch-as-catch-can or Lancashire method.

Catching hold of the legs (holds below the waist) is barred.

Tripping constitutes a foul.

The rules of the catch-as-catch style that do not conflict with the foregoing regulations may be followed for further guidance.

Collar and Elbow Rules

Contestants must wear shirt, short jacket with a strong collar, sleeves well sewed in.

Contestants shall grasp each other's collar with right hand, opposite left ear.

Contestants must not change position of hands on collars until a fall is scored.

Changing the grip on collar or moving the hand is a foul and loses a fall.

Two shoulders and one hip or two hips and one shoulder must touch the floor at the same time to constitute a fall.

Kicking is foul.

Butting is foul.

Contestants shall not be allowed to rest during bout, unless special circumstances arise, when agreement by seconds of both men is necessary to make the pause rulable.

Rubber soled shoes, or shoes of some other light material should be worn.

Side Hold Wrestling

Contestants must wear a set of strong leather harness reaching from neck to elbow and from shoulder to waist.

Choice of holds shall be decided by toss. The "right and over" or "left and under" are at the disposal of the winner.

"Right and over" means to grasp an adversary's harness back of right shoulder with right hand, seizing opponent's right hand with the left.

"Left and under" means to seize an opponent's harness at the left side of the waist with the left hand and his left hand with the right.

Kicking is foul, forfeiting the match if serious enough.

Contestants shall stand side by side.

The original grips must be held. To break or change a hold means the loss of a fall.

A fall occurs when a man's two shoulders strike the floor at the same time.

From fifteen to twenty minutes may be allowed between falls. No rest is permitted before a fall results.

Cumberland and Westmoreland Wrestling

Contestants take hold and stand chest to chest.

Each man rests his chin on his opponent's shoulder. Each grasps the other around the body. The left arm of each is placed above his opponent's right.

Kicking is barred.

Each man must retain the original hold throughout.

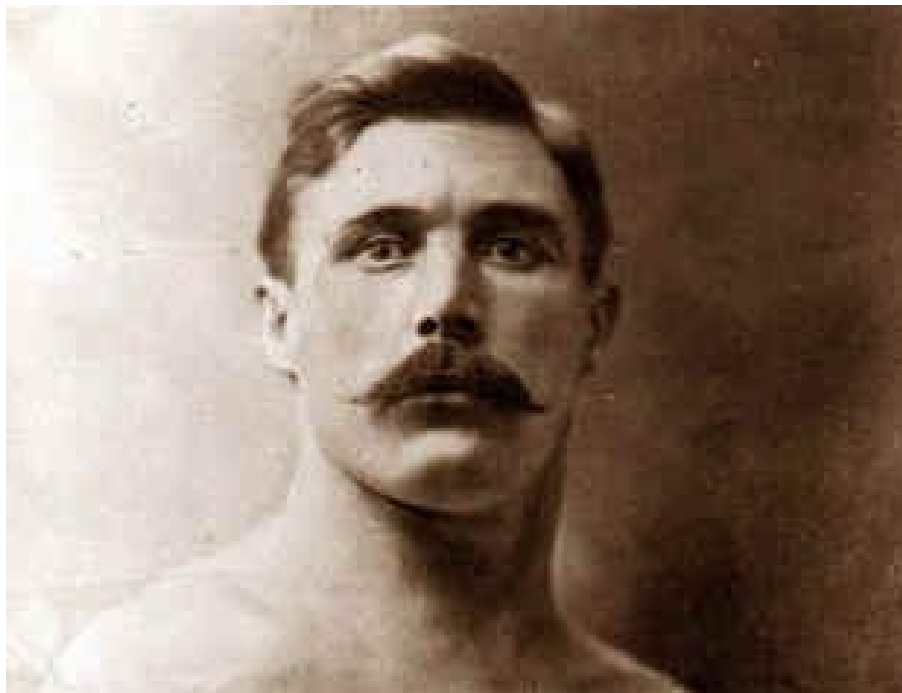
Loosening the hold loses the fall, provided the other man retains hold.

When a man touches the floor with any part of his body (except his feet, of course) he loses the fall.

When both men fall to the floor, the first one to strike it loses the fall.

"Dog falls" (when both men fall at the same time, so that the referee cannot decide which touches first) are to be wrestled over again.

You Don't Have To Be As Big As The Other Man: The Tom Jenkins Story by Colonel Red Reeder



Reeder
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YOU DON'T HAVE TO BE AS BIG AS THE OTHER MAN

by

Colonel Red Reeder

(ALL RIGHTS RETAINED)

(Editor: very
small caps.)

To Mr. Tom Jenkins the clock in the West Point Officers Club was racing toward his doom. The building was jampacked although the West Point streets were banked with snow. People braved the wintry night in 1923 to honor West Point's famous Master of the Sword, Colonel Herman J. Koehler, who was retiring. As a bonus the audience looked forward to hearing Mr. Jenkins talk.

On the stage, wearing full-dress blues, sat Koehler, flanked by hand-picked speakers: Brigadier General Fred W. Sladen, Superintendent; Colonel Charles P. Echols, Professor of Mathematics; and Tom Jenkins, former world's heavyweight wrestling champion who had reigned as czar of the West Point wrestling room for the past eighteen years.

The temperature of the building stood at a pleasant sixty-eight degrees, but where Jenkins sat the thermometer registered 115 and was rising. Sweat poured down his

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powerful neck and over the high, stand-up collar of his O.D. uniform.

The Superintendent talked first and was understandably appreciative of Koehler's impact on hundreds of cadets and on the army. Colonel Echols was understandably precise in describing Koehler's record as head football coach and physical education instructor.

The toastmaster summoned Jenkins to the scaffold, and the doomed colossus shuffled toward the noose. At five-eleven, two hundred and sixty pounds, Tom Jenkins was the most powerful man in the room--and the most miserable. If he failed to talk adequately, he would be letting down his beloved superior, Colonel Koehler. The years, in marching across Tom's face, had left a granite-like look, but now he appeared to be ogling a nightmare. He had memorized his speech, and it had flown out of the room.

"Gents!" Tom shouted. He glared over the heads of the audience, hoping his speech would fly back. "Gents!" he thundered again. Then Tom improvised a one-liner, a tribute no one present ever forgot, "Colonel Koehler made an instructor out of me."

The applause greeting Tom Jenkins as he scuffled back to the safety of his seat sounded like the yells

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around the ring when he gripped and groped his way to the world's heavyweight championship. He was one of the most popular, catch-as-catch-can wrestlers ever to climb through the ropes, even though he was one-eyed. He won the world's championship in an era when wrestling was vicious. To quote him, "I was a rassler when rasslin' was rasslin', not flim-flam ham actin'."

Stet

There are scores of Jenkins' former cadet students who claim they heard him say he broke the arm of the man he hated, Frank Gotch. And also, after talking about Gotch, "A gent that'll gouge out another gent's eye ain't no gent."

The fact is Tom lost his right eye at the age of eight in his hometown of Newburg, Ohio, during the explosion of a two-foot-long iron cannon in a ^{celebration of the} Fourth of July ~~celebration.~~ For months young Tom balanced between life and death, his face a wreck. He lay swathed in bandages almost a year, and when he was released from the darkened room the sight of his remaining eye was impaired and its nerve exposed. Old Doc Brooks, Tom said, ordered no reading.

In the early days of his career Jenkins did not read his contracts and consequently was often swindled. "I had one or two wonderful managers," he said, "but most of 'em acted like gentleman burglars. I was rasslin' in the Duke

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of What's His Name's barn, a few miles out of London, when my manager skidooed with the purse and left me penniless. If I could have laid my mitts on him, I'd have given him the steel roller treatment."

This was a special tactic Jenkins carried to the ring from the American Wire and Steel Mills of Newburg. At his work there, he took station in front of a pair of rolls. When the one-hundred-pound, red-hot iron bars rushed at him, he seized the end with a pair of tongs and bent the bars back through another pair of rolls. A man slow at roughing found himself fighting a dangerous boa constrictor.

"That job taught me to be quick," Tom said, "and it put a neck and arms on me and horny calluses on the heels of my hands. When I got my man on the mat, I ground the calluses into his face. It took the skin off."

Roughing was hard, but it was freedom, something Tom did not always enjoy. "By the time I was twelve, I had been collared by the Newburg police eight times. Little things like unhitching a peddler's horse and stampeding him through the streets, and helping throw a cop into a swamp. My parents told me a hundred times that boys back in Wales, where they came from, acted better."

Stet

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It was a boy in the steel mill in 1891 who was the indirect cause of Tom's wrestling career. The lad lost a leg in the mill, and the millhands staged a benefit in the old Newburg Townhall. Singers, cloggers, and acrobats performed, but the main attraction, billed as "WRESTLING BOUT BETWEEN AL WOODS--PROFESSIONAL--AND HIS PARTNER," fizzled. When the stooge failed to appear the millhands began to chant, "We want Jenkins," and "Up Jenkins."

Editor:
Small caps,
please

"Found myself in the ring," Tom said, "with no experience and a pair of overalls. I'd never even seen rasslin'. It was cat and mouse, but when Woods caught me he couldn't throw me. The worst of the hour was when I backed into a stove and burned my hand. Nobody won."

Mr. George Patton, manager of the mill, saw a future in the ring for eighteen-year-old Tom and arranged for ^{a year's} lessons from the Cleveland wrestling instructor Luke Lamb.

"The first bout Luke set up made me as nervous as a locked-out cat. I stood to gain \$320 if I won, \$200 if I lost. I was still in the mill, and this was a fortune. But I had on tights, and in my corner was Luke Lamb."

It was a go in the elegant Cleveland Athletic Club, the best two falls out of three. Tom faced Pete Schumacher, wrestling professional and the club's athletic director. The millhands were invited.

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Stet "Before I took to the ring," Tom said, "them club millionaires opened the bar. The mill boys felt happy because the high-toned bartenders shoved the bottle and glass at 'em and let 'em help themselves.

"The first fall took sixty-seven minutes. I finally managed a half-Nelson followed by a crotch holt. There was a twenty minute intermission, and the boys flowed back to the bar. Some was still there four minutes after the rest period, when I threw Schumacher with an inside hammerlock. There was yells and hell to pay. The boys ransacked the bar, turned over sofas, and yanked down pictures. The millionaires ran. A riot call fetched the police and fire engines. The chief of police knew me well. I told him, 'These boys don't mean no meanness. They're only kicking up their heels.' Nobody got run in, but Pete and I got no purse. It went for repairs."

Stet

Stet

Two years later Tom, tired of the ten to twelve hour days in the mill and lured by thoughts of money, left the mill. In his first match he received \$125 from the promoters for defeating Al Atherton, an Englishman.

However, Tom found his chief worry was not opponents but managers. "I was working for men you couldn't trust. One manager, out in California, blew my money on the horses, and another took our last twenty-five bucks and

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bought military hair brushes. I coulda tore out his gizzard."

Stet

In 1895 an honest and prominent sports figure, George Tuohey, rescued Jenkins. This manager headed him for the top-notchers, with the real target Frank (Farmer) Burns of Iowa, world's champion. Tom's friends warned him his aim was too high. "Burns is the cleanest-living wrestler since Abraham Lincoln," one said. "He won't even guzzle weak lemonade, and he's clever."

Jenkins started wrestling at 175 pounds. Now, in 1897, at twenty-five years of age and 202 pounds, he was as tough as barbed wire from the strength he developed as a rougher in No. 9 Mill. When he crawled through the ropes in the Central Armory in Cleveland to face the world's champion, the building went crazy. Millhands all over the house knew he would win. They howled and screamed as he defeated Farmer Burns in two straight falls of twenty-five and eight minutes.

Jenkins now had \$1,000 in his pocket and the world by a strangle hold. Cleveland exploded in his honor. Members of the Cleveland A. C. plunged overboard and invited the millhands to a banquet for the new world's champion. Tom's co-workers presented him with a \$400 stopwatch. It became his most cherished possession.

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At the dinner Tom hoisted a glass of whiskey. A man he admired, Roger O'Connor, said, "Tom, either a wrestler or a drinker be. Ye can't be both. That stuff'll be the throwin' of you."

"So help me," Tom said, "I never touched another drop except a noggin of Duffy's Pure Malt Whiskey they paid me for advertising, so I wouldn't be lying about it. It was very good."

Tom's trail zig-zagged across the United States. The idol of wrestling fans everywhere, his journeys carried him to Canada, Australia, England, Scotland, Ireland, France, Belgium, and Germany. Abroad he switched his style to conform to Greco-Roman rules, in which holds below the waist are not permitted, and still he won.

Although Jenkins said he wrestled in the days when "rasslin' was rasslin'," he did put on an act or two. In one, the "challenger," Tony Padillo, was allowed to escape from a succession of holds. After the bout had gone ten minutes, Tom picked Padillo up and suspended him horizontally over the edge of the stage--a moment the orchestra maestro seized to bang Padillo over the head with a dollar violin.

There were few such light interludes. After one bout Tom contracted severe blood poisoning in his left

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leg. He believed he could continue wrestling with his leg protected by a soft leather bandage, wound with a steel trap and fastened along the front of his shin with brass buckles. He met the tough Scot, Dan McLeod, of Hamilton, Ontario, Canada, ^{on December 25, 1902} wearing this device. The first fall went to Jenkins after fifty-nine minutes of work.

In the second, McLeod ground the brass buckles into Tom's shins. The pain became almost unbearable. The Scot threw Jenkins in twenty-four minutes. A doctor examined Tom's leg and advised him to withdraw. Tom refused, but he was unequal to the last dazzling attack of McLeod, and collapsed just as his manager threw in a towel.

As soon as Tom's leg recovered he returned to No. 9 Mill, believing if he faced the red-hot boa constrictors again he would regain his agility; certainly it would put calluses back on his hands. He started from the mill, and he would counterattack from the mill. He would recover his fortunes and, he told himself, it was time he punished an opponent.

When Jenkins signed again, after miles of roadwork and some tune-up matches, he centered on the mission: the Canadian Scot. In a rematch in Worcester, Massachu-

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in April, 1903
setts, he beat McLeod physically, the Scot leaving the ring with the skin of his face, neck, arms, and sides torn by Jenkins' hands.

In some weeks, Jenkins wrestled every day. Once he traveled with a theatrical company, and the offer was \$50 to anyone who can stay with Champion Tom Jenkins for fifteen minutes.

Names of but a few of Jenkins' top opponents survive in dingy records: Ernest Roeber, Jack Monroe, Tom Cannon, Tom McInerney (of Ireland), George Hackenschmidt, Dan McLeod, Frank Gotch, and Ismael Youssouf (the Terrible Turk). The bouts impressing Tom most were his battles with Gotch, Hackenschmidt, McLeod, and the Terrible Turk.

The Turk, ringside at 6'6" and over three hundred, had hands like catchers' mitts. A grenadier sergeant's mustache hardened his gross features. He was born in the Anatolian Mountains and had served in the Turkish field artillery as cannoneer and water carrier. His manager dropped the titbit that Youssouf was the favorite wrestler of the Sultan; actually he was a laborer from the Marseilles docks, who led an invasion of Turkish wrestlers to the United States.

When "Terrible Turk" Youssouf signed to wrestle he insisted he be paid in gold pieces, which he secreted in a money belt resembling an enormous surcingle. The Turk

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never exercised, never trained, never bathed, and crushed opponent after opponent.

"I met this monster," Tom said, "back in May, 1898."

"Was he agile?" a friend asked.

"Was he agile! He could jump up on top of a baby grand piano and land like a robin. Try that on your piano. When I first saw him in the ring, he was on his all-fours, glistening."

"Glistening?"

"In the lights. He drank a bottle of olive oil an hour before his bouts, and it was oozing through his skin. When I climbed up through the ropes, the fans was yellin' at this hippo. But he couldn't be disturbed. He had just swallowed a meal and was digesting it on his all-fours.

"I tried holt after holt. You couldn't budge him with a team of horses. Then I went to work on his legs because they were furtherest from his center. He kicked me, and I protested to the referee. This boiled up the Turk, and he stormed out of the ring. He did this five times, and each time it took policemen, his manager, seconds, and the ref to get him back. Again he sank to his hands and knees in the center of the ring as if to say to me, 'What can you do?'

Stet

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"I had a trainer at this time, Harry Tuthill, and he threw me some bum advice. 'You see that golden chain around his neck?' he yells. 'Why don't you break it?'

"I did. Didn't know it had something to do with his religion. He roared like a bear, picked me up and spun me over his head in an Airplane Whirl and threw me out of the ring like I was a chip. I landed in the third row of seats, hurt."

This set off mob action. The referee seized the Turk's arm and raised it overhead in signal of victory. The crowd felt its idol had been robbed. Hundreds of fans screamed and swarmed toward the mad Turk. He and the little Turks in his corner raced for the dressing room. Never had the title changed hands under more bizarre circumstances.

The gold the Terrible Turk placed in his money belt literally undid him. A few weeks after defeating Jenkins, he sailed for Turkey on the French liner Burgoyne. It sank off the North African coast and the monster descended to a watery grave, weighted down by an estimated \$15,000 in gold.

When Youssouf's death was announced, Tom Jenkins again claimed the world's championship. He strengthened his claim by defeating the European catch-as-catch-can champion Jack Careek.

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Next Tom started a series of close combat wars against the man he came to despise, Frank Gotch. According to the meticulous historian of athletic events, Colonel Alexander M. ("Babe") Weyand, they collided six times.

In the first go in 1903 Tom disposed of Gotch without difficulty. But Gotch, who had been raised in the cheerful but frugal surroundings of a German farm in Iowa, was not one to quit. He was rough, bouncy, brainy, strong, six years younger than Jenkins, ambitious, and gaining under the coaching of Farmer Burns. Jenkins and Gotch met again at Bellingham, Washington, on January 27, 1904, and Jenkins found himself grappling iron muscles moving faster than the iron in the mill.

It was a horrible match. When Gotch went after Tom's eye socket, Tom lost his temper and punched Gotch. This foul helped Gotch capture the title. Jenkins was crestfallen. But he regained the crown from Gotch in March 1905 in the Madison Square Garden, only to lose it again to Gotch in May, 1906.

"They had to carry Gotch to his corner after the 1905 bout," Tom said. "I beat him the same number of times he won from me." Then Tom added the curse, "He were n't no gent."

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Before his last go against Frank Gotch, Jenkins wrestled George Hackenschmidt ("The Russian Lion"), in the Madison Square Garden. The crowd of "8,000 spectators and at least 100 nice looking women" witnessed a bloody battle. Tom staggered from the ring exhausted and in a dark frame of mind. "I lost to a foreigner," he moaned.

Although Jenkins was now studying his contracts-- he had been taught to read and write by his wife Lavinia-- money troubles threw him. A trip through Europe with his family, and a bad investment cost heavily. And, to quote Colonel John Harvey Kane, who researched Jenkins' life, "The roast beef and steaks were beginning to show on him. He was heavier and slower and softer."

Tom Jenkins, once King of the Wrestlers, now cast about for something to do. He decided not to return to No. 9 Mill, but what was left? He made a little money in 1905 by endorsing a libation. The ad read:

AMERICA'S CHAMPION HEAVY-WEIGHT WRESTLER

Tom Jenkins, for Years the Unconquered Heavyweight wrestler of America states that Duffy's Pure Malt Whiskey was the Only Medi-

Editor:
Smaller
print,
please.

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cine He Used During the Time He held the
Championship. . . .

Duffy's Pure Malt Whiskey cures coughs,
colds, consumption, bronchitis, grip, catarrh,
asthma, pneumonia and all diseases of the
throat and lungs; indigestion, dyspepsia and
all stomach troubles; nervousness, malaria,
and all low fevers. It is prescribed and used
by over 7,000 doctors. Used exclusively in
over 2,000 hospitals. It is a promoter of
good health and long life; makes the old young
and the young strong. Duffy's contains no
fusel oil and is the only whiskey recognized
by the Government as medicine.

\$1.00 a bottle

(If anyone knows where this marvelous elixir may be
obtained at \$1.00, please notify the writer.)

But Jenkins discovered that as far as his public was
concerned he was now just another wrestler. At thirty=
three life looked black. Suddenly in that summer of 1905
he received one of the greatest breaks of his life, almost
on a par with his marrying Lavinia Gray.

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Theodore Roosevelt, President of the United States, decided, after study, that cadet life at West Point was weighted too heavily in academics, that the country would gain if the athletic plant at the Academy and its athletic program were expanded. In part of the schedule, he called on West Point to recommend athletic instructors. The name of Tom Jenkins headed the Athletic Board's list. He was sworn in as an instructor by Captain F. W. Coe, adjutant. The sports world was charmed. Letters began to arrive at West Point addressed to "Professor Jenkins."

Colonel Koehler, an admirer of Jenkins, took him in hand to develop him as a physical education instructor. Tom had boxed occasionally and had gone four rounds with Gentleman Jim Corbett, who called him "the almost perfect athlete, the best boxer-wrestler I ever met." So it was not strange that Jenkins at first instructed at West Point in boxing in addition to wrestling. He did not last long in the boxing room. Members of the Corps of that day said, "He knocked out too many cadets."

At times Jenkins also instructed cadets in swimming, and occasionally received a duty that irked: instructor-in-charge when the gym pool was open to post children. "Too much shouting, pushin' each other, jumpin' off the balcony, and not enough swimming."

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When Mr. William Cavanagh was hired as boxing instructor in 1918, Jenkins became lord and master of the wrestling room. This large rectangular room, devoid of decoration except for thick mats covering its floor and walls to a height of eight feet, looked like a medieval torture chamber to many cadets. However, more looked forward to Jenkins' wrestling hour than disliked it.

To form his classes, Jenkins shouted in a voice like thunder: Fall in! Form in column of two's. Tall men to the right. Count off! Take distance, march! Halt! Odd numbers, about face! Shake hands. And then, jargon like, "Number One leading. Number Two take elbow inside leg and go behind your opponent and put on a bar, which I've showed you." He might yell, "What's the matter with you two gents? Are you roommates? I got a daughter that can beat both of you."

Top performance and no deadbeating were the order in Jenkins' wrestling room. When a cadet shirked, or laughed at a classmate's discomfiture, or disobeyed instructions, he was singled out to wrestle the Ohio bear.

Once Tom changed his custom, probably because his fellow instructors teased him for wrestling lazy and

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unscrupulous cadets instead of reporting them. When a Cadet Stockton ducked out of a class, Tom saw him, and after class reached for a pen and a Form 1. The cadet had to answer this serious delinquency in writing, and his explanation found its way to Tom "for remark" just as Cadet Stockton reappeared in the wrestling room.

"Sir, Mr. Jenkins," the cadet said, "I'm sorry for what I did. I left your class without permission because I had a splitting headache. I especially admire you as an instructor, and I love wrestling--but I was half sick, sir. If I get a number of demerits out of this, I'll lose my Christmas leave, and I haven't seen my mother in three years. I apologize to you, sir."

"Well, Mister, next time you ask me. I don't care how sick you are, that's the thing to do. You understand?" With that, Tom tore up the papers.

A week later a buck slip from cadet headquarters found its way to Tom, requesting his remark on the cadet's explanation and the return of all papers. Tom disposed of this in a wastebasket. In the following week an orderly brought him a red-bordered letter marked IMMEDIATE ACTION, carrying the same request and signed by the Assistant Commandant.

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Tom scratched out his endorsement:

The gent ain't guilty.

Tom Jenkins

It was no wonder most of the Corps loved him.

In 1921 Jenkins received an additional duty a million times more interesting than paperwork. He was appointed coach of the cadet wrestling team, a position he held for fifteen years, until he was succeeded by Mr. Lloyd Appleton.

An Army wrestler close to Jenkins' heart was husky Louis A. Hammack, football star and captain of the 1929 wrestling team. Each admired the other. But Cadet Hammack did one thing Jenkins disliked: when his opponent was under his control, Hammack clowned in the ring.

In 1928 Lou Hammack was wrestling a fat boy from Yale. Hammack's long string of victories packed the old East Gym. With an eye on the clock, he let his opponent escape from a succession of holds. Coach Jenkins erupted like a volcano, jumping up and down from his campstool--especially when Hammack pretended he did not know what to do. Then, with a half minute to go, Hammack cradled the fat wrestler in his arms and held him chest high.

"What must I do with him, Tom?" Lou gasped.

"Throw him!" Tom thundered.

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Lou Hammack obeyed, but it was several days before normal communication was reestablished between coach and team captain.

In addition to instructing in wrestling at West Point, Jenkins gained money for his family--a wife and two fine daughters--by playing professional football occasionally on Sundays in Albany. This he carried into his early fifties. When I asked him about football, Jenkins slumped on one of the iron benches in front of the Superintendent's quarters, an aging mountain but still in good condition.

"I've had enough of pro football," he said. "I'm puffing after a quarter now, and besides it's dirty. When we played Buffalo yesterday, the guy in the line in front of me kept jabbing his fingers in my face, trying to get at my eye."

What a brave man, I thought. "What did you do with him, Tom?"

"Oh, I screwed his head back on. After that they left a little gap in front of me, and I had no trouble."

Football and eating were Jenkins' hobbies, but his love was instructing cadets. At times when his pupils rested he branched into military strategy. "Rasslin' is like war. You gotta keep your opponent guessing. Try

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his neck, arms, legs, every part of him till you find a weak spot. Then attack there, with maybe a feint or two. You get in a tough spot, remember--there ain't no holt that can't be broke!"

stet.

West Point graduates, appreciative of Jenkins' thirty-seven years in the Academy's wrestling room, raised money by subscription and commissioned Mr. Everett Raymond Kinstler to paint his portrait. It was hung in 1967 with ceremony in the gym's south boxing room, Colonel Frank J. Kobes, Professor and Director of Physical Education, presiding.

Graduates, impressed by Tom during their cadet days, remember other sayings of his, such as, "Your opponent is just as tired as you," and, "You don't have to be as big as the other man to win." He specialized in this last thought. "What do you weigh, Mister?" he would shout.

"One hundred and sixty-five, sir."

To another cadet, "What do you weigh?"

"One hundred and thirty-five, sir."

"Close enough. Rassel!" It was always close enough.

Brigadier General John Thomas Corley, Class of 1938, a leader on the battlefield and one of the most decorated officers in World War II, recalled Tom Jenkins' teachings in the Battle of the Bulge. Corley's battalion in the

.Reeder
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First Division was surrounded. German artillery crashed down tornadoes of iron, day and night. An officer of the battalion violated regulations by advising surrender.

"I was punchy for want of sleep," Corley said. "I went into a dugout to think. I put my head down on a table and dozed off. I was a cadet again and in Tom Jenkins' wrestling room. I could hear him saying, 'Mister, what do you weigh? . . . You don't have to be as big as the other fellow to win.' I did not surrender the battalion. General Bradley sent tanks and rescued us."

This was an instance of Mr. Tom Jenkins paying off the United States.

In the early account of Tom Jenkins' life, I drew heavily on research performed by the late Colonel John Harvey Kane, Class of 1926. Some of the sentences are his. Brigadier General William E. Carraway also contributed rare research.

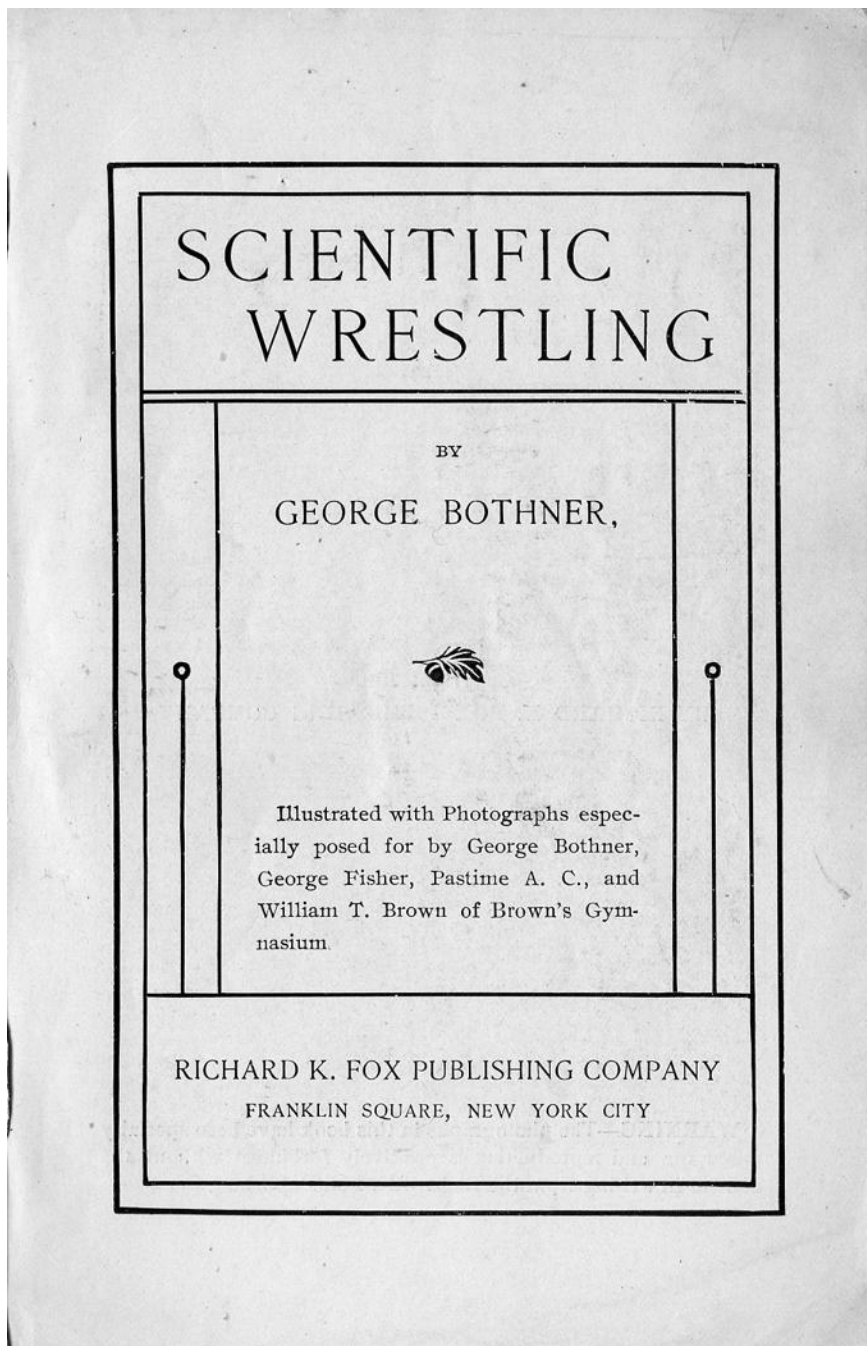
Class of 1923,
^

Scientific Wrestling by George Bothner





RICHARD K. FOX,



SCIENTIFIC WRESTLING.



It is customary when writing an introduction to a wrestling book to refer to the fact that the sport dates back to shortly after the beginning of the world—to say that it was practiced by the Greeks, Egyptians, Chinese and Japanese. But this book is not intended to be a review of ancient history. It will treat of the moderns. But it is interesting to note here, with due regard to the cleverness and ingenuity of the athletes of to-day, that those same ancients invented almost everything there was to invent in the way of holds, and while there may have been a few improvements made, catch-as-catch-can wrestling stands just where it did hundreds of years ago.

There is no exercise which will tend to develop the mind and body like wrestling. Other athletic sports put in use certain sets of muscles at the expense of some other part of the body, but wrestling puts a man into action from his head to his heels. Dormant muscles find no room in the anatomy of the man on the mat, whether he be on the offensive or the defensive; and his brain is working too.

Wrestling paved the way for physical culture, a fad—if you please to call it that—that is destined to continue for many years to come; for men are beginning to understand that a healthy body is absolutely necessary to a healthy mind.

The popular style of to-day is catch-as-catch-can, once known as Lancashire. It is more varied in its action, it affords greater scope for activity and is infinitely more interesting than the others from the viewpoint of the spectator.

The majority of the professional wrestlers prefer this style, although there are a few who are more adept at Græco-Roman, and who make that style their specialty.

This book would not be complete without a reference—necessarily eulogistic—to Mr. Richard K. Fox, the proprietor of the Police Gazette, whose deep interest in wrestling gave it an impetus in this country, which has placed it in the front rank of legitimate sports.

The medals which he had made for mixed wrestling contests—one of which is now in the possession of Duncan C. Ross—did more to popularize the game than anything else.

It was through his liberality Matsadi Sorachi, the Jap, was brought from obscurity into prominence and made famous in a month.

From a scientific standpoint, there is a great deal more in wrestling than two men on a mat, struggling with each other, and the student will do well to carefully study the following pages..

When an opponent resists aggressively, do not force him, but time your exertions so that he will be moving

SCIENTIFIC WRESTLING.

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in the same direction in which you desire to throw him.

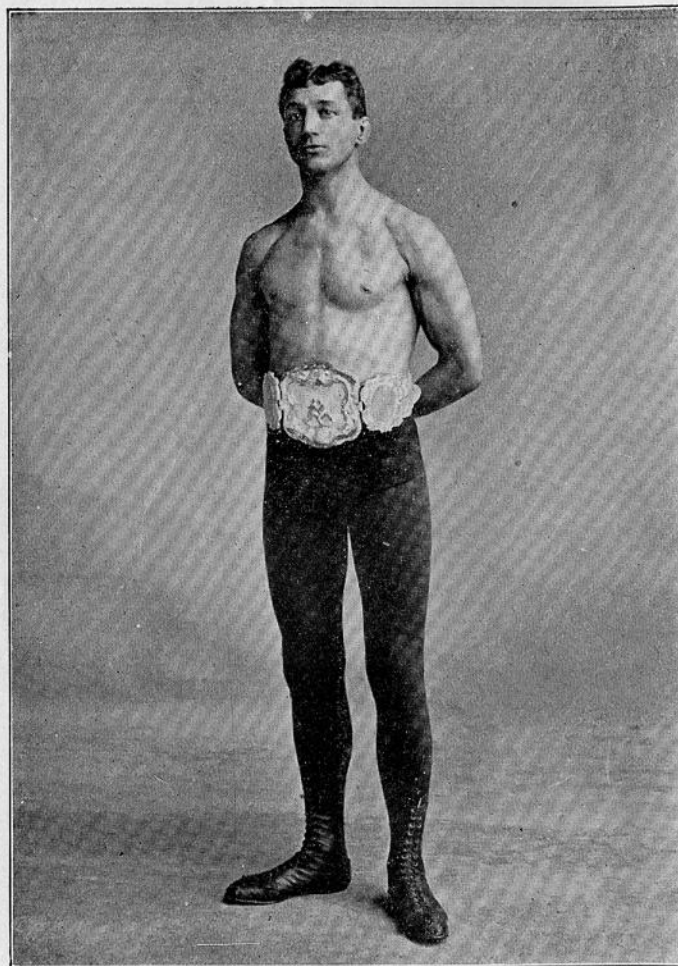
Feinting is as important an element in wrestling as it is in boxing, the object being to conceal the real intention. The attack is made indirectly with the object in view of obtaining a desired hold by strategy instead of by force.

It is an exceedingly difficult matter to throw a man with the first hold obtained, which, as a rule, is merely the preliminary, the opening wedge, so to speak. It is the succeeding holds which the scientific wrestler depends upon to accomplish his object and gain his fall.

I have shown in the following pages many instances of double holds, which are considered particularly effective. There are times when it is a comparatively simple matter to obtain two holds, either one of which might fail, but when combined they are almost irresistible. Take for instance the Half Nelson and Near Leg, the Hammer Lock and Crotch, and the Half Nelson and Further Arm.

Use all the weight you possess in wrestling. When your opponent is down, keep the pressure of your weight upon him as much as possible; it not only prevents him from changing his position, but it weakens him. The under man resists an effort made to turn him over by dead weight. In using the arm as a lever, it will be found much more effective to grasp the wrist instead of the elbow or upper arm. The leverage is greater and the least amount of effort is required.

A great deal depends upon the neck in wrestling. A well muscled neck is of the greatest importance in bridging and in resisting neck holds.



GEORGE BOTHNER.

SCIENTIFIC WRESTLING.

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If you are the aggressor and you have your man down, look out for your arms. Many an under man has gained a fall by seizing an arm and rolling over, putting the previous aggressor's shoulders to the mat.

Keep your elbows closely to your sides. Many of the best holds are obtained by way of the elbows.

Don't work slowly. Make up your mind what you are going to do, and then do it quickly. Put all the energy you possess into every effort, and make every move tell. Slow wrestling is tedious, tiresome and productive of no good. Don't work all the time. Take a breathing spell occasionally; but, once you get a good hold, put all your best efforts into obtaining a fall.

Don't remain rigid, and don't keep your muscles set. It militates against speed.

By a careful perusal of the above rules and close study of the following plates and the descriptive matter, anybody can become a fair wrestler.

You will find all of the old familiar Nelsons here, and a few others not so familiar. I have given some space to a few escapes from holds, which are well worth the attention of any wrestler, whether he be novice or expert.

CATCH-AS-CATCH-CAN, OR LANCASHIRE.

In Catch-as-Catch-Can, which is now in vogue, wrestlers are allowed to catch hold of any portion of the body with one single exception, but they must not

scratch, throttle, or commit any unfair act. Neither are they allowed to be rubbed with grease, resin or any pernicious drug. A second is not allowed to touch his man or his opponent's man while wrestling. If the wrestlers get entangled with the boundary of the ring, they shall draw off, and renew the contest with the same hold as when they drew off.

The decision of the referee in any match is final, and the stakes to be given up accordingly. If the referee be not chosen in the articles, and the wrestlers or backers cannot agree to appoint one in fifteen minutes from the time of entering the ring, the stakeholder shall appoint one. The men are allowed ten minutes between each fall. If a wrestler gain a fall and neglect or refuse to continue the contest, his opponent shall claim the stakes, or in the event of a wrestler gaining a throw, he can claim the stakes in the absence of any arrangement to continue the match. Any dispute arising not provided for in the articles, shall be settled by the referee, whose decision shall be final.

POLICE GAZETTE RULES FOR
CATCH-AS-CATCH-CAN.

1. Either opponent may press his arm against his antagonist's throat.
2. Strangle Hold is barred.
3. Two shoulders touching the floor at the same time, to constitute a fall.

SCIENTIFIC WRESTLING.

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4. No less than 10 nor more than 20 minutes rest allowed between each wrestling bout.

5. All bets to go with the stakes. The referee to announce at all times when a match is not concluded which way the stakes shall go.

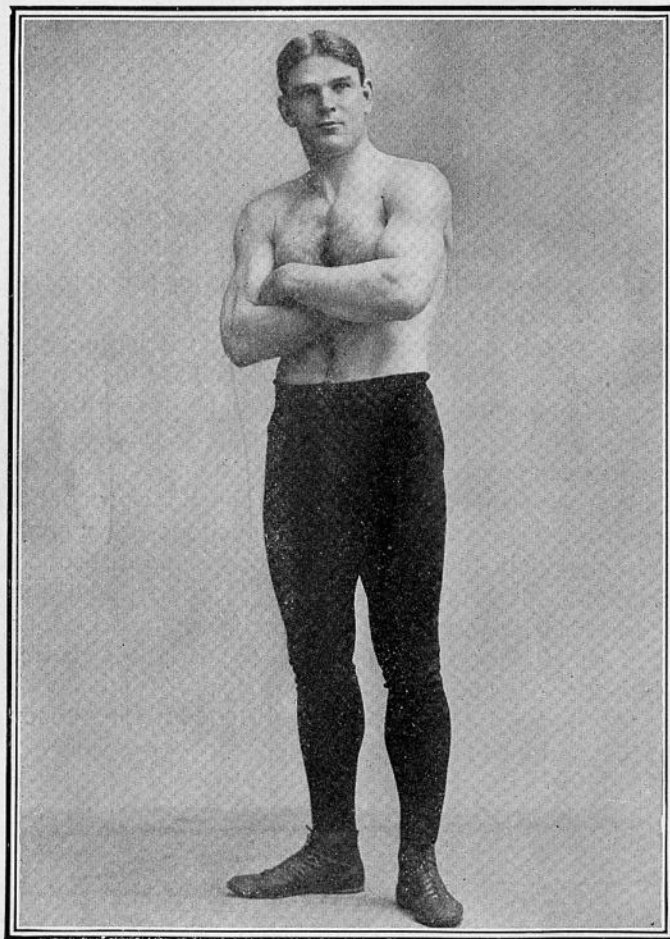
6. If the referee be not chosen in the articles, and the wrestlers or backers cannot agree to appoint one within 15 minutes from the time of entering the ring, the stakeholder shall appoint one.

7. In all matches the wrestlers must be in gymnasium shoes, and they will not be permitted to scratch, throttle, or commit any other unfair act toward each other. Neither will they be allowed to be rubbed with grease, resin or any pernicious drug, on any part of their bodies. A second is not allowed to touch his own or his opponent's man while wrestling—touching either competitor while in the act of wrestling will be a disqualification against the offender and his party, and the referee shall decide against them. If the wrestlers work off the mat the referee shall order them to the centre, where the same holds shall be renewed.

8. Richard K. Fox, the proprietor of the POLICE GAZETTE, to be official stakeholder.

OTHER STYLES OF WRESTLING.

Besides the Lancashire, or Catch-as-catch-can, there is the Cornwall and Devonshire, Cumberland and



FRANK GOTCH, CHAMPION OF THE WORLD.

SCIENTIFIC WRESTLING.

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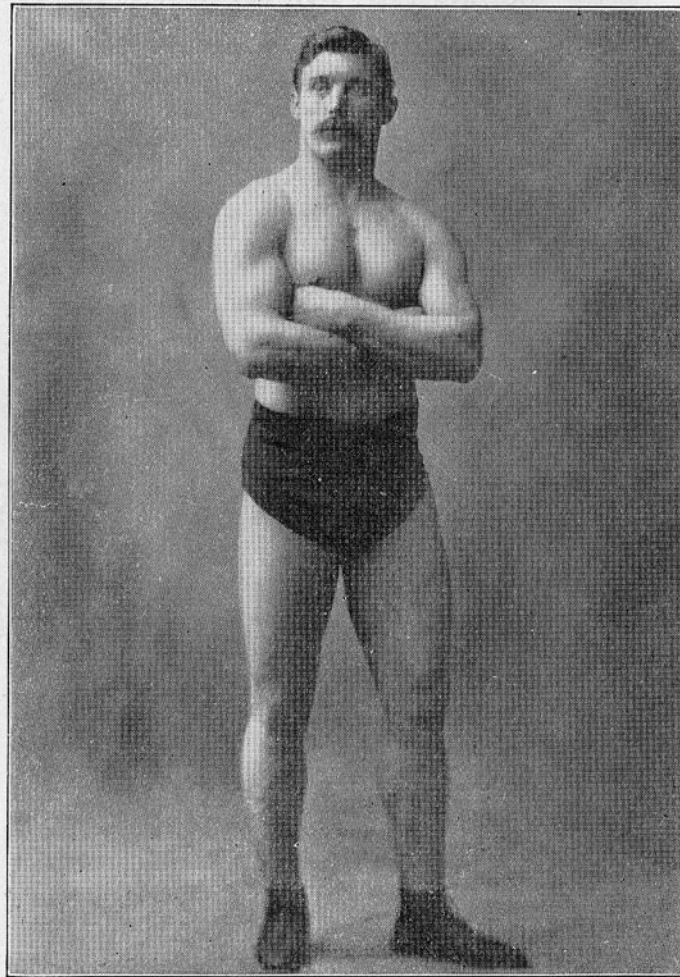
Westmoreland, Græco-Roman, Collar and Elbow, Side Hold, and Back Hold.

CORNWALL AND DEVONSHIRE STYLE.

In leading off with the Cornwall and Devonshire style of wrestling, I may remark that the regulations are apparently of the simplest character; yet, in consequence of the complicated nature of the Cornish definition of a "fall," the south-country gatherings often end very unsatisfactorily, and many inferior men have honors accorded them which they could not have obtained had the conditions been different.

The Cornwall and Devon men wrestle in strong, loose linen jackets, catch hold above the waist or by any portion of the jacket. Kicking is forbidden, and the men compete in their stocking feet. In order to be fairly thrown, two shoulders and one hip must be on the ground, or two hips and one shoulder—it matters not which—and a man must be thrown flat on his back before any other portion of his body touches before a decision can be given against him.

Hauling and mangling on the ground, as in French wrestling, is useless, and a competitor who pitches on his stomach or buttocks is allowed to arise and renew the struggle as if he had never been down at all. Judging this style of wrestling is by no means easy, for, although a man may fall flatly enough, yet if the man making the throw should touch the ground previously



TOM JENKINS.
EX-HEAVYWEIGHT CATCH-AS-CATCH-CAN CHAMPION.

SCIENTIFIC WRESTLING.

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with either hand, knee, or any part of his body, no fall is allowed.

Again, a slippery player might momentarily, after being thrown on his back, by a quick movement raise either hip or shoulder, and so leave the impression that he has *hardly* been thrown, and a clever player when hardly bringing his man down on all the points required might, and frequently does, give him a slight jerk, and so lay him over. This is not unfrequently practiced when a man is over or under thrown. Of course, if the fall is under, *i. e.*, not hardly enough, the jerk would be forward, and, if overthrown, then the jerk backward. However, an expert can easily discern this. Outsiders often clamor loudly over these falls, and a weak judge is not unfrequently influenced thereby.

With regard to collaring, a man must not take the two collars of his opponent's jacket in one hand, nor can he do so at any time during the match. Some men have a move of slipping their hand under the jacket up behind their opponent's back, bringing the hand out over his shoulder, and then grasping hold of the opposite jacket collar. The tightened jacket gives the wrestler a firm hold. In Devonshire this is disallowed, on the ground that no player shall stop the breath of another, but in Cornwall it is permitted. No man is allowed to take hold of his opponent's drawers, belt or handkerchief, but he may grasp the bottom corners of his adversary's jacket. Three minutes are allowed between each fall, and fifteen minutes between each "back."

CUMBERLAND AND WESTMORELAND STYLE
OF WRESTLING.

The Cumberland and Westmoreland style of wrestling is well-known, yet a brief summary of the rules which have been laid down for the guidance of competitors may not be out of place here. On taking hold, the wrestlers stand up chest to chest, each placing his chin on his opponent's right shoulder, and grasping him around the body, each placing his left arm above the right of his antagonist. When both men have got hold and are fairly on their guard, the bout commences, and with the exception of kicking, they are allowed to use every legitimate means to throw each other, but if either party breaks his hold, that is, leaves loose, the one so leaving loose shall be the loser, and if either man touches the ground with one knee only, or any part of his body, though he may still retain his hold, he shall not be allowed to recover himself, but shall be the loser. If the men fall side by side, or otherwise, so that the umpires cannot decide which was first on the ground, it shall be what is technically called a "dog fall," and shall be wrestled over again; but if both fall to the ground the man who is first down or falls under the other shall be the loser.

Two umpires and a referee decide all Cumberland Westmoreland competitions, a practice which might be imitated with advantage by all wrestling communities. Perhaps the catch-hold system, first down to lose, is the fairest for all.

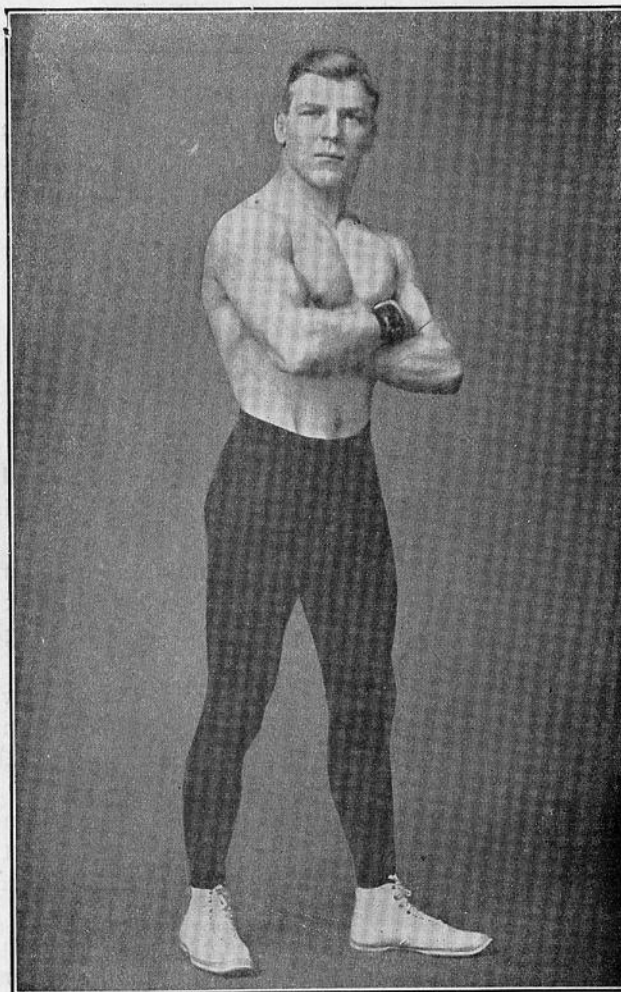
SCIENTIFIC WRESTLING.

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The "first down to lose" clause avoids the difficulty in satisfactorily deciding the "three points down," which is the most fatal objection to, and which has helped to ruin the ancient popularity of Devon and Cornwall wrestling.

RULES OF CUMBERLAND AND WESTMORE-
LAND WRESTLING.

1. On taking hold the wrestlers stand up chest to chest, each placing his chin on his opponent's shoulder and grasping him around the body, each placing his left arm above the right of his antagonist.
2. When both men have a firm hold and are fairly on their guard the play commences, and, with the exception of kicking, they are allowed to use every legitimate means to throw each other.
3. If either party breaks his hold, that is, leaves loose, though not on the ground, and the other still retains his hold, the one so leaving loose shall be the loser.
4. If either man touches the floor with one knee only, or any other part of his body, though he may still retain his hold, he shall not be allowed to recover himself, but shall be the loser.
5. If the men fall side by side or otherwise so that the umpire cannot decide which was first on the ground, it shall be what is technically termed a "dog fall," and shall be wrestled over again.



WALTER KEEGAN.
Police Gazette 125-pound Champion.

SCIENTIFIC WRESTLING.

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6. If both fall on the ground the man who is first down, or who falls under the other, shall be the loser.

GRÆCO-ROMAN OR FRENCH STYLE OF
WRESTLING.

This style of wrestling is very similar to the Lancashire style, but catching hold of legs and tripping are forbidden. The competitors are not allowed to take hold lower than the waist; strike or scratch one another, and to be conquered it is necessary that both shoulders should touch the ground at the same time.

THE RICHARD K. FOX RULES FOR GRÆCO-
ROMAN WRESTLING ARE AS FOLLOWS:

1. The wrestlers are only allowed to take hold from the head and not lower than the waist.
2. Taking hold of the legs is strictly forbidden.
3. The wrestling is with open hands, and the wrestlers are not allowed to strike or scratch.
4. If the wrestlers roll over each other, the one whose shoulders shall touch the carpet first is deemed thrown, if rolling falls are to count.

SCIENTIFIC WRESTLING.

5. It is necessary that both shoulders shall touch the ground at the same time in order to gain a fall.

6. All matches to be best two out of three falls, each fall to consist of two shoulders being upon the ground at the same time; if but one fall is gained after three hours wrestling, the contestant winning that fall to be declared winner of the match. If two falls were got, one by each, at that time, then the contest to go on until a second fall is won by either wrestler. If each contestant wins a fall, the match must continue until decided, unless otherwise agreed upon.

COLLAR-AND-ELBOW, OR SQUARE HOLD STYLE.

The Collar-and-Elbow style of wrestling was, up to 1880, the most popular style of wrestling in this country, and there have been numerous exponents of this mode that have contended in scores of matches for the championship at all weights.

THE POLICE GAZETTE RULES FOR COLLAR- AND-ELBOW WRESTLING.

1. The contestant shall be required to wear knit shirt and short coat, or jacket, not to extend below the

SCIENTIFIC WRESTLING.

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hips, with strong collar and sleeve for the grasp of his opponent.

2. Each contestant to wear rubber shoes or sandals on the feet.

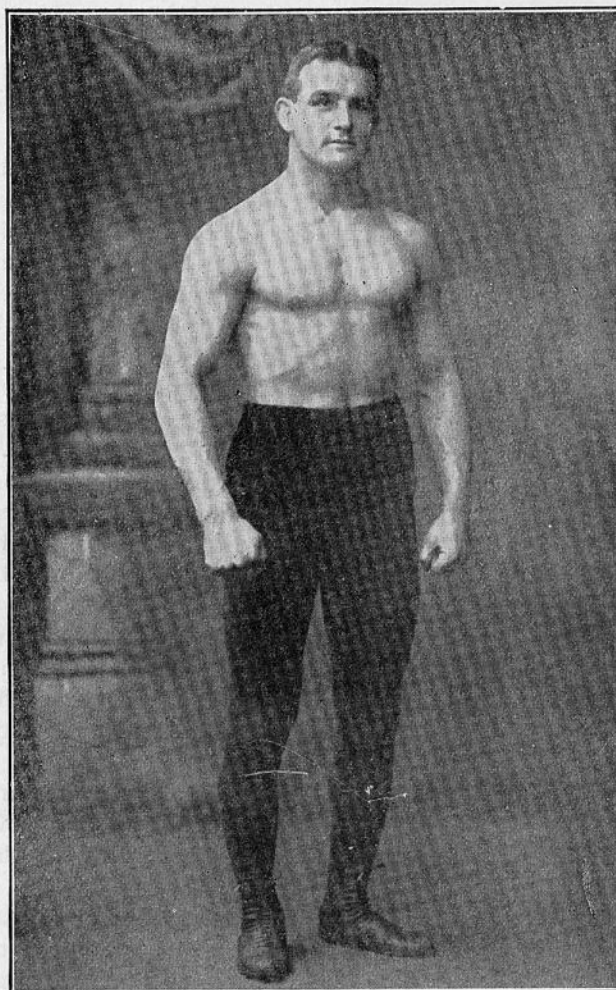
3. Each wrestler shall take hold of the collar of his opponent with his right hand. The grasp of the collar to be opposite the left ear of his opponent, and neither contestant shall be allowed to loose or break his hold, or shift his hand on the collar, forward or back, until a fall is decided. Should either contestant do so, the referee shall have full power to decide the bout against him and in favor of his opponent.

4. Both contestants shall be made to stand up and move their feet alternately; at the same time the right arm must be held in a loose instead of a stiff position, in order that his opponent shall have an opportunity to move forward at his pleasure.

5. If either contestant break his grasp or hold during a bout with one or both hands to save himself from falling or to gain a momentary advantage, it shall be considered a foul, and the referee shall decide the fall or bout against him.

6. No kicking to be allowed, and any contestant who shall wilfully kick, or attempt to kick his opponent, shall forfeit the match and stakes according to the option of the referee.

7. To decide what is considered a bout or fall at this style of wrestling, a contestant will be required to throw his opponent fair on his back, so that two hips and one shoulder, or two shoulders and one hip shall strike the ground or floor at the same time to constitute



AMERICUS.
Heavyweight Wrestler of Baltimore, Md.

SCIENTIFIC WRESTLING.

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a fall. Under no circumstances shall a referee be allowed to decide or declare a bout won unless either of the contestants commit a foul by kicking or breaking holds.

8. All contests for the collar-and-elbow wrestling championship of America are to be arranged at the POLICE GAZETTE office, New York. In all contests for the championship Richard K. Fox shall act as final stakeholder.

9. Should a referee chosen or selected in any contest be found to be biased, prejudiced or incapable, either of the contestants shall have the power, on satisfactory evidence being produced or affirmed, to resign the contest.

10. No butting or scratching shall be allowed, and the referee shall have full power to disqualify a contestant on the first offence.

11. Under no circumstances, in any contest, shall the wrestlers be allowed to rest until a fall is gained, and the referee shall have no power to allow the contestants to rest without the mutual consent of both parties.

SIDE-HOLD WRESTLING.

Side-hold wrestling is not much in vogue, and seldom, except in mixed matches, in which all styles are brought in to decide a contest in the arena, do wrestlers contend by this style. The wrestlers grasp each other around the waist, and hip-lock, or cross-buttock, or grapevine each other until they gain a fall. In these

contests the contestant having the "under hold" always has a decided advantage over his opponent, no matter how great the difference in weight, providing both are thoroughly posted on the locks and catches, and understand how to avoid and break the many locks.

RICHARD K. FOX SIDE-HOLD WRESTLING
RULES.

1. Each contestant shall furnish at his own expense a set of strong leather or Webb harness, which must reach from the shoulder to the waist and from the neck to the elbow.
2. The men shall toss for choice of holds, and the contestant winning the toss can take the left and under, or right and over.
3. The contestant taking the left and under shall take hold of his opponent's harness at the waist on the left side with his left hand, and his opponent's left hand with his right.
4. The contestant taking the right and over shall take hold of his opponent's harness behind the right shoulder with his right hand and his opponent's right hand with his own left.
5. Both wrestlers shall stand side to side and show fair and equal play, or forfeit one fall for each caution after the first.
6. If either contestant break his grasp or hold during a bout with one or both hands to save himself from

SCIENTIFIC WRESTLING.

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falling or to gain a momentary advantage, it shall be considered a foul, and the referee shall decide the fall or bout against him.

7. No kicking to be allowed, and any contestant who shall wilfully, after caution, kick or attempt to kick his opponent, shall forfeit the match and stakes according to the option of the referee.

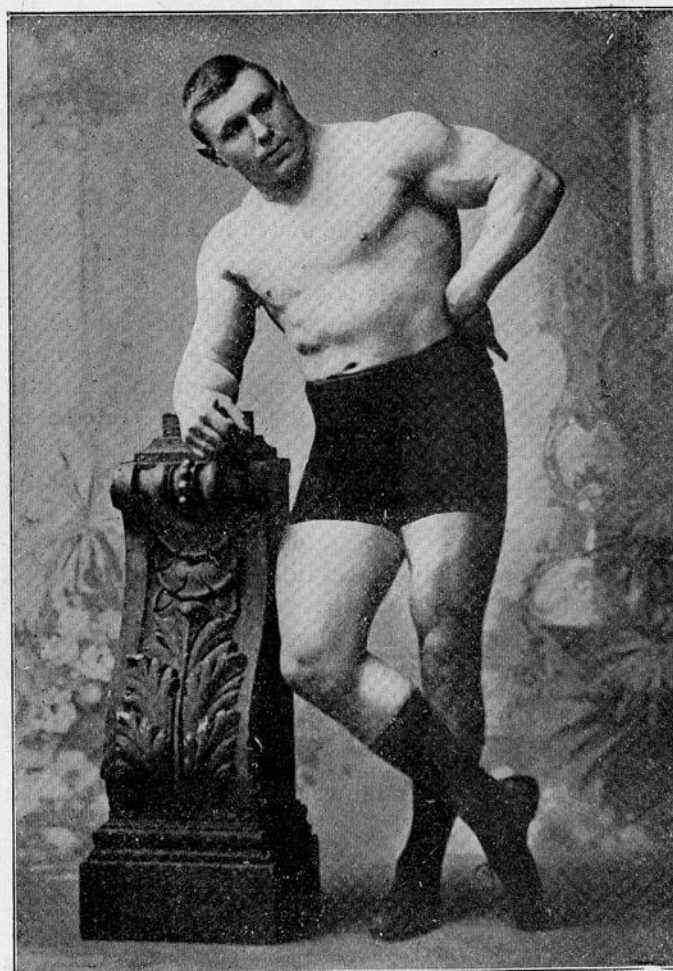
8. To decide what is considered a bout or fall at this style of wrestling, a contestant will be required to throw his opponent fair on his back; two shoulders must strike the ground or floor at the same time to constitute a fall. Under no circumstances shall the referee be allowed to decide or declare a bout won unless either of the contestants commit a foul by kicking or breaking holds.

9. No butting or scratching shall be allowed, and the referee shall have full power to disqualify a contestant on the first offense.

10. Under no circumstances, in any contest, shall the wrestlers be allowed to rest until a fall is gained, and the referee shall have no power to allow the contestants to rest without the mutual consent of both parties.

11. A rest of 15 minutes shall be allowed between each bout.

If there is anything concerning wrestling not in this book, that you want to know, write to the Police Gazette Query Department and you will be fully informed.



GEORGE HACKENSCHMIDT.
KNOWN AS THE LION OF RUSSIA.

SCIENTIFIC WRESTLING.

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RULES GOVERNING AMATEURS.

Under amateur rules bouts are limited to six minutes, and if there is no fall there is a rest of three minutes, to be followed by six minutes more of wrestling. Then, if neither contestant has scored a fall, the referee has the power to give the decision to the man who in his opinion has done the better work.

Flying and Rolling Falls are counted.

The Hammer Lock is barred, as are also the Double Nelson and Strangle.

The weights are :

Bantamweight,	-	105 pounds
Featherweight	- -	115 pounds
Special-weight	-	125 pounds
Lightweight	- -	135 pounds
Welterweight	-	145 pounds
Middleweight	-	158 pounds

Championship Contests are held each year.

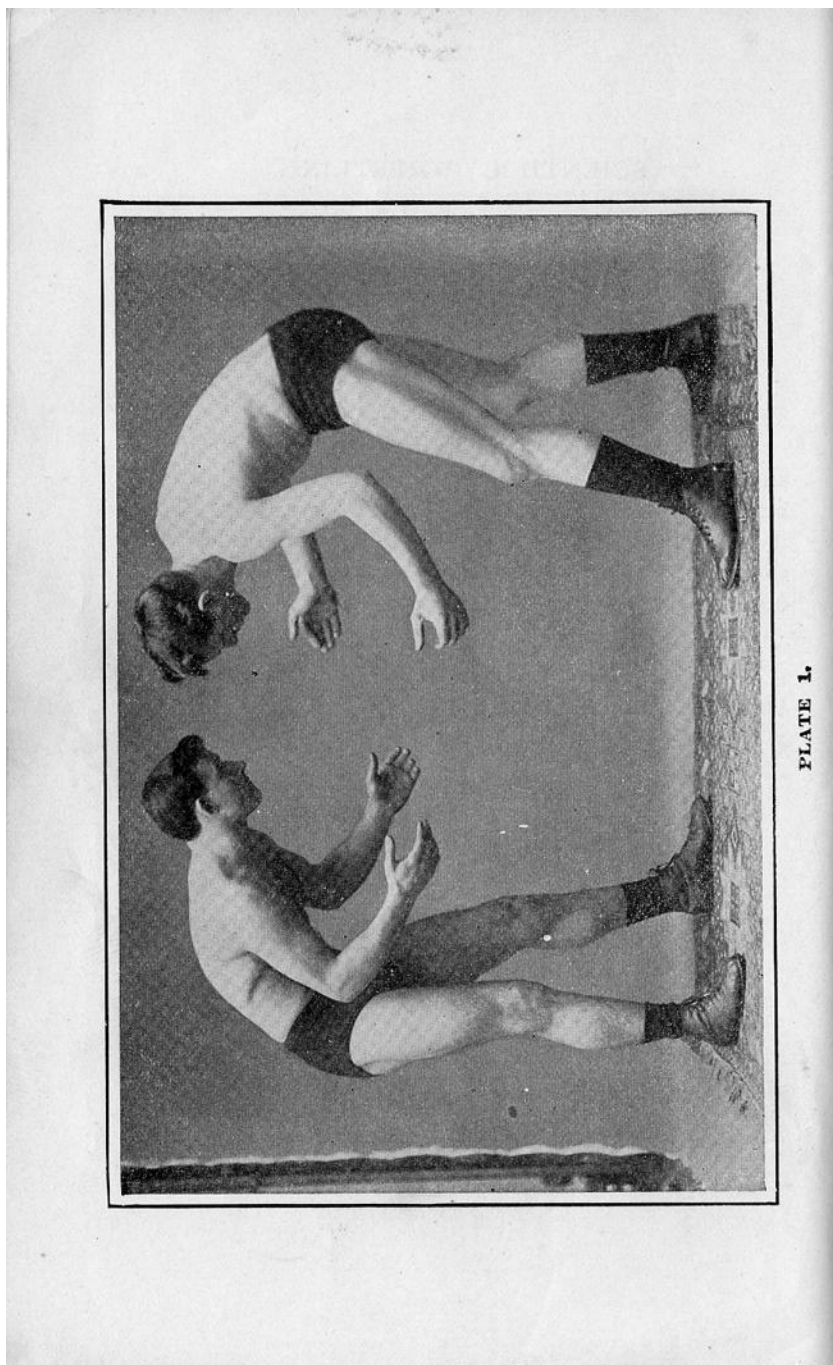


PLATE 1.

SCIENTIFIC WRESTLING.

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Time. Plate I.

After the men have shaken hands they step back a pace or two, and are then ready for action.

The plan of campaign is then begun, and the weak points of an opponent are looked for.

Every sense is on the alert for a miscalculation may mean disaster.

Beginners are cautioned to keep their elbows close to the body.

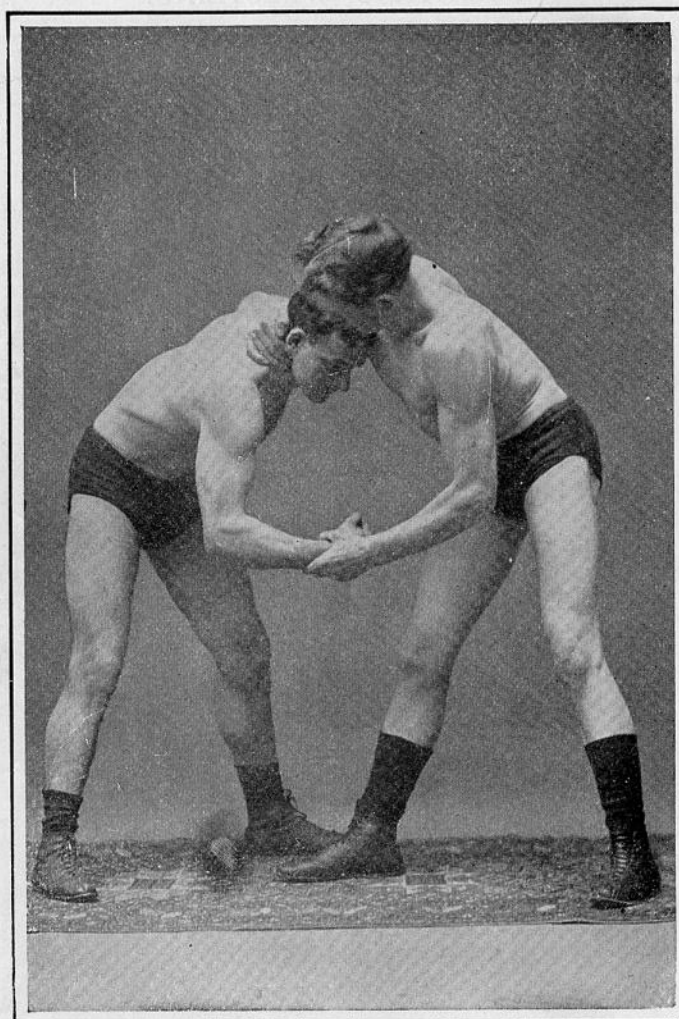


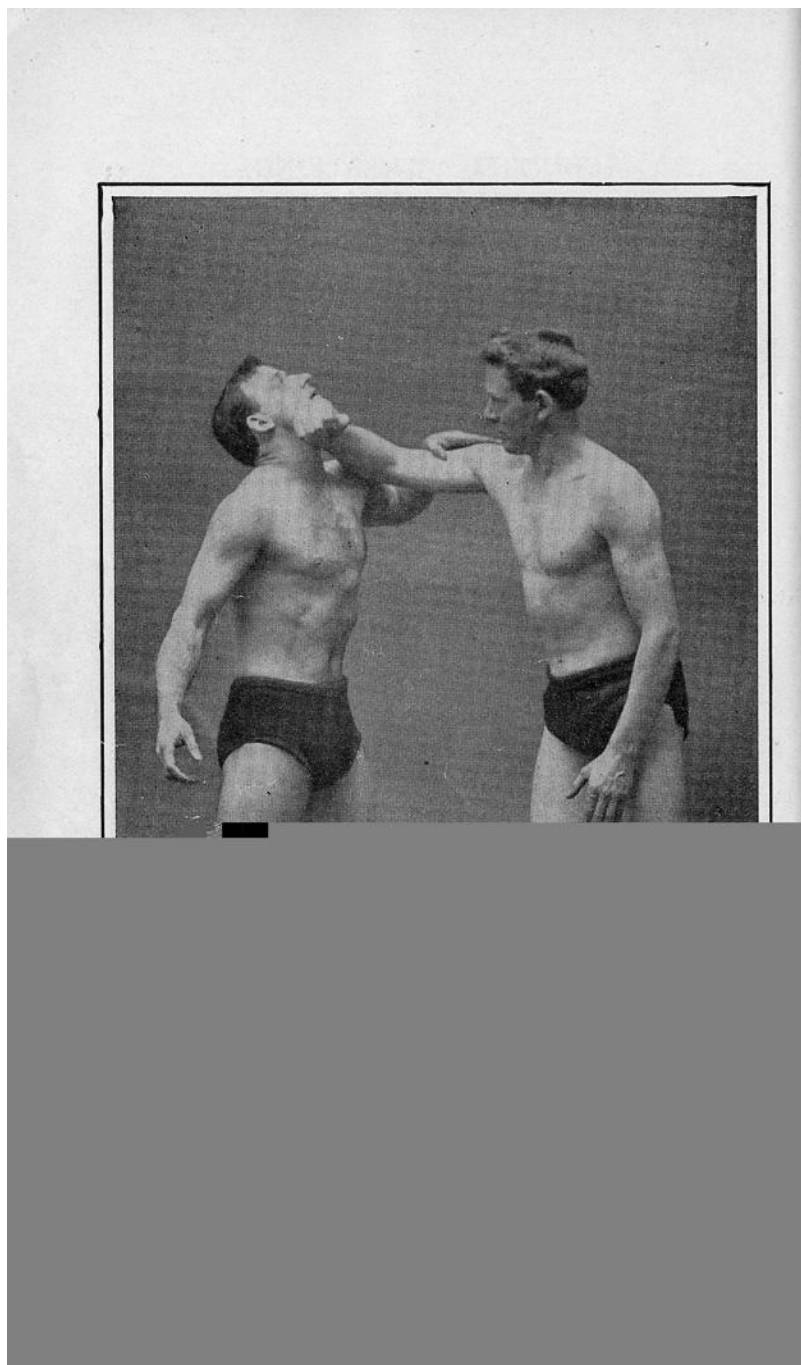
PLATE 2.

SCIENTIFIC WRESTLING.

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Wrist and Head Hold. Plate 2.

This is looked upon as a preliminary hold; a fall cannot be gained from it, but it gives the man securing it an advantage over his opponent, and an opportunity to work out a plan of action.



SCIENTIFIC WRESTLING.

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Shoving head to secure opening for Waist Hold.

Plate 3.

This can be obtained from the position shown in Plate 2.

Letting go of the Neck Lock and press the back of forearm against your opponent's chin in the manner shown in the cut, and then bending slightly forward, place both arms about your opponent's waist.

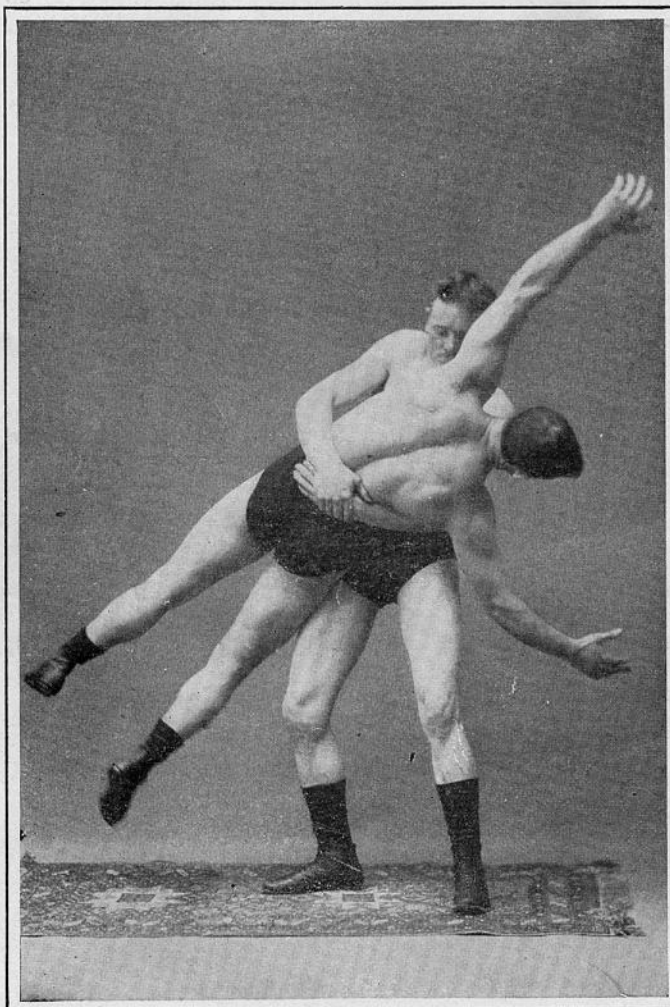


PLATE 4.

SCIENTIFIC WRESTLING.

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Waist Hold secured. Plate 4.

This shows the Waist Hold secured, and the manner in which the hands are gripped to prevent slipping.

Swing your opponent's feet from under him.

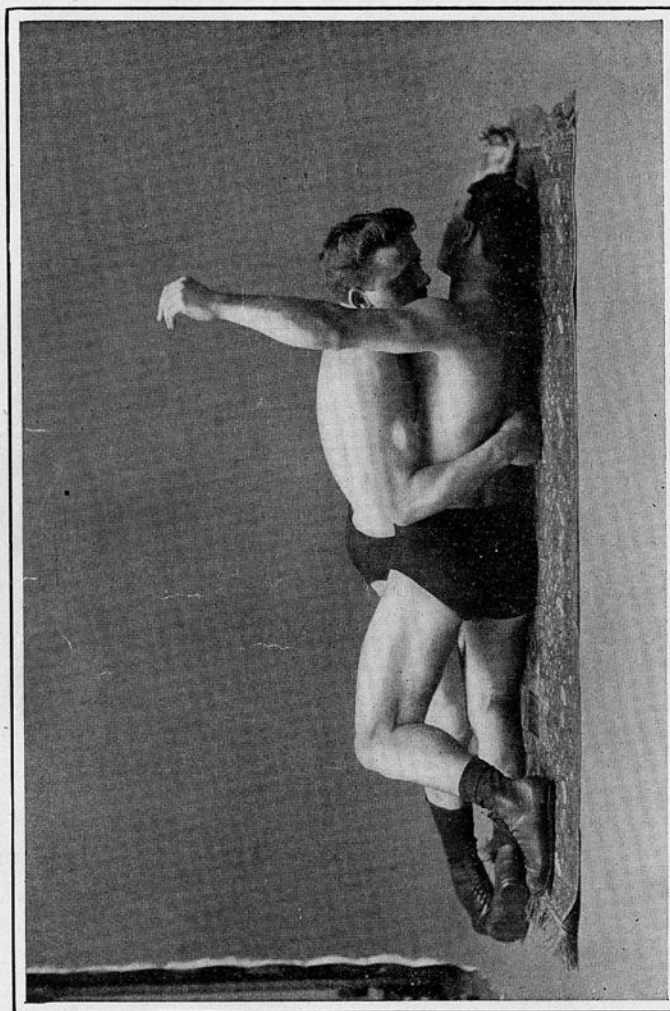


PLATE 5.

SCIENTIFIC WRESTLING.

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Fall from Waist Hold. Plate 5.

From position (4) throw your opponent to the mat, falling with him and retaining the hold.

The fall in such a case is usually inevitable.

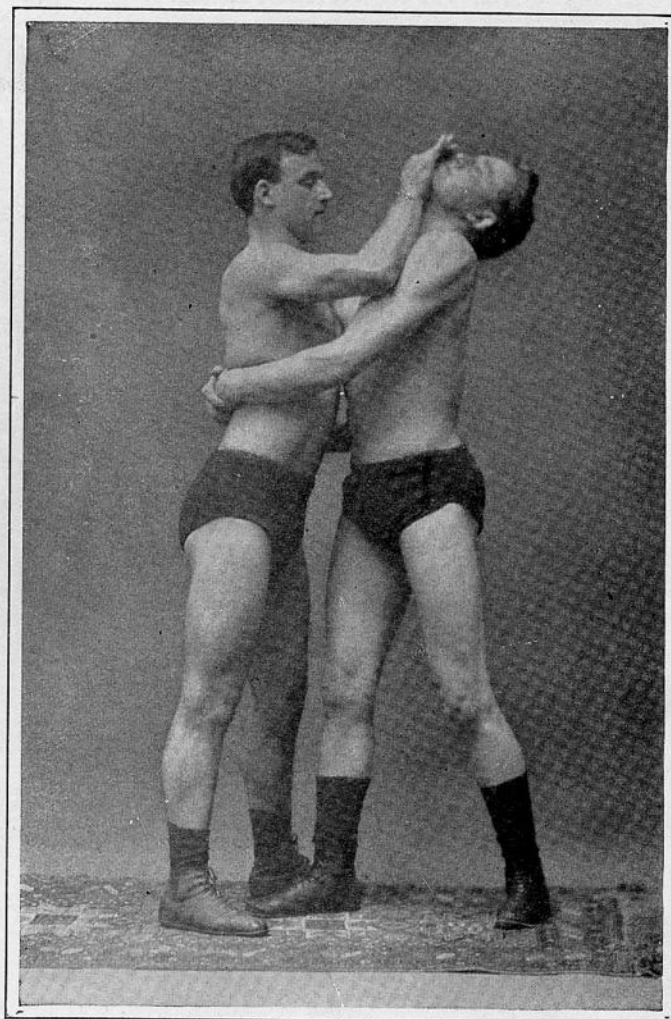


PLATE 6.

SCIENTIFIC WRESTLING.

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Block for Waist Hold. Plate 6.

This shows a most effective block for the Waist Hold, and one that rarely fails of its purpose.

When your opponent has obtained a Waist Hold push his head back with your right palm against his chin, pulling him towards you with your left arm around his back, and that move will prevent his lifting you from your feet.

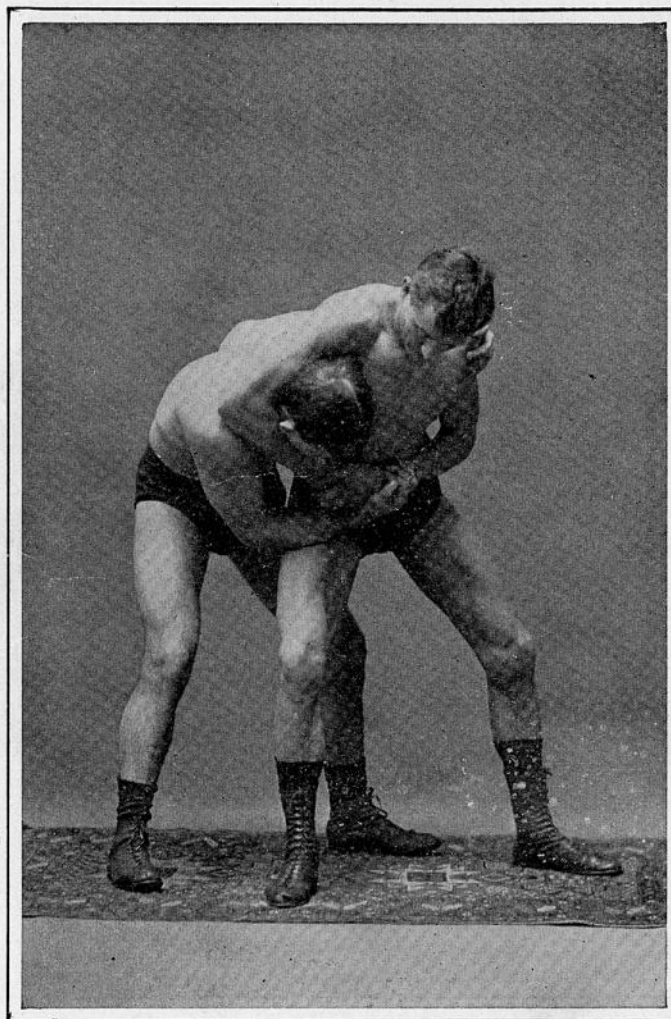


PLATE 7.

SCIENTIFIC WRESTLING.

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Side Chancery. Plate 7.

The Side Chancery may be secured from the position shown in Plate 2.

After securing it, put the weight of your body on your opponent's neck and dragging him to the mat, continue to turn his head until he is forced upon his back.

A fall may also be secured by tripping with the right leg.

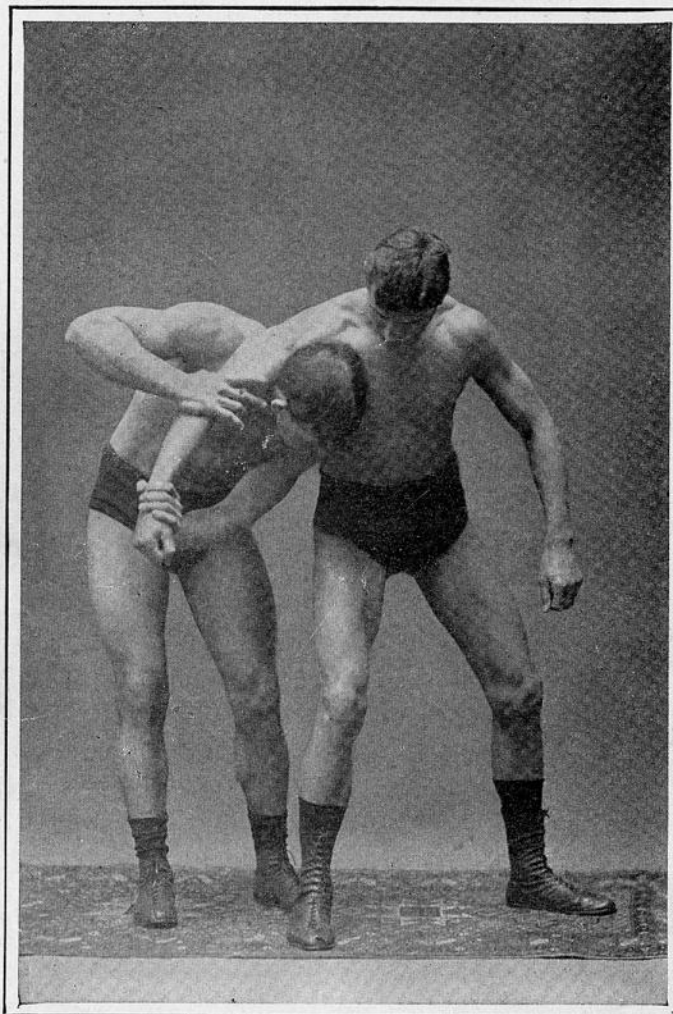


PLATE 8.

SCIENTIFIC WRESTLING.

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Preparing to Counter Side Chancery and Execute
Flying Mare. Plate 8.

The method of escape from Side Chancery is clearly illustrated in the accompanying plate, and it shows the beginning which usually leads to the inevitable fall, but it must be worked quickly in order to become effective.

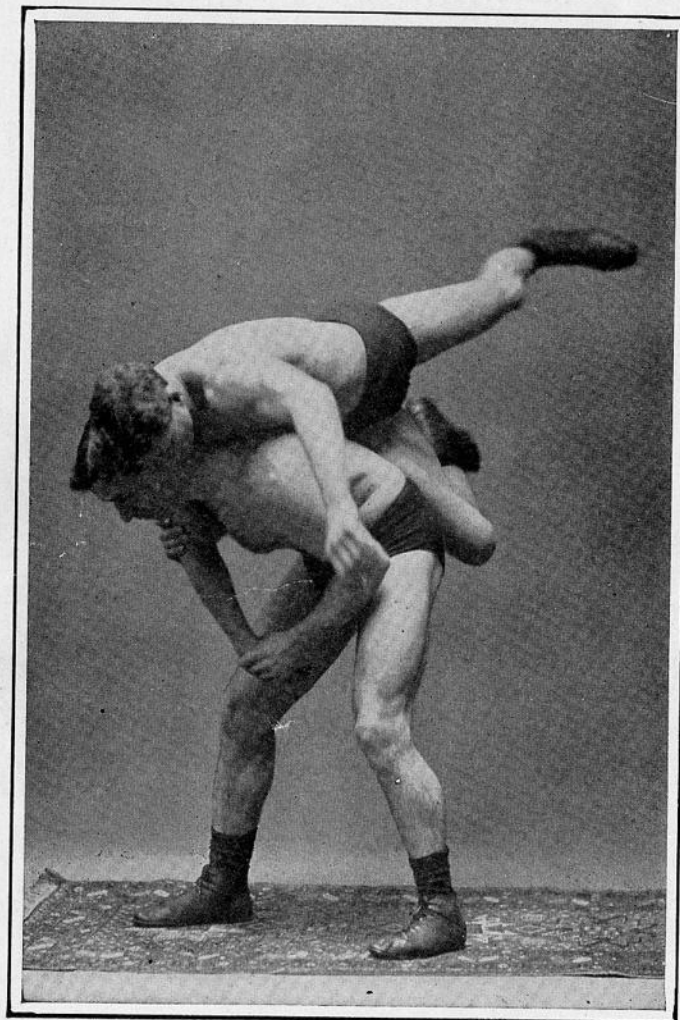


PLATE 9.

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Flying Mare. Plate 9.

Having firmly secured the hold as shown in Plate 8.
Step forward with the left foot so as to bring your
body directly in front of your opponent with your right
shoulder under his armpit.

Then give a vigorous lurch forward, from which a
fall may be secured.

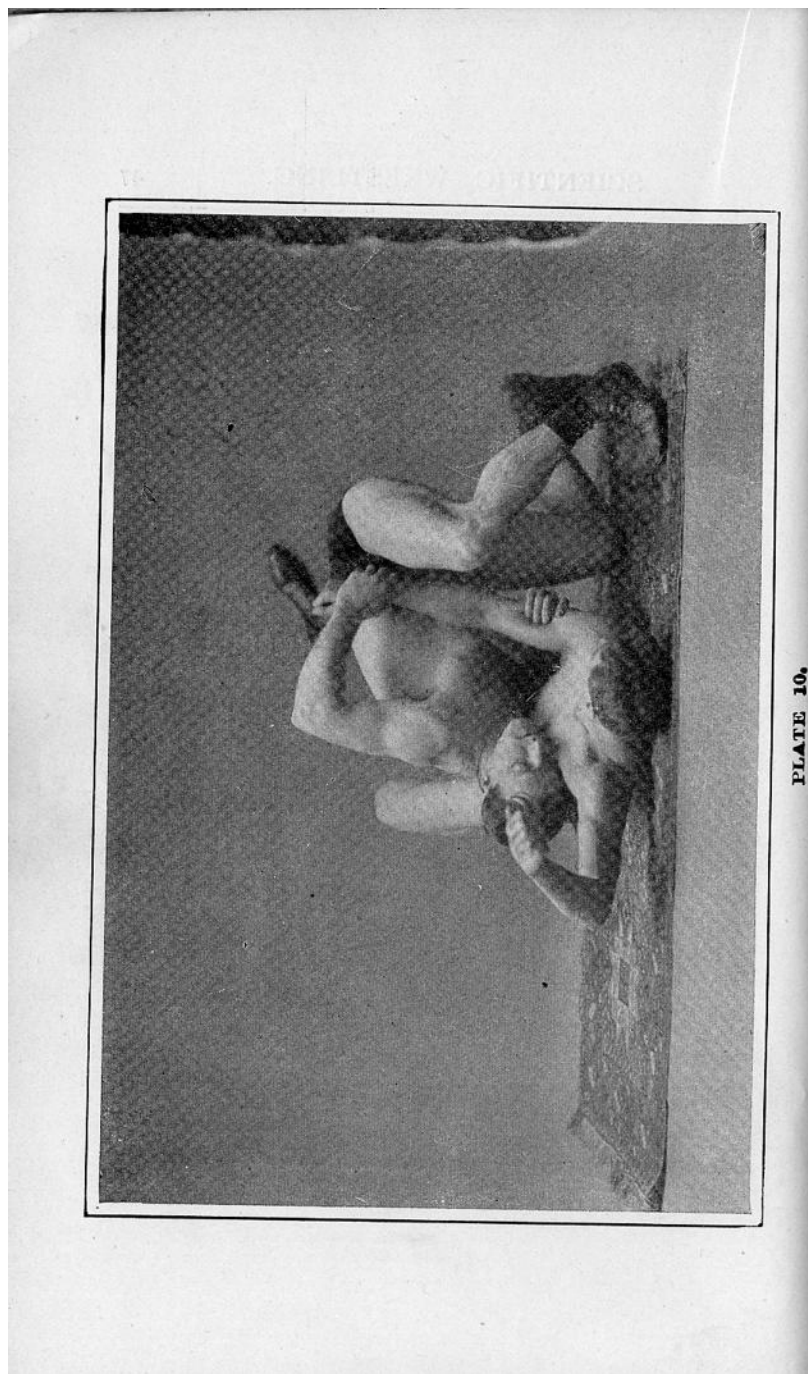


PLATE 10.

SCIENTIFIC WRESTLING.

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Fall from Flying Mare. Plate 10.

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This shows the fall from the preceding plate.

Notice that the hold is retained.

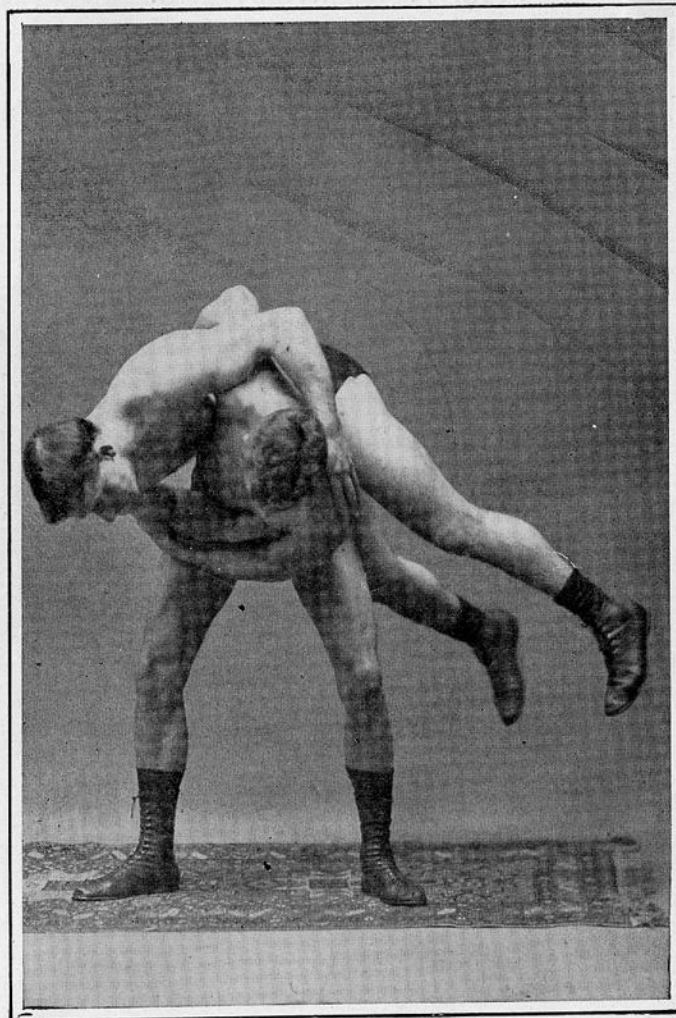


PLATE 11.

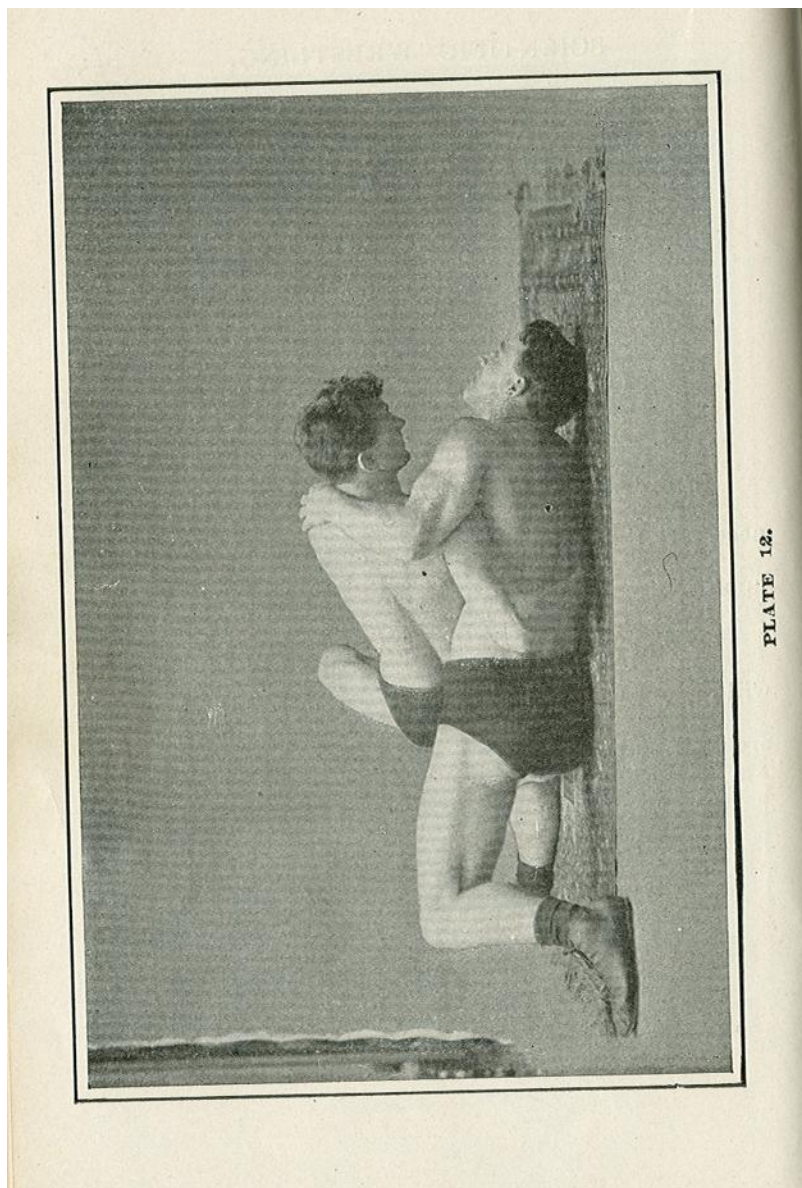
SCIENTIFIC WRESTLING.

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Hip Lock. Plate 11.

In order to successfully work the Hip Lock, it is necessary that you should get a waist and elbow hold upon your opponent.

Step quickly in with the right foot so that his body will rest on your hip, then twist him forward and you are ready for the fall.



SCIENTIFIC WRESTLING

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Fall from Hip Lock. Plate 12.

When you have your opponent so that his shoulders are towards the floor, fall with him, and bear down upon him as soon as he strikes the mat, so as to prevent a bridge, or a turn out.

If worked properly a fall from it is inevitable.

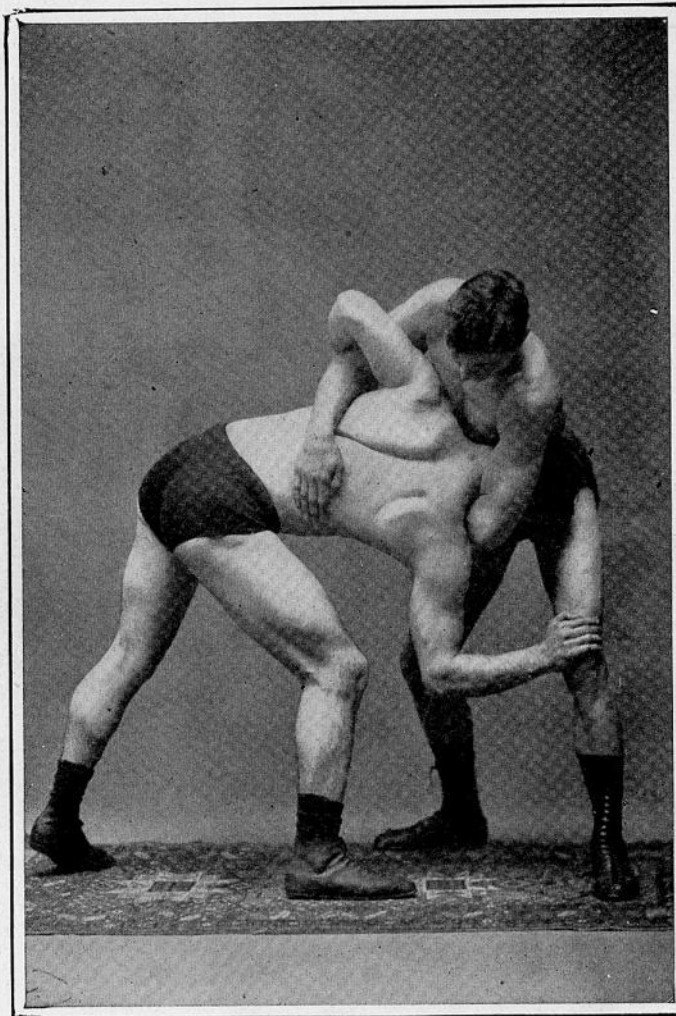


PLATE 13.

SCIENTIFIC WRESTLING.

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Forward Chancery and Bar Hold.

Plate 13.

Pull your opponent's head towards you with your right hand, then secure the Chancery with the left arm, then get the Bar Hold as shown.

Pull your left leg to the rear and jerk your opponent forward to the mat.

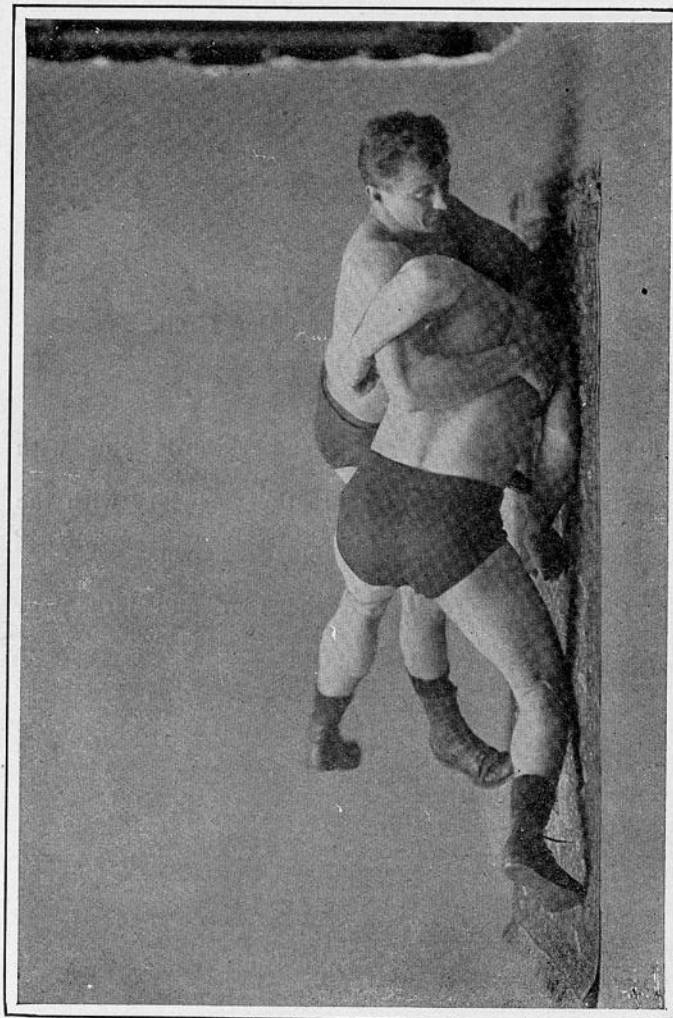


PLATE 14.

SCIENTIFIC WRESTLING.

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Fall imminent from Forward Chancery and Bar Hold.

Plate 14.

Having brought him to his hands and knees force him over with the Bar Hold until both shoulders touch the mat.

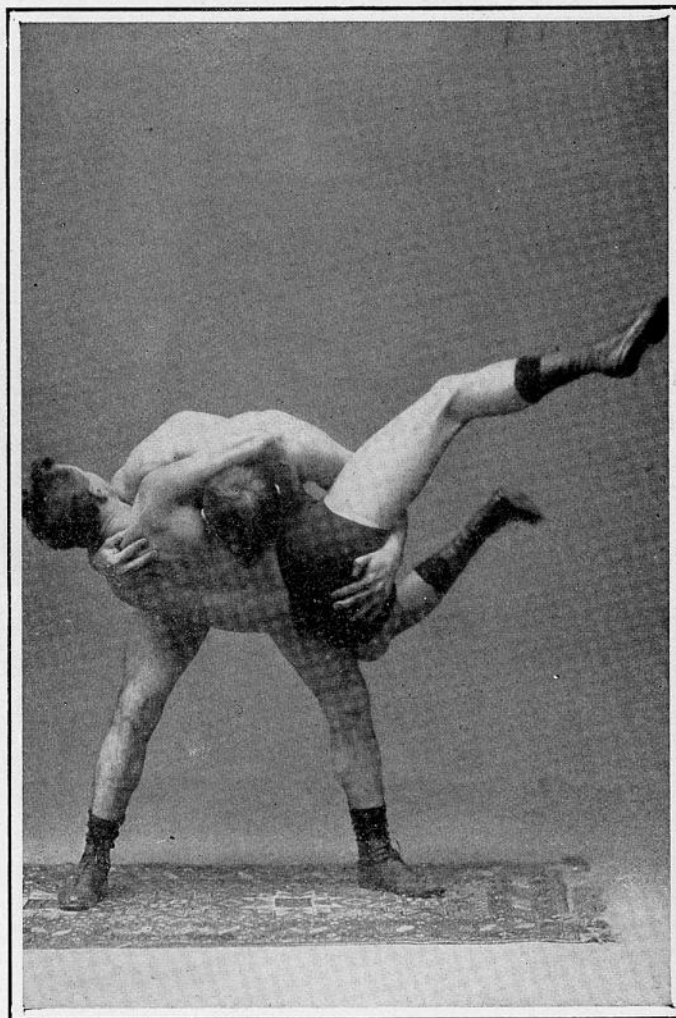


PLATE 15.

SCIENTIFIC WRESTLING.

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Counter for Forward Chancery and Bar Hold.

Plate 15.

This shows a Counter.

When your opponent has obtained a Forward Chancery and Bar Hold, with your free arm grasp his far leg at the crotch, at the same time sliding the other arm upward and about his neck.

Raise him from the floor with the Crotch Hold as shown in the accompanying plate.

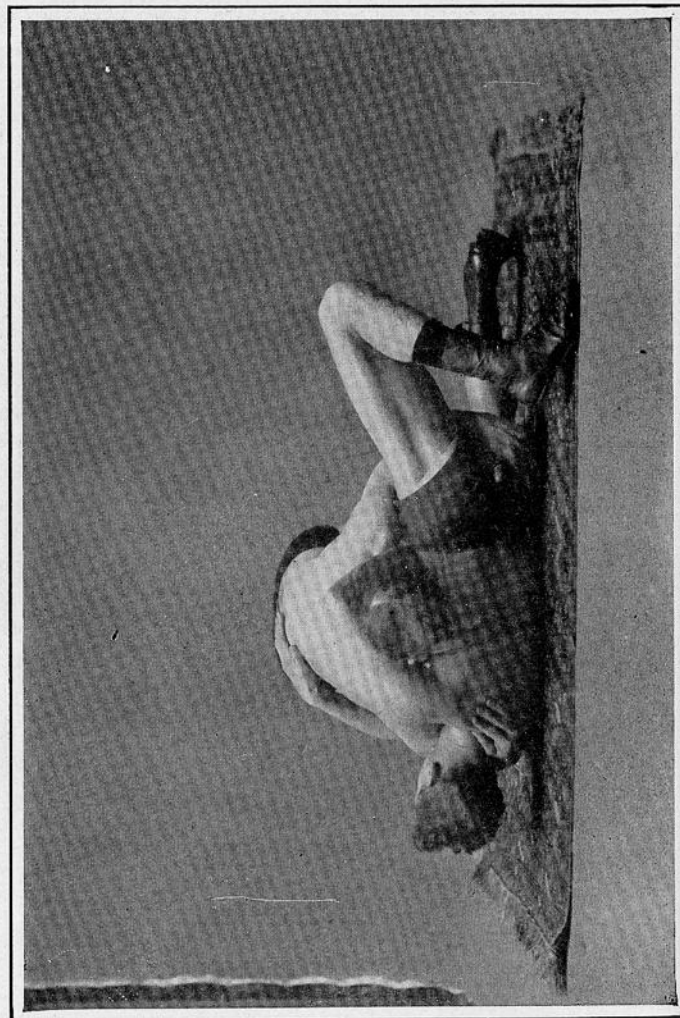


PLATE 16.

SCIENTIFIC WRESTLING.

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Fall from preceding position. Plate 16.

Lunge forward, falling heavily with your opponent, retaining your hold and bearing down until fall is secured.

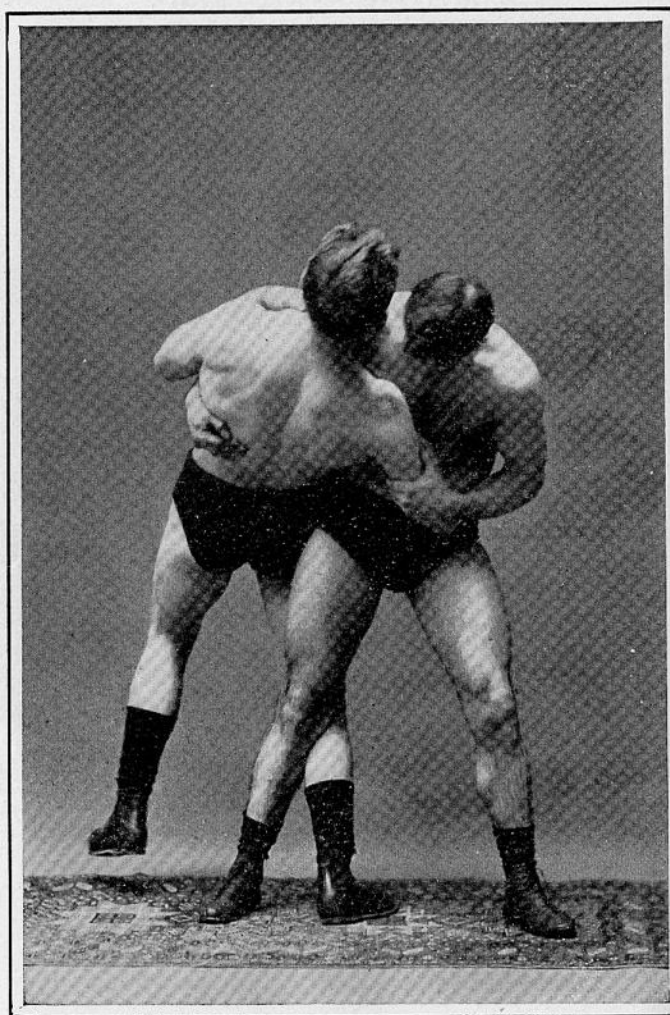


PLATE 17.

SCIENTIFIC WRESTLING.

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Cross Buttock and Waist Hold. Plate 17.

Assuming that you are in the position shown in Plate 2, make your opening as shown in Plate 3.

Then step quickly in, bend forward, and obtain a body hold with the right hand, a triceps hold with the left and place your right leg as shown, forcing your opponent backwards, being careful not to stand too erect.

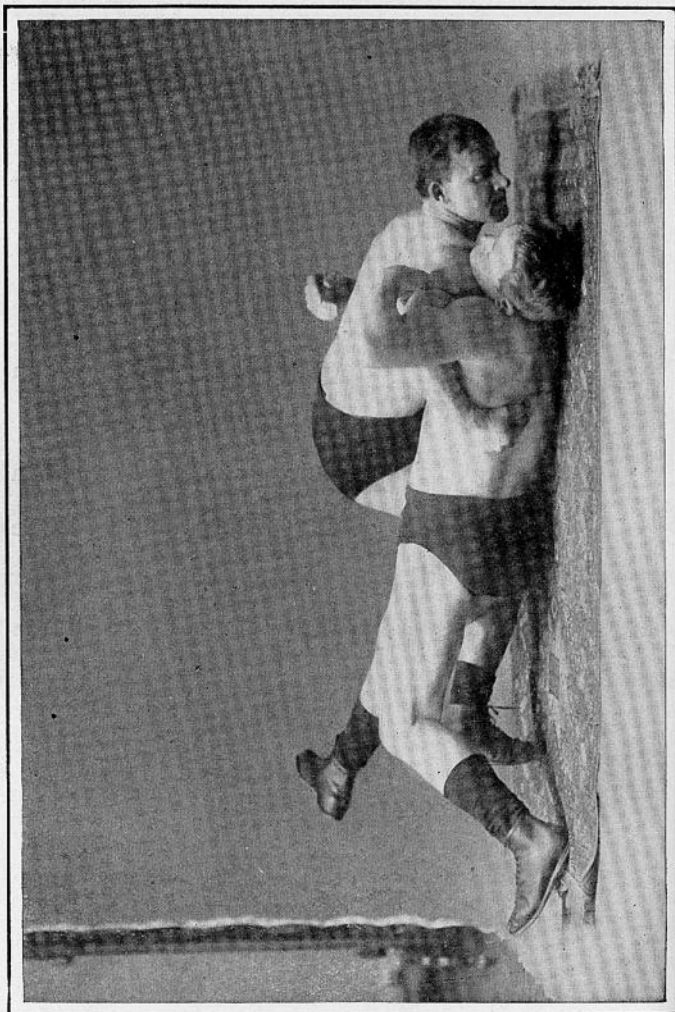


PLATE 18.

SCIENTIFIC WRESTLING.

65

Fall imminent from Cross Buttock. Plate 18.

Retain the Waist Hold on your opponent and fall with him, and the fall will be easily gained.

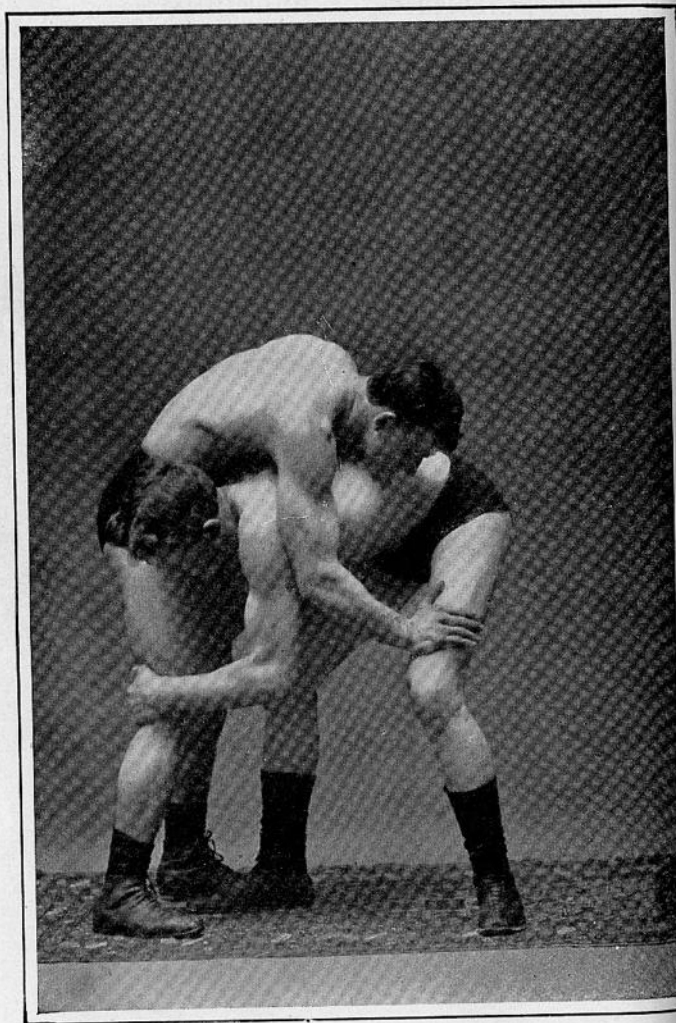


PLATE 19.

SCIENTIFIC WRESTLING.

67

Double Leg Hold. Plate 19.

Dive forward and secure the hold shown, pull the legs apart, at the same time pulling them toward you and throwing the weight of your shoulders against your opponent, which will cause him to fall upon his back.

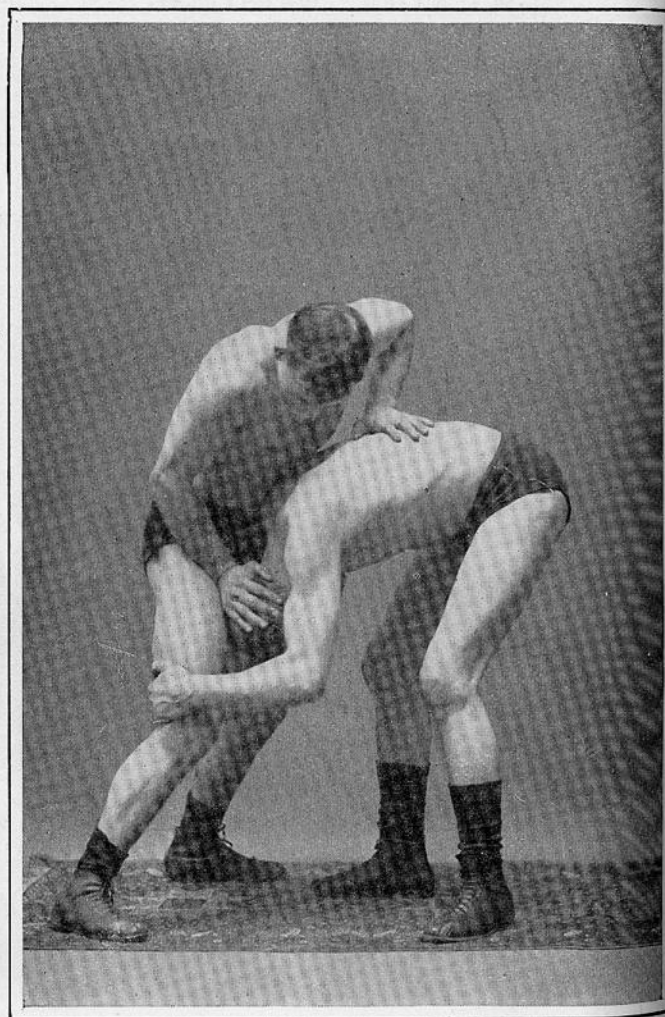


PLATE 20.

SCIENTIFIC WRESTLING.

69

Block for Double Leg Hold. Plate 20.

Your opponent having secured the Double Leg Hold, force his head downward, as shown in accompanying plate.

This will be found to be a simple and effective block.

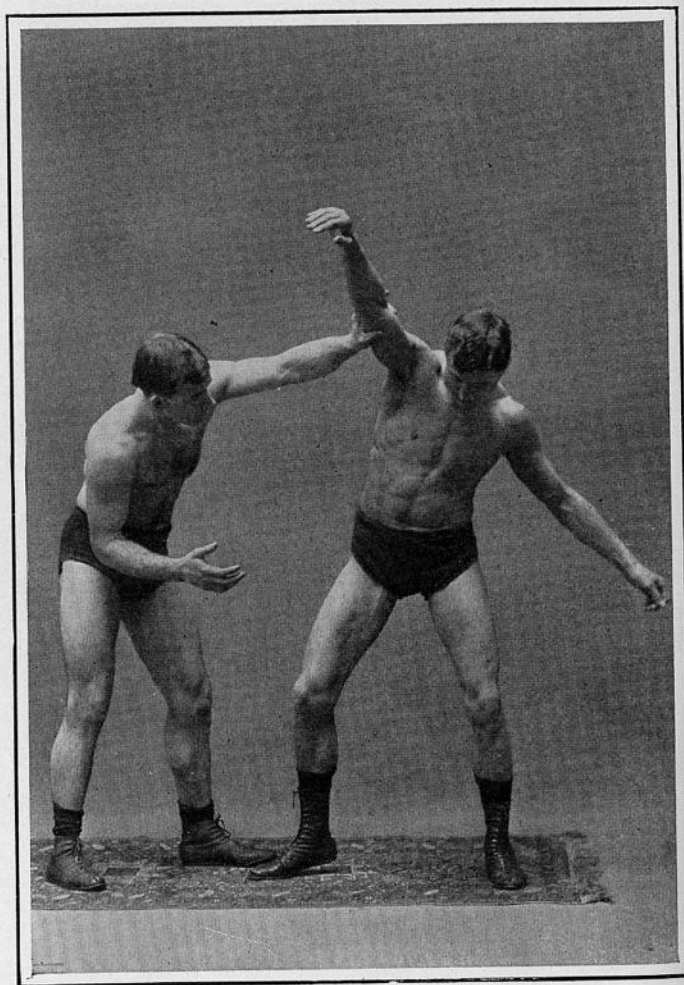


PLATE 21.

SCIENTIFIC WRESTLING.

71

Counter for Head Hold. Plate 21.

When your opponent tries to secure a Head Lock, you can effectively counter as shown in the accompanying plate, pushing him violently so as to turn him half way around, with his back towards you.

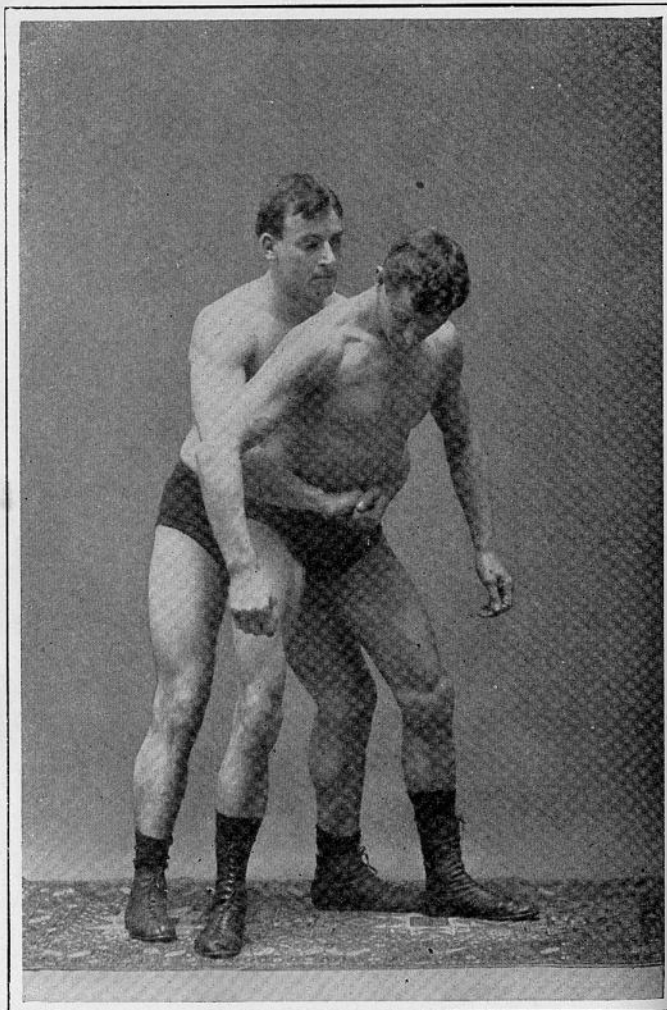


PLATE 22.

SCIENTIFIC WRESTLING.

73

Waist Lock secured. Plate 22.

This hold is a natural sequence of the position shown in Plate 23.

Care must be taken when Waist Lock is secured to at once lift your opponent off his feet, thus avoiding a chance of his securing a Counter Hold that would perhaps result in a fall.

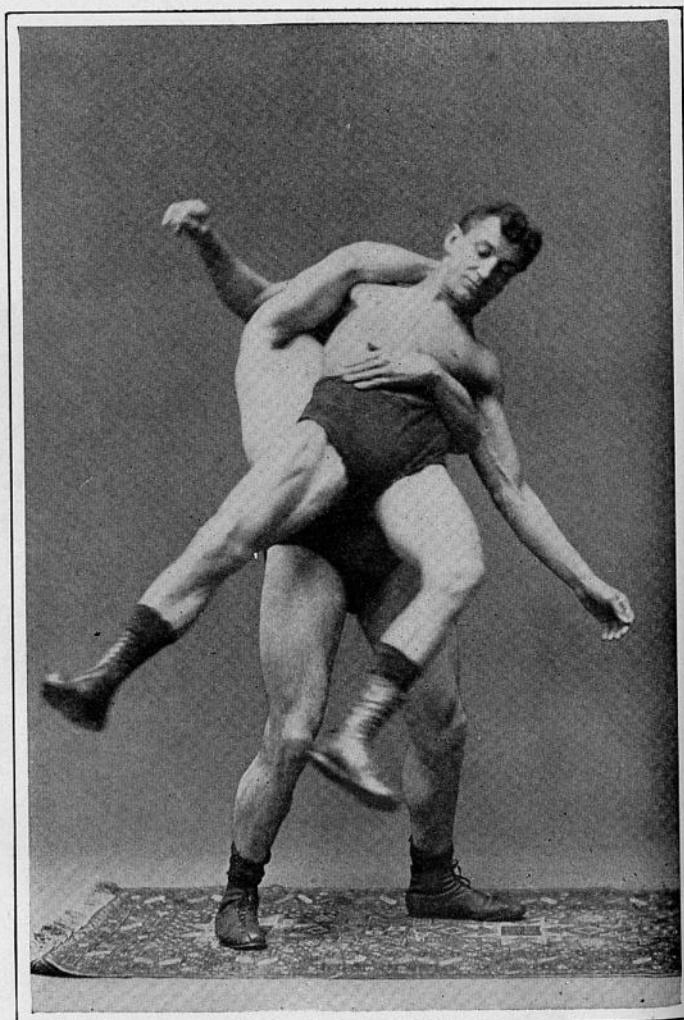


PLATE 23.

SCIENTIFIC WRESTLING.

75

Half Nelson and Body Hold. Plate 23.

This is a continuation of the position shown in the preceding plate.

Having raised your opponent from the mat, retain Waist Hold with the left arm, slip right arm upward, and apply a Half Nelson, as shown.

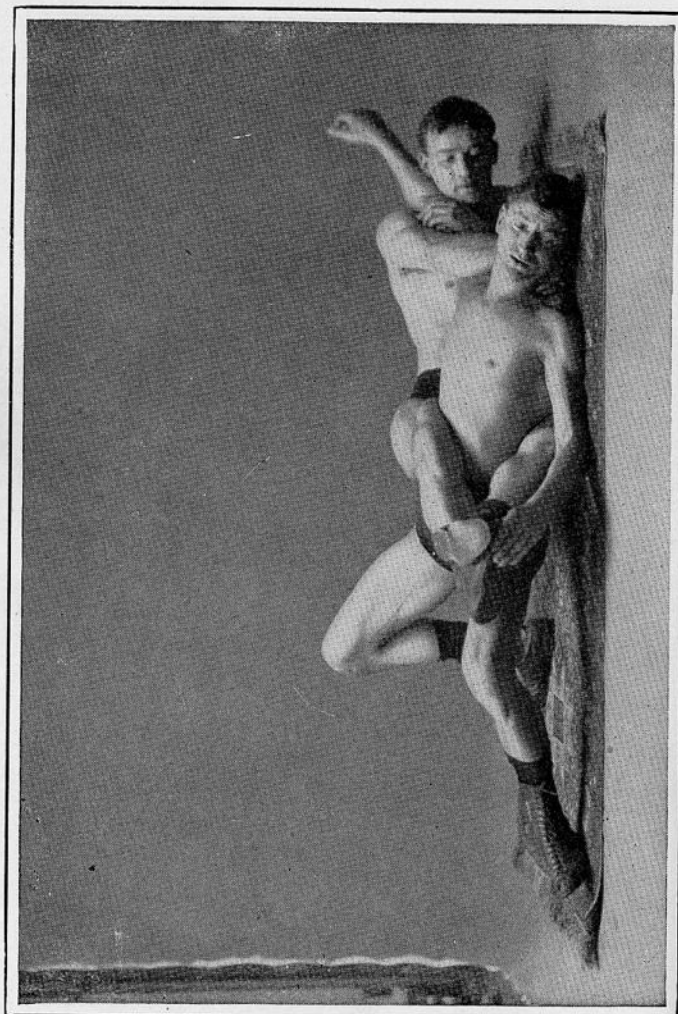


PLATE 24.

SCIENTIFIC WRESTLING.

77

Fall by falling backwards and combining Scissors Hold
with Half Nelson. Plate 24.

This is the fall from the position shown in Plate 25.

Fall backwards, retaining the hold, and when near
the mat, slip out from under, assuming the position as
shown in the accompanying plate, securing the Scissors
Hold by locking the ankles, so as to prevent him
turning over.

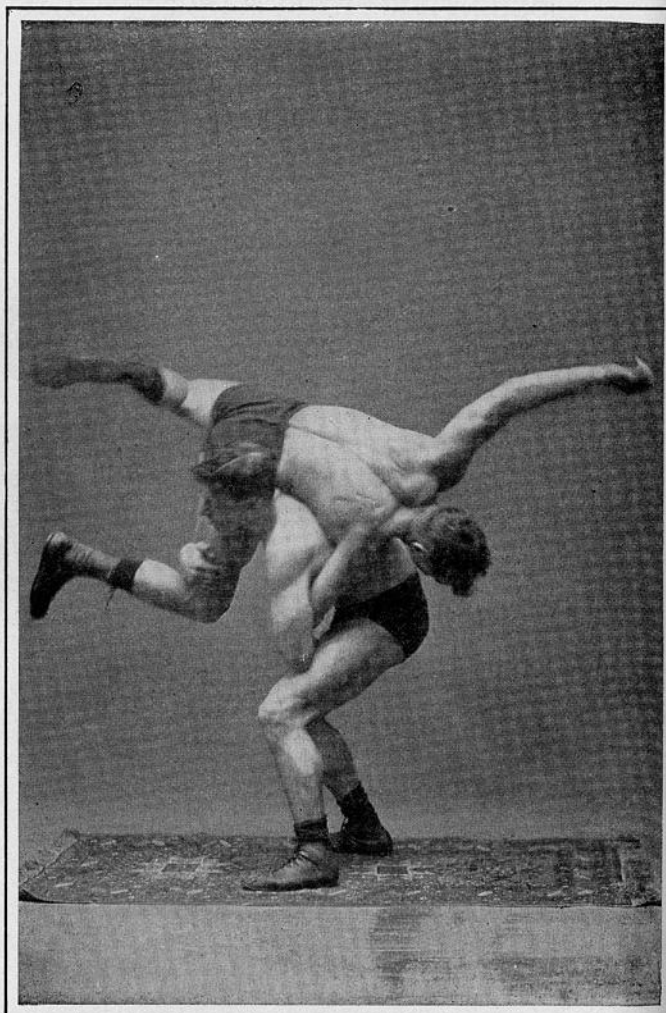


PLATE 25.

SCIENTIFIC WRESTLING.

79

Wrist and Near Leg Hold. Plate 25.

The three positions which would lead up to this are shown in Plates 1, 2 and 3

When in the latter position secure your opponent's right wrist with your left hand, palm turned outward, swing his arm to the side to a level with the shoulder, then duck under and secure a near leg hold with your right hand raise him as shown in the plate.

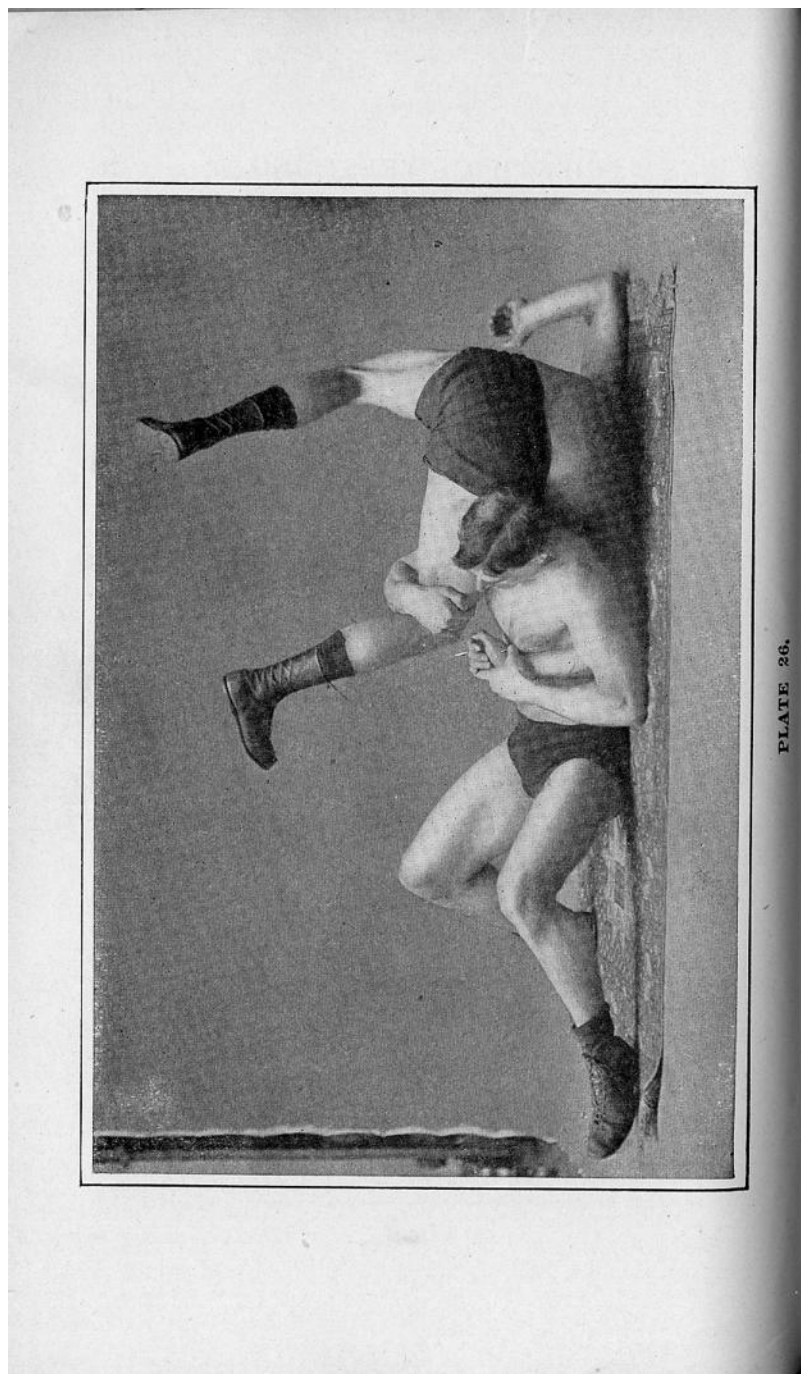


PLATE 26.

SCIENTIFIC WRESTLING.

81

Fall by Back Heave. Plate 26.

Having secured the hold as shown in Plate 25, a vigorous back heave is certain to result in a fall.

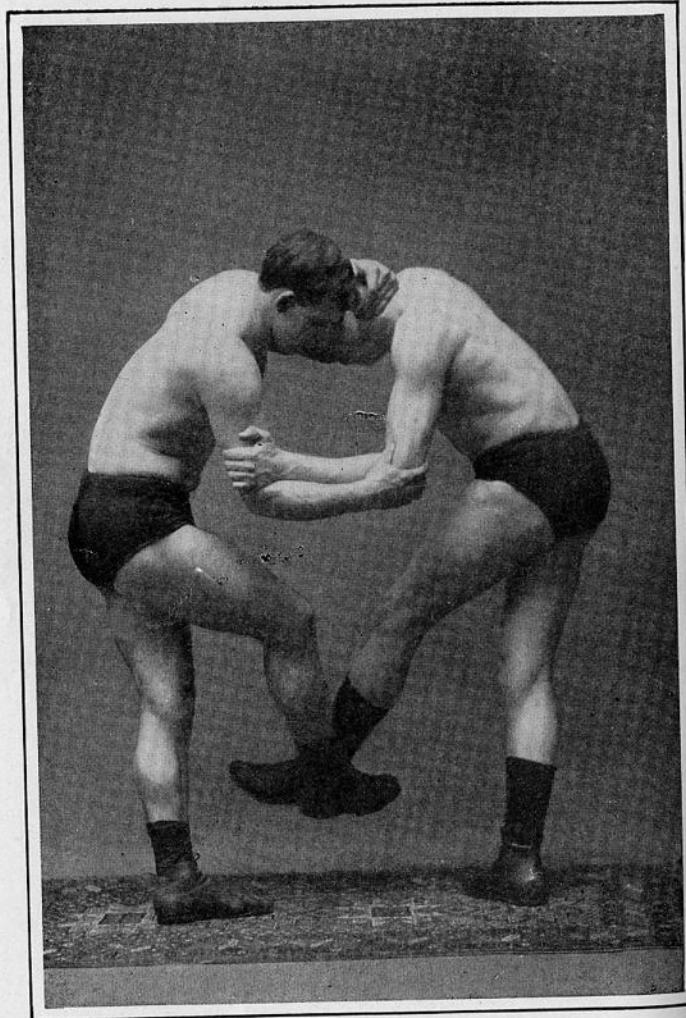


PLATE 27.

SCIENTIFIC WRESTLING.

83

Leg Trip. Plate 27.

When you are in position as shown in Plate 2, and your opponent's feet are close together, slip your hand up to his elbow.

Trip him as shown, at the same time pulling his left arm toward you, and force him backward with the head lock.

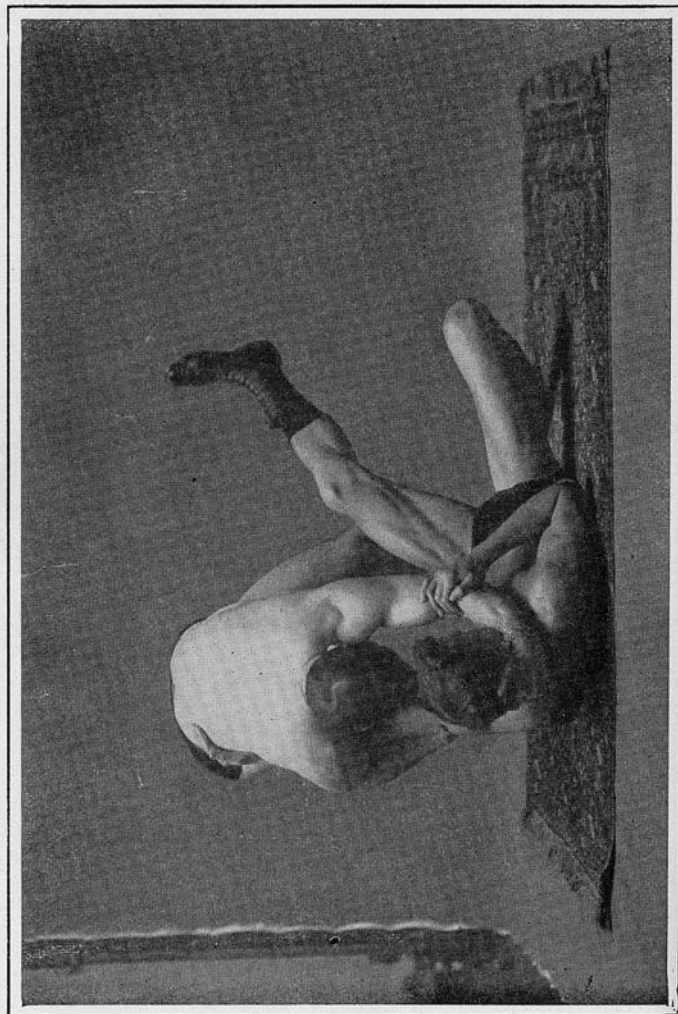


PLATE 28.

SCIENTIFIC WRESTLING.

85

Fall from Leg Trip. Plate 28.

This shows the fall from the Leg Trip.

You will notice that the hold is retained.

In order to secure a Pin Fall it will be necessary to throw your weight upon his chest to prevent him from bridging.

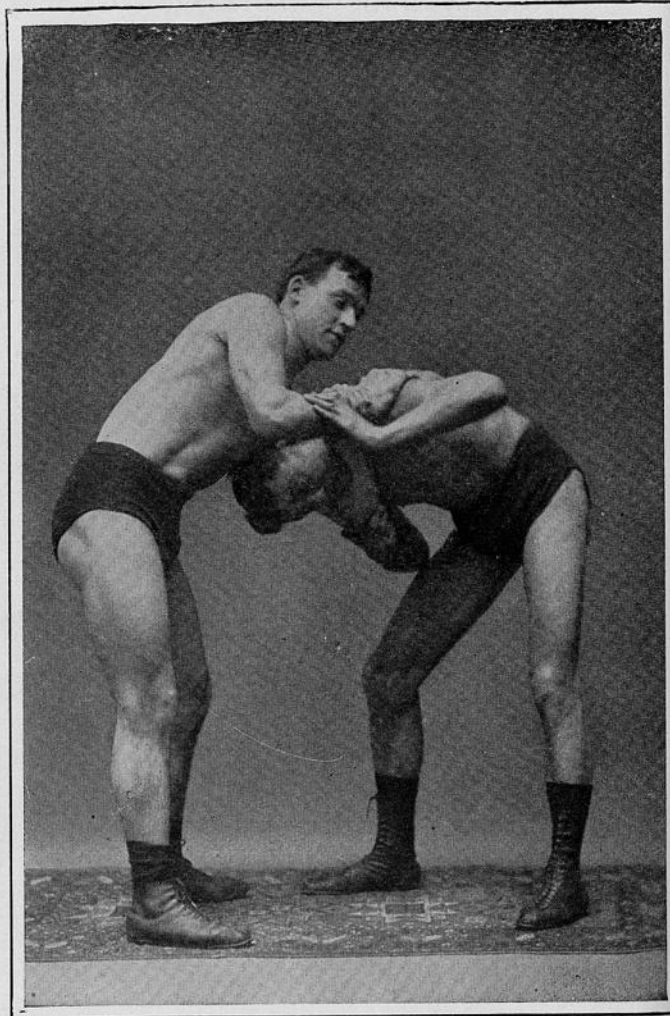


PLATE 29.

SCIENTIFIC WRESTLING.

87

Strangle Hold. Plate 29.

This hold is usually barred, owing to the fact that it is liable to result fatally when practiced by novices, and it is shown here merely to illustrate how it may be countered.

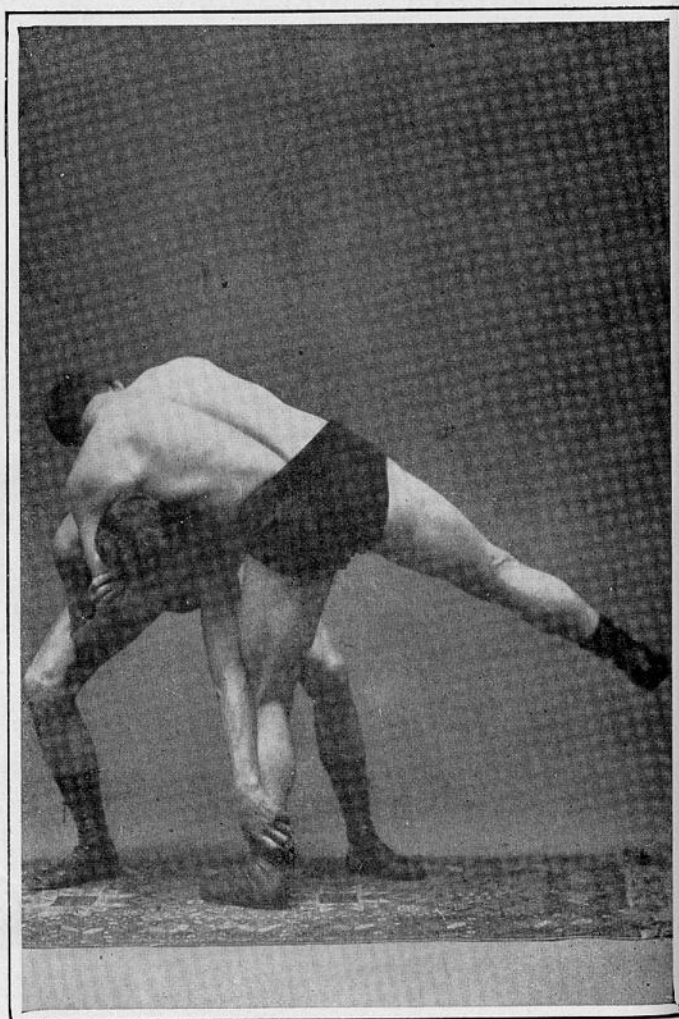


PLATE 30.

SCIENTIFIC WRESTLING.

89

Commencement of Counter for Strangle Hold.

Plate 30.

Your opponent having secured a Strangle Hold as shown in previous plate, a counter can be effected by seizing his left elbow with your right hand, his left ankle with your left hand.

Then raise him clear of the carpet by pulling down on the elbow and raising the leg with the ankle hold.

Then lunge forward, bringing him on his side.

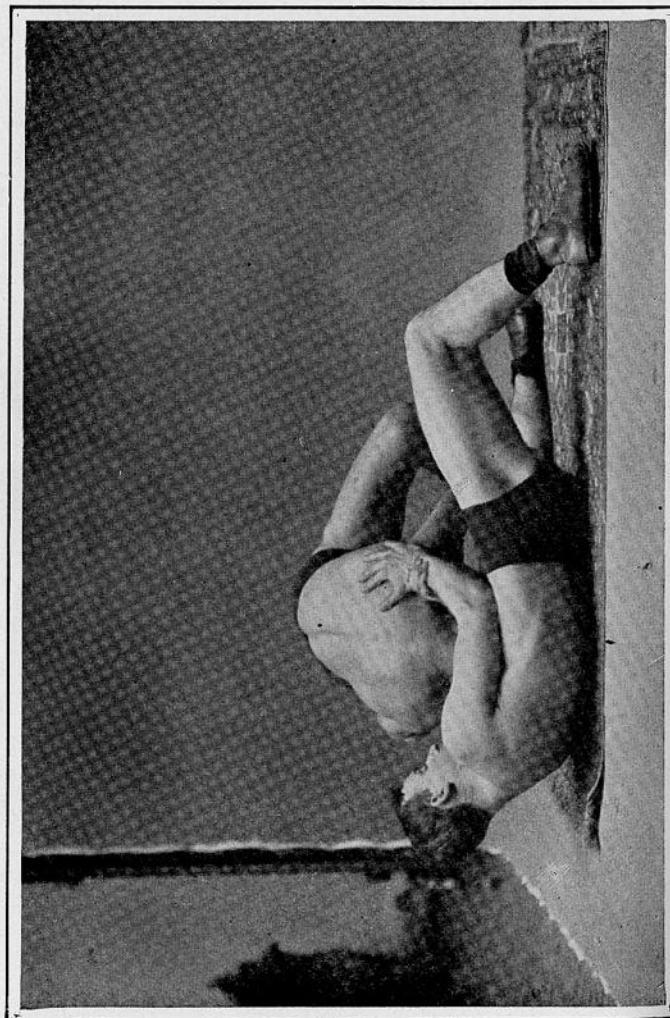


PLATE 31.

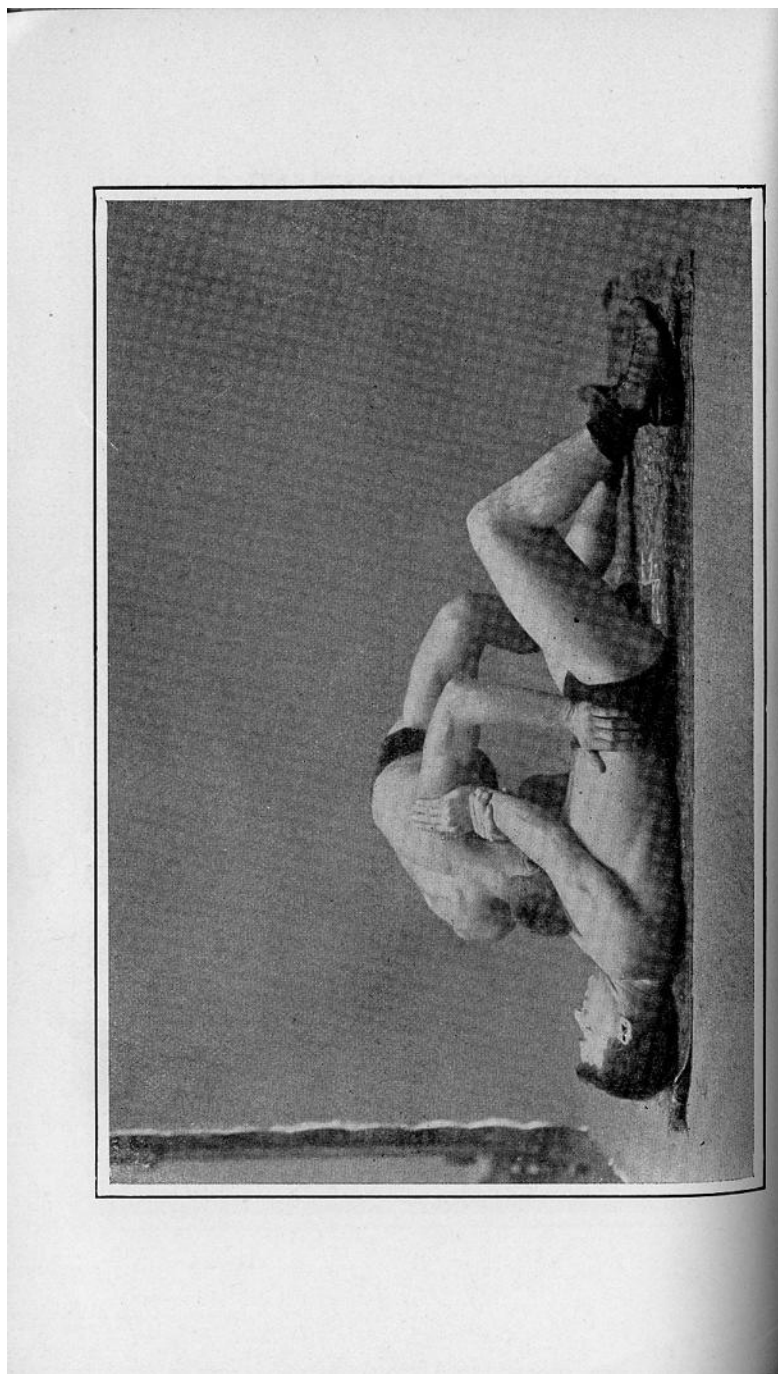
SCIENTIFIC WRESTLING.

91

Continuation of Counter for Strangle Hold,

Plate 31.

Having brought your opponent to the mat, release your hold upon his ankle, and placing your right hand on his body, gradually force his shoulders to the mat.



SCIENTIFIC WRESTLING.

93

Fall from Counter for Strangle Hold.

Plate 32.

This shows the actual fall from the Counter for
the Strangle Hold.

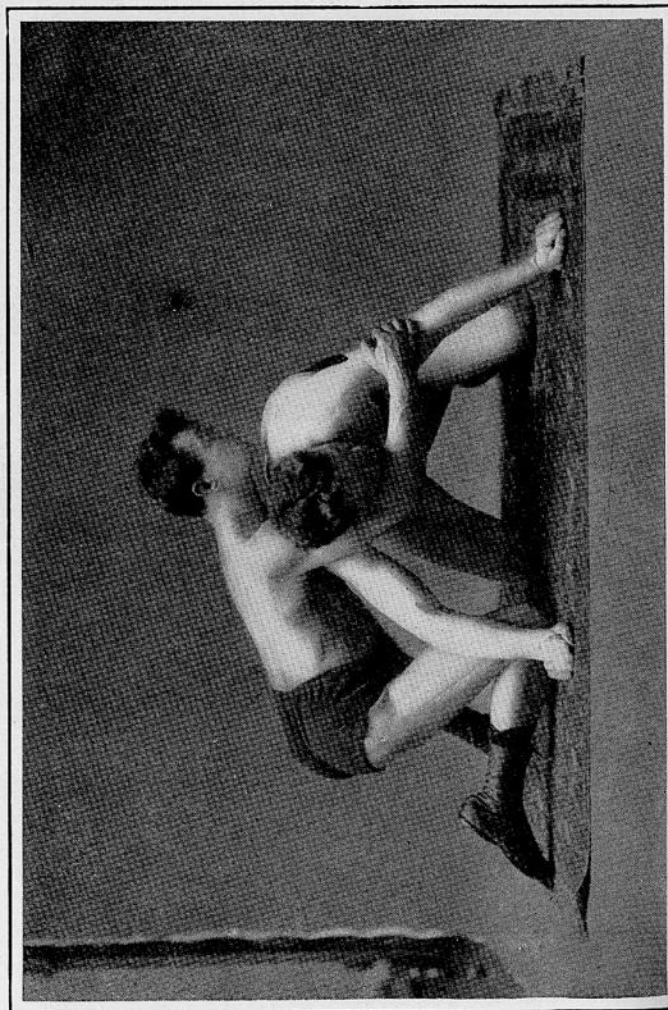


PLATE 33.

Further Arm and Further Leg Hold. Plate 33.

When working on hands and knees, reach over and secure the hold shown in the plate on opposite page; the left hand reaching inside the crotch.

Then pull arm and leg toward you, at the same time pressing forward with the weight of your body, so as to force your opponent on his left side, from which position a fall should result.

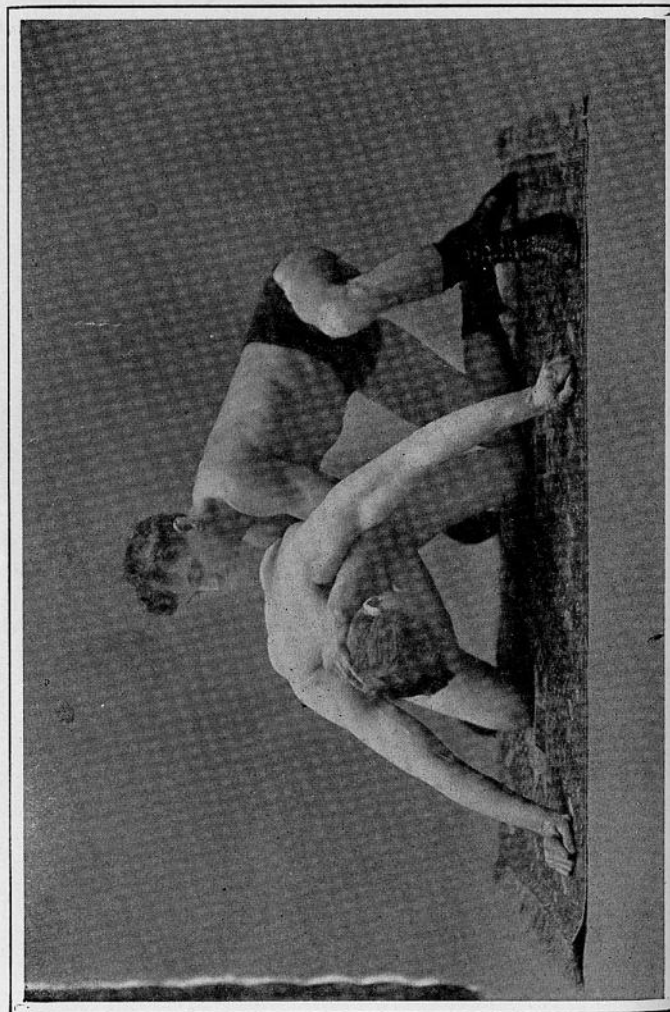


PLATE 34.

SCIENTIFIC WRESTLING.

97

Half Nelson and Further Leg Hold. Plate 34.

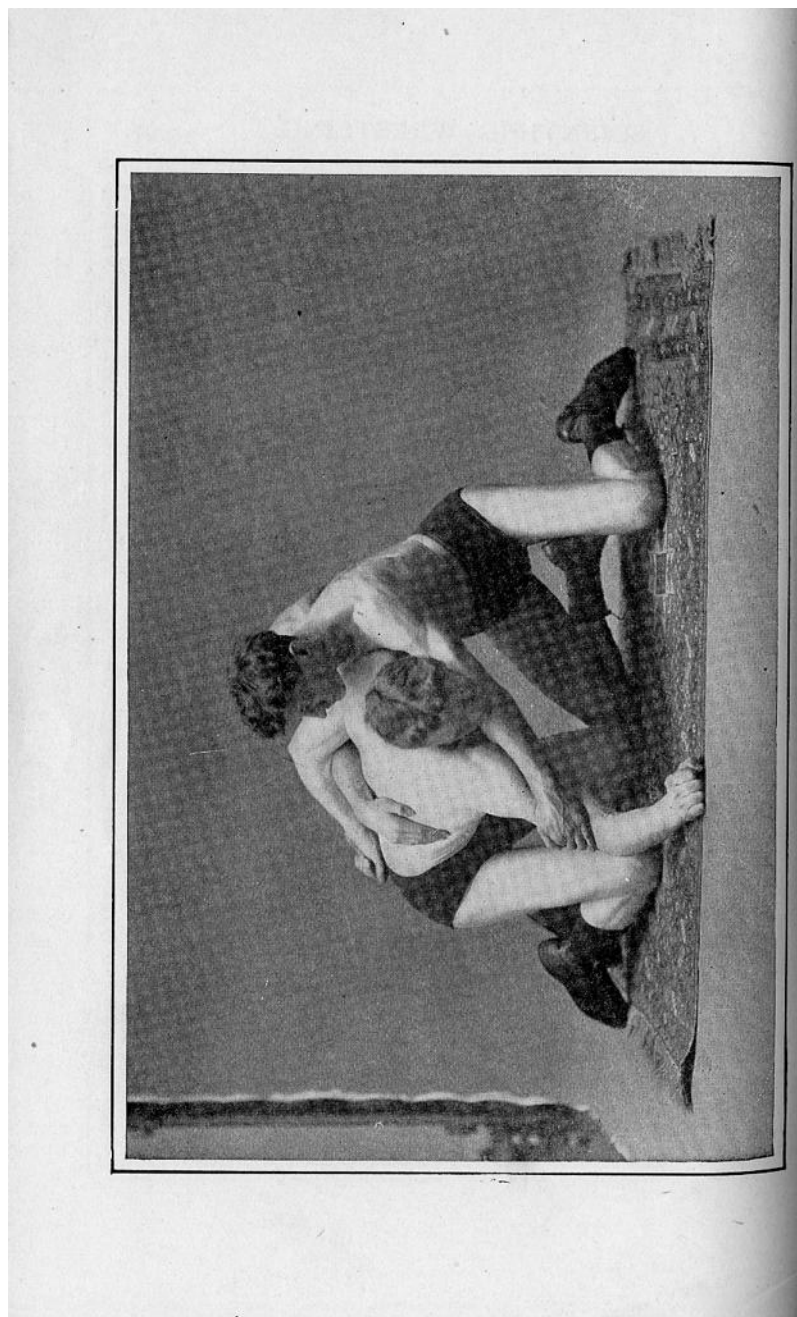
A Half Nelson is one of the most common holds in wrestling, and is secured by slipping your arm under your opponent's arm and placing your hand upon the back of his head.

The Crotch Hold is the same as shown in Plate 35.

Press your opponent's head downward, forcing his shoulders upward and in the direction of his head.

Pull the leg toward you.

This will have the effect of bringing him upon his shoulders.



SCIENTIFIC WRESTLING.

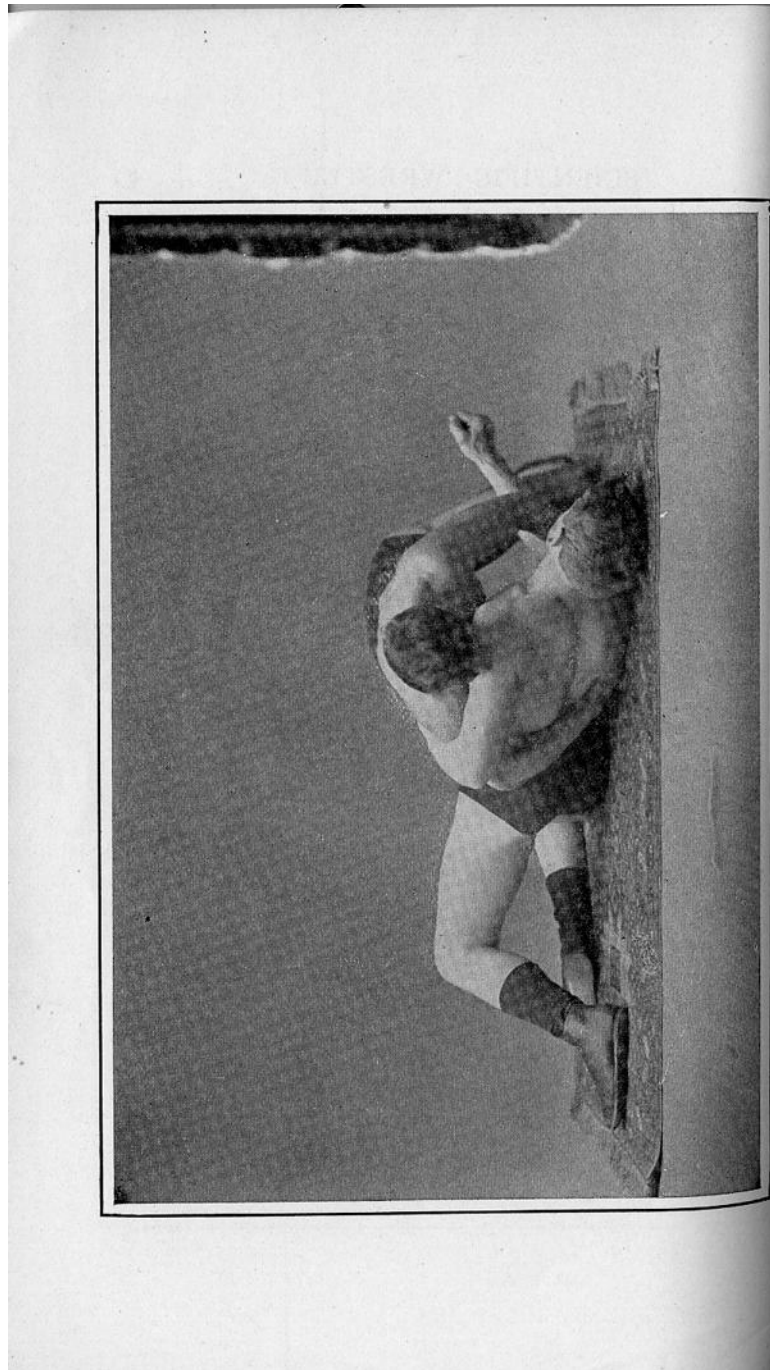
99

Bar Hold and Further Arm Hold. Plate 35.

Reach over with the right hand and secure your opponent's left arm above the elbow.

Slip your left arm under your opponent's right arm, so as to bring the left hand to the centre of his back.

Then lunge forward, which will bring him in the position shown in Plate 38.



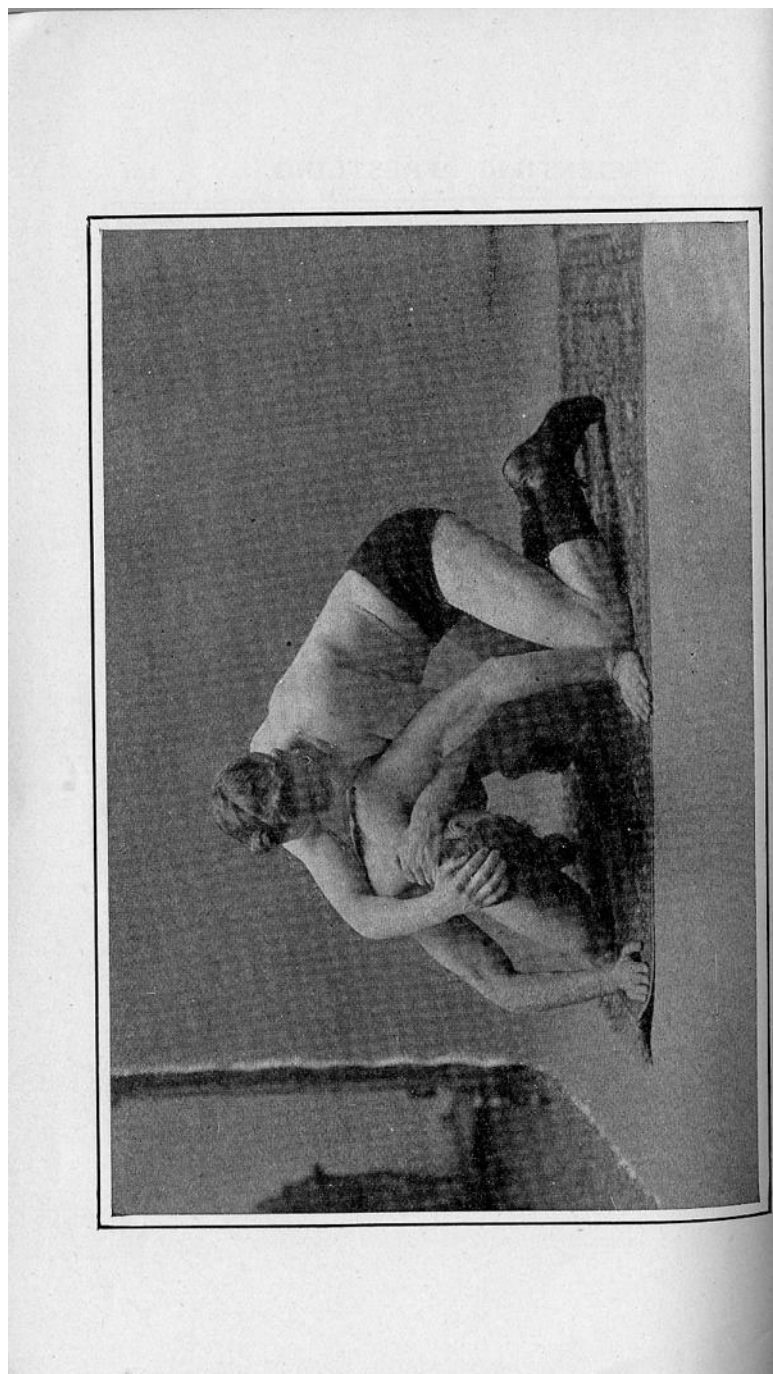
SCIENTIFIC WRESTLING.

101

Fall imminent from Bar Hold and Further Arm Hold.

Plate 36.

Bear down upon his left shoulder, and continue the pressure until both shoulders touch the mat.



SCIENTIFIC WRESTLING.

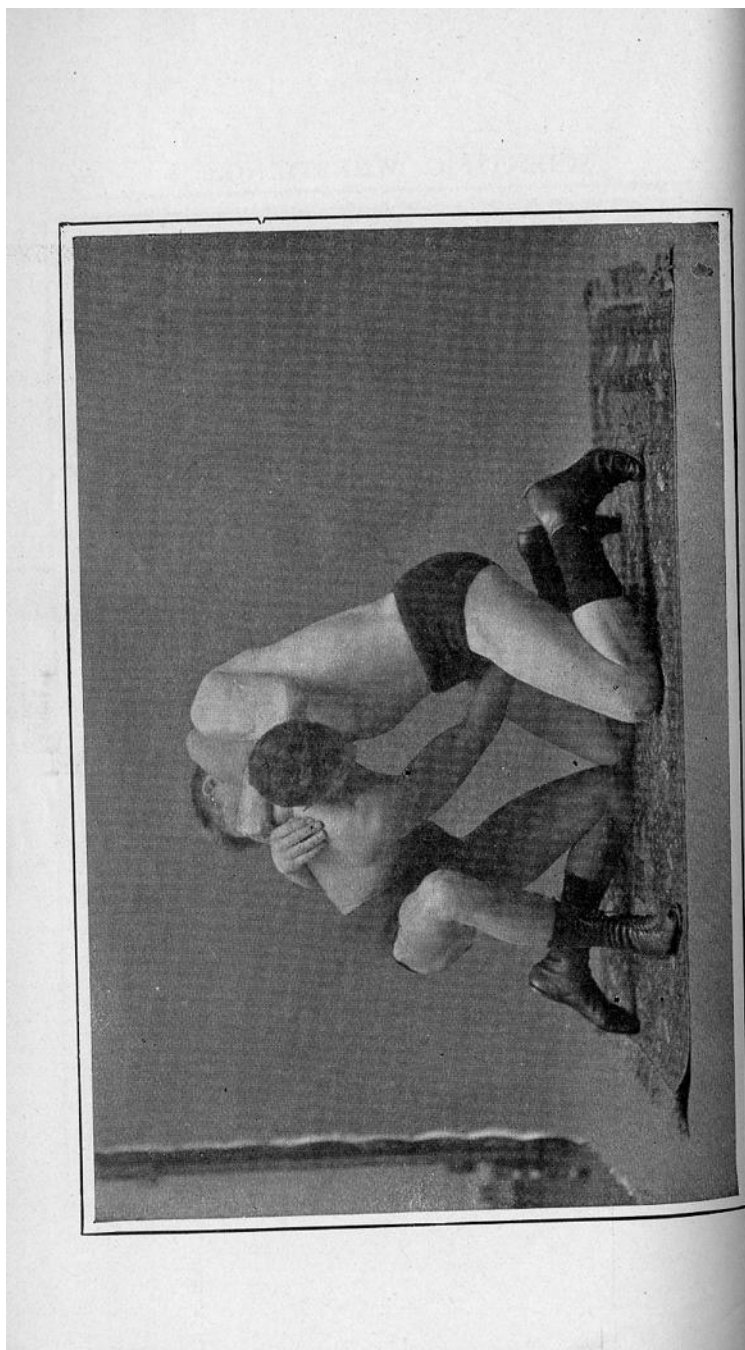
103

Half Nelson. Plate 37.

The first move toward securing a Half Nelson is to press your opponent's head toward the carpet with either hand, then slip your free hand under his near arm until it rests on the back of his head.

Turn his face toward you so that the greatest possible leverage may be obtained.

Bear down on the head and force the shoulders upwards.



Counter with Chancery and Crotch Hold.

Plate 38.

Your opponent having secured a Half Nelson, it may be effectively countered by bringing your right foot forward, swing the left arm upward, so as to obtain a chancery hold upon him, at the same time securing a Crotch Hold with the right hand.

Then lunge forward.

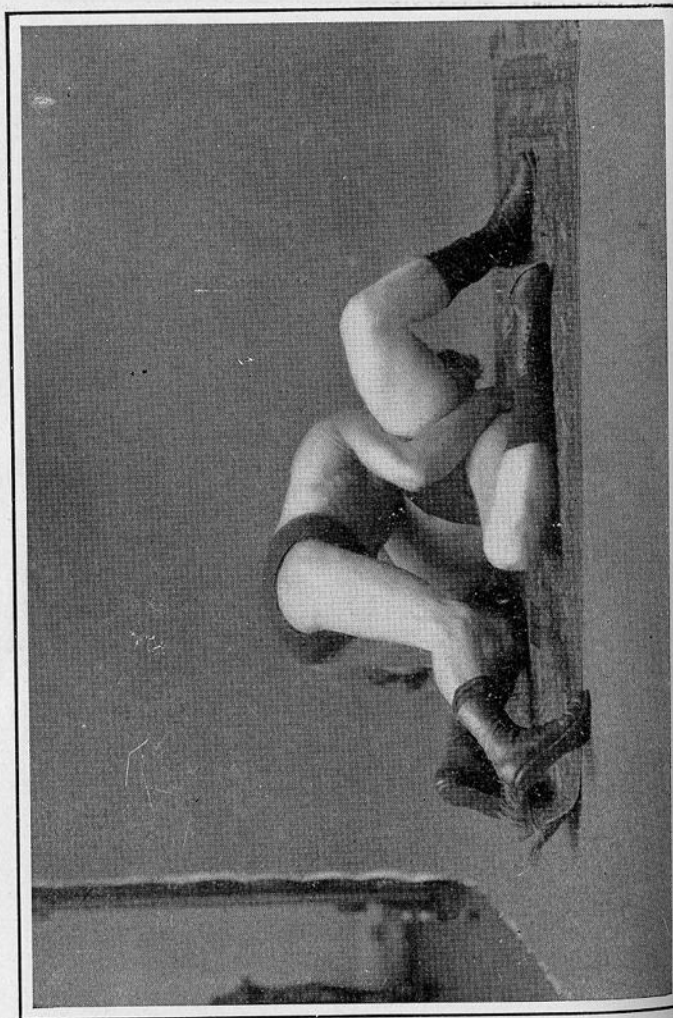


PLATE 39.

Fall from Counter for Half Nelson with Chancery
and Crotch Hold. Plate 39.

The further continuation of the Counter for the
Half Nelson will bring your opponent upon his side,
from which position a fall will usually result.

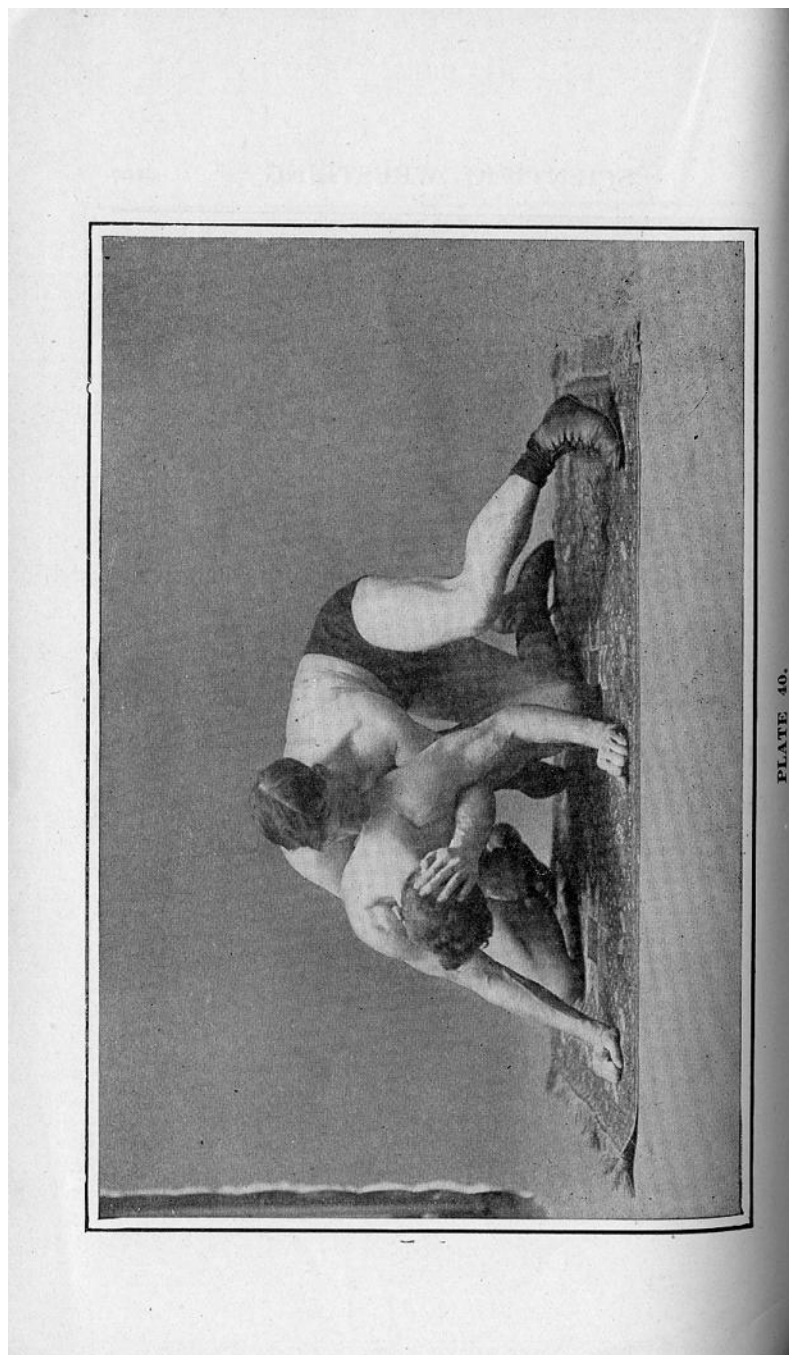


PLATE 40.

SCIENTIFIC WRESTLING.

109

Beginning of the Escape from Half Nelson.

Plate 40.

An Escape from a Half Nelson may be effected by turning your face away from your opponent.

Bring your further leg at right angles to the body, so as to form a brace.

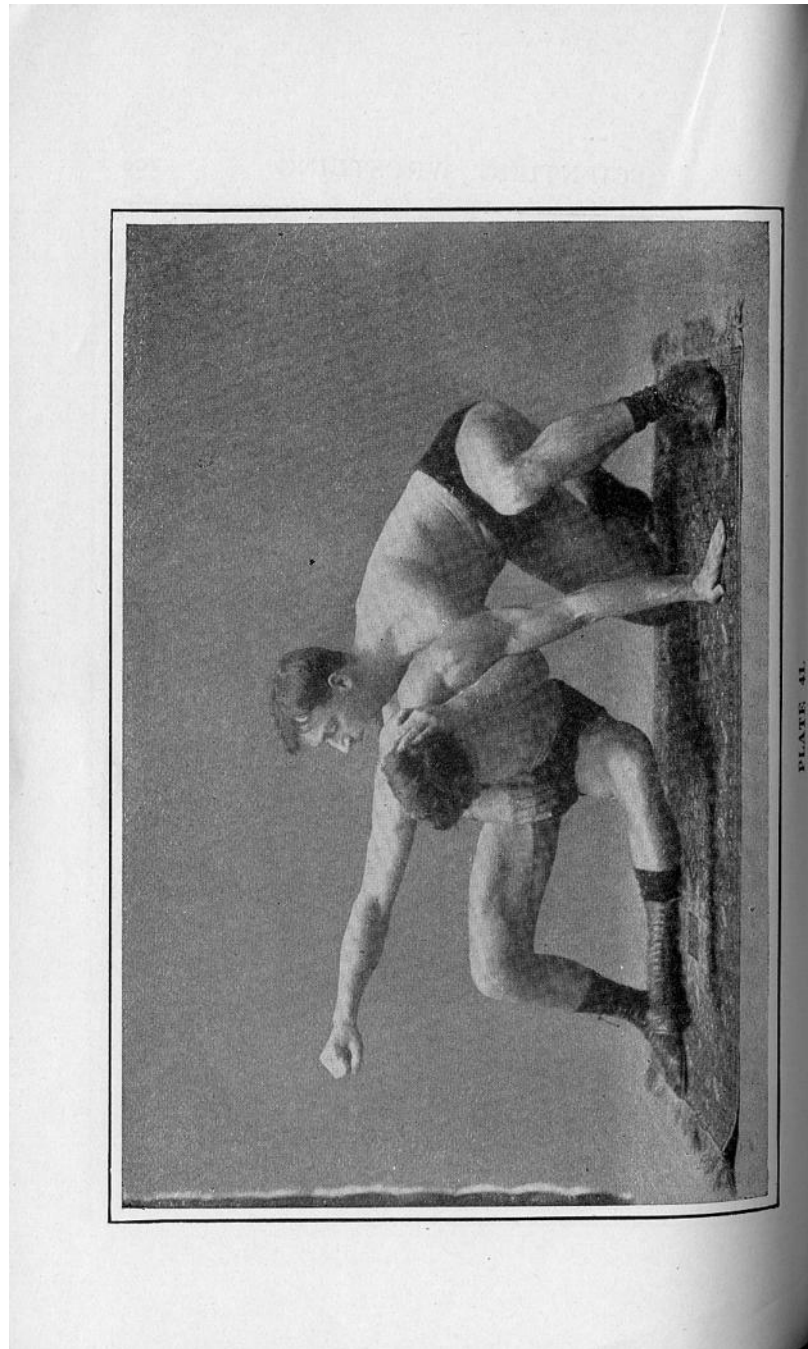


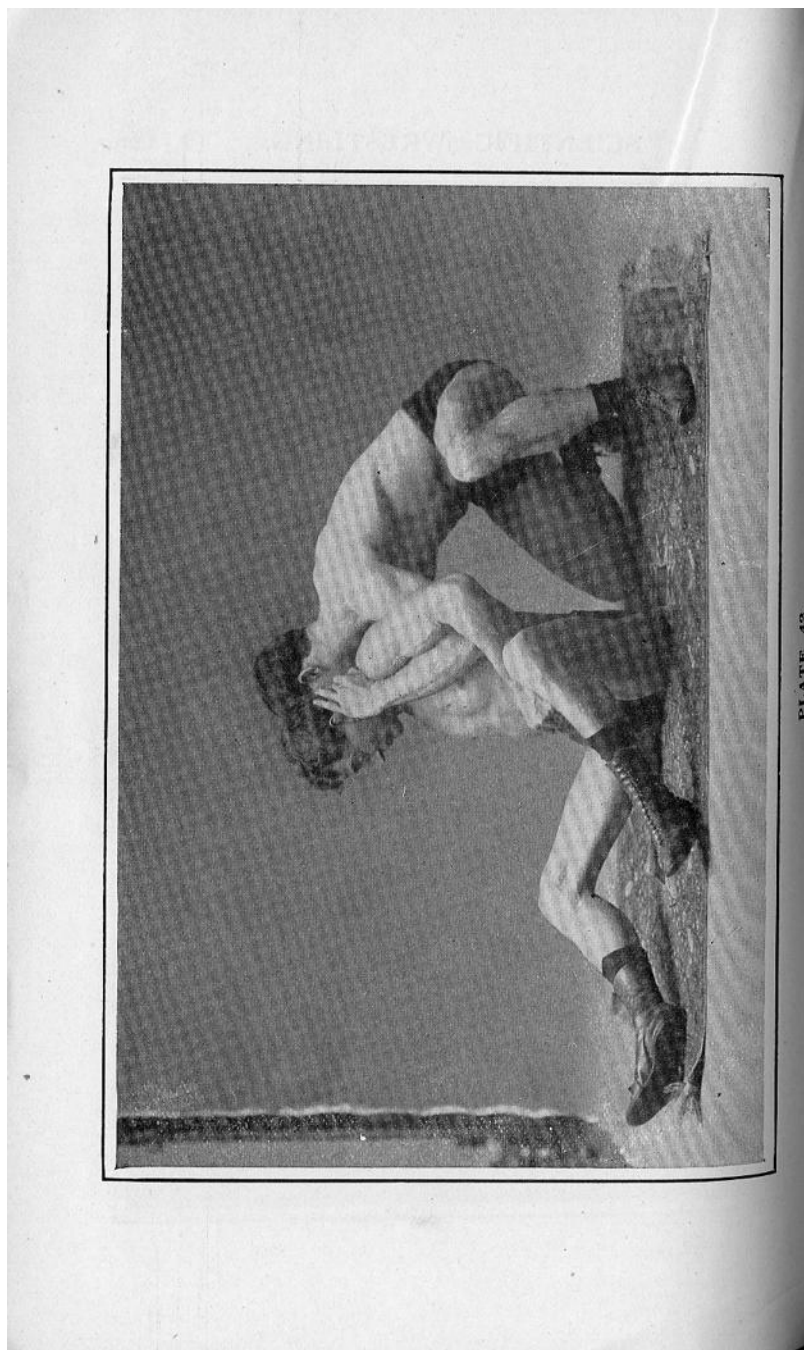
PLATE 41.

SCIENTIFIC WRESTLING.

III

Escape from Half Nelson (continued). Plate 41.

Bring the left leg forward and under the right leg,
preparing to assume a sitting position.



SCIENTIFIC WRESTLING.

113

Escape from Half Nelson (continued).

Plate 42.

By this time you have assumed a sitting position.

Keep your left arm close to the body, so as to reduce your opponent's leverage; he will continue to force you on your right side.

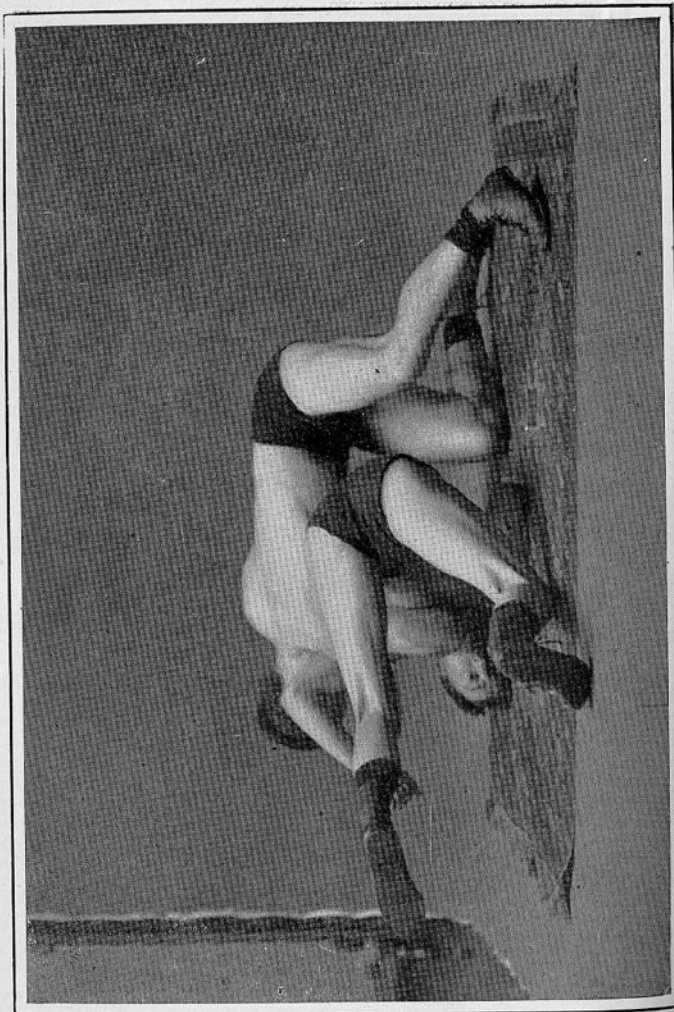


PLATE 43.

SCIENTIFIC WRESTLING.

115

Escape from Half Nelson (continued). Plate 43.

Throw yourself on the right side.

Keep your right arm close to the body.

Pivot on the right knee, so that you will reach the kneeling position as illustrated by Plate 44.

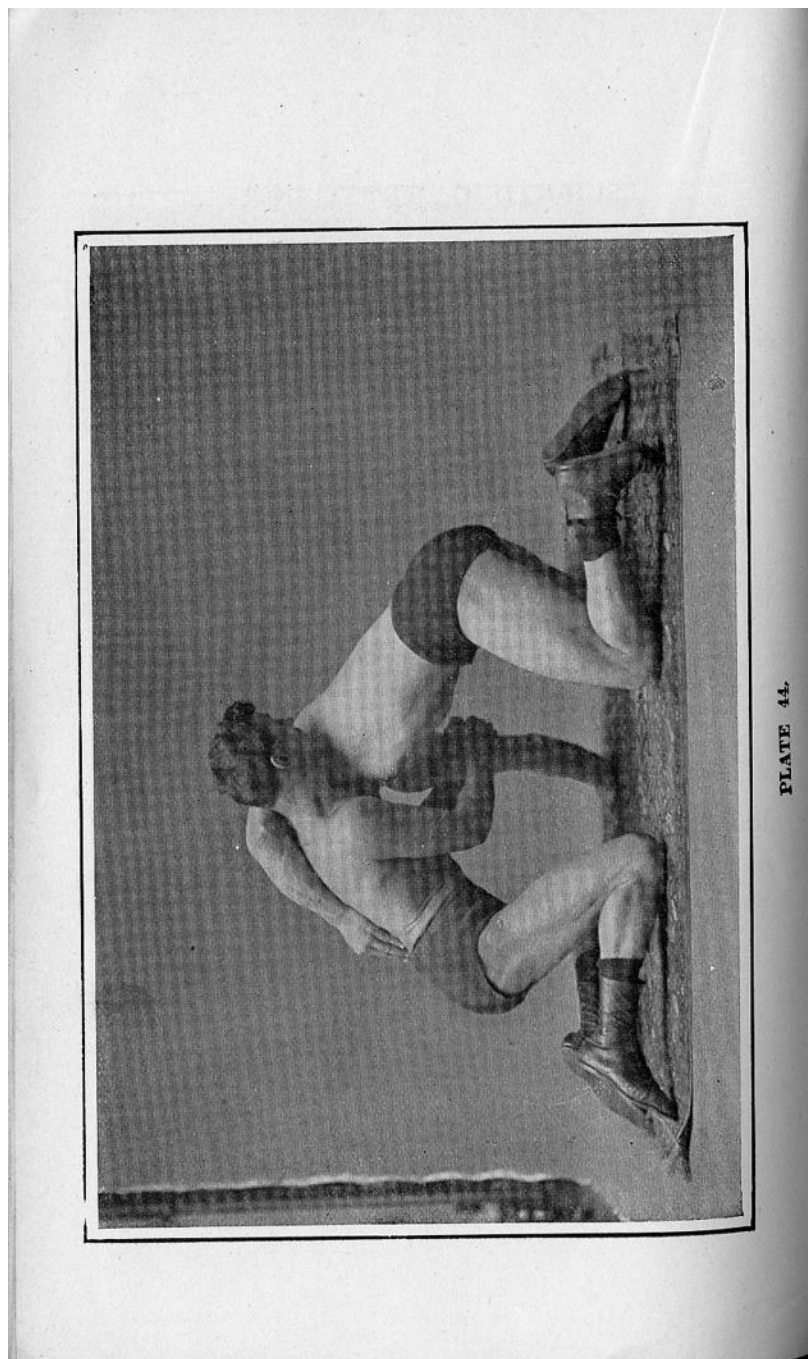


PLATE 44.

SCIENTIFIC WRESTLING.

117

Completion of Escape from Half Nelson and Securing
Further Arm Hold. Plate 44.

As soon as you are in this position, grasp your
opponent by his further arm, and you are then prepared
to act on the aggressive.

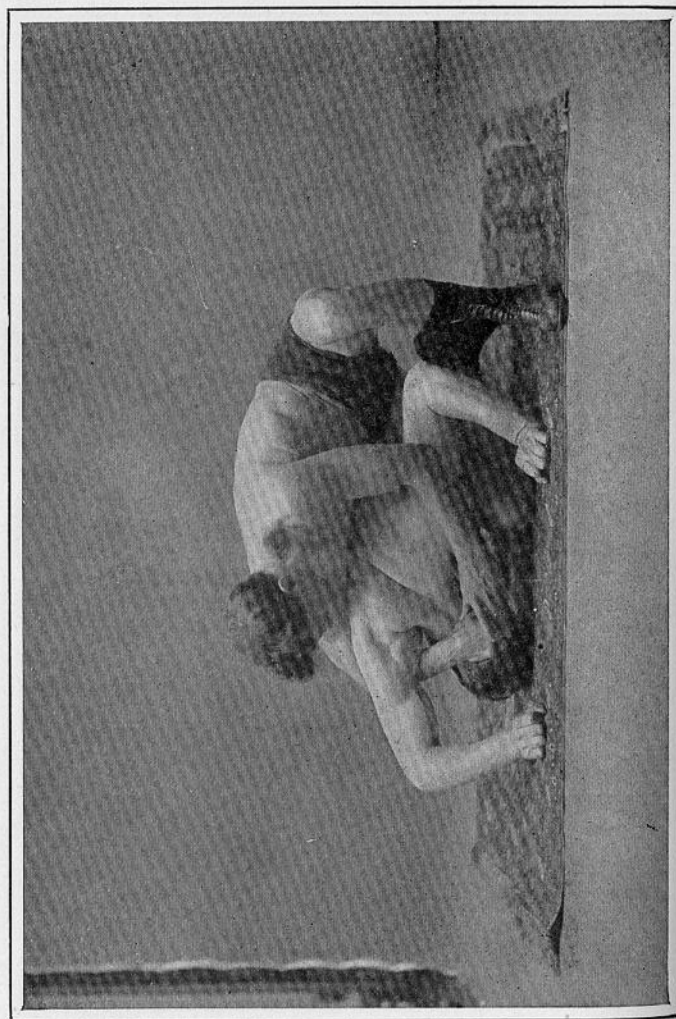


PLATE 45.

SCIENTIFIC WRESTLING.

119

Further Nelson with near knee under near arm.

Plate 45.

When you have a Further Nelson, which is secured by reaching across your opponent, bringing your hand under his further arm and to the top of his head, place left hand against top of his head, so as to turn his face away from you, work your near knee under his near arm, then force his shoulder forward with the Nelson Hold, until his near shoulder touches the mat.

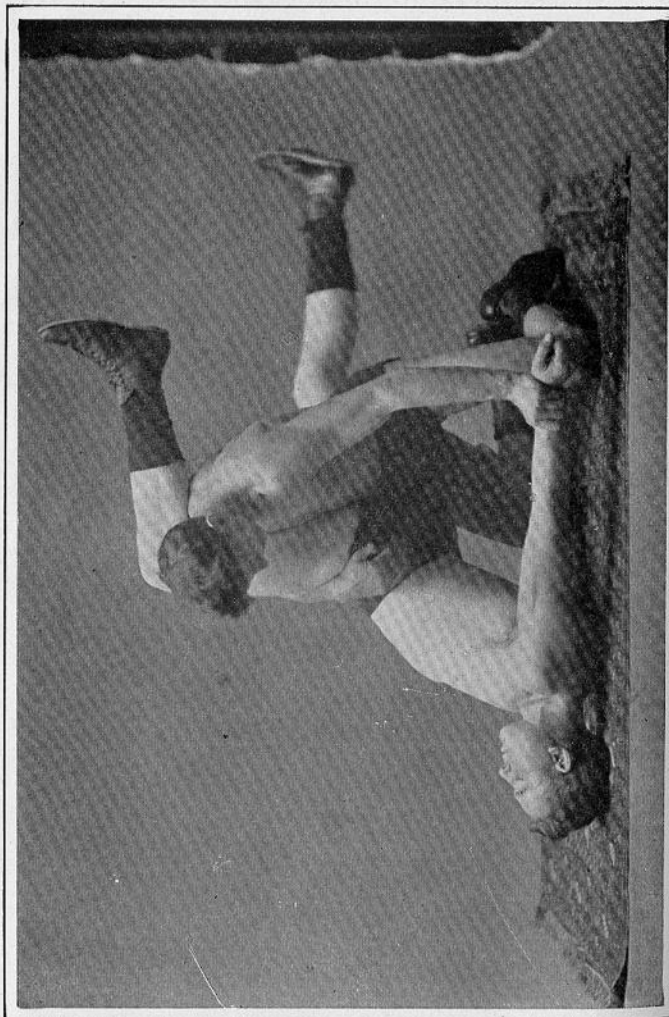


PLATE 46.

SCIENTIFIC WRESTLING.

121

Fall from Further Nelson by securing Crotch
and Wrist Hold. Plate 46.

Seize his wrist with your left hand and get a Crotch
Hold with your right, and the fall is inevitable.

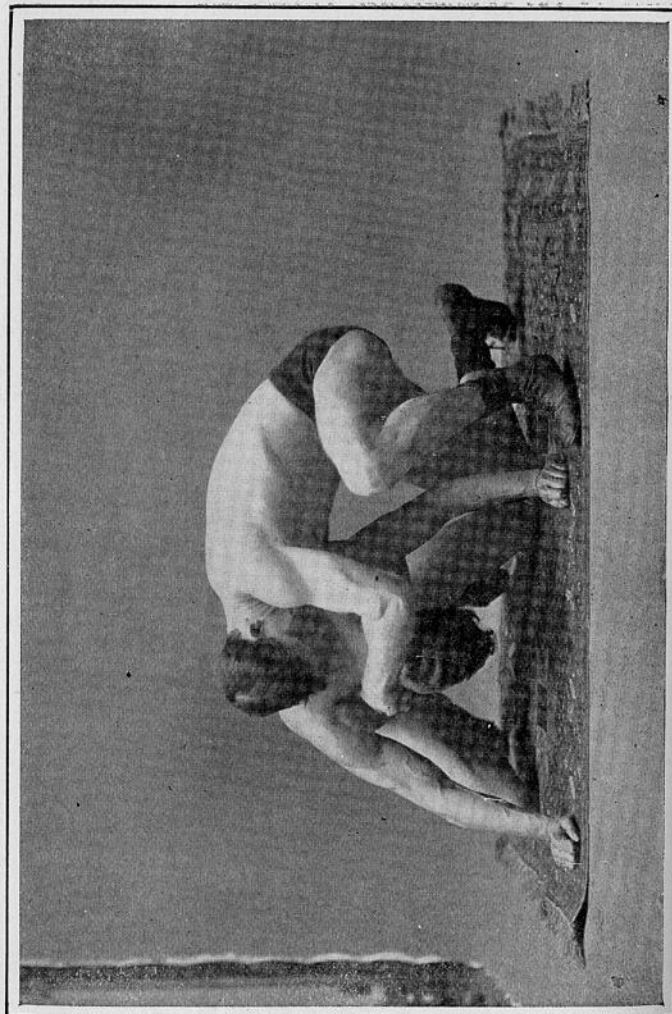


PLATE 47.

Head Lock. Plate 47.

The Head Lock is secured by placing the left forearm on your opponent's head, reaching under his body from the near side and grasping your left wrist with your right hand, bringing your right shoulder under your opponent's left arm pit.

Press his head to the carpet and force him forward.

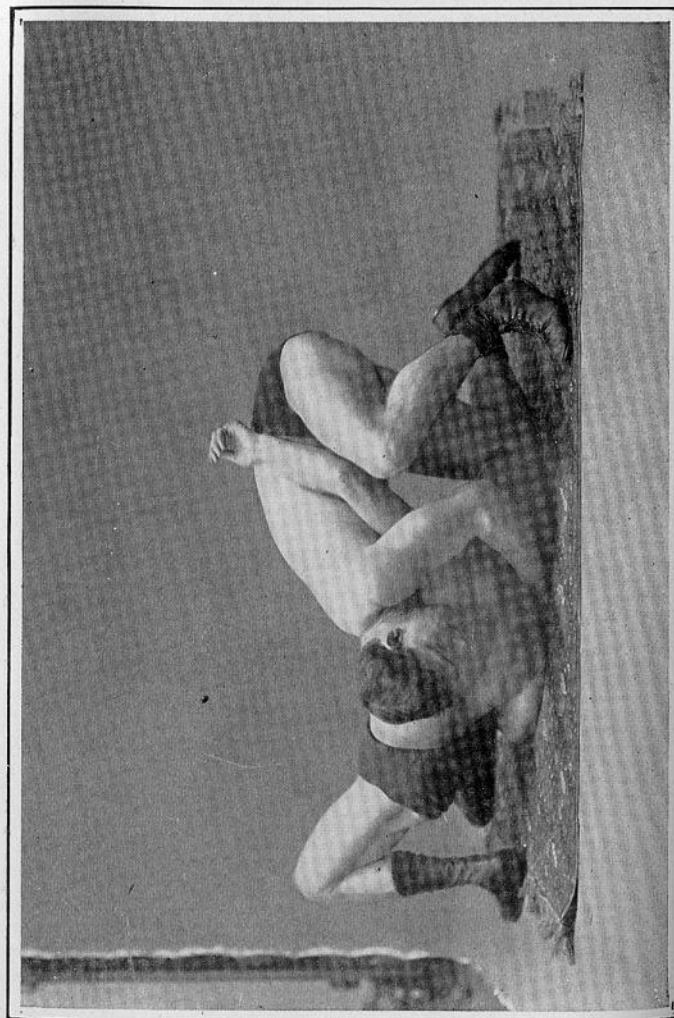


PLATE 48.

SCIENTIFIC WRESTLING.

125

Fall from Head Lock. Plate 48.

This plate shows the fall imminent from the preceding position.

Force your opponent steadily to the mat by bearing upon his chest until his shoulders touch.

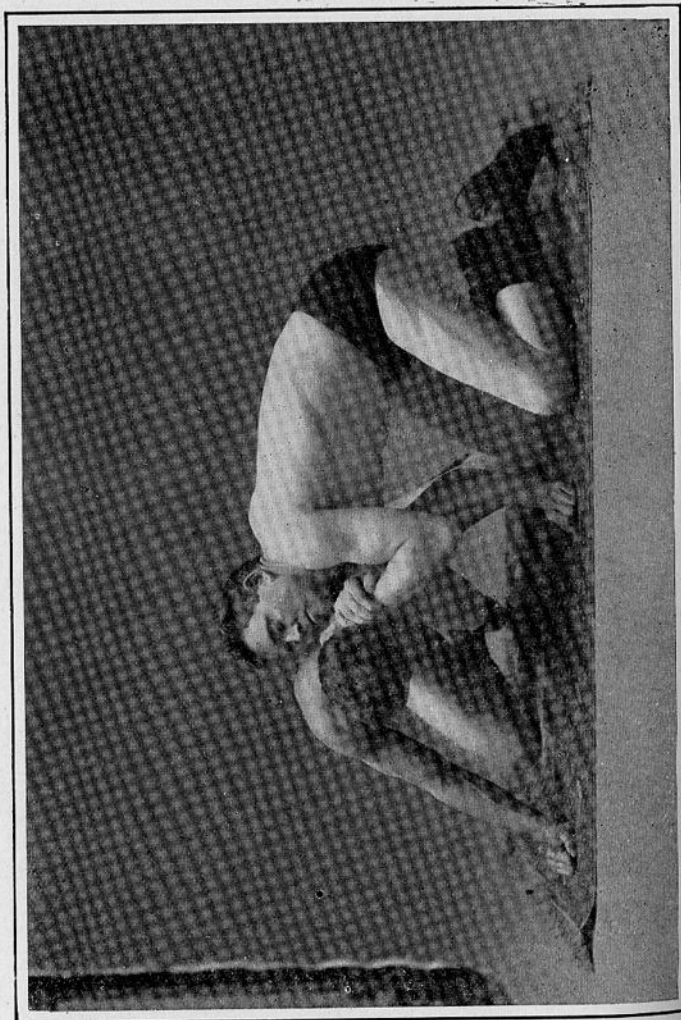


PLATE 49.

SCIENTIFIC WRESTLING.

127

Quarter Nelson. Plate 49.

A Quarter Nelson is obtained by placing your left hand upon the back of your opponent's head, slipping the right hand under his near arm, grasping your left wrist, and with a vigorous twist force his head downward.

This is one of the easiest and best holds to apply and one of the most effective.

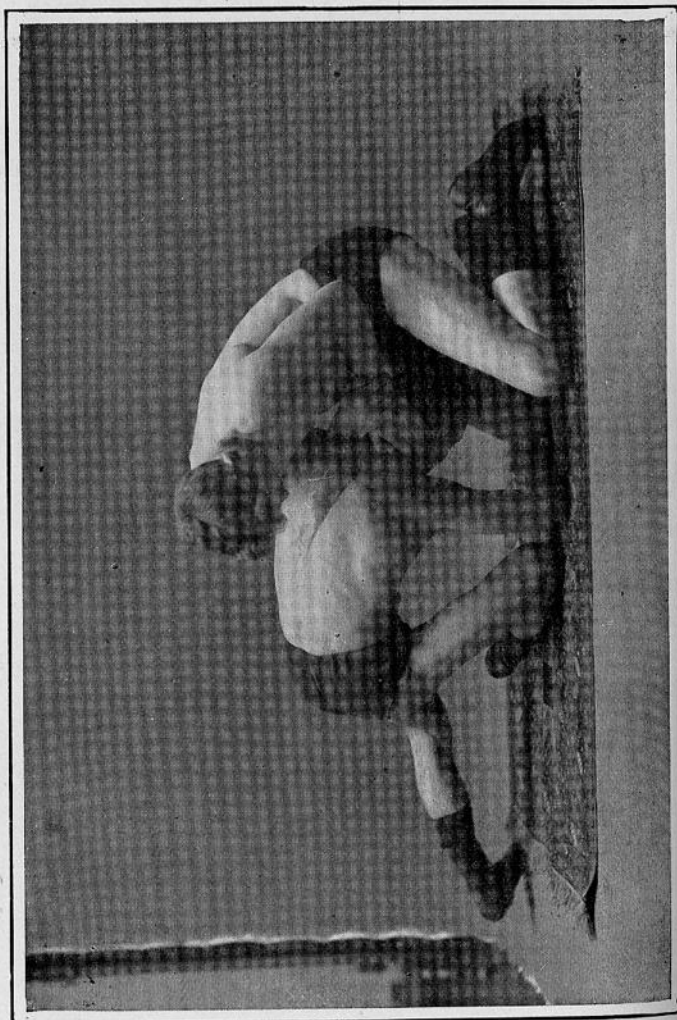


PLATE 50.

SCIENTIFIC WRESTLING.

129

Beginning of Escape from Quarter Nelson.

Plate 50.

Your opponent having secured a Quarter Nelson bring your far knee well forward, resting upon the right forearm.

Bring your head well forward and throw your body to the side, so as to assume a sitting position as shown in Plate 51.

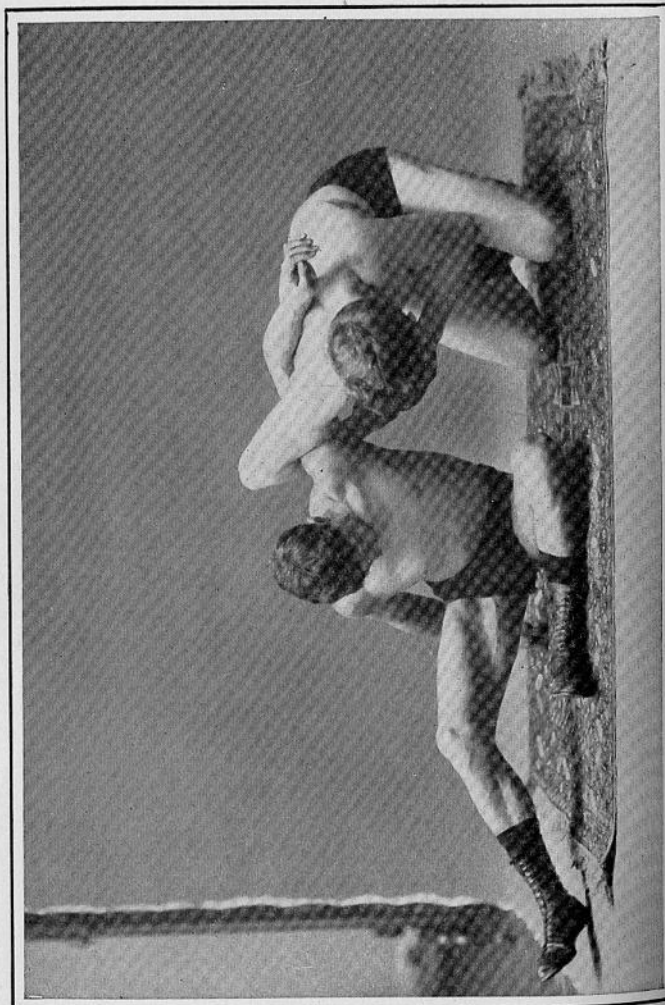


PLATE 51.

SCIENTIFIC WRESTLING.

131

Escape from Quarter Nelson (continued).

Plate 51.

Having reached a sitting position as shown by the accompanying plate, continue to turn until you regain your knees which will bring you into the position illustrated by plate 52.

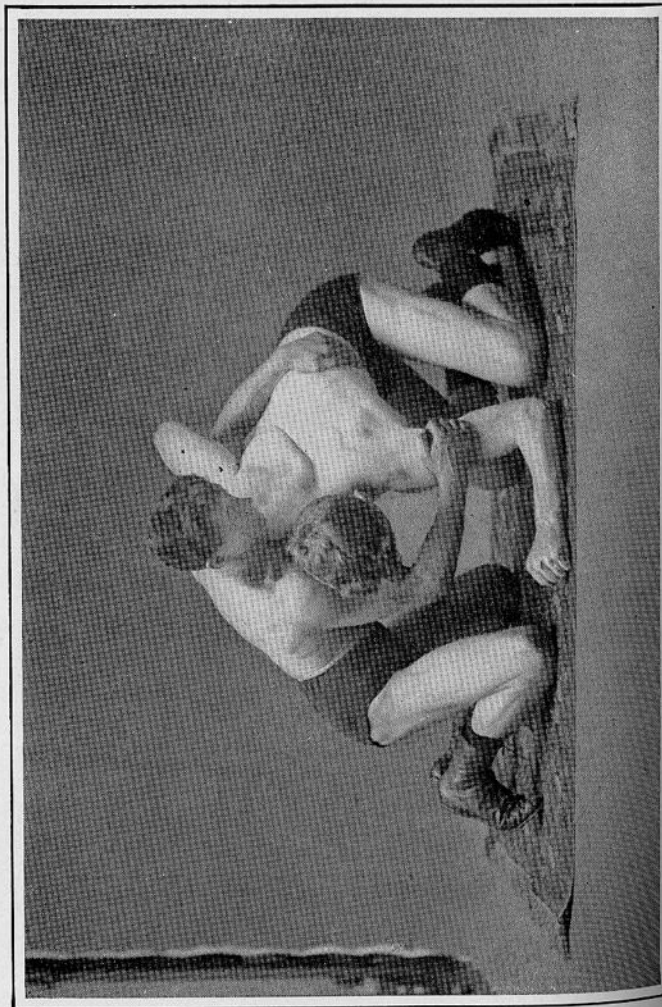


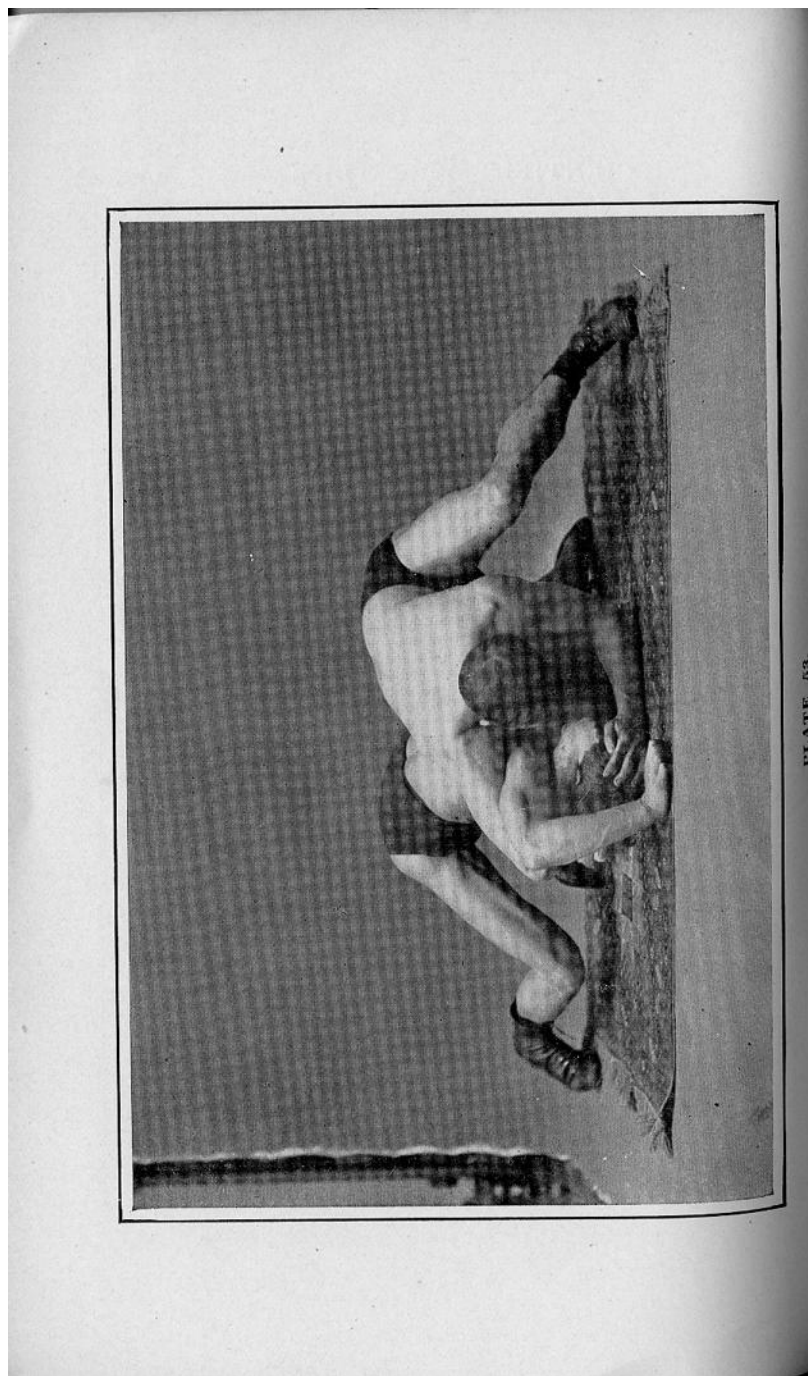
PLATE 52.

SCIENTIFIC WRESTLING.

133

Escape from Quarter Nelson and Counter by Further
Arm Hold and Bar Hold. Plate 52.

Having succeeded in escaping a Quarter Nelson, a
Further Arm and Bar Hold may easily be secured from
which a fall will result.



SCIENTIFIC WRESTLING.

135

Further Nelson. Plate 53.

Your opponent, now having secured a Further Nelson, which was fully explained in Plate 45, the manner of escaping will now be shown.

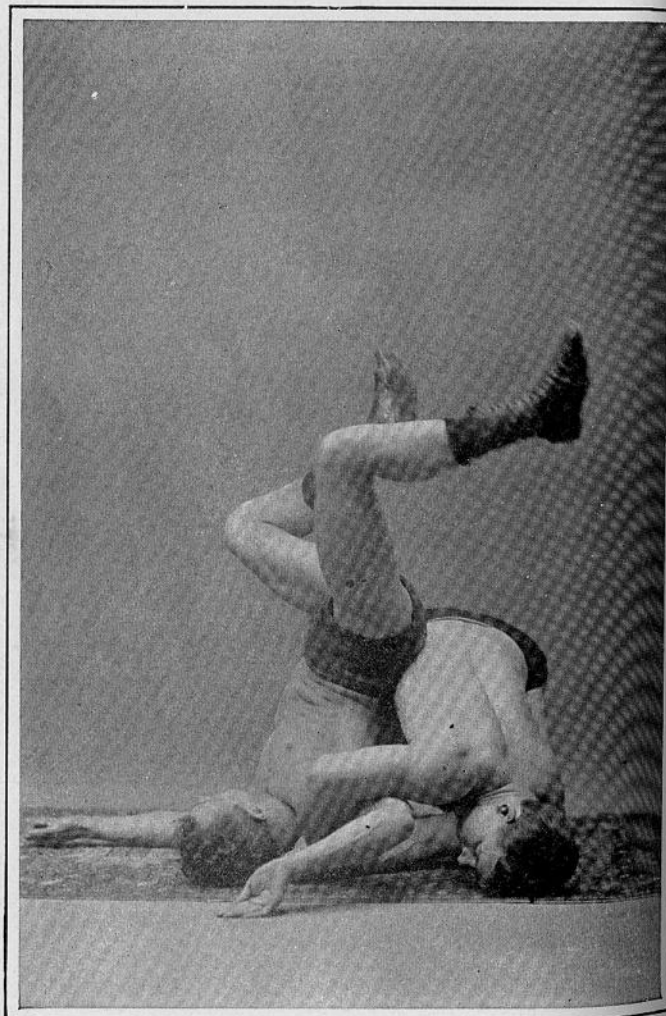
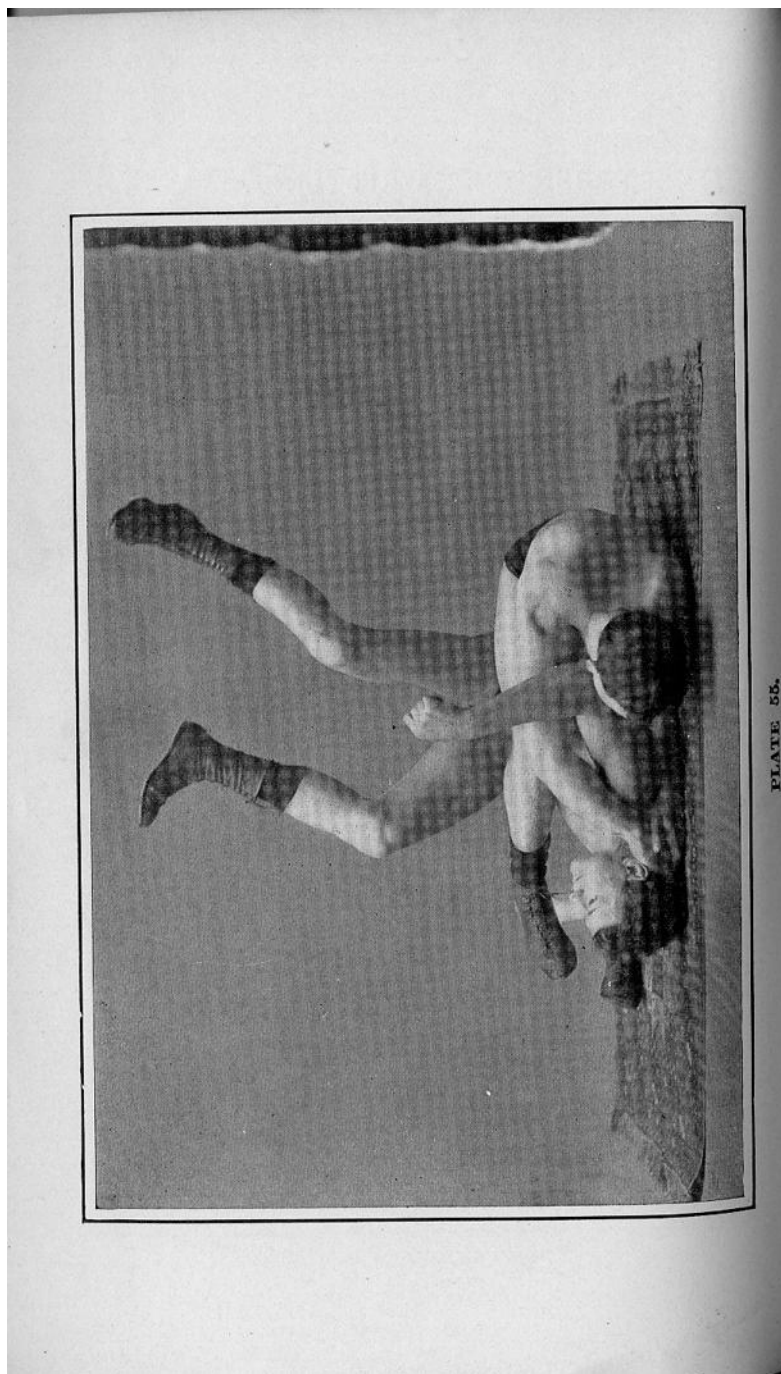


PLATE 54.

Escape from Further Nelson by Spinning.

Plate 54.

Work your body around until it is at right angles with that of your opponent's, then throw the legs in the air with a sudden movement and then with a vigorous twist of the body the under wrestler now finds himself on top, making him the aggressor.



SCIENTIFIC WRESTLING.

139

Countering Escape by applying Scissors. Plate 55.

This plate shows the aggressor of Plate 54, anticipating the escape by means of the head spin, has blocked it by throwing himself on his left side, raising his right leg in the air, and as his opponent spins towards him applies the Scissors Hold as shown.

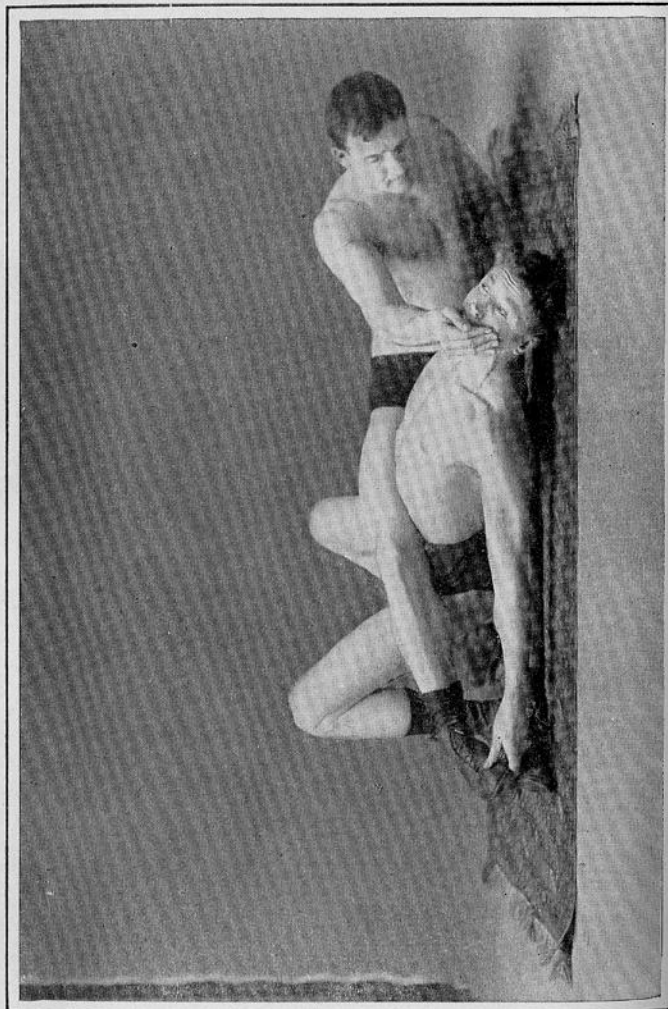


PLATE 56.

SCIENTIFIC WRESTLING.

141

Fall from Scissors Hold. Plate 56.

The Scissors Hold having been applied, release the Nelson, rest on your opponent's right arm and force his head down with the face lock to prevent him from sitting up.

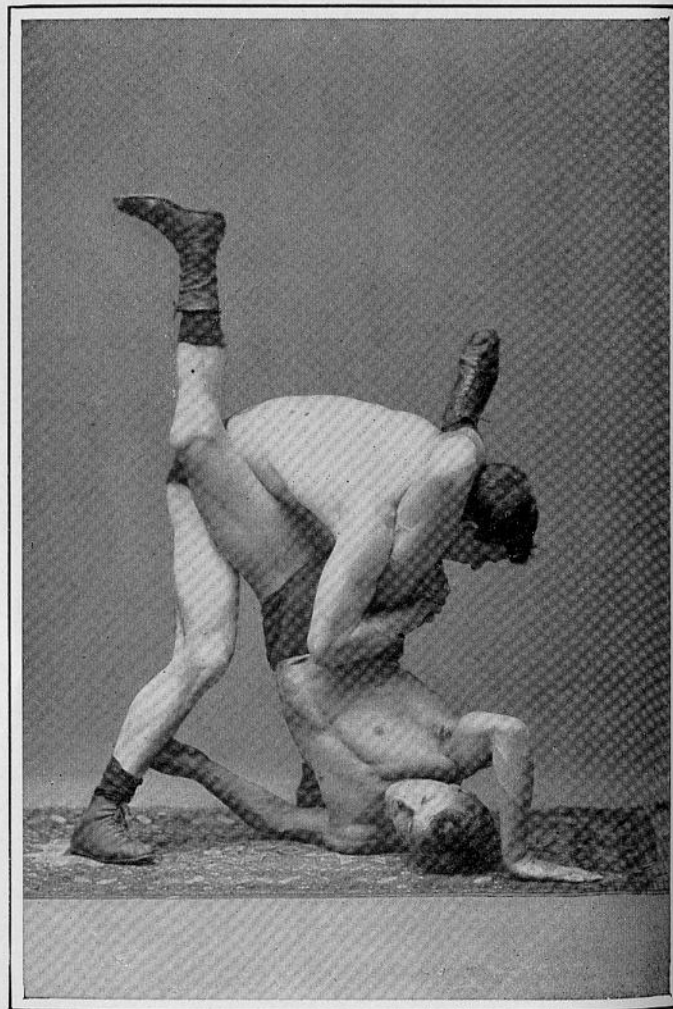


PLATE 57.

SCIENTIFIC WRESTLING.

143

Crotch and Ankle Hold. Plate 57.

The Crotch Hold is applied when your opponent is on hands and knees by reaching from the rear and raising him upon his head.

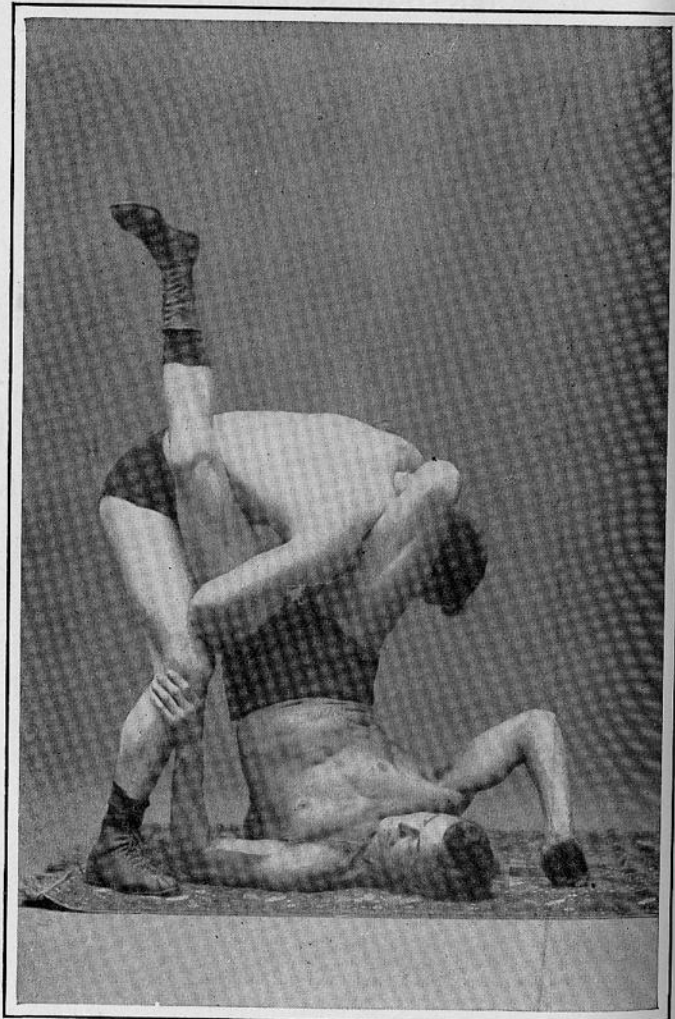
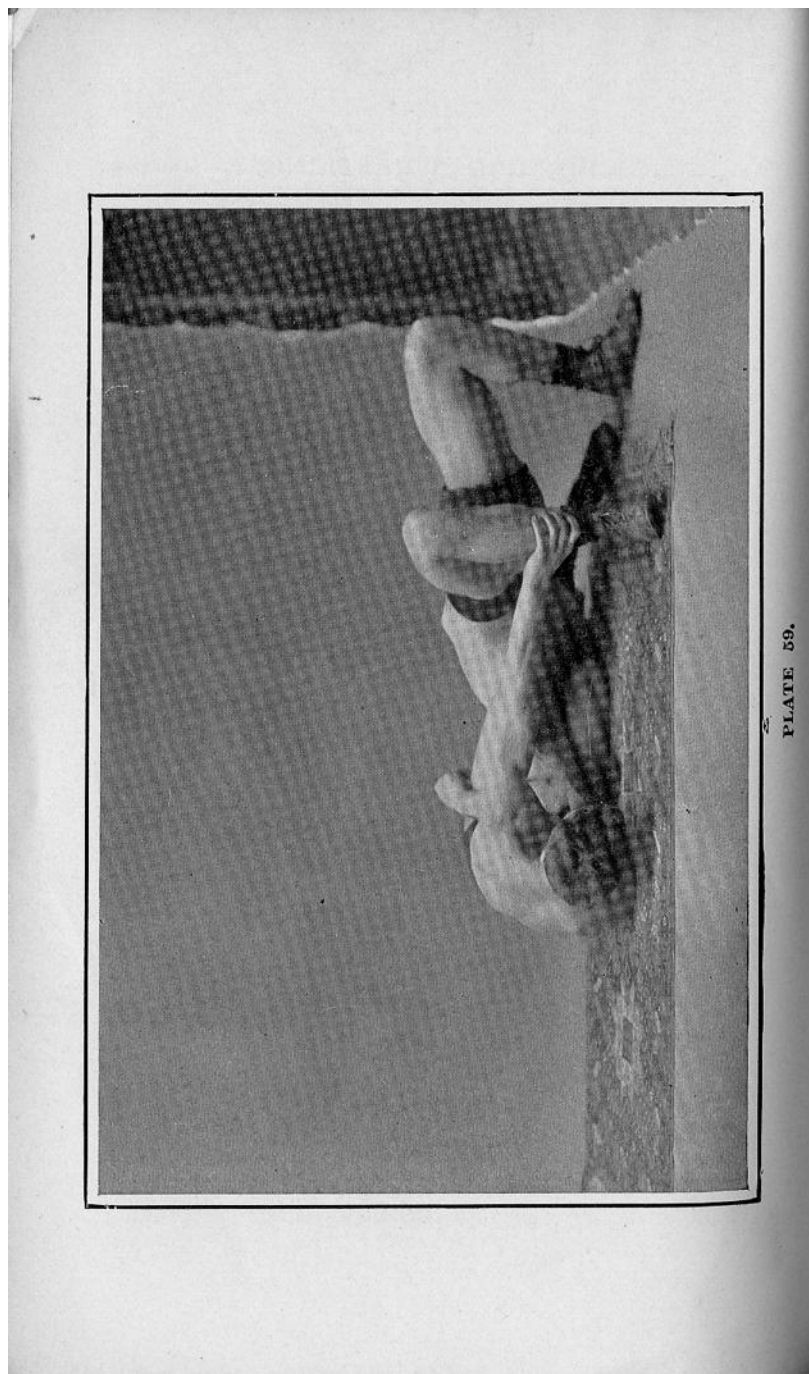


PLATE 58.

Crotch and Ankle Hold. Plate 58.

The aggressor in order to make his position more secure grasps his opponent's right ankle with his left hand, shifting his right arm so as to grasp his left leg.

Then he bears down until a fall is secured.



SCIENTIFIC WRESTLING.

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Counter for Crotch and Ankle Hold. Plate 59.

The under wrestler of Plate 59, in order to prevent a fall secures the aggressor's right ankle with his left hand.

He raises his body from the carpet by means of a bridge and with a vigorous twist of his body, throws him forward, landing him squarely on both shoulders.

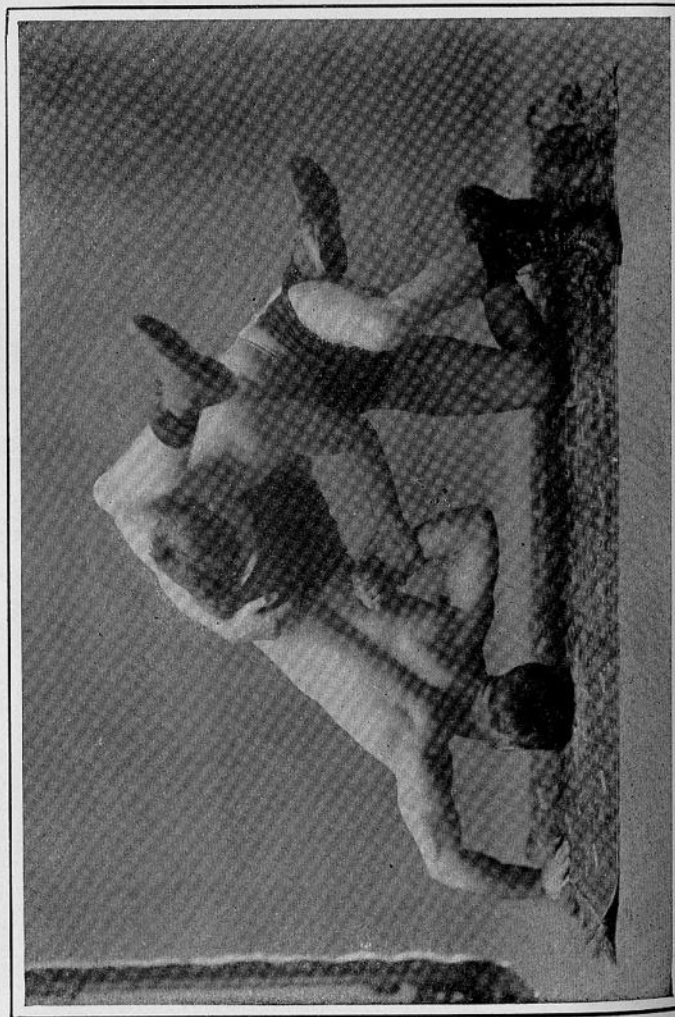


PLATE 60.

SCIENTIFIC WRESTLING.

149

Hammer Lock and Crotch Hold. Plate 60.

The Hammer Lock is obtained by first securing a waist hold with your right arm and a near wrist hold with your left hand.

The top of your head rests against the arm pit.

Then press forward with your head, at the same time bringing his wrist towards you.

With the waist lock pull him to one side, forcing his left hand upward.

Bear down with all your weight, holding his left wrist with your right hand.

Then change your grip upon his wrist, with the thumb and forefinger uppermost.

Reach down with the now free right hand into the crotch, raise his legs, bearing down until a fall is effected.

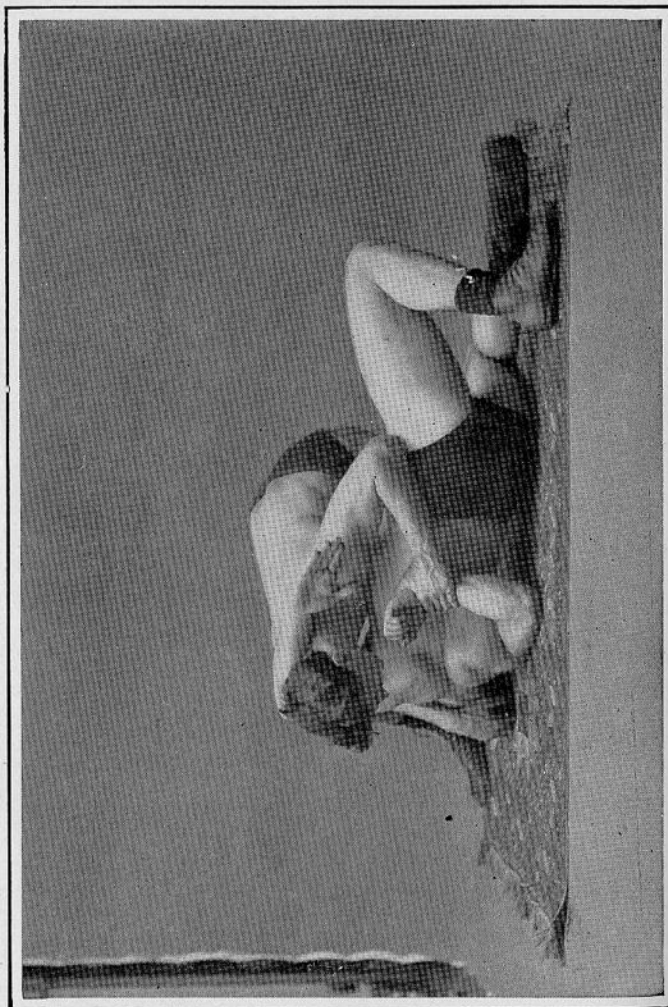
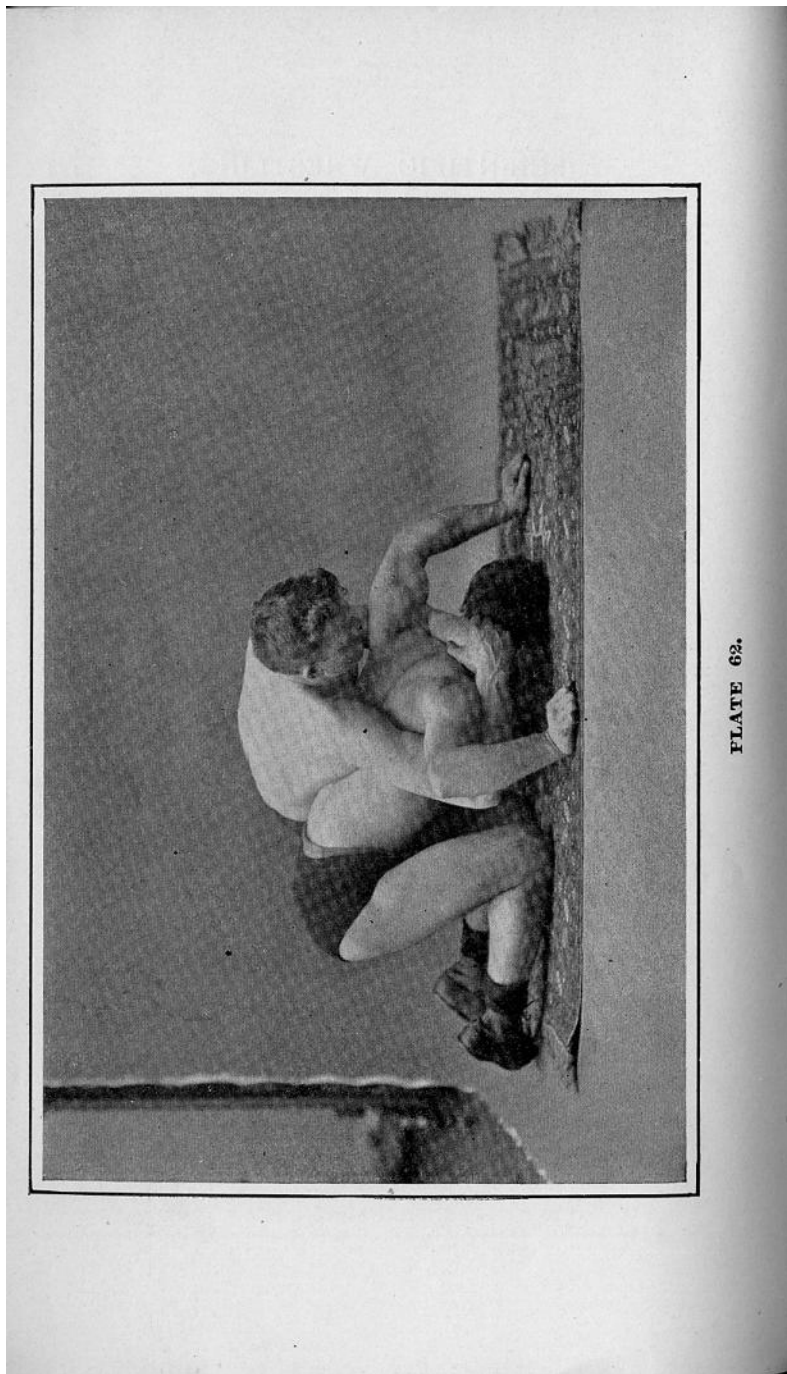


PLATE 61.

Half Nelson and Hammer Lock. Plate 61.

This is another combination of Hammer Lock.

After having applied it as described in Plate 60, secure a further Nelson with the right hand, cross to his opposite side, press his shoulders forward, and continue to force the arm upward, and with the assistance of the Half Nelson bear down until both shoulders touch the mat.



Full Nelson. Plate 62.

The Full Nelson is not considered a practical hold, as when applying it you give your opponent too many chances of effectively countering.

It is a combination of the Further and Near Half Nelson.

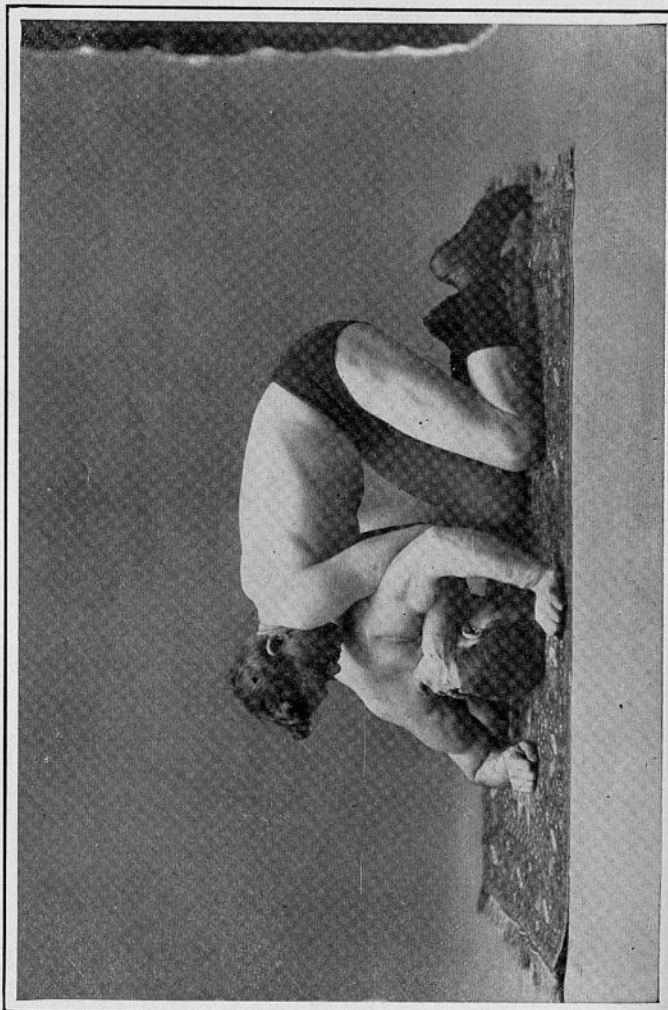


PLATE 68.

Three Quarter Nelson. Plate 63.

This hold is obtained by pressing your opponent's head downward with your right hand; apply a Half Nelson, then slip the right hand under the body from the near side and to the back of his head.

Then grip your left wrist with your right hand and force his shoulders forward.

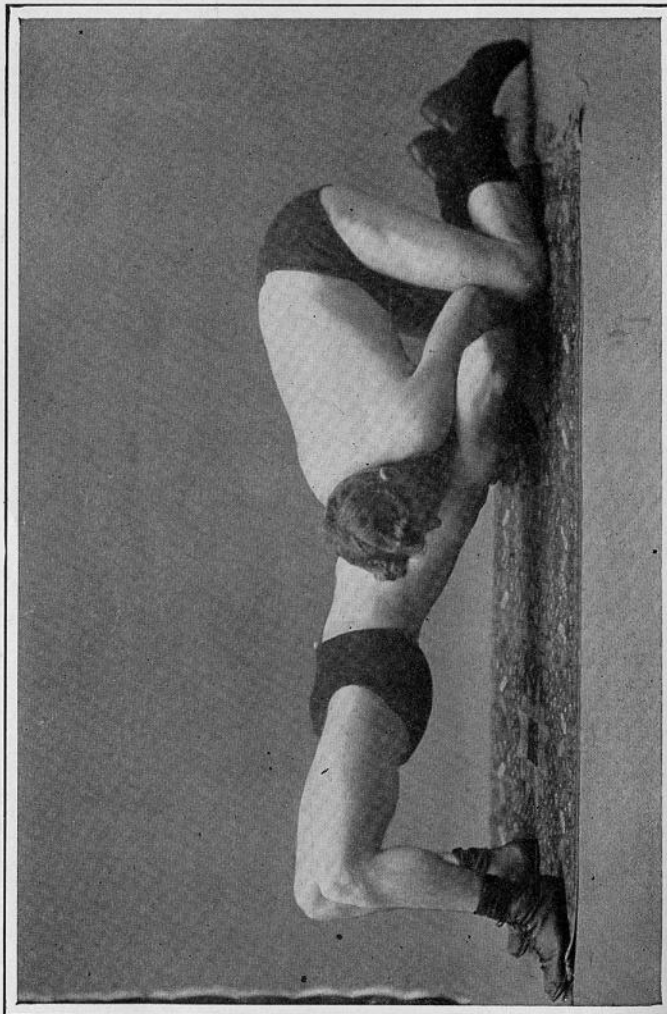


PLATE 64.

SCIENTIFIC WRESTLING.

157

Fall imminent from Three Quarter Nelson.

Plate 64.

Continue to bear down upon his chest until a fall
has been secured.

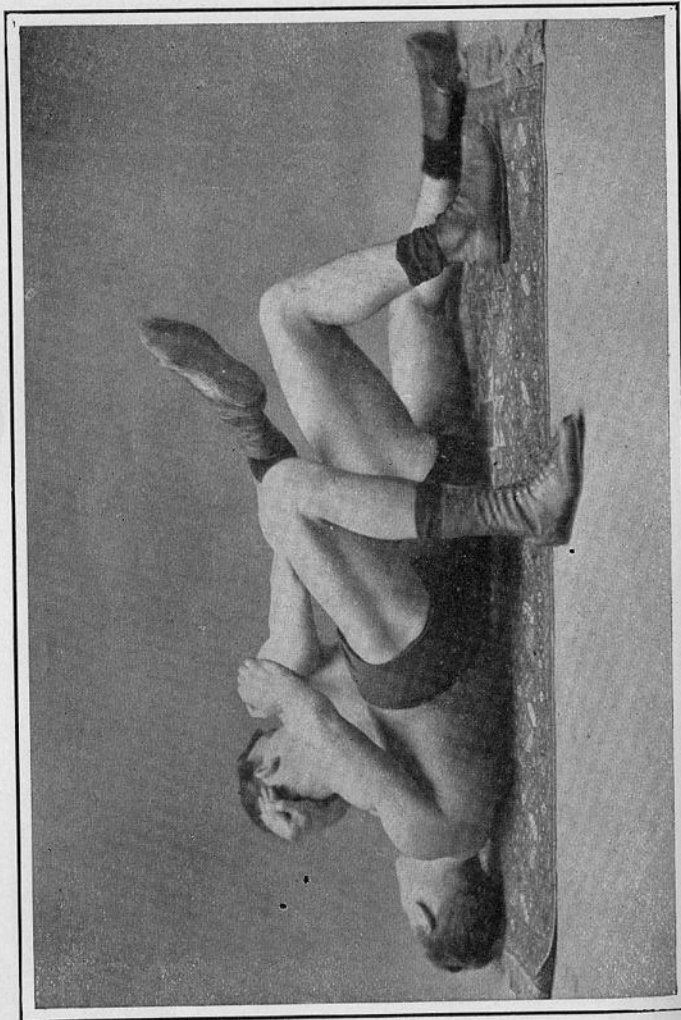


PLATE 65.

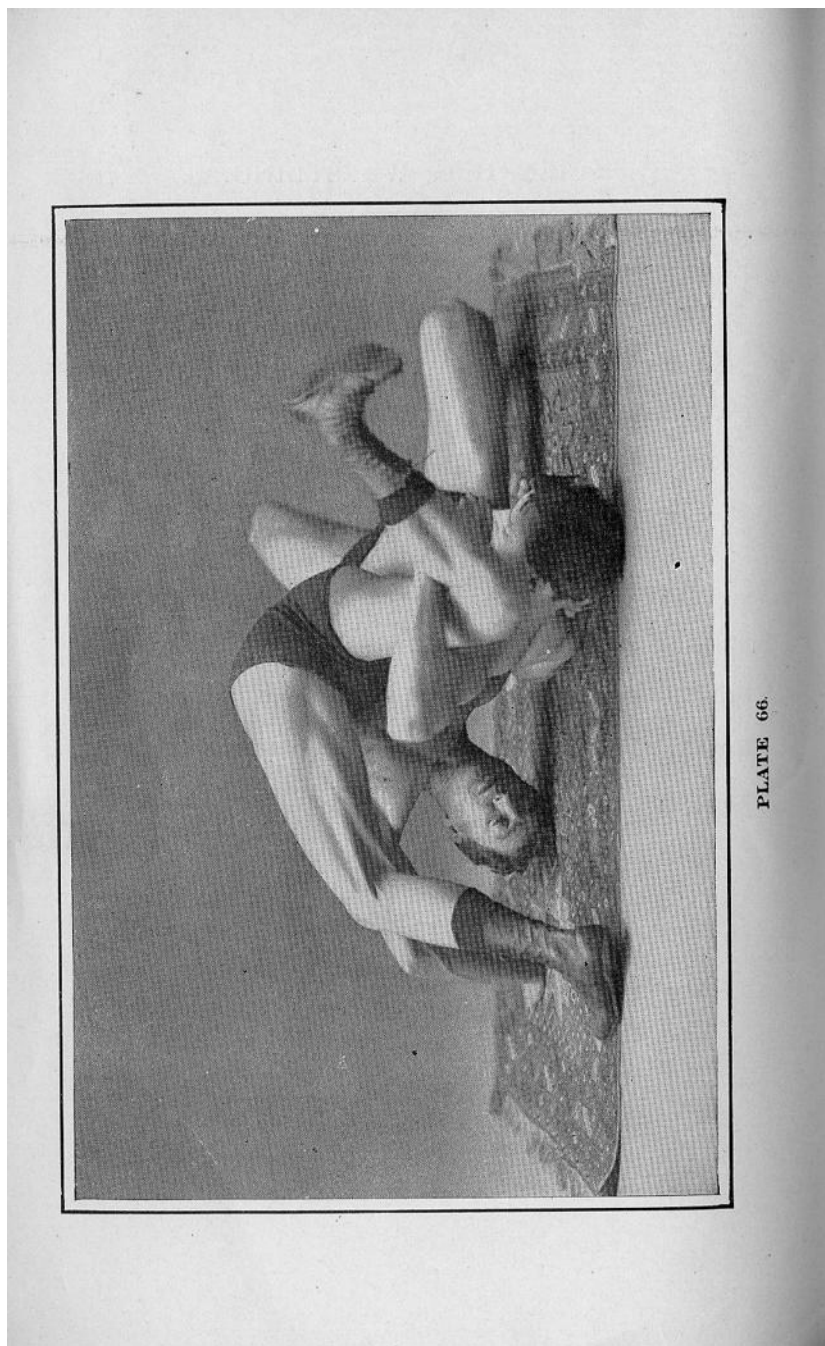
SCIENTIFIC WRESTLING.

159

Side Roll Counter for Half Nelson. Plate 65.

When your opponent has applied the Half Nelson on you, lock your arm about his arm above the elbow, bringing your near knee well forward and roll suddenly toward him, coming around on your buttocks, retaining your hold, and swinging your body at right angles.

Bear down until a fall is secured



SCIENTIFIC WRESTLING.

161

Double Countering Further Nelson. Plate 66.

Having applied a Further Nelson, should your opponent attempt to counter with the Side Roll, bring the knee nearest him forward, under his near arm, and as he rolls, throw your body forward; as a result both his shoulders will touch the mat.

Interview with Dick Cardinal



Scientific Wrestling: I just want to be able to share your story, you know, with people who are interested in the more legit side of Catch As Catch Can Wrestling, grappling, and things like this.

Now, you had worked, I mean you had obviously worked as a pro, but then you also worked doing carnivals too.

Dick Cardinal: I did. I worked the At Show for quite a few years. And there of course, there was some working involved, but there were also some competitive matches particularly, the competitive matches were in places like logging towns, or mining towns, or college towns.

SW: I see.

DC: The logging and the mining towns, the wrestlers weren't (chuckle)...well they weren't that technically skilled. The college towns, of course, why, you had some pretty skilled amateurs that would come up.

SW: But they didn't know the hook wrestling.

DC: No, they didn't know the hook wrestling- that's where you had the great advantage. I had an amateur background also, but the addition of the hooks, give you a pretty good advantage. The other advantages too, with the other wrestlers that would come in: one, you were in a ring, rather than a mat, under lights, you know, in a real dark arena, and so many of them when they come in, were real tight, you know.

A tight muscle wears out a lot faster than a relaxed muscle, and also it reacts a lot slower. So you had that advantage, and I had other things I would do. Sometimes I would want to talk or be friends, you know. I wouldn't talk, I would just stare at 'em. I wouldn't say anything.

SW: Psychological kind of stuff.

DC: Yea. You'd have a psychological advantage and that keeps them a little tight, and when you're tight, you move a little slower. Your reflexes are slower, and then of course they were not used to any holds that were joint holds because they couldn't use those.

In amateur wrestling, or college wrestling, the idea is to control your guy without hurting him, and with the hook wrestling, it's entirely different. You try to end the match as quickly as you can. Although a lot of times, why...with the guys if they weren't real capable, we would actually carry him. For example, a lot of times, if I wasn't sure, I'd take the guy down, and ride him. Just kind of wear him out a little bit, you know. I'd make sure he'd carry my body weight- I'd get a top body scissor...something where he was carrying my body weight.

After two or three minutes of just riding him without trying to turn him or do a lot with him, I'd get him up and I'd put my head in and under his arms. So then we'd have a headlock and then I'd grab his hands so he had to hold on to it, and then why, we would work from there. You know, you'd still be in control of the match.

A headlock isn't much of a hold, you know, because you're actually behind the guy. So you could control the match but to the crowd it looks like he's getting you, you know. So that was part of the theme because it's a money business too, and this is in the At Shows so you have to kind of please the crowd, and make the match. But generally, if the guy was tough, I'd take him out, (chuckling) you know.

SW: Because you didn't even want to take the risk of like, 'hey, maybe I'll stretch this out'. Meanwhile he's actually a tough guy...

DC: Yes, exactly, yeah. And you do run into some tough guys. And it's a funny thing. Let me tell you this story 'cuz it's kind of a funny one. This happened in a small town up here- Port Townsend, and it was this young, good lookin' stud kid, I mean he was probably about 220.

And at the time, I was about 175-180. And he comes up out of the crowd, and boy, talk about a following. I thought, "geez, we're going to be wrestling a world-beater." So Sepp comes in says, "Get rid of this guy", you know, because I was the only guy at the platform at that time that could wrestle in a competitive sense. The other two guys were both performers or "workers". And so I went in with the guy and I took him out quick. It was actually very simple and easy. I took him down with a head and arm hold.

For those that aren't familiar with that, it's from a tie-up position, and you just simply shoot your right arm up past his ear and try to have your deltoid of your shoulder hit him right under the nose. It drives the guy's head up. And then you just take him right to the mat with a head and arm hook. And as we were going down, I put a reverse arm bar on with my legs. That just means I hook his right wrist so that I had an arm bar with my legs.

So his arm is...the joint of his elbow would be right across my knee or that area. And then I'd take the head and pull it one way, and there's a tremendous pressure on the guy's elbow joint, and the guy hollered. And I told him holler louder, because I wanted to make sure everyone in the place could hear it.

SW: (laughing)



DC: So he couldn't say, "well, I didn't give up," you know. So at any rate, when we got all done with this match, which was a shoot match, (chuckle) why, I got out of the ring,

and some gal accosted me. She says “That was the damnedest fake I have ever seen,” she says. “I see real wrestling on television, you know, I’m informed.”

SW: (laughing)

DC: So I (chuckling) went out and got back up on the platform outside and then a performer from Seattle, he was working for the promoter, jumped up on the platform and pointed at me and says, “I want him.” And the crowd just went bananas, you know, because they knew they’d seen this guy on T.V., and uh, I said “I don’t want nothin’ to do with this guy.” You know, I just finished a tough match, and uh... they made the match, and geez we made a lot of money that day. (chuckling)

SW: Nice. And she probably didn’t even get the irony. It was probably completely lost on her.

DC: Oh no, she had no idea of what had gone on there. The match that she came in to see was this performer and I...this guy’s name was Gordon Heffel. Very, very good professional performer. And anyway, we had three matches. We turned the tip three different times. We tipped the matches close and I’d come out and say “Give me one more winner with this punk,” and I’ll take him out of here, you know. And we turned this over, you know...we turned the crowd...turning the tip means to get the crowd to come back in to watch the wrestling. And uh, we turned it over three different times.

So I had (chuckling), a heck of a pay day, because I had the shoot match, where I got all the money, and that was a big crowd. And then just because of all the yelling and screaming, why, an additional crowd came, and when Gordon jumped up there and challenged me, and so...it was a very good pay day that day, so...

SW: Now, you had mentioned Sepp. And so you’re talking about August Sepp.

DC: Yes, August Sep.

SW: Can you tell me a little bit about him?

DC: Yeah. I’d won a wrestling tournament in Seattle called a Pacific North West Amateur Tournament. And in that tournament, you’d get guys actually from all over the United States. But primarily from Vancouver, Canada area, Idaho, Montana, uh...Oregon, and Washington, and sometimes California. Well, anyways, in this particular final match, I beat a fellow that had been five time national champion in the 160 pound division, and you know, I wasn’t expected to win this.

In fact, the Seattle Post-Intelligencer called it a stunning upset, you know. Of course I didn’t feel that way. Now in fairness to this fellow, why, he’d beat me in two previous tournaments. So, but I was young comin’ up, and he was older, maybe going to college, you know.

SW: I see.

DC: And so, I out pointed him in this final match. Well anyway, at the end of this, to get to the point, this old fellow with big cauliflower ears came up, and says, (with accent) “Kid, you wrestle good,” he says, and this is how he talked. He was Estonian and Russian. And he says “You want to come to my gym and work out?” and I said, “Sure, I’ll come.” I was all pumped up, you know.

Geez, I could whip anyone in the world I thought. I went down to his gym to work out with him, and right away, he took me down, and (chuckling) hooked my arm and hooked my leg, and you know, so I says, “Boy, there’s more to this than I realized,” you know.

But that’s where I first got my first taste of hook wrestling and commission wrestling. Him and another fellow both very, very good technical wrestlers. And Sepp was an extremely good hooker. And a very strong guy for his size. He was about 165 pounds. His strength belied his size. He was just a powerful fellow...and an extremely accomplished hooker. I know he couldn’t work worth a damn, I mean I’ve worked with him a couple times. But he was more like a wrestler. You know, a real push and tug type match.

SW: Yeah, stiff...

DC: But he had wrestled with guys like Ad Santel and held his own.

SW: Wow, wow.

DC: So I know that, you know, I mean I can attest to the fact that he was a *very* good wrestler. And very knowledgeable.

Earlier in his career, he had Barn Stormed in Colorado...he was telling me about it one time. He wore a pair of shorts, and he always had a hat that came down and rested on his ears. So he looked like a rube, you know, and that’s the way he would act, and he would go into these areas where they would have a fairly decent wrestler and he would wrestle him for a purse.

Sepp was a very good wrestler and acknowledged by many of the tough pros as an extremely tough guy. There was a fellow named Hans Schmidt. The German Oak, he was called. He came down to the gym and worked out with Sepp and he was a big fellow, about 270, and he couldn’t beat August. August couldn’t do a hell of a lot with him, he was just so big. But Schmidt said “I never knew that I couldn’t beat a fellow that size,” he says.

SW: Wow, pretty tough guy.

DC: Sepp was *very* tough and mentally very strong.

SW: Now you'd also worked with Vic Short too.

DC: Oh yes. Vic Short... and Ben Sherman was another very tough guy. I'll get to Vic here in a minute, but the other guy that I want to mention here is Ben Sherman who was an extremely tough fellow. Ben had been 1932 national champion, and he was out of Oregon. Ben was around for a long time performing, but he was a very tough guy. I'll just give you a little hint of how tough he was. You know the story with Karl Gotch?

SW: Hm, not sure.

DC: This was course earlier in Gotch's career, but Ben had gone over to Europe. Karl Gotch admittedly found out that Sherman was a tough guy. And at that time Ben was only about 180 pounds. He wasn't a real big guy. But he beat Gotch...in fact he beat guys all over Europe there, and they finally head over to England, and one of the guys said well, "Bert will take care of him" Bert, being Bert Asratti, about five foot six, 270 pound strong man. But anyway, Bert couldn't beat him. So Ben didn't beat Bert, but Ben could not beat Bert either.

SW: Wow...

DC: Ben had tremendous vitality. He never seemed to get tired. Vic Short was a guy that was a very good hooker, a guy that was always in *superb* shape. His body fat was probably around nine or ten percent. I mean, he really took care of himself, and trained hard. He was very quick, like a cat on the mat, about 180 pound fellow, and a very good wrestler. He wrestled back in Illinois, and he lost one match as a collegian. He had a good amateur background, and he became a very good hooker.

SW: Where did he go from college?

DC: So he studied under August Sepp, and so, Vic and myself, and sometimes Ben Sherman and another guy named Robert...uh...it'll come to me in a little bit...Bud Anderson., and another fellow...we would all work out together you know and trade off on each other, so... so those were some of the guys I worked out with. They were all top notch hookers and shooters and we were all pretty...(chuckling) pretty competitive and pretty determined you know. No one liked to go under in front of any of the other guys.

SW: Yeah.

DC: So that basically was it. I don't know if you're familiar with the At Show or not, but in the At Show, there would be 2 or 3 wrestlers and maybe a promoter...

SW: And then the stick too.

DC: Beg your pardon?

SW: A stick? Isn't that what they called the guy?

DC: Oh, the guys out in the crowd?

SW: Yeah.

DC: They call him a stick or a plant. Someone that would be put out in the crowd. We'd go out in the platform and kind of strut around and muscle flex and do things that uh...(pause)...you know...would kind of irritate the crowd a little bit. Strut a little, you know? We'd go up in the platform and the promotion and we'd do other things like, well we had a fighter that weighed about 140 pounds and I could elevate him overhead pretty easily. People would see that and they'd come down, you know cause you see someone lifting a guy over their head at that time was...

SW: A spectacle.

DC: Yea, exactly, and they'd come down to see what was going on, and it wasn't that tough a lift. There was a way to do it, I mean he would keep his body stiff and I would get him between his legs and he'd grab my hand, and I'd get the other hand up around his chest, and we'd just...and he'd leap up so I could cling him pretty easily, and then just push him overhead. And so we'd get the crowd, then August would get on the microphone and challenge anyone in the crowd to come up.

Earlier in the week, we sometimes didn't have a stick there. We'd just take whoever came up. And uh, so those were usually shoots. As you know, sometimes we'd carry them through...it just depends on the situation. Some of the guys that'd come up, like for example, I had a guy who was a manager of JC Penny and he'd done some wrestling earlier in his life and he paid us fifty bucks to carry him through you know. I didn't put him over but I'd carry him through the match you know, so that it made him look fairly decent.

And then the other times, we'd try to get the shooters to come out. And we'd knock him off, cuz that meant good money for us, and it also paved a way for Friday and Saturday which were the big nights and a lot of times the local promotion would send out a boy...so you had some good guys to work with. Otherwise you'd have maybe what we'd call crow bars, the guys that were real stiff. Hard to work with.

So that was basically what the At Show was like. Much different then...it was a lot of fun, why I really...uh, I enjoyed it. (chuckle)

SW: A lot different than kind of the scene with being a...like a professional wrestler.

DC: In the At Show, the matches were geared for ten, eleven, twelve, fifteen minutes. And you had to move pretty fast. You know, because you're trying to kind of sell this thing, and get them excited so they go out and scream and yell and attract other people off the midway. But you had to control the crowd, the heat. You know, the anger, so that they wouldn't get so mad they'd tear the place down, you know.

It could happen, and so there was a kind of a balance, but the thing that I remember the most was we moved pretty fast- there was constant action. And sometimes in the pro matches, some of the guys were kind of sluggish. And you can have a good match without doing a lot of fast movement, you know, a good performance match. But they were just slower, and some of the guys just weren't I don't think in as good a shape as some of the guys (chuckling) that worked in the athletic show.

We'd have maybe a ten minute match but it'd be a lot of movement. And then we'd have you know, 20 minutes later we'd have another hard, fast movement...you know, a 10 minute match like that. Maybe throughout the day maybe eight to ten of those. And so we're used to moving fast. So I had to slow it down a little bit when I started working more pro matches.

SW: Now, it kind of makes me curious a little bit as to...you know, obviously you guys wrestled a ton, especially back in the At show time. But what other kinds of things did you guys do in terms of just keeping in shape and making sure you had good wind and things like this

DC: The workouts you mean?

SW: Yeah

DC: Both Vic and I were very conscious about staying in shape. So we would run, we would do hill running, we would spend time in the ring. This is all during the day before the At Show even opened. And we would do some lifting, primarily of sandbags; we didn't carry weights with us, we'd just get some bags and fill 'em with dirt. And use 'em to do leg squeezes, and we'd lift these bags, and like weight lifting, except not as...we didn't have the convenience of weights that we'd carry with us but we did have sandbags and we'd fill them with sand, or dirt or whatever was available.

SW: And those probably mimicked the weight of a human body better than a barbell anyway.

DC: Yeah, exactly. In weight training, why a lot of times, you work in a certain plane, and the workouts that we did I would say were more like a multi-angular type of lifting where no one is going to lay still while you bench press them, you know? I mean they're changing the angle all the time so we did work to do multi-angular type of training. Running primarily, and wrestling. And Sepp was very good at promoting. He loved wrestling; real competitive wrestling. And both Vic and I, we liked that too. And so we

would get in and we would drill. We'd just go over and over and over various moves, you know. We'd sit out and re-sit out and switch. We'd do whole series of things. And then we would wrestle too; we'd competitively wrestle. August was a great guy to keep us motivated to do that. We both liked August, and respected him, so we were respectful of him and did what he told us to do.

SW: And you still stay in pretty good shape, I mean, you told me you're a trainer still, like a personal coach 'n stuff.

DC: Yea, I'm 77, but I still work out. But it's mainly lifting weights now, I don't do...much; I was on the mat the other day with a martial artist.

SW: You told me that. You wrote me a letter that you got some guy. What was that hold that you got him with?

DC: Well, it was just a head and arm basically. Something I'd used in the past, and I just took him down and it was just instinctive, I've done it so many times. It's kind of a reflex. I had him in a reverse arm bar, the arm bar is such that there's tremendous...I mean you could break a guy's arm if you wanted to do it; I didn't break his arm, but I mean I put it on hard enough so he knew (chuckling). He was hollering.

SW: He was screaming?!

DC: Yea, he really was. He was hollering. And then another guy, a yoga guy, he says, "What's a Nelson?"

SW: Uh-oh (laugh)

DC: I mean, you know, a quarter nelson, a half nelson, a full nelson.. So you know, I says "well I use a reverse nelson, and it's just a..."

SW: That's from the front, right?

DC: Yeah, well the reverse nelson is on the mat, actually. Or the one that I use is on the mat. And basically you bar the guy's arm and he's up on his side and you got his forearm barred and you just kind of use your weight. It's painful as hell, it's very uncomfortable. So he said, "Ow, ow, ow," So I let him go, but some of those guys were pretty wimpy. The guys I worked (laughing) with, wrestled with—none of those guys would've hollered at something that simple. They'd holler at some of the other joints, but other kinds of stretches, why we were pretty tough. We would suck it up, but, (chuckle). So those were some of the things that we did.

SW: And it sounds like you really favored the head and arm into the arm bar.

DC: I did, and there are other things I could do; I could do things with my feet and legs. I trained them so I could almost use them like my hands. For example, if you're on top of a guy in the down position on the mat, where you're on offense and he's in defense, I would sometimes just pull a guy so he would post his left arm, you know plant his weight on his left arm, and then I would just use my right foot, and sweep his arm back into an angle underneath my left knee on the mat, then I'd just sit on it.

That meant that I had one arm trapped, and I didn't have to do anything, so I had other body parts free. I had more body parts free to attack him. It's hard to explain something like this on the phone, it'd just be easier to show a guy, you know

SW: Yeah.

DC: So we'd do things like that. And that'd lead to you know, where you got two arms against the other guy's one. His one arm is trapped. It's kinda like a double wrist-lock where it's like a two on one. This is a little different; you got two on one, and then I'd get a reverse nelson or something like that and pull the top of his head because that's where the best leverage is, and try to put that under his right armpit, you know. So, some of these things were... (chuckle) they sound awful, but you don't break anyone's bones that way, but you can...you stretch a guy's muscles and if they're not used to having them stretched, why they holler.

SW: Yeah, they think it's the end.

DC: Yes exactly. So that's some of the things we did. As I say, you were asking about the head and arm. I liked that move, I'd also liked the single leg dive, but on that I tried to set it up. Maybe I'd move in one direction, and usually the wrestler will kind of slide and glide so that both feet are on the ground most of the time, and I'd try to catch him in mid move.

I'd move in a direction where he's moving with me, you know, try to get him to circle, and then when I'd see his foot is just about to hit, I would reverse direction and hook his ankle. And you'd just pick his ankle and you can pull him in or take him down or leg drag him. There are different things you can do. So that was another one of the moves I'd do. I can't remember them all. Sometimes I'd work out, just like these martial artist guys, I just did things reflexively you know, kind of...

SW: Muscle memory, huh?

DC: Yeah, exactly, yea. You just kind of...it's there. And as I tell you, why, Sep drilled us on this so damn much that everything was just reflexive. I think I sent you some of the drills that we used. We'd do various maneuvers you know, and we'd start doing those loosely and let the guy work, and then pretty soon you'd work tighter and tighter and tighter you know, so that everything became kind of a reflex in the ring. I would

just guess that Hodge and some of those guys probably did similar things, maybe naturally or maybe through training, I don't know.

SW: Yeah.

DC: I never had the opportunity to work out with Dan, I wish that I had, but you're one up on me (laughs). He was one of the true amateur greats.

SW: Yea, he's a real amazing character. He really just showed me some ideas in street clothes, no real workout.

DC: He was a hell of a boxer too. He's a great athlete I think.

SW: A Golden Gloves champion.

DC: He's a nice man, you know. I met Dan, and we just traded thoughts on double wrist locks. He had a little different technique than I did, and we just you know, showed each other the move, and that was about it. We were both in street clothes, and just kinda (chuckle) sitting around eating lunch and stuff, that we talked about it, and that was it. And I haven't seen him for years.

SW: There's controversy within the Catch-As-Catch-Can little sewing circle that maybe you can chime in on. There seemed to be a little competitiveness between Lou Thesz and Karl Gotch. Karl I think had wrestled in the Olympics for Belgium.

DC: He did, but he lost to a guy that I had worked out with, named Henry Wittenberg. To lose to Wittenberg is no big deal, because Wittenberg was the best wrestler of that 1948 Olympiad that Gotch was in. If you were the champion of all of Belgium it'd be like being the champion of the state of California. Nothing to sneeze at, but I think Gotch got tougher after he went to school over in Wigan and learned some of the hooks.

So as I say, 180 pound Ben Sherman handled Gotch when he was over in Europe before Gotch knew anything about hooking.

SW: Right, and this was before he went to Billy Riley's Gym.

DC: Yeah, exactly. So it does make a difference; if a guy is a hooker, he's got a chance with anyone, you know, because, you know (chuckling) if you get a guy hooked, he's hooked, you know, so. With Lou and Gotch I don't know if they ever had a chance to figure out who was the superior wrestler.

I think they both had some hooking knowledge. I don't know Karl at all. I never met him, and I do know Lou; I never worked out with him is all, I tried to work out with him twice when he was in Seattle, and he didn't show up. So I don't know.

The difference between the works then and the works now is (chuckling) that a lot of the guys a lot of the guys that were working then could wrestle too, you know. That's basically the difference. But there's been works in wrestling for a long, long time. It's just that nowadays, they're pretty...they'll try to hide the fact that it was a work. When I was working, we'd try to keep that a...it was a closely guarded secret, you know.

SW: Right, right. The whole kay fabe thing..

DC: Yeah. To get back to Lou, Lou could wrestle some. Very quick fellow, but I don't think he was the best wrestler during his time.

SW: I've actually heard that Ed Louis said he was athletic, he looked good and all that, but that "Hunky" wasn't that great of a wrestler, but he looked great though. That he was more on the performing side.

DC: Exactly. He was a great performer, and looked like a great wrestler. But you're absolutely right. Don't get me wrong, Lou could wrestle some too. I mean some guy off the street wasn't going to beat him, but he wasn't the best hooker, or the best wrestler around. Lou told me one time that Ed Louis beat him in less than a minute.

SW: Hmm, that's really amazing, and that was probably when Lou was still a young man, fresh and full of life, and Louis was probably older by that time.

DC: I think that guys like Dick Hutton or Dan Hodge would've beat him, you know.

SW: In a competitive way.

DC: Yea, in a competitive match. I don't...Lou is by far the greater performer. There's no doubt about that.

SW: Yea, when it came to a competition about a bigger gate, Lou was winner, hands down.

DC: Exactly, yea. He'd win it on what was called green points. Dollar points. (chuckling). In a competitive match, why, I think Hodge, or Hutton, or any number, there were quite a number of guys I think would beat Lou.

SW: It always was troubling to me that if somebody has not had a competitive career, a legitimate competitive career without works, without performances and what not, how could you be called a hooker, you know what I mean?

DC: Yes. Exactly. The At Shows were probably the only place where there were any legit matches for a lot of years. And there weren't many of those. As I mentioned earlier, why the places where you'd get a real competitive match would be in logging towns, or mining towns, or somewhere where they had a couple of town toughs, you

know. And a lot of times those guys weren't that...I mean from a standpoint of a technical wrestler they weren't that difficult to beat. They were just big strong guys, is all.

SW: Right, but they didn't know the proper leverage, or the whole...

DC: Right, exactly. You'd probably worked out with guys that were probably pretty physical but don't know much.

SW: To me, that's always the funnest kind of match because I'm a tall and lanky guy so I'd love to grapple one of the big body builder type guys. This was when the Ultimate Fighting Championships first came out, before grappling became real popular. I was in college at the time, and I'd work out with the guys at the school and nobody knew submissions then. It was always just the amateur wrestling guys. I had such a great advantage back then (laugh) because nobody else knew the submissions.

DC: Right, exactly, yea. And that's exactly the way it was when we'd go into a logging town. The guys wouldn't even have an amateur background. You know, their idea of wrestling was to grab your head, and a lot of times a standing headlock, well that puts you behind them but (chuckling) they're putting themselves in a bad situation.

SW: You've already got the go-behind.

DC: Exactly. You don't have to work for anything. You just give him your head, and they do all the work for you. The same with the amateur wrestlers of course, they were familiar with some things so you had to be a little different approach with them, but they were not familiar with front face lock, toe holds, various types of arm bars, and head cranks, you know. They couldn't do those because they violated the rules in spirit of the amateur rules. So it gave you a heck of an advantage.

SW: Now I'm very suspicious when I hear someone calls themselves a hooker if they've never had a competitive background, you know what I mean? In terms of trying to pawn it off like you are a legitimate submission guy.

DC: Right. It's like one of the guys I was talking to. There'll be guys that maybe know three or four hooks, but they don't know the flow...there's kind of a flow to wrestling, you know, where you'll do one thing, the other guy counters, and then you'd counter that, and there's a wrestling flow. And the guy might know two or three hooks. But when you get him down and actually...they can't wrestle is what I'm saying.

SW: Yeah, they can't chain it together or use their weight the right way.

DC: Yes. They just know this move, and they know the moves in isolation. I don't know how to say it, but I've seen that some in the gym. We used to have the pro matches down in the basement of this gym. They had a mat. It was just a mat. It wasn't a

ring. All the competitive wrestlers would go down there and work out. The workers wouldn't show up because they didn't want to get embarrassed you know.

SW: Yes.

DC: Some of the guys were on top that were good. Great performers. Great charismatic guys that you know, could work the crowd well, but they couldn't wrestle...as Sepp used to say, "the man couldn't wrestle a lick". You know that was what the old timers would say of the guys that were non-wrestlers, they'd say "the man couldn't wrestle a lick."

SW: And he may have been the type that looked great, was muscular, had a good smile, and could butts in the seats, but you'd get him in there and he wouldn't know the difference between a single leg and a fireman's carry, or an inside or an outside toe-hold

DC: Right. Because they just didn't have the background. You know, there's a sort of wrestling that I find that works best for me and best for most guys I know. Holds just don't just happen. For example, Joe Stecher was a very good wrestling technician, but he couldn't beat Ed Louis because Louis was a very patient wrestler, and very strong.



Joe Stecher

Also, there's stuff out there, Jake that you don't see published in books. There's hooks that... there was a guy named Bud Anderson, who he had just an extensive knowledge of hooks and Bud was a little guy, about a 150 pound guy. But wherever he could touch you he could hurt you.

He just had great leverage. Very good. I've seen him embarrass some big, big guys. He'd taught me quite a bit. He'd shown me a lot of stuff, and I asked him about a particular move that he'd used and he wouldn't show it to me.

I said, "Well, Bud why would you not show me this." He says, "You know too much now, Dick." He just did not want to be wrestling his own stuff when he wrestled me. I loved to work out with him. (chuckling) He was a tough guy but I liked to work out with him because you learn, you know.

SW: But he wasn't about to give you the keys to the kingdom, either. (laughing)

DC: Exactly. He showed me other stuff. But then there are some things that he'd say "that's it, you know enough," you know. I got to the point where I was bigger than him, and he couldn't handle me primarily because of the size, but I knew a lot of his stuff. So it hampered him. He was a very good wrestler.

SW: And you said his name was Bud Anderson?

DC: His name was Bud Anderson. Little known guy.

This one guy came. He was a world champion and wrestled under the name of Ali Baba. He was I believe an Armenian, really, but anyway he'd come down to the gym one time, and little Sepp, he was pretty craft of a guy, he says "Why don't you work out with little Buddy Anderson?"

And Bud just stretched him. That guy was the world champion, heavyweight champion, you know, weighed about 220 I think, and (chuckle) Anderson weighed about 150 pounds and he just stretched this guy, this guy's screaming, you know and so but it was kind of a lesson for some of the other pros. Some of the performers quickly got out of there. Bud Anderson was a very capable wrestler.

Bud had to be one of the greatest technicians that ever lived. Sepp was a very good technician also. Sepp would like attack one part of your body and just kind of wear that body part down where Anderson was very versatile. He could attack you anywhere and he could hurt you from any angle that he could grab you, you know, so he was a much versatile. When you worked with him you had to do some thinking, you know. (chuckle)

With Sepp, why you knew you were in for a long, grueling pull and tug type of match. With Anderson why, you had to be aware of a lot of things, because he could hurt you.

One thing he showed me was called at one time the West Point Ride. And I think it came from uh...

SW: Jenkins?

DC: Yes, Tom Jenkins. He taught it at Westpoint. It's a very, very tough move, and it's real easy to apply. It doesn't take a lot of strength, you just got to be able to reach around a guy's chest.

SW: It's from Per Terre, right? You're in referee's position on top and then you reach under or something?

DC: Yeah, ok. You reach around his chest. I mean, you hook, let's say you're riding him on his left side.

SW: Ok.

DC: And one arm around his waste, one arm on his arm. Well, you reach up with that arm that was around his waste and hook him around his chest and you hook your own arm, which is right at about his tricep level, or his bicep level. You got, the left arm is on his bicep, your right arm is around, and you just hook your own arm.

SW: Ok.

DC: And you, you jump to the other side, and walk him...and diagonally walk him, just walk around his head, and that thing will tighten. It's not actually you squeezing or anything else, it's just the twist that you put into it. And it's a terrible crimp, it really is. It's really painful, it feels like your scalpula is being separated from the rest of your body.

SW: Interesting!

DC: It's a very simple and easy move, you know. It takes a little practice just to work it correctly.

DC: But that was just one of the moves that we did. The front face lock of course, and the double wrist lock. Those were pretty well known. Everyone has a little different version of the wrist lock, and you just have to work with what's good with your biomechanics, you know. Some guys would grab the palm of a hand, and some guys would twist the wrist, and people have different ways of doing it.

SW: Yeah, some people grab the fingers.

DC: Mm-hmm. I was going to mention one other thing that is little known. You won't see it. I don't think I've ever seen it published. A double-leg dive counter. Generally, if you double-leg dive a person they'll sprawl. I mean, you know that's kind of a standard defense. I just kind of discovered it myself, I thought I had invented something, but then Bud Anderson said "No," he says that move's been around for a long time. But anyway, I found if I just, if a guy's sprawled you just reach up and grab his buttocks,

SW: Ok.

DC: Pull the buttocks right into your chest, you can pick a guy up by his buttocks, and you're actually, it's actually a really helpless feeling. So if you get a chance, try it sometime.

SW: Hmm!

DC: Have the guy, you know, leg dive him, have him sprawl, just reach up, get his buttocks, and suck him right in tight to you. You'll be able to pick him right up, it's the easiest (laughing) thing ever done.

SW: Hmm! Sort of like a high crotch lift kind of thing.

DC: Yes. It's actually pretty easy too. As I say you just grab the butt, down fairly low, and you pull him in. You render his legs powerless. It's kinda of an interesting thing. Try it in the gym sometime. You'll see what I'm saying.

SW: I will, I'll give it a spin.

DC: Yea, there's all kinds of stuff like that—I don't see, you know I can't remember. When I get up and start rollin' around and I just kinda do it, then I just do it. I can't remember (laugh) ahead of time. It's hard for me to remember that stuff.

SW: Well, I don't want to waste any more of your time. I think you've been really generous. I appreciate it sir. I'll talk to you very soon, and thank you so much for your time.

DC: Oh, you're very welcome.